

THE WORLD'S EPOCH-MAKERS.  
EDITED BY OLIPHANT SMEATON.

*Marcus Aurelius*  
*and the Later Stoics*

By  
Vice-Principal F. W. BUSSELL, D.D.

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Marcus Aurelius  
and the  
Later Stoics

By

F. W. Bussell, D.D.

*Vice-Principal of Brasenose College, Oxford*

Edinburgh. T. & T. Clark

1910

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Marcus Aurelius

and his

Later Successors

J. W. Duffell, D.D.

Professor of History and Literature

Edinburgh: T. & T. Clark


1910



VIRI AMABILIS ET DESIDERATISSIMI

A. H. J. GREENIDGE

MANIBUS,  
QUI ME AMICA NI  
AD HOC OPUS CURANDUM  
IMPULIT, ET  
INDUSTRIÆ SUÆ  
INENARRABILIS EXEMPLO  
EX DESIDIA EXCITAVIT



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*THIS little book will betray the length of time it has been under consideration by several allusions to modern events which are now anachronisms. But I have preferred to leave the text as I wrote it some time ago ; and to make no change in the estimate of the Stoic teachers, although in some respects my own standpoint is not the same. On the whole, it agrees fairly well with the valuation of a pure Monism set forth in the 'Bampton Lectures' of 1905 ; and I am glad of an opportunity of supplementing and supporting the general statements made there by this detailed inquiry into two or three of the most eminent and sincere expounders of an untenable creed.*

MUNDHAM HOUSE,  
NORFOLK,  
December 1909.





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# MARCUS AURELIUS AND THE LATER STOICISM

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## PART I. INTRODUCTION

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### CHAPTER I

#### "THE ROMAN EMPEROR"

##### ANALYSIS

- § 1. *The Roman Empire an extempore expedient.*
- § 2. *The Emperor a Republican official, not a King ; no recognition of the hereditary principle.*
- § 3. *The Empire above Nationality.*
- § 4. *Vagueness of Imperial ideal allowed oscillation between civil and military conception ; the Cæsar represented the Spirit of the Age in his choice.*
- § 5. *Dual aspect of the Emperor as "Overlord" of the provinces (where his personal caprice modified by continuity of tradition, by policy of non-intervention, and by local autonomy) ; and as "Princeps" and Delegate of the Senate.*
- § 6. *Honest attempts of "Five good Emperors" to rule as Presidents of a Free State (96-180 A.D.) ; history of its subsequent failure (180-285 A.D.).*
- § 7. *This period an exceptional epoch, devoted to the problem of the Reconciliation of the Dyarchy.*
- § 8. *Disappointing results of M. Aurelius' reign and character due in part to the sadness of his philosophical speculations.*

No political system that man's ingenuity has invented can ever equal in interest for us the Roman Empire. Like the British Constitution, it was the slow growth of time. Julius and Augustus contributed, in large measure and in answer to a tired world's demand, to this unification, this centralizing of authority in a single city and a single ruler; but they could never have dreamt of the full significance of their work. Augustus, indeed, to the very close of his life cloaked his power under a pretence of extempore expediency; and masterly though this policy was in disarming the old classical prejudice against a "tyranny," yet much of the suspicion and discord, the mutinies and bloodshed, which succeeded, was due to the singular indefiniteness and ambiguity of his new Constitution, which under the old titles and magistracies concealed a complete revolution. He could never have foreseen that this hasty attempt to reconcile the traditions of the past with the needs of the present, would become permanent in his own Empire, and, after it had passed away, would appear at all subsequent times of human history as the visionary Ideal towards which the aspirations of our race are directed. The paradoxes, but imperfectly disguised by the Imperial mantle, involved inconsistencies so absurd and so fundamental, that we wonder how the system survived for ten years the inquiry of reasonable men. Yet a stability seems to have attended it, which from experience we know is denied to the paper constitution and definite formulæ of modern theoretic government.

§ 2. The Roman Empire was never a monarchy in the strict sense; to the very end the word "*Respublica*" took precedence of the title of the despot, who con-

trolled and frequently enslaved it. In spite of the Imperial apotheosis (little understood, and often misappreciated), in spite of the obscure inviolability of the Tribunitian power, no special sanctity surrounded the representative of the people. The “nation,” a vague name sometimes embodied in the Senate, sometimes in the tumultuous shouts of frontier legions, was the real and ultimate repository of all lawful power ; and we marvel that in all the patient and accurate legislation of the Imperial epoch no attempt was made to define with exactness the duties, the prerogatives, the rights of succession, the dynastic claims, the methods of election, of that central point upon which this wheel of government and society revolved. The divinity, which to our modern eyes “doth hedge a king,” the peculiar respect in speech and address, the reverence to the person of a monarch, the accumulated titles of honour,—all these were utterly lacking. We have enormously increased the prestige, the sacrosanct character of our modern sovereigns, though it may be at the cost of their prerogative. Their influence is all the greater, because it is indirect. The Cæsar, elected by a free choice, and possessing of himself no single claim to sovereignty, was the trusted minister of Democracy, and atoned for failure with his life. “The King can do no wrong”; “Le roi est mort ! Vive le roi !” are two principles which lie at the background of the stability of Europe, and are by no means mere sentiments or convenient fictions of the law. Yet they involve ideas which a Roman in the most servile period would have repudiated with scorn. We have raised monarchs above the strife of party, above the bitterness of rival factions, into a serener atmosphere ;

and when the history of the Nineteenth Century is compiled by dispassionate critics, it will be seen how largely we have augmented the influence while circumscribing the direct power of the Crown. As late as the reign of Maurice (582-602), Theophylact could proudly boast of the contrast between the "legal and constitutional government" of the Byzantine, and the capricious despotism of the irresponsible Chosroes. And this, after the policy of the rough but astute Diocletian, of Constantine, and still more definitely of Justinian, had set itself to centralize, to seclude, to consecrate the monarchical idea, after the pattern of Oriental courts. Nor did the hereditary principle meet with recognition throughout this period of fifteen centuries. Nothing is more remarkable than the safe security of the family and relations of a deposed or murdered emperor. They sank unnoticed into private life; no vengeance associated them in the misdeeds of their kinsman; no discontented faction saw a pretext for sedition in their indisputable claims to Imperial rank. If we examine the "dynasties" of this period from Augustus to Constantine XIV., we shall observe how common was the peaceful succession of son, of brother, or of nephew to the throne; and the page of history is full of ephemeral families, each one increasing in duration and stability, till at the close, the Comneni and the Palæologi divide between them nearly four hundred years. But it must be continually remembered that this involved no recognition whatever of the hereditary principle, as we understand it to-day. The "Holy Roman Empire" became monopolized by a single family in later times, without ever expressly denying that the highest secular office in Europe was open to any

baptized and free-born Christian man. From one brief but pregnant sentence in Tacitus we gather the remarkable difference between the aristocratic modern world of to-day and the democracy of the classical peoples: “reges ex nobilitate, duces ex virtute sumunt” (*Germania*, vii.). This is the key not only to mediæval, but even to much of modern history. We account in this way for the long survival of effete dynasties, and the real business of affairs concentrated in some “Major Domus.” A similar respect produced in Japan the singular dualism of Shogun and Mikado; and in Roman history itself we may see it appearing in the last days of the Western Sovereignty, when powerful barbarians like Ricimer, dividing the honour and the reality of authority, introduced a principle utterly alien to the spirit of the Romans. But it is not too much to say that to the acute observer, who refuses to be deceived by the harmless and necessary turmoil of democratic legislation and reform, European Society, in its firm loyalty to monarchs who are “born not made,” to a governing class that is never a bureaucracy, and to the laws of succession and property, relies for its surest foundations on the hereditary principle. And this, just because the people are free, and with their instinctive good sense prefer to place power in those whose past traditions are a guarantee of confidence and good faith, and who breathe a purer air of patriotism and disinterestedness, apart from the narrow conservatism of officialdom and the intrigues of professional politicians.

§ 3. To-day, though humaner views of the “brotherhood of man” prevail, and are destined to triumph over war and the miseries of dissension, yet there is no sign of the decay of National feeling. For this becomes

stronger in our hearts, as it is more genuine than a vague cosmopolitan sympathy, which so often amounts merely to the acceptance of certain theoretical propositions, indifference to immediate duties. To this feeling, this generous emotion, the Empire, whether mediæval or ancient, was an absolute stranger. The Empire was the denial of nationality. The "Civis Romanus" was one who enjoyed a supra-national privilege. He was a Spaniard, a Neapolitan, a Cyrenian, a Syrian; but he was something more. The gradual extension of what may be termed the "franchise" advanced to its goal of complete comprehensiveness (under an Antonine, in 213 A.D.) along with the decay of the Roman race. In its narrower significance, the Roman family became extinct. The legitimate children by birth were succeeded by the adopted family of all "nations under heaven"; and adoption constituted in the ancient world a tie no less sacred and binding than did physical descent. Thus the Empire is completely ignorant of the modern notions of *kingship*, of *heredity*, of *nationality*. It attempts to conceal the absolute powers which it places in the hands of representatives, and seems ashamed or afraid to define them. The Emperor is merely the first subject of this comprehensive and invisible State. He embodies the people's wishes, aspirations, and authority; but he exercises a sacred trust which has been freely delegated to a chief magistrate. He is a steward, not an owner. In the son of Cæsar there exists no inherent presupposition or pretension to office. And the political system founded on the very negation of nationalism or separateness, formed a bond of union between tribes and civilizations the most adverse and distinct,—an



intangible network which held together in harmony and peace the last centuries of the decaying peoples of classical antiquity.

§ 4. Enough has been said to suffice as a general introduction to that "Imperium" of which Marcus Aurelius Antoninus was so bright an ornament. We shall try to portray the work, the character, the influence of this ruler; and in attempting to estimate his place, either as a thinker or a governor, the remarks which precede will be found by no means superfluous. Among the various attempts made by generals or statesmen on their accession to define this strangely vague dignity, none was more noble or conscientious than the policy of the five good Emperors whose names have brightened that period of repose, and perhaps of lethargy, which seemed to Gibbon the "happiest" age in human records. The reigning Cæsar, finding few precedents and generally armed with a "mandate," silent or expressed, to reverse and stigmatize his predecessor's methods, was at liberty to give prominence to whichever of his dual positions he preferred. He might, even in time of peace, incline towards an Absolutism supported by the Sword; or, rejecting the title Imperator, he might live and govern as "princeps," as "primus inter pares," among his peers, the Senatorial fathers. In this oscillation, greatly though this change was due to the character of the Emperor and his predilections for republican or military ideals, yet there can be no doubt that in whatever capacity, he represented the temper of the Roman world—that public opinion and that plain-spokenness of the populace which was tolerated even under the most savage reigns. Probably no government has ever existed unless favoured



and approved by the larger part of its subjects. The seditious may be clear-voiced and bold, but they always constitute a minority. The approval of the citizens may be due to the sheer inertia of indolence or ignorance, or the profound doubt that any change can be for the better. An infinitesimal fraction of the Russians have more than once imperilled a system which is set firm on the piety and veneration of the vast bulk of the nation. The Sultan of Turkey, in spite of the protests of a "Young Turkey" faction, is acceptable to his subjects. The government of France, which offers a frivolous nation the comparatively harmless sport of a ministerial crisis in place of regicide and the fall of dynasties, reposes undoubtedly upon the negative and contemptuous consent of the people. The Tudor Sovereigns, perhaps more cruel in their suspicions of our noble houses than any Cæsar, had the unfailing support of their subjects, and live in their grateful memory. Similarly, the Roman Emperors seem at each moment to embody the dominant spirit of the age, and perhaps rather to follow than to lead. Trained for the most part in no princely seclusion, but moving freely as soldiers or citizens among a free-speaking people, acceding to a dignity which rarely dazzled them, they brought to the throne the tastes, the studies, the predilections of a private station; and gave unconscious expression to the popular voice, and clearer utterance to vague murmurs of discontent.

§ 5. Great as was the power of Cæsar, his personality was perhaps of less account than the character of the Constitutional monarch of to-day. The provinces of Rome, where the real life and progress of the Empire continued, were indifferent to the occupant of the throne.

Though the Roman civil service never degenerated into a bureaucracy, yet there was a continuity of tradition, a uniformity of procedure, which never snapt, though the idea of sovereignty was incarnate in a rough Dacian peasant or an effeminate Syrian boy; though on the frontiers the transient phantoms in the purple baffle the assiduity of Numismatics. The secret of Roman greatness was her respect for individual rights and local autonomy. The central government was to be strong and vigilant for the public cause, but it was to honour the liberties of the governed, and above all never to interfere in those debatable and uncertain matters which, as indifferent to the public order, are best left to individual taste. The New Testament from Pilate to Festus is full of eloquent testimony to the forbearance and toleration of the Roman official, and his instinctive sense of the limits of government and the restrictions which should be placed upon State interference. Rome, unfairly weighted with the odium of the Ten Persecutions of the Christians, is yet the first State that discovered and practised religious tolerance. The ear of the Emperor was an infallible and uncorrupt court of final appeal; but his vigilance did not obtrude itself, nor did his authority mischievously supersede the ancient local systems.

Seneca (*De Clem.*) is addressing his master during the “golden age” of the Quinquennium; yet these words might well epitomize the general view of Roman administration during its whole supremacy. I. 2: “Multa illos cogunt ad hanc confessionem (esse felices), quâ nulla in homine tardior est; securitas alta, affluens; jus supra omnem injuriam positum. . . . Lætissima forma RP<sup>æ</sup>, cui ad summam libertatem nihil deest nisi

pereundi licentia.” And of the conception of the Imperial position; I. 3: “quem omnes non tam *supra* se esse quam *pro* se sciunt”: and the familiar metaphor, “Quemadm. totum corpus animo deservit. . . . Sic hæc immensa multitudo unius animæ circumdata (enveloping like the body the soul of a single man) illius spiritu regitur, illius ratione flectitur. . . . 4. Ille est enim vinculum per quod RP. cohæret; ille spiritus vitalis, quem hæc tot millia trahunt, nihil ipsa per se futura nisi onus et præda si mens illa Imperii subtrahatur. 5. Animus RP<sup>æ</sup> tu es, illa corpus tuum.” The whole temper of the more acquiescent Roman and the attitude of the provincials towards the new regimen, is probably well contained in the following:—Ep. lxxiii.: “Ille vir sincerus ac purus qui reliquit et curiam et forum et omnem admin<sup>em</sup> RP<sup>æ</sup> *ut ad ampliora secederet*, diligit eos per quos hoc ei facere tutò licet . . . magnam rem nescientibus debet . . . sub quorum tutela positus exercet artes bonas.”

If the wisdom of the British is content to leave the anomaly of over six hundred separate and distinct administrations in India, we have learned this lesson from the Roman. The Roman world was no loosely-knit congeries of independent satrapies: behind the apparent licence of the urban life of Asia Minor was the strong hand of the central authority, watchful yet seldom obtrusive. The supreme merit of the system was due to this self-control, which for the first time in history curbed and restricted the interference of government, encouraged native traditions and creeds, and avoided that dangerous lethargy which a professional bureaucracy and over-minute supervision tend to produce in some modern States. Thus the Empire clearly had two faces,

like Janus, the one as the benevolent and impartial warden of the world's peace; the other, in its stricter relation to its immediate environment, the Senate of Rome. The Emperor was the “overlord” of a multiplicity of States, who found union symbolized and guaranteed in his person; but he was, besides, the supreme magistrate in a municipality. The individuality of Cæsar mattered little in the provinces; but his momentary temper was all-important in Rome. While Tacitus devotes almost exclusive attention to the seditions of terrified Senators, who might thwart but could scarcely help Cæsar's Imperial ideas; while Suetonius interests his readers in the petty and malicious gossip of the Court, we must look elsewhere for the real effect of the new system, and explain from other sources the gratitude and the homage which it called forth.

§ 6. We have said that the Prince could on his accession emphasize at his will the civil or the military side of sovereignty; and that in making this choice he represented more truly than an heir-apparent to-day the general wish or public sentiment. The advent of Vespasian and the Flavian “dynasty” was in complete harmony with middle-class feeling. “Peace, retrenchment, and reform” was the watchword of a tired society after the startling extravagance and heroic vices of the Claudian house. Unfortunate misunderstanding drove the last of this family, an able administrator of a gloomy and suspicious temper, into that undying feud with the Senate which Tacitus so eloquently describes in the opening chapters of the “Agricola.” The tone of Roman society and aspirations in 96 A.D. became once more overtly and distinctly Republican. The period of nearly

one hundred years was marked by an honest attempt on the part of the adoptive Emperors to govern as Presidents of a free State. Trajan managed to hold in solution the diverse elements of military enterprise and deference to the consultative Body, which still remained in name the "fount of honour," and the source of the delegated authority which he exercised, whether in camp or court. Hadrian, who represents the restless "Wanderjahre" in this epoch's life, had reason to suspect the loyalty of the Senate, but he rarely disregarded their dignity. Antoninus the First, one of those tranquil, artless, and almost saintly characters that raise to the throne the domestic virtues, and influence not by ability, but by pure simplicity of life and aim, continued in his eventless reign the same policy of modesty and deference. Antoninus the Second (or Marcus Aurelius), in whom the period closes not without sad and melancholy foreboding of a lonely old age, was fully persuaded of the ultimate authority of the Senate, though he must have confessed to himself that as an engine of government it was supine and incapable. With his death and the ominous (perhaps apocryphal) threat to Commodus, "The Senate sends you this!" ended the dream of reconciliation between the two disparate members of the Dyarchy. The African Dynasty of Severus (bearing in the character, annals, and fortunes of its members so strange a resemblance to the Flavian) broke entirely with this tradition; and the counsel, "Gain the Army and despise all else," became the charter of his successors. The apparent restoration under Severus II. was formal and ineffective. The senatorial nominees, Pupienus and Balbinus—or Tacitus some forty years later—were scarcely fitted to the requirements of the time. The offer of Æmilianus



to limit the powers of the Emperor to external policy and the guardianship of the frontier, must have been the “election placard” of an insecure candidate rather than the mature judgment of an unquestioned ruler; and the revolutions of Diocletian and his successors recognised and sanctioned a state of affairs already existing, rather than dealt the blow or decreed the downfall of the Senate. Rome was seen to be what it had long become, a provincial city, governed by a municipal body whose traditions were splendid, but whose influence was contemptible. The capital, in the turbulence and external menace of the third century, had ceased to be the centre of interest and activity, or the pivot of government. The powers of the Cæsar, or of his subordinate lieutenants, gained in theory as in practice, the greater the interval which separated them from the capital. Rome was rather the seat of the opposition than the centre of administration. The new residences chosen for the members of the Cæsarian College seemed to imply a widespread consciousness of danger impending from the North, and an almost prophetic sense of a sacred mission, as sentinel of Europe against Asiatic perils.

§ 7. Thus it must be readily conceded that the second Antonine belonged to an epoch altogether exceptional in the records of Imperial Rome. The “Dyarchy” (as it is sometimes called) was a deliberate attempt to sever and yet to conciliate the two provinces of civil-legal and military administration. No doubt in the mind of Æmilian (253 A.D.) dwelt a vague reminiscence of this fortunate era. Only then was the theoretical truth of the Constitution recognized by the Senatorial representative, namely, that in that body reposed the ultimate

authority of the Roman people;<sup>1</sup> and that the Emperors were but the chosen executive or delegates to carry out their will during their good pleasure. The two Antonines were ideal representatives of this anomalous system, which sought to veil autocracy under republican forms in exact contradiction of the modern scheme, which expresses in despotic formulæ the limited or vicarious action of a constitutional monarch. In both there is a deception which deceives no one; but we may well consider whether Bolingbroke is right, who maintains that disguised absolutism veiled under popular forms is more dangerous than the open exercise of power, without any pretence of concealment. Brought up from early years in the atmosphere of a Court, the second Antonine had avoided many of its temptations and learnt much of its responsibilities. The peculiar danger of one "born in the purple" (*πορφυρογεννητός*), which seems the clear lesson of the career of Commodus, is contradicted (like most historic generalisations) by the example of his father. The filial regard of Aurelius for Antoninus (to call them by their familiar titles) was sincere and unaffected. He succeeded, first among the Emperors, not only to a throne secured by a profound loyalty, but to duties already well defined; and he was spared, by pious glances at his model, much uncertainty in the conduct of affairs,—that uncertainty as to the significance and limits of power which embittered the character of Tiberius, and sowed the seeds of incurable hatred in so many promising reigns between the assembly and the executive, their chosen but distrusted representative. His reign was distinguished by no great ad-

<sup>1</sup> As later, in the College of Cardinals, the inherent right of all Christians to choose the Supreme Pontiff.



ministrative reform, no eventful campaigns. His wars were confined to the frontiers of the Augustan Empire, which Trajan had vainly attempted to enlarge; and interest us only because they seem to forebode the great Barbarian movements of the coming centuries. The absolute stillness which enfolds the reign of Antoninus is certainly broken under his successor by the din of arms and the alarms of sedition. Avidius Cassius is the already familiar type of ambitious provincial governor who instigates a military “pronunciamento”; but he may interest us as showing that Aurelius failed to secure the allegiance of the troops, while he failed to rouse new life and energy in the Senate. The desultory and futile campaign in Persia (with which this mutiny was connected) merely marks the recrudescence of that eternal quarrel between East and West which in this form lasted for seven hundred years, and produced in all that time no lasting alteration of frontier. In internal policy I must not forget the beneficial legislation for the weaker part of the community, which, derived from no classical ideal, depended upon a mixture of humanitarian Stoicism and unseen Christian influences; and to both these the Roman mind was peculiarly susceptible. But we may look in vain for any important contribution to the fabric of the Roman Imperial system; and, while respecting the principle of heredity, we must regret that Aurelius could not have foreseen the abuse of power in unworthy hands, and have rendered harmless the uncontrolled caprice of later times.

§ 8. Marcus Aurelius has thus certainly left no permanent mark upon the development of the Imperial ideal. His influence upon his successors was slight. The tranquil figure of Antoninus exercised a far more

potent fascination ; and a shadowy Dynasty of affectionate respect issued from him, ending in disgrace in Heliogabalus, who may be reckoned the eighth who bore, and perhaps the third who sullied, that honourable name. Julian, in his "Cæsars," treats him with astonishing irony, and seems to forget that the imperial Stoic is the model for the imperial Cynic.<sup>1</sup> Among his own friends, within his own family, we must regret the little weight which his character or his teaching carried.<sup>2</sup> Something in his nature disqualified the noblest of Romans, the very pattern of sovereigns, from impressing the age with the permanent stamp of his influence. If we wish to appreciate this failure aright, we must turn from the public duties of the Emperor to the inner soul of the man, which lies bared before us in his "Meditations." There, self-revealed, as perhaps in the case of no other monarch,<sup>3</sup> we have the record of his life and spiritual conflict. It is when we pass to the philosophic opinions of Aurelius that we meet some partial explanation for his failure as a monarch or a reformer. We shall have to review the various stages by which Philosophy, that dangerous and seductive foe of the Common Life, penetrated the Roman mind, and attempted to pervade Roman society. In the Quietism, which the Stoics brought with them from the East, we shall discover

<sup>1</sup> Sextus Aurelius, it is true, speaks in his customary terms of vapid eulogy, here, perhaps, with greater genuineness.

<sup>2</sup> Mr. Pater, who has, if we may hazard a guess, produced with an unerring and inimitable instinct the peculiar "atmosphere" of the Antoninian age, represents the secret doubts and amusement of the Emperor's audience, when he lectured to them on the Stoic philosophy.

<sup>3</sup> I except the naïve and creditable autobiography of the Mogul conqueror Babar ; whose example the present Amir of Afghanistan and the Gaekwar of Baroda would seem to emulate.

the most satisfactory clue to the sadness of the Imperial speculator,—to the unwilling disappointment which his writings and his life must finally arouse in all those who love him for his unselfish devotion, his goodness of heart, his unaffected sincerity.

## CHAPTER II

### "THE STOIC PHILOSOPHER"

#### ANALYSIS

- § 1. *Greek Philosophy (in the sphere of conduct) is foreign in its origin, and abstentionist; aims at discovering a Law or a Unity beyond conventional Sanctions and the City-State.*
- § 2. *Classical Greek temper delights in variety; but Greek Thought desires a Unity, which as beyond the Multiple, becomes pure Negation.*
- § 3. *Philosophical Quietism in contrast to vigorous democratic life.*
- § 4. *Disappointment of the Sage who in the supposed new domain of Freedom encounters resistance and incalculable forces.*
- § 5. *A Practical "Unity" achieved in the political world by Alexander and by Augustus; Roman aristocrats, condemned to idleness and introspection by the new government, join the party of abstention and indifference.*
- § 6. *Their "Supreme Unity," at first Fate or Destiny, and implying futility of endeavour, becomes a religion of devotional yet despairing Theism.*
- § 7. *Roman Philosophy as Syncretist and Eclectic; with little emphasis on Absolute Truth, and much on casuistry and individual needs; the dogmatic materialist becomes an agnostic and a mystic.*
- § 8. *Chief features of the eclectic writers in the first two centuries, Christian and Pagan.*
- § 9. *Concentration on the Inner Life as the sole reality.*
- § 10. *Stoical doctrine transformed according to personal character of its chief Roman exponents, Seneca, Epictetus, and Marcus Aurelius.*

§ 1. GREEK Philosophy cannot be called a native product of Greek soil, or a spontaneous and original

creation of the Greek mind. It sprang up in those fringes of Hellenic civilization which bordered the barbarian peoples, whether in Thrace, in Italy, in Sicily, or in Asia Minor. Obscure and alien influences combined to give it that peculiar complexion which it bore to the end of its history. Vague hints and dark legends connect every prominent sage with a visit to Egypt, and a fabled intercourse with the priests of an esoteric religion. In Greece proper we meet with the late though splendid names of Socrates, Plato, and Aristotle; but the earliest discoverers and the later successors of the Golden and Athenian age were foreigners. The whole tone and temper of speculation from first to last is sharply contrasted with those features of Greek social and political life which are most familiar to us. From the outset this stream of thought ran counter to the classical instincts, and to the needs and aspirations of Hellenic life and culture. The Athenian period, marked by a bold attempt to unite the two unsociable sides (“principatum ac libertatem”), ended, nevertheless, in the complete disclosure of their final incompatibility. Philosophy in its birth is essentially Romantic; and subjective impressions take the place of exterior law. True it is that the very aim of Reflexion is to justify and explain this outer law to the subject, and to accept voluntarily speculations which had been imposed before upon slaves. For by the intrinsic nature of Reason or Dialectic, separatist yet unifier, all these reach a unity in the world of nature and of thought, by a comparison of the various organs of intelligence or a more or less patient scrutiny of physical processes; by a sifting away of the nondescript, the particular, until the pure but rarefied form appeared; by overcoming

the extravagant conceit of individual thinkers or impressionists, in a discovery of a fixed norm of all rational unanimity.

§ 2. But it is instructive to trace in history the failure of all such attempts to arrive at a unity of conciliation between the universal and the individual reason. Difference (so dear to the Greek spirit, so distasteful to its mature reflexion) obtruded itself in every sphere, where a final harmony was promised; and the unity, if and when attained, proved to be void of content, for the supreme Reality was indistinguishable from negation. This search, which is the necessary function of unifying reason, was pursued with quiet persistency, until we lose sight of Hellenic sobriety and orderliness in the raptures and ecstasies of the bastard Platonism. Reflexion, in its earliest stirrings due to barbarian influences, suggested *unity* as the fitting goal for human thought and endeavour; while the Greek temper delighted in *variety*, whether in art, or poetry, or politics; a variety which was not mere disorderly licence or caprice,—which in the end knew no other restraints but those of native good taste and good feeling. In the sage, the two conflicting tendencies constantly confront one another no less than in society; and the peace of mind of the one is sacrificed no less than the harmony of the other. The whole essence of the creative and progressive Hellenic life was liberty and equality. In the commonwealth of City-States (I do not speak here of the monastic rigour of the Dorians and a common worship), loosely united by a traditional ancestry, and in the ordinary life of any one of the group, whether colony or metropolis, variegation was the chief characteristic. It was signi-



ficant that they chose to find in an artistic sense of *limit* the real controlling force behind the multiple of turbulent society; which other nations are compelled to realize and arm in the full panoply of mail, or incarnate in a final appeal to some despotic monarch. In the free, unimpeded interaction of independent units, the Greek State found a wholesome social life, free alike from the lethargy of servile decay and from subversive anarchy. But it must be observed that this recognition of law depended on no written constitution, but on the unwritten law (*ἄγραφος νόμος*) of custom and precedent, and in the last resort could be defended by no peremptory sanction. Similarly, Greek morals, whether in the unreflecting or self-conscious days, based their appeal upon a sense of personal dignity and freedom, and were controlled in outline and direction by æsthetic propriety (as among the Romans in later times by a conventional decorum). The *Πόλις*, in the strictly limited number of free families and individuals, encouraged a hasty yet regular exchange of authority and obedience; and could rely upon a willing deference to this law of "give-and-take" which was certainly unable (as republics always are) to enforce itself against a calculating tyrant. The citizens were satisfied with the general stability, and yet felt how little sacrifice of caprice, how brief a delay to legitimate ambition, such a constitution demanded.

§ 3. Not among such happy and independent minds did the problem of the universe press, urging for solution. Engrossed as they were in the unceasing and multifarious duties of their civic life, they had neither leisure nor opportunity for speculation. The shadow of despotism, whether the inordinate power of the



"man of the hour" in Greek tyrannies, or the colossal figure of the Persian King, must fall with sombre influence over these blithe and prosperous communities, before men can sit apart to muse on the substance of all things, the futility of existence, and the negative ethic of abstention and of quietism. It would be interesting (though here out of place) to trace the share which this consciousness of an unholy or a lawful *unity* exercised in the production of the reflecting habit among the Greeks. Certain it is that this thought, no less than the spectacle of factious democracy, largely contributed to the development of philosophy; which from the first set itself to correct, to deride, or to supersede, by some deeper explanation than unconscious universal consent, the conventional fabric of society and of government. This feud, once started, was never again healed, and the practical outcome on the cities of the Hellenic world of so much meditation and dispute, may be confined to the aristocratic communities of Pythagoras and the personal influence of Socrates; whose life as an obedient citizen, whose death as a martyr to truth and to patriotic duty, served only to emphasize the more vividly the discord of the two spheres. The reason for this distrust and suspicion is not far to seek. The desire for a personal and individual apprehension of truth, apart from the sacred ministrations and mediation of the Family-State, seemed as impious to their eyes as the claim to immediate revelation by Protestant or Mystic, to the devout Catholic to-day. The conservatism of unreflecting obedience (whether in a tyrant or in an Aristophanes) waged a truceless warfare against the seekers after a higher sanction. The religious, whose belief was limited to poetic tradition, whose

practice was bounded by the ceremonies and festivals of the State's authorization, saw nothing but impiety in the deeper scrutiny, which refused to acquiesce in the divinity of the obvious, and attempted to bring some concord into the turbulence of Olympus. The practical men of business and affairs viewed with grave disapprobation the withdrawal of so many hours of a citizen's life into the meditative idleness or querulous disputes of the sage's leisure. Even the popular ridicule or dislike betrayed on numberless petty occasions the uneasy sense of the community that Philosophy was the chief enemy of social life; that the calm and impartial discussion of those self-evident axioms on which a State is founded, must in the end prove a sceptical solvent, fatal to all law and principle, whether of love in the family, of devotion to the commonwealth, or respect for the divine beings whose worship the State enjoined. This was not an evanescent prejudice of the Hellenic mind, which disappeared after a proper familiarity with true wisdom. It was an age-long temper, which never wavered in its distrust; until indeed philosophy, in the inactively tolerant and pacific period of the Roman Empire, became a mere synonym for a brilliant ability in extempore harangues, or an antiquarian and comparative study of the dogmatic tenets of the schools. In the age of the Antonines the four principal sects could exist together on amicable terms, and enjoy the Imperial liberality without disgracing such bounty by their quarrels. For by that time the pretentious claim of Philosophy to guide human life had in effect yielded to the more modest and indirect, but genuine and effectual, direction of Rome. But in its earlier days Philosophy was in continual opposition

to the Hellenic and classical spirit. Arising in foreign soil and under alien influences, it demanded an exclusive allegiance to a code above the current conceptions of duty; and it tended, under cover of practical maxims, to withdraw the student from effort or endeavour into a life of contemplation and inactivity.<sup>1</sup>

§ 4. Above all, Philosophy, while it taught the self-sufficiency of the wise man and promised him liberty to expatiate in a larger sphere than the State, yet in truth only deprived him of the innocent excitement and useful duties of social routine, and enslaved him to the more comprehensive unity which it professed to discover. In effect he became the sport of natural forces, or the organ of impersonal reason, or the citizen of a supposed kingdom of the universe, a cosmopolitan, with ill-defined and often purely negative duties. Leaving the sole realm where human virtue can be efficient, and can, even in failure, look forward to future progress or reform with unselfish joy, the sage found himself in the presence of forces which he could not control or indeed understand. In seeking freedom in the develop-

<sup>1</sup> The irony of the whole Stoic position is admirably but unconsciously displayed by Seneca, *Tranq. Animi*, § 1: "Sequor Zenonem Cleanthem Chrysippum; quorum tamen nemo ad Rempublicam accessit, nemo non misit. *De Otio vel Secessu*. 30. Duæ maxime in hac re dissident Sectæ, Epic. et Stoicorum; sed utraque *ad otium diversa viâ mittit*. Epicurus ait: non accedet ad RP. Sapiens nisi si quid intervenerit. Zeno ait: Accedet ad RP. nisi si quid impiedierit. Alter otium ex proposito petit, alter ex causa. Causa autem illa latè patet; Si RP. corruptior est . . . si occupata est malis; non nitetur Sapiens in super-vacuum, nec se nihil profuturus impendit."

32. "Nos certe sumus qui dicimus et Zenonem et Chrysippum majora egisse quam si duxissent exercitus, gessissent honores, leges tulissent quas non uni civitati sed toti humano generi tulere." And throughout the little treatise, in dividing life's possible aims into *voluptas*, *contemplatio*, *actio*, it is clear where his real sympathies are.

ment of his personality, he only learnt that freedom and personality are alike illusions. Philosophy, although it has often proved a noble ally, is in some sort a protest against the finality of domestic and social life. It charms man with hopes of a higher companionship, which, alas! in the end are to be reached only by laying down what is distinctively human in the philosopher, by abandoning what is especially his own, in the ecstasy of the Divine "Unio."

§ 5. Historically, the Union, the higher world which they sought for, was the achievement of Alexander for one brilliant moment, and of Rome perhaps for all time, whether as a secular or a spiritual monarchy.

Rendall (ch. iv., lxxxv.): "The conquests of Alexander changed the moral as well as the political outlook of Hellenism; for, ethically as well as socially, it became impossible any longer to regard the πόλις as the supreme unit of morality." The undoubted decline of democratic zest at the entrance of the twentieth century may be attributed, partly, to the discovery that social problems and inequalities are independent of the suffrage and representative institutions; partly, and in great measure, to that Imperialism which expatiates in a larger world, and unconsciously relaxes the tension of mind into civic duties, and consoles the poor and oppressed for present misery by a hallucination of foreign power. I cannot here refrain from the pleasure of quoting this sentence, lxxxviii.: "As Stoicism sprang historically out of the suppression of Greek City-States by the expansion of Greece into the world-empire of Alexander; so, too, its second birth in Italy heralds the Imperial stage in the destinies of the great republic." Though Roman Stoicism adopted or simulated an attitude of systematic defiance to this system, we may note that in modern times Hegelianism is allied with recognition of Divine right and passive obedience; and to-day the quiescence of anything

approaching educated republicanism may be attributed to the prevalence of a similar outlook on the world.

Again, cxxxvii. : "The Stoic philosopher, proclaiming the moral autonomy of the individual, disclaimed the strictly political bond and sanction to found morality upon bases that were universal. The civic obligation in its narrower application was annulled, and superseded by the Cosmic ; but the name and association of 'citizenship' were too deeply grafted into moral consciousness to be killed out. They survived into the idea of a 'world-citizenship.'"

And Rome especially was not disposed to regard the transcendent promises either of sage or Christian, except as violations of the compact which united the governors and the governed. The classical Roman spirit, averse to individualism, had long and stubbornly opposed the introduction of Philosophy and strange rites. It was almost an irony that drove the Republican senators of the early Imperial age to seek solace in those theories which their ancestors and models had relentlessly expelled. The pursuits of wisdom, in much accountable for the decay of population and the old vigorous urban life, now defied the political system which it had called forth. The Empire was the natural result of individualism and of disintegration : it could tolerate diversity, because it transcended and controlled it. It provided these aristocratic sages of the opposition with a conspicuous theatre for their noble, if ineffectual, defiance ; and they forgot that its removal would leave them without occupation, in the midst of a surfeited democracy, who hated and despised them. It is impossible to refuse our admiration to the heroes and martyrs in the cause of the Republic ; but the thinness of their ethical equipment, the negative character of their



maxims, must prevent us from regretting their failure. There is no happiness in the world without endeavour, without practical work. It was the merit of the Roman to be happy only in working, and he exchanged his spear for the plough after the annual campaign. Idleness settled down on Italy after the extinction of the yeoman class and free labour; and, in spite of Vergil and Columella, the recreations of the aristocratic Roman in the Imperial era ceased to be rural, as their chief business ceased to be military. An unhappy accident or want of straightforwardness in the new constitution prevented the nobles from accepting office under one who was but a member of their own order, a delegate of their own body; one who stood in an exalted position indeed, but well within the reach of envy,—a penalty from which the limited sovereign of modern times is exempt, from the very magnificence and uniqueness of his dignity. Jealousy excluded them from responsible and important posts; and an enforced leisure might vary with the voluptuous or austere, in the pursuit of strange pleasures of sense and ear, or in the defiant, yet negative, courage of a Stoical philosophy.

§ 6. The peculiar form which the Unity of the common search took in these philosophers was Fate. Quietistic as all Greek schools tended to become (banishing "practice" with the Buddhist as disease), none preached more assiduously the futility of human effort than the Stoics. An irresistible current of Destiny (which united all events and effects in an unbroken series); the universe as an unceasing process, always in motion, yet never progressing; the vanity of earthly pursuits, and a studied contempt of human ambition; the sense of Eternity, present here and now, final and

fixed, with no hope for a brighter dawn ; a resolute indifference to human history, except to point the moral of the emptiness of our wishes, and the final equality of all things and all men, good or bad, of all striving, as well as all inaction ; the conscience, or inner voice, as a single stable point in the flux of sense and matter, yet without practical value, seemingly an aimless penalty of a jealous (or a suffering ?) god, who gives as that cruel gift, a part of himself, the power to survey and to mourn the misery of life without the power to change ; practical duties of life, slipping one by one from the grasp of the sage, until his moral life can be summed up in a perpetual "non possumus" : such are the chief tenets of the later Stoicism, and such admirably suited the melancholy temper of Roman abstentionists. The earlier school (though possibly tinged with a latent Phœnician gloom) had been indistinguishable from Cynicism, save in the logical completeness of its system of defence, and in a metaphysical dogmatic, to which Antisthenes had wisely remained a stranger. No practical effort marked the earlier founders, whose sole business was to weld into a solid and coherent body, guarded by unassailable argument, a certain theory of the world. Only when domiciled in Rome did the School mix in actual life, and become not a sect, but a religion. The practical bent of the Roman mind transformed the Stoa from a mere house of dogmatic paradox into a temple of a devout, though despairing, Theism.

§ 7. Though negation—passivity—is the keynote of Stoical Ethics, yet this takes among the Romans a kind of positive character ; and their inertness is one of dormant energy. But this entirely depends upon the personal and individual bias of the various exponents ;



and on the common influence of the Roman Empire, which appeared to tolerate, nay, to invite, criticism and reflexion, while it seemed to close so many avenues to wholesome effort. Never slaves to a system, always placing practical value above logical symmetry, the Roman philosophers were all eclectic. They followed with no servile adherence to a master's word, but composed, as it were, a “rosary” from many Schools, to fit the urgent needs of their existence. To the present moment, orthodoxy is the supreme merit of Eastern Churchmen, as heresy is the most heinous sin. To the Western Catholic everything is subordinate to utility and the honour of the Church or the welfare of souls: salvation is to be found only in communion with Rome; and schism, or visible disaffection, is the unpardonable offence. The Eastern is rather a member of a spiritual realm of truth, the Western a citizen of a visible kingdom. The rules of the former are ascertained by the pure Reason (or communicated instantaneously by heavenly Grace). They are definite, unalterable, and unchanging. But an earthly State demands certain concessions to the individual, politic reservation of the whole truth, materializing of dogma, casuistry in the treatment of special events, and opportunism in the attitude of the spiritual to the secular powers.

§ 8. This distinction prevailed also in the philosophy of Greek and Roman. Among the latter there are no pure or unmixed schools. Seneca tempers the rigour of the early dogmatism by the maxims of Epicurus and the sentimental dualism of Plato. Epictetus, another Socrates, transforms into a loving Father the ultimate and irresoluble physical force that lies behind the vain

shadow, Sansara, of existence, and colours with personal piety the Buddhistic atheism of the academic Stoics. Plutarch, who has much in common with this School, is yet, in ultimate metaphysics, a Dualist, and in practical life an admirer and (so far as the times allowed) an emulator of the simple and cheerful virtue of the ancients. Marcus Aurelius, the last of the Stoics, is, at the same time, the first of the Neo-Platonists, and in his doctrine of the "deity within" transforms a mere physical connexion of the soul and the upper air into a mystical creed that was the very bulwark and support of the brighter side, the "southern front," of his *Meditations*. Clement of Alexandria (if by the inclusion of this name I may complete the list) adapts the Stoic precision of formula and definition to the growing science of Christian Ethics, which, issuing from the pure passivity of the Millenarian or the patient sufferer for truth's sake, was destined, with its new interest in social life, to re-create society in Europe. To resume: the victims of the Imperial régime gladly welcomed a somewhat frigid school as having an implicit power of sustenance and consolation in critical times. Yet within this loose network they borrowed from many sources; they laid no claim to completeness or consistency. For the mainspring of their studies was not intellectual curiosity, or the desire of applause, or the tranquil discovery and enjoyment of eternal verities. In the decay or syncretism of various popular cults, in the congregation of the most varied nationalities under a single sway, in the blurring of all distinct outline, once separating the petty gods from the great and single Source of Life, in the gradual closing to the nobles of the arena of practical ambition under a

socialist monarchy which dispensed with their services, we may see the chief causes of this passionate devotion to Stoicism, and this gradual transformation of a commonplace scheme of materialism into one of the noblest, if the most melancholy, of all religions. Where all separateness of feature, all idiosyncrasy, had faded into a world-empire, where all individual effort or significance tended to disappear in a universal law, the sage meditating profoundly on the unity of Being and the nexus of events, the eternity of type and the triviality of the fleeting particular, could only find consolation in Mysticism, none the less real because it was not explicit.

§ 9. Stoicism preaches, as we have seen, the ethics of abstention. Centring all attention on the inner life of the individual, like all the subjective schools of the post-Aristotelian age, it speedily despaired of finding a true sphere for his activity, and gradually withdrew its claims to occupy or to direct any portion of human life. The universal order and unity (so strangely contrasted with Epicurean pluralism) could be approached only by "unselfishness"; that devotion to a purely *typical* (not a *personal*) excellence which characterizes all Greek thought in the field of morals. The single free and perpetually repellent point of consciousness, the *will* (to which alone any value could be attached), was to be occupied in a meaningless conflict with natural emotion, and in lofty disdain of the outer world of nature or society. While the theoretical creed of the Stoic or the Cynic proudly pronounced its text to be a reasonable following of Nature, an insistence on the unity, harmony, and order in the world, and a belief in a common human brotherhood predominating above petty national or class

distinctions, the School not only ended in setting the sage in isolation from a world of fate or chance, and from his fellows, but tortured him with a sense of dualism and unceasing conflict within the limits of his own nature. It was impossible to regard the world as a field for moral discipline and trial (for the conception of Stoic immortality compels us to pronounce its asceticism either impious or superfluous), nor, again, as a scene of perpetual advance for the human race towards a distant goal; which belief, cold comfort though it be, may indeed sustain pilgrims in their own unsteady and failing footsteps. Neither was it a vain show, the uneasy dreams of some sleeping God: a theory which may amuse a pessimist speculator, and reconcile him to the indifference of sensations (or, indeed, of hopes), which, after all, are not really his.

§ 10. It is difficult to say what the Stoic universe meant for the wise man. Its motive, its author, its goal were alike undiscoverable; and the kindly thoughts, the noble sentiment of duty, the compassionate unselfishness of so many of the School, were held as a legacy of some primitive religious teaching, some illogical remnant of personal temperament, in spite of the negative dogma of their philosophic creed. Personal distinction, earnestness of aim, and devotion to a set purpose, have consecrated the names of Seneca, Epictetus, and Aurelius. But this influence depends, not on their close adherence to a logical system, but in the original sincerity of their sentiments, in their pure and genuine characters. Under them, the School loses all its distinctive features, its moral harshness, its dogmatism. A gentle melancholy of doubt, and a delicate and refined consideration for others, take the place of the certainty and the austerity

of the elders. The Roman character, tempered by that admixture with Spanish influences which marks the first century, both in politics and in letters, becomes mystical and feminine. Only from the older school is maintained that barren article of faith which is the doom of human effort or enterprise in Stoic, in Mahometan, in Brahmin—the divine Unity. Utterly unable to “qualify” or describe this original and comprehensive Being, rejecting the earlier physical interpretation, and straining on the path of negative theology towards a purely spiritual conception, they did, indeed, succeed in establishing a verbal kinship between the soul and its maker, one gleam of consolation in an alien world; but in so doing, they abandoned the chief tenet of their nominal system, and prepared the way for that final leap into sentiment and emotion in which Greek philosophy was destined to perish. A like fate probably awaits all Schools which start from an assumption of original Unity. Stoicism is but one of many which end in a complete reversal of their most fundamental axioms. Monism has passed into the harshest Dualism; Pantheism into an impossible transcendence; sternness, certainty, and effort into doubt, compassion, and resignation. If Aurelius demands our sympathy and our praise in his unselfish efforts for the security of the Empire, it is because his practice is better than his creed; because he has supplanted the fate of positivism by a distant Providence, to whom he stretches out pure hands, full of mute but unavailing appeal. But he is the last of Roman Stoics; he founds no School. Rational thought is swept away by a torrent of Oriental mysticism or ceremonial; and even while we read his private memoirs the empty garments of a formal Stoicism fall away to disclose a

soul glowing with an emotion midway between compassion and love, and stirred to an activity (which his creed belied), if not by enthusiasm, at least by a strong sense of loyalty and duty. Our task will lead us to examine in detail the points in which the Emperor deserts the philosophy of the Schools for the truer instincts of his own heart; but first it will be wise to inquire into the contributions of his fore-runners, and thus estimate his debt to Seneca and to Epictetus.



## CHAPTER III

### DEVELOPMENT OF PHILOSOPHY IN ROME

#### ANALYSIS

- § 1. Roman "Stoicism" as a familiar phase of human thought; faith-philosophy (in ethics) superinduced on naturalism and without attempt at consistency.
- § 2. The Empire not the cause, but one among many symptoms, of a widespread Quietism.
- § 3. Rome's contribution to Individualism; as Nominalist, encourages the concrete and personal, in default of Hellenic appreciation of abstractions.
- § 4. Seneca defines "Summum Bonum" as a "Soul"; and attaches weight to "præcepta" rather than to "decreta."
- § 5. Decay of scientific dogmatism, and distaste for physical philology; Seneca seeks a moral Deity; and is unable to reconcile natural order and the moral law, or combine in a single Supreme principle.
- § 6. His Dualism and Asceticism; he repudiates utilitarian motive in Science, and dissuades from public life.
- § 7. The leisure of the true Sage occupied with friendship or introspection.
- § 8. The "chief good" as Tranquillity of Mind; Egoism of all Greek philosophy.
- § 9. Absolute Inwardness of the chief good; as an attitude of mind which places happiness entirely in our own power, and neither finds nor demands correspondence in the outer world.

§ 1. It is perhaps a little unfortunate that we talk of "Stoicism" as the predominant philosophy at Rome among those whose energies, debarred from political action, had passed into the fresh channel of speculation



on human conduct, independent of the civic sanction. If it is Stoicism at all, the tenets are very different from what we can deem certain in the older School. To call it Eclecticism again, or worse still Syncretism, is to give a difficult name to a very familiar phase of the human mind ; and perhaps to stifle the interest of an ordinary reader, who will fancy he has to deal with profound truth or logical subtleties, rather than with a moral attitude which is very likely nearly akin to his own. The Roman character had indeed much in common with the practical sobriety of the English. It held fast, in the decay of local worships, to the original and honourable sentiments which social instinct had implanted, and tradition had ennobled and illustrated by heroic example,—duty to self, to parents, to friends, and to country. They were either unable or unwilling to analyze the ultimate motives of conduct. The thought of tearing up the roots of moral behaviour and examining critically the springs of action was abhorrent to them. As Professor Huxley makes no pretence at accommodating his human practice to the laws of the universe, as he completely separates<sup>1</sup> the human function with its postulate of Freedom from the self-centred and predestined automatism of the rest of Creation ; so the Roman “ through evil report and good report ” preserved his sense of human dignity, and respected the claims which an exacting State or a capricious Fortune might make on his loyalty, forbearance, or self-sacrifice. He could not explain or justify ; but he was convinced that somehow it was his duty to act after the old time-honoured fashion. Divine sanctions might be

<sup>1</sup> As completely as Maurice Maeterlinck in his *Kingdom of Matter*, or as Andrew Seth in *Man's Place in the Cosmos*.

mere fables, and that peculiar tutelage of gods for men which has so often supported in good hopes and joyousness the victim of Chance. As the barriers of city-states vanished, as the world became one, so a sense of the unity, of the distance, of God was borne in upon the reflecting mind. A boundless expanse of Nature, a boundless leisure (save as an Imperial servant or official), an almost limitless state coextensive with the human race; the decay, not merely of stirring municipal interests and competition, but of all except the vaguest positive beliefs,—these were the new facts to which the practical and conscientious spirit of the Roman had to adapt itself.

§ 2. It is an error to suppose that the peculiar tendency of Roman thought, from Cicero to Aurelius, was due to the Empire, as creating an atmosphere of restraint and suspicion, of psychological analysis, of brooding over wrongs and the injury of an enforced idleness. The institution of the Empire was clearly but one of the symptoms of an abnormal condition of humanity in that age. No despotism has ever supported itself against the will of the majority. The apotheosis of Cæsar was a result, not a cause. The most fanatical worshippers of past liberty in this age never ventured to propose a substitute for the Cæsarian regimen, though they were ready at any moment to change the particular representative. The distaste for affairs which is mostly attributed to Imperial jealousy was really the long-seated evil which rendered Cæsar indispensable. A democracy (real or imaginary) which has disgusted the honest by its turbulence or venality has but one resort, the strong hand; and Cicero in spite of his protestations, Seneca, and Aurelius, all

recognized this, and felt that the high Idealism, supporting a republican form of government, had passed away for ever, and that the temper of the times demanded a personal and embodied Sovereign, dispenser of the material benefits of justice, peace, and plenty.<sup>1</sup>

Over the Roman world had spread this sombre veil of Quietism. This spirit had handed over to the conquerors as yet vigorous the independence of a wearied and diffident society, and had at last sought its newest recruits among the conquerors themselves. Speculation was a higher life than action ; indeed, was the highest kind of activity for those who claimed to be free.

§ 3. To this attitude of reserve and resignation, the Roman brought certain qualities of his own. It is the fashion to-day <sup>2</sup> to attribute to the Germano-Christian influence that emphasis on the liberty of the individual and his immortal destiny, which formed the secret impulse of the Mediæval Empire, in its ideals, constitution, and development, which resulted, breaking up the Realistic fabric inherited from Classical times, in the Reformation, and the movements of Emancipation within living memory. But it will not be fair to forget the precious contribution of Rome. Greece, while it revelled in the wild and unaccountable caprice of some spoilt favourite of fortune, never rose to a full definition of the Personal. The brief emphasis on the relativity of knowledge in the Sophistic age, only reacted into a deification of the Absolute ; and the so-called Subjective Schools failed, as we have already seen, to justify or to explain individual consciousness. They could only

<sup>1</sup> See the undoubtedly sincere language of Seneca as to the Imperial responsibilities and significance, *De Clem.* i. §§ 1, 3, 4, 5.

<sup>2</sup> See Gierke's *Political Ideals in the Middle Ages*.

point to a shadowy type of ideal man, before which all special or peculiar or relative qualities in each must be sacrificed as excrescences. The Roman, as practical man of affairs even in retirement, knew nothing of these abstractions. He refuses (with Horace) to bow the knee to any master. He subordinates all to practice, he disparages logical symmetry, and believes all time wasted which is spent in those dialectic subtleties, so dear to the Porch, in its early Megarian and Eristic days. Cicero and Seneca mingle impartially, and without attempt at uniformity, the teaching of the Schools and the maxims of many rivals. Even that Ideal Virtue or *Summum Bonum*, which (in default of discovering the Sage) must ever remain beyond human attainment, should be sought rather in the concrete, imitable form, which its nearest imitators have set before us, all the more useful because they are imperfect. Instead of reverence for Zeno and Chrysippus, masters of formula, we have respect for good men, for Socrates, Cato, and Brutus. The pages of Seneca are pleasantly diversified by anecdotes of honest citizens, whose approximations to Virtue are far more edifying than any solitary musing on ideal perfection. Thrice does Seneca startle us by calling the Chief Good a Soul! No distant sea of impersonal goodness, no realm of pure ideas, no unfaltering moral Law, above and irrespective of all particulars; but an individual, who had embodied and attained in some measure that human excellence of which all men were speaking,<sup>1</sup> and

<sup>1</sup> Both ἀρετή and "virtus" are entirely mistranslated by "virtue." *Virtue* suggests, I think, an external standard which demands our obedience without question or compromise; while the other names imply a far closer and implicit connexion between the ideal and per-

could offer in the concrete circumstances of life illustrations of its method and value.

§ 4. In the 113th letter to Lucilius we find: "*Justitia quid est? Animus quodammodo se habens.*" In Letter 117, § 12, Sapiencia is defined as *Mens perfecta vel ad summum optimumque perducta*. So, too, in the "Blessed Life," § 4, "*Summum Bonum est Animus fortuita despiciens*"—and in Letter 120, § 8, when he is inquiring how the first rudimentary knowledge of right and wrong came to us, he believes the example of ancient merit and heroism stirred us to realize, by an admiration at first impulsive and involuntary (Fabricius and Horatius Cocles, "*hæc et hujusmodi facta imaginem nobis ostendere Virtutis*"). In precisely the same spirit, he is averse to empty generalizations, to laws of conduct so universal that they cover everything and counsel nothing. He recognizes greatest profit, not in these formal "decreta," but in the "præcepta" of the casuist or the Director. The difficulty in Ethics (whether as a science or for individual guidance) is never the discovery of general principles, but their application. All Seneca's writings are occasional, and are prompted by the distress or spiritual needs of his friends. The mere idle repetition of Stoic commonplace, "The good man alone is happy," "Virtue is the sonal interest. This was due to the vague teleology which dominated Greek thought and its derivatives after Socrates. Harmony of inward and outward was εὐδαιμονία, συμφώνως, ὁμολογουμένως ζῆν τῇ φύσει (with its ambiguous meaning). Ἀρετή was the means to this end desired by all; and was attained by the development of the οἰκείον ἔργον, which in man (as opposed to Stag or Tiger) was a "reasoned and consistent life." It is quite impossible to say where unselfish admiration for a lofty ideal of behaviour, and where the lower motive, urging us to tranquillity and peace in the only certain region of our consciousness, have their precise limits.

sole end of Life," did not interest him. Everyone agreed about the fundamental principles; but few could apply the minor premise. The austere Quintilian rebukes him for superficiality in his treatment; but a really sincere casuistry must needs be opportunist and disconnected, sometimes incoherent and even inconsistent. Philosophy was in want of a new Socrates to bring down formula again into life. We are certainly disinclined to-day to quarrel with him for exchanging a barren and formal symmetry for moral earnestness; just that personal, almost missionary, interest which enables French writers<sup>1</sup> to compare him with the Catholic directors and father-confessors of the seventeenth century.

§ 5. The fabric of Certitude—the great dogmatic Cosmology of early Stoicism—had crumbled into dust. Nothing was left of it except a sense of immensity, against which the Hellenic mind had from the outset striven nobly but in vain; and a conception of a Unity beyond all human appreciation. In all ultimate problems, Seneca was an Agnostic, with a firm hold on the dignity of the moral life, none the less firm because it was inconsistent. With all his Stoic protest that Knowledge, like Life, was one, an impassable gulf yawns between his theory and his practice. The earlier school has been materialist and positive; its theology was a department of its physics; its ethics merely "sounded the recall" from a corrupt and wearied society of civilized beings to a norm of nature and simplicity which no one cared to define precisely. But the first century had passed beyond the naïve positivism which superimposed on universal automatism a doctrine of

<sup>1</sup> M. Constant Martha among others.



man's freedom and responsibility, and narrowed the term "natural" to the passive resignation of an ascetic. The demand of the three Roman Stoics is for a moral Author of the Universe. Their failure to discover any satisfactory clue to the Divine dealings produced that deepening sense of vanity and distress. It is in this consciousness of failure that Aurelius seeks *within* the solace he cannot find *without*, and becomes the first of the introspective Platonists. To Seneca all dogma is fluid, except the belief in the final destruction of the world. Though he yearns, with Fichte, to see God in "the moral order of the Universe," he is forced in the interests of Unity to identify Him with every other known force. As He is everything, so any name will suit Him. He is the sum of existence; or the secret and abstract law which guides it; He is Nature or Fate. The partial names of special deities are all His, and together they make up the fulness of the Divine title; but they disappear in the immense nothingness, rather than colour or qualify it. The special sense of nearness to man, of a sympathy something more than physical, of an approval and favour more clearly displayed than in a brilliant heaven and unerring laws, this is wanting. All Theology must be anthropomorphic or it ceases to be more than Natural Law. A barrier (which we believe can never be transcended) separates man as a moral agent (or more clearly, as a consciousness burdened with a sense of moral responsibility, which cannot be shaken off) from the rest of the Universe. Any attempt at a Supreme Synthesis, from the side of either material or spiritual Law, is destined to failure. The world is twofold; and it is as foolish to forget the real in the Ideal, as it is to merge the

special consciousness of man in the processes of a causal series. Because Seneca cannot see the finger of God in the world outside, and because he is determined to find Him somewhere, he brings into prominence a certain dogma of the earlier school, the divinity of the soul as a ray sent down from heaven; and gives this purely physical belief a new and a moral significance. Upon this semi-naturalistic, semi-mystical tenet, Epictetus, a truer follower of Socrates, builds his magnificent appeal to the children of a common Father. Early Stoicism doubted if Providence condescended to particulars: the School ended in Aurelius with denying that God had any other home except the purified spirit of the individual.

§ 6. And the vast Universe which was thus left riderless. To whose dominion was it entrusted? To a blind or malevolent spirit of caprice, with whom the Sage could have no compromise. Nature to our modern Stoic meant emphatically the wise man's inner nature; his reasonable soul, as defined by Aristotle. The course of the world might be termed Providential, in a vague and general sense; but the parts, the special events, were abandoned to the Usurper Fortune, just as in the Stoical Christian Lactantius, the Devil and no one else is the ruler of earth and the dispenser of every earthly blessing. As *ζῶον λογικόν* man might admire the orbits of the stars, and find some delight in the study of natural problems. But the more particular enjoyment of her gifts was strictly interdicted. "Touch not, taste not, handle not" was written on the vestibule of the Stoic temple. All contact beyond pure necessities was disallowed; as a scene of gaiety the world was forbidden ground; the "regnum hominis" over

the inanimate was a sacrilegious profanation. The Stoic (always in theory and generally in practice also) gave up the present and the visible to the evil spirit, quite as decisively as the most pessimistic and introspective anchorite among the Christians. The doctrine of the sympathy of all things (*συμπάθεια, συνάφεια*) ended in a most rigorous contrast of man and nature. As Macaulay rightly objected, it was "only to be looked at"; any utilitarian motive in scientific knowledge is impiety in the eyes of Seneca or of his pupil Lucilius. And again as *ζῶον πολιτικόν* man was in theory summoned to take part in a smaller world of Society. But the debates of the earlier Stoics exhibit a ludicrous hesitation to enter public life. Many were the excuses made, strange the pretexts accepted for the evasion of this obvious and classical duty. Either the actual State was too corrupt, or there were peculiar if temporary obstacles, which hindered this especial Sage, and condemned him to a leisure which he accepted with pretended reluctance. Seneca is at least acute enough to see that these protests were insincere, and that it was the fixed if unacknowledged resolve of the Stoic Masters to abstain from politics. "The result," he tells us, "is the same in either school; whether the Epicurean refuse an active life unless the circumstances are exceptional, or the Stoic condemn seclusion unless the State is too lawless, none of them ever do issue forth," and he notes their invariable counsel to their followers to enter public life, and at the same time their invariable abstention.

§ 7. Debarred from the life of the voluptuary or the ambitious, and welcomed to the somewhat frigid comfort of scientific studies, strictly without ulterior motive,

the Stoic found this leisure but scantily occupied. Friends found a place in his heart and in his time, left vacant by the disinterested scrutiny of natural phenomena. This new value of friendship had been the discovery of Epicurus; and it gives a certain modern tone to the writings of Seneca. The old Esau-like turbulence and suspicion of the intense city-state is as foreign to the modern temper as to the early Imperial age. Domestic life and friendly intercourse has gained from the decay of purely municipal interest, from the delegation of power to a few, the creation of a public service, a bureaucracy, a "Mandarinatè." Seneca is like Cicero, the fatigued or disappointed man of action, who finds a consolation in abstract or psychological studies; or in the encouragement of friends to fight manfully even a losing game against the allurements of sense or the caprice of rulers. The old Roman spirit was still keen. All interest centred round the life of the moral agent, even though this has retained little but passivity, a perpetual "nonpossumus." The entire teaching of Seneca may be grouped round his portrait of the Sage, illustrating the Supreme Good in the life of excellence, distinctively human. This portrait, which he delineates so carefully, adding little touches at the call of some special need, he honestly tells us is drawn as much to comfort and strengthen himself as his correspondent. He dilates almost convincingly on this calm constancy, and I shall devote the ensuing chapter to describing this Ideal, and to explaining some of the questions which arise from it. All the rest are indeed side issues, are episodes on the one unvarying theme, the Tranquillity of the Wise Man.

§ 8. This as the guiding principle of actual life is as old as Democritus. As soon as inquiry into the wider world of Nature had dissolved the old religious allegiance to family and country, the sole aim of the personal life was repose and self-sufficiency. The brief and classical Athenian School alone (and that very imperfectly) continued to recognize an objective. It attempted to revive the old sanctions of patriotism and piety, and give them a new meaning and universality. But the emphasis on Duty among the post-Aristotelians, and their large and comprehensive "Providential Cosmology," cannot blind one to the egoistic aim of their speculation and practice. There is, I admit, the perennial question, never settled to the last, as to the true interpretation of Nature. "Which? 'my own,' or that of the Universe?" To-day we are inclined to place at opposite poles the heroism of sacrifice to the common good, the piety of resignation to the divine, and any scheme of self-realization.<sup>1</sup>

We connect the Stoics with the former; but it must be remembered that the *motive* for their philosophy was above all utilitarian and eudæmonistic; the attainment of contentment and calm by a critical inquiry into the exact limits of man's powers and freedom,—a comparison (if you like) of the *universal* and the *special* Nature, but, above all, from the point of view of the latter. (It is a mistaken and unfruitful labour to decide whether "virtue" must be followed because it is God's will, irrespective of any consequences to us; or because plain common sense and experience of other men's folly assures us that lasting peace of mind is only reached

<sup>1</sup> For a similar result in a modern mind, cf. Kirkenggaard the Dane, quoted by M. A. Stobart, *Fortnightly Review*, 1902, January (see p. 49).

on this path. What system has ever clearly explained the motive of unselfishness? <sup>1</sup> There lies at the root of our nature an impulse to do good in which the overmastering joy of the emotion is strangely mixed with calmer recognition of "duty to one's neighbour"; and it would be impossible to determine whether mystical resignation springs entirely from love to God, or entirely from a sense of the vainness of resistance.<sup>2</sup>)

§ 9. However this may be, to Seneca "virtue" and happiness were identical; objective and subjective; not a mere empty postulate of correspondence, but a real "tasted" and tested unity.<sup>3</sup> He is quite convinced of the folly of the lower lives. He sees in their votaries creatures of impulse,<sup>4</sup> swayed by unworthy passion or ambition, slaves of their surroundings (for the rich are "possessed," and are not real possessors), who have laboured gratuitously to make comfort in life unattainable, because they strive only to increase, instead of diminish, the multitude of things they cannot do without. Here is the "casus belli" between Seneca and Bacon as portrayed in Macaulay's famous essay. Seneca had seen through the illusion of a complex civilisation. He lived in the midst of such; nay, he himself enjoyed a command over the material, the refined, the artistic, which very few of us can claim

<sup>1</sup> *Vit. Beat.* 9: "Sed tu quoque" inquit, "virtutem non ob aliud colis quam quia aliquam ex illa speras voluptatem." This is, of course, contested; but it becomes a mere question of words.

<sup>2</sup> *Benef.* iv. 2.

<sup>3</sup> e.g. *Vit. Beat.* 3: "Nam pro voluptatibus et pro illis quæ parva et fragilia sunt et in ipsis flagitiis noxia, ingens Gaudium subit inconcussum et æquabile: tum pax et concordia animi et magnitudo cum mansuetudine."

<sup>4</sup> The "Marionnettes" of Aurelius (*νευροσπαστοί*).



to-day, and which was outside the wildest speculation of the apostle of the "Regnum hominis." The ordinary Roman city-slave was probably more fastidious and exacting than an Englishman of the middle class to-day; and we know how little the terrors of cross and whip tempered the gaiety or controlled the mischievous intrigues of these happy and irresponsible children. But satiety and disgust is the note of polished Rome in the early imperial age; of which an exquisite sensuality was rather the effect than the cause. It seemed to Seneca consummate folly to give hostages to fortune, or to found one's spiritual happiness on an unsubstantial fabric of external wealth, or the favour of a monarch, or a people's praise.<sup>1</sup> Not for the most exalted indifference, but in pure common sense, had the early Stoics repudiated the Aristotelian and Peripatetic alliance, or compromise with the "outer goods." Surely the content of a soul at peace with itself must depend on nothing which fortune could injure or take away.<sup>2</sup> Happiness must be something altogether ἴδιον, ἀναφαιρετόν; something private, eternal, inexhaustible, unassailable; and in the face of the extravagant claims of science to-day, we may complain that (even in the Churches) this wholesome caution of the Stoics is forgotten. Resignation, unselfishness, is

<sup>1</sup> Civilization and its increased wants and complexity of living passed under the censure of both schools. Stobæus, *Floril.* xvii. : Ἐπικούρος ἐρωτηθεὶς πῶς ἄν τις πλουτήσκειν ; Οὐ τοῖς οἷσι προστιθεὶς ἔφη τῆς δὲ χρείας τὰ πολλὰ περιτέμνων.

<sup>2</sup> Ep. 66 : "Omnia enim ista, in quæ dominium Casus exercet, serva sunt; pecunia et corpus et honores: imbecilla, fluida, mortalia, possessionis incestæ. Illa rursus libera et invicta opera virtutis; quæ non ideo magis appetenda sunt si benignius a Fortuna tractantur; nec minus si aliquâ rerum iniquitate premuntur."

certainly not the centre, nor the motive, of their system.

*Fortn.*, Jan. 1902.—M. A. Stobart,—“It is perhaps by the expression, desire to enjoy life, that the *Æsthetic* goal can most fitly be epitomized. And here lies the difference of the two forms of living, the *æsthetic* and the *moral*.

“For the conditions attending the necessity to enjoy life exist (says the Danish apostle) either outside the individual, or, if contained within himself—as in shape of health, sport, or pleasure entering in any of a thousand forms—are of such a nature as to be beyond his own control ; they are conditions, in other words, they are relative to circumstances of time, country, surroundings, and the inherited place in the world of the individual, whose spontaneity of action is controlled by a relationship to Destiny, which is beyond his own limit of responsibility.

“Whereas in the Ethical, the conditions of life are contained within and not outside the individual ; for the true Ethical sphere is reached (says K.) alone by inwardness ; by subjective conquest of the will, by the evolution of a power of will which, making in the direction of a consciousness of the value of the soul, as a portion of the Eternal Entity, gives a continuity, a teleological value to every action, lacking in the *Æsthetic Life of Relativity*, which is of the moment, and as such is subject to fluctuating alternatives of joy and despair.

“There comes (says K.) to everyone a time when he outgrows the spontaneous qualities of his child’s nature, when he becomes dissatisfied with a haphazard relationship to Time and to Existence, and wishes to assure himself of a definite place in the scheme of the universe ;—when he realizes, with the Preacher of old, the vanity, the transitoriness, of that upon which he had set his mind ; and when, unconsciously it may be, he longs to grasp himself as Soul, as an Eternal Entity, rather than as a fleeting Ego, and—despair is the result.

“Despair is the culmination of the æsthetic life, which is itself despair, transitoriness being of its essence, and the moment of Despair may be the moment of the choice. It is on the importance of this choice that K. lays stress. Not that it is absolute as between good and evil. The *Æsthetic* life is not evil, it is indifferent. The importance lies in the fact that what is chosen is the Self, not as a limited relative Ego in a circumscribed existence, but the Self as a portion of Eternity, of the great and everlasting power. This choice constitutes in itself a treasure within each man that makes him greater than the angels. Nothing, he says, in life can equal the solemnity, the significance of the moment, when the Individual becomes conscious of and chooses his Self as a portion of the Eternal Whole. At such a moment, when all Nature around is hushed, serene as a starry night, and the soul is alone in all the world, then will the heavens seem to divide, and there will be made visible the Everlasting Power. Then will the Ego become for the first time conscious of, and being conscious of, will choose or rather accept his Self. Then has the Soul seen the Highest, what no mortal eye can ever see, and what can never be forgotten,—the Soul has received that knight-hood which ennobles it for all Eternity. He becomes, not another personality ; but he becomes Himself ; consciousness unites its fragments, and he is for the first time Himself.

“This ethical (it is apparent in Kir.’s view) is but the rainbow-bridge to the last of the three great spheres, *Æsthetic*, *Ethical*, and *Religious*, to which throughout his writings he introduces us. The bias of his own mind was never towards the purely human moral, which, according to his teaching in ‘*Either, Or,*’ required an open dealing with the world incompatible with his own mystical and recondite nature ; but towards pietistic and exacting religion.”

## CHAPTER IV

### "THE WISE MAN"

#### ANALYSIS

- § 1. *Ideal of Quietism ; The "Summum Bonum" as the Wise Man in Retirement.*
- § 2. *Man as spectator, not as agent ; an ascetic ideal which recurs perpetually in history.*
- § 3. *Stoic maxim "Follow Nature" the exact converse to modern Naturalism ; man's peculiar nature as his power to criticise, without enjoying.*
- § 4. *"The Golden Age," "The Fall" ; Seneca more optimistic than Aurelius.*
- § 5. *External Nature = God ; and natural studies unfold the essence of the Deity (physical Pantheism).*
- § 6. *At the same time, needs of man's moral nature demand as complementary doctrine, Spiritual pantheism ; God contrasted with the world, as man's Soul with his body. Failure of all synthetic and monistic systems.*
- § 7. *Seneca's depreciation of History, as the realm of the contingent and perishing, by the side of Natural Law, or the contemplation of the Eternal and unchanging.*
- § 8. *His Psychology entirely Platonic and dualist ; a still more complete separation of the two spheres in Gnostics ; Christian Church struggles against the Dualism and Abstention of classical antiquity.*
- § 9. *Summary of the various sides of philosophic thought which meet in the System of Seneca.*

§ 1. LET us now look at two or three passages in which Seneca depicts this ideal of quietism and self-sufficing calm.

Ep. 45 : “ Si vis utique verborum ambiguitates diducere, hoc nos doce beatum non eum esse quem vulgus appellat, ad quem pecunia magna confluit : Sed illum cui bonum omne in animo est, erectum et excelsum et mirabilia calcantem ; qui neminem videt cum quo se commutatum velit ; qui hominem eâ solâ parte æstimat, quâ homo est ; qui Naturâ magistrâ utitur, ad illius leges componitur, sic vivit quomodo Illa præscripsit ; cui bona sua nulla vis excutit ; qui mala in bonum vertit ; certus iudicii, inconcussus, intrepidus ; quem aliqua vis movet, nulla perturbat ; quem Fortuna, quum quod habuit telum nocentissimum, vi maximâ intorsit, pungit non vulnerat,—et hoc raro.”

Ep. 66 : “ Ad primum revertamur et consideremus id quale sit. Animus intuens vera, peritus fugiendorum ac petendorum, non ex opinione sed ex Naturâ pretia rebus imponens, toti se inserens mundo et in omnes ejus actus contemplationem suam mittens, cogitationibus actionibus intentus, ex æquo magnus ac vehemens, asperis blandisque pariter invictus, neutri se Fortunæ submittens, supra omnia quæ contingunt acciduntque eminens, pulcherrimus ornatissimus cum decore, cum viribus sanus ac siccus, imperturbatus intrepidus, quem nulla vis frangat, quem nec attollant fortuita nec deprimant. Talis Animus Virtus est.”

*Vit. Beat.* 4 : “ Quid enim prohibet nos beatam vitam dicere, liberum Animum et erectum, et interritum ac stabilem, extra metum extra cupiditatem positum ? cui unum bonum honestas, unum malum turpitudine ? Cætera vilis turba rerum, nec detrahens quicquam beatæ vitæ, nec adjiciens, sine auctu ac detrimento Summi Boni veniens ac recedens. Hunc ita fundatum necesse est (velit nolit) sequatur hilaritas continua et lætitia alta atq. ex alto veniens, ut quæ suis gaudeat nec majora domesticis cupiat . . . 5. Ergo exeundum ad Libertatem est : hanc non alia res tribuit quam Fortunæ negligentia. Tum illud orietur inæstimabile bonum, quies mentis in tuto collocatæ et sublimitas.”

Ep. xxxi. "Perfecta Virtus . . . æqualitas ac tenor vitæ per omnia consonans sibi; . . . hoc est Summum Bonum: quod si occupas incipis Deorum esse socius non supplex!"

Ep. xliv.: "Summa beatæ vitæ . . . solida securitas et ejus inconcussa fiducia."

Ep. lix.: "Talis est sapientis Animus qualis Mundi status super Lunam; semper illic serenum est."

Ep. xcii.: "Quid est beata vita? Securitas et perpetua tranquillitas. Hanc dabit Animi magnitudo, dabit constantia bene judicati tenax. . . . Talis animus Sapientis esse viri debet, qualis Deum deceat."

Ep. cxxiv.: "Vis tu, relictis in quibus vinci te necesse est, dum in aliena niteris, ad bonum reverti tuum? 'Quod hoc est?' Animus scilicet emendatus ac purus, æmulator Dei, super humana se extollens, nihil extra se sui ponens."

§ 2. There is perhaps nothing strikingly original in this picture. We see the universal features of sage and student—detachment, indifference, peace. It is neither purely Oriental (Buddhist or Brahmin), nor Hellenic. It is simply human and catholic. The early Greeks did not borrow from India, any more than Madame de Guyon or St. Theresa, for example, were indebted to Plotinus. The abstentionist tendency recurs without any historic or spiritual connection between its several exponents. The philosopher, as true man, is represented as *spectator* rather than as *agent*. We watch the gradually extinguished fires of social action; the faint flicker or the chilled embers of critical study;<sup>1</sup> finally, the "obscure night" of unconscious indifference. We are on the brink of the mystic precipice. It is

<sup>1</sup> Compare the attitude of M. Renan, to whom, as student, the world is so interesting in its distress and sinfulness, that he would not attempt to reform it.



clear from ancient history that the critical attitude becomes a favourite, when the concrete particular of life is distrusted or despised; when the generalizations of the student are alone supposed to contain the truth. We have seen how the outer world, though nominally subject to providential ruling, was yet really in the hands of an incalculable caprice. This amounted to a denial of Providence; and the periodical contests between Stoic and Epicurean, of which Lucian gives us an instance a century later, were purely verbal and academic. Quintilian, in numberless passages, shows us how intimately connected was the thought of Providence with interest in public duty. If only the unchanging and permanent is real, if the personal and the particular are illusion or a debased copy of the unseen, interest in the world's transformation gives place to the purely scientific respect, which we note in Seneca's correspondent, Lucilius. Christianity lays a similar Platonic emphasis on the "world of true Being," but has never forgotten, in the clouds of formula or dogmatic dialectic, that the world exists for the trial and discipline of souls,—an assumption which it is easy to ridicule as "anthropocentric," and on which reposes the whole complex of Western Ethics and European Society.

§ 3. This rigid consistency and undeviating tenor of life, by which a man becomes "his own," free, and happy, is to be maintained by following nature,—in the double sense, accepting his allotted destiny without murmur, and exercising the distinctively human faculty in himself. He must abandon, if he seeks perfection, every claim upon the fragile and insecure environment, the "non-ego," which hems in his inward life; and again, every quality or equipment which he has in

common with lower animals. We often connect schemes of Naturalism with a whole-hearted devotion to Nature. Rousseau and Thoreau, to name two instances, would lead one back to the simplest pleasures of unreflective acquiescence and to impulsive emotion. But the philosophic mind of antiquity was far more austere. Reacting against a selfish or corrupt civilization, it seems to recall men to a golden age of harmony with Nature. The result was widely different. It set up an altar to Reason in the abstract, the faculty which criticizes and does not enjoy; while by its own experience it was sadly convinced that the particular manifestation of this Eternal Intelligence, in Socrates or Zeno, was imperfect and infirm. Hence its systematic trend towards Mysticism, towards a surrender of the visible world, a depreciation of the value of the present, incompatible with any true sympathy with Nature. In spite of his own weakness to attain truth, the sage could not, even in the Epicurean School, throw off the critical and analytic spirit and become a child of Nature. Those who think that the Hellenic temper minimizes the gulf between man and the natural world, are most assuredly blind. It was this immediate query, "What is *my* nature in relation to the *Universal*?" which convinced them of the essential opposition. If man had any true affinity, it was with the stars and their automatic precision and unreflecting perfection, not with the God-forsaken region of the sublunary. Because man could criticize as well as enjoy, a combination implied in conscious happiness, could analyse as well as act,—and because the lower animals who were ζῶα ἄλογα could only act and enjoy,—it seemed clear that man's special function lay in the other

direction. A modern Naturalism might find in the encouragement of the "ape and tiger" the true end of man; a resolute egoism which saw our duty in the continuance in the human arena of that struggle for life, that boundless competition, which marks the lower sphere. Certainly no disciple of the School could place the special virtue of man in the feminine passivity of forbearance, abstention, mildness, and indifference; or in a contemplative study which set a veto on more familiar intercourse. It seems clear that to the Greeks and Romans, Nature never lost her old terrible character, which she bears still to the superstitious savage; haunted in every tree or grotto or river by jealous and unaccountable powers; unstable, insecure, a Siren who lavishes her allurements only to slay. The almost universal transference of force from grotesque or malignant spirits to impartial mechanism failed to relieve man of this sense of foreignness and alienation. Lucretius, like many another apostle of religious or social freedom, exults in vain over an empty victory, and thinks the discovery of law, or, at least, of uniformity, implies the attainment of liberty. Epicurus, his master, saw more truly into the heart of man; and knew that mechanical law, though more satisfying to the sage, because he seems to control by understanding it, is yet to the sage as *man*, more intolerable than the propitiable caprice of the expelled Dæmons. Be this as it may, it is certain that the Classical nations never entered, in spite of several efforts, into that blissful harmony with Nature which should have saved them this recurring problem: What is my peculiar nature, duty, or happiness in relation to the whole?

§ 4. The sense of the "Fall," of the relapse from an

early and primitive age of Gold, of the gradual decay of men, of States, of this fertile earth itself, is visible in all ancient authors. The writers of the Augustan age with one consent sing the praises of this lost felicity; and advise all who can to revert to a simplicity which they could not attain themselves. Seneca thinks it is possible to return to this “State before the Fall.” He, far more optimistic than Aurelius, believes in man’s innate goodness and his power to obtain happiness by limiting his wants and trusting Nature. He even attacks the doctrine of “Original Sin” so dear to Augustan (as well as Augustinian) speculators:

Ep. xciv. (55): “Erras enim si existimas nobiscum vitia nasci. Supervenerunt, ingesta sunt. Nulli nos vitio Natura conciliat: illa integros ac liberos genuit.”—*Cons. ad Helv.* 5: “Bona conditione geniti sumus si eam non deseruerimus; id egit Rer. Natura ut ad bene vivendum non magno apparatu opus esset.”—*Brev. Vit.* 2: “Quid de Rer. Natura querimur? Illa se benigne gessit: vita si scias uti longa est.”

Ep. lxxviii.: “Sic nos amantissima nostri Natura disposuit, ut dolorem aut tolerabilem aut brevem faceret.”—Ep. xc.: “Non fuit tam inimica Natura, ut . . . homo solus non posset sine tot artibus vivere . . . ad parata nati sumus . . . a Natura luxuria descivit.”—Ep. cviii.: “Omnibus enim Natura fundamenta dedit, semenque virtutum: omnes ad omnia ista nati sumus.”

Ep. cxviii.: “Unde aliquid cognoscitur bonum? Si perfecte secundum Naturam est . . . hæc ejus proprietas est.”—Ep. cxxii.: “Omnia vitia contra Naturam pugnant (aversandi diem et totam vitam in noctem transferendi).”

Ep. l.: “Virtus secundum Naturam est; vitia inimica et infesta sunt.”

Ep. lxvi.: “Bonum sine ratione nullum est; sequitur autem ratio Naturam. Quid est ergo ratio? Naturæ imitatio. Quid

est summum hominis bonum? ex Naturæ voluntate se gerere.  
 . . . Bonorum unum propositum est consentire Naturæ."

§ 5. But we cannot help noticing that the term Nature is unstable and precarious. He is not using it in the ordinary and current sense. Just as it is impossible in Lucan to decide on the limits or essential difference of Fate and Fortune, which are probably identical, so Seneca uses Nature and God interchangeably. But we have already seen how the *moralizing* of the Divine idea in the Roman Stoics had shaken the hold of the Divine Being on the actual world, "Semper paret, semel jussit." He does not control the physical universe, or the lot of individuals. He is like a parent in the folk-lore tales sending out his children into a world, scantily equipped with a few maxims of prudence and a father's blessing. "Insita sunt nobis omnium ætatum omniumque artium semina, magisterque ex occulto *Deus* producit ingenia" (*Benef.* iv. 6). His collocutor rejoins that it is Nature and not God (as a special providence), "Natura hæc mihi præstat." Seneca will not hear of the antithesis: "Nonne intelligis, te cum hoc dicis, mutare nomen Deo?" "Quid enim est aliud Natura quam Deus et Divina Ratio toti mundo partibusque ejus inserta."—§ 8. "Ergo nihil agis, ingratis mortalium, qui te negas Deo debere, sed Naturæ." "Quia nec Natura sine Deo est, nec Deus sine Naturâ, sed idem est utrumque nec distat officio." (See also N. Q. ii. 45; l. i. prolog.: "Quid est Deus? mens universi. Quid est Deus? quod vides totum et quod non vides totum"; with which we may compare Lucan's famous line: "Jupiter est quodcunque vides, quodcunque moveris.") Now here, as in most parts of

the Stoical physical ethics (an absurd attempt to unite the irreconcilable), we see two conflicting tendencies. Again and again does Seneca hymn the delights of Science; for it is an inquiry into God; it is the truest occupation of the Sage's leisure; not the mere ἀμεταμέλητος ἡδονή of Plato, but a real insight into God's secrets and inmost essence. So much for the contemplative side. Speculatively, the universe is one and the individual a part; God is Nature.

§ 6. But the moment the *practical* or moral side is approached, this postulated harmony at once disappears. The Deity is implicitly in strongest contrast to the work of his hands, just as man, as spirit, as intelligence, is to his body. Universe and body are for practice, dismissed with epithets as contemptuous, as ascetic, as are ever found in the frankly Dualist Schools. The real essence of the Divine creeps into the soul of the wise man, to escape, as it were, from the creature which has passed beyond control. There is even a certain chivalry to a fallen and exiled monarch. God is “quod non vides totum, quodcunque moveris”; the thoughts of the good, the unseen world (such as a Roman could conceive it); and the tendency of all Pantheism is to separate more sharply than before the natural mechanism in which it starts, from the transcendent spirit, in which it invariably ends. Every attempt to unify the world in a gigantic and audacious synthesis issues in this strange Dualism. The unequally mated yoke-fellows spring apart all the more vehemently for their brief and enforced companionship. So Seneca, when he bids us follow Nature, because Nature is God, is not really giving us a maxim for practical life. (*Ot.* 5: “Ergo, secundum Natura vivo, si totum me illi dedi,



si illius admirator cultorque sum. Natura autem utrumque facere me voluit et agere et contemplationi vacare. Utrumque facio quoniam ne contemplatio quidem sine actione est.”)

The wise man found the unity demanded by his reason only in theory; from the life of action he felt himself debarred. Underlying the word “nature” are two polar conceptions. The one would seem to banish reflexion and immerse in a life of natural wants and pleasures; but the identification with God in the second sense lays stress on the special prerogative of man, his reason; enshrines the deity in his inmost soul (“quasi Deum in humano corpore hospitantem”); and to enable him to maintain in some region the fiction of Unity, condemns him to moral passivity and negation, or as a counsel of perfection, perpetual contemplation of the physical order,—an eternal but unmeaning spectacle.

§ 7. It is consonant with this attitude that Seneca should depreciate history, the pageant of man on the stage of time. The Romans could form no estimate of the significance of the Empire. It was reserved for foreigners in a later age, like Rutilius, or Claudian, or Corippus, or even Dante, to see the immense advance which Augustus (rather than Julius) had effected, with such ironical modesty, in political ideals. The Emperor Aurelius is free from the slightest sympathy with the past, as from any hope for the future. Rarely does he mention a historic name, except to point the moral of the futility and nothingness of men, and the things about which they toil and struggle in the brief and feverish nightmare of life. And Seneca, though he is not as blind as Tacitus or Suetonius to the meaning of

the Empire,<sup>1</sup> yet has no sort of appreciation for the transient and yet glorious attempt of Alexander. Rome adopted his precedent and gave it life; original in nothing save in the power to clothe an ideal with flesh and blood, and give a frozen statue life. Yet Seneca only talks of the “latrocinia Alexandri,” and turns in disgust to scientific studies.

§ 8. This is not the place to enter fully into Seneca’s psychology. It will be enough to observe that, like all the Romans, he adopts the Platonic imagery of the imprisonment of a pure and divine element in a fleshly tomb of dross or mud. He rivals the mystic in the intensity of his desire to fly from this hateful companionship. The precise form of pantheism dominant in the Roman Empire at this time tended to sever body and soul from any joint action. The Gnostics carried this tendency to its utmost limits. Their practical teaching is a caricature of the Stoic Sage with its carelessness of externals, or of moral action, and its exclusive insistence on the purity of the divine particle within: this could not be defiled by any bodily deeds, and so these were dismissed as superfluous or immaterial: ἡ γλῶσσ’ ὁμώμοχ’ ἡ δὲ φρὴν ἀνώμοτος. Against this tendency the Christian Church struggled persistently

<sup>1</sup> Cf. his probably sincere words on the Emperor’s position, duties, and responsibilities, *De Clem.* i. 2, 3, 4: “Ego ex omnibus mortalibus placui electusque sum qui in terris Deorum vice fungerer, ego vitæ necisque gentibus arbiter, etc. etc. 8. Quam multa tibi non licent quæ nobis beneficio tuo licent!” See also *Consol. ad Polybium* with its eulogy of Claudius and conception of Imperial responsibilities; and the whole of *Ep. lxxiii.*, especially § 18: “Confitebitur ergo multum se debere ei, cujus administratione et providentia contingit illi pingue otium et arbitrium sui temporis, et *imperturbata publicis occupationibus* quies. ‘O Melibceæ (quotes Seneca with approval) Deus nobis hæc otia fecit.’”

and not in vain. Epictetus and Aurelius both seek to depreciate the body, and with it external action, by harsh and contemptuous names. These Platonic and Gnostic ideas were widely diffused and accepted in this epoch, to the lasting prejudice of morals. They are certainly clearly visible in Seneca; but the vagueness of his definition must here preclude us from attempting precise treatment. Suffice it to point out in correction of a common error, that this Dualism was far more generally predominant in Pagan than in Christian Ethics.

§ 9. I shall conclude this episode, already overlong, with a rapid summary of Seneca's tenets and characteristics, as they may be collected in the disconnected series of occasional writings. As a practical Roman seeking guidance for the single life, he objects to the degradation of Philosophy to Philology.<sup>1</sup> As a Stoic he adopts loyally the doctrine of the Sufficiency of "Virtue," "honestum," as the only End. As a man of experience who has mixed with men and courts, he believes all men are good by nature, but are blinded or warped by convention, and by ignorance which pursues false "goods"; the simplicity of earlier life was the Golden Age. As a Monist, he holds this Universal Nature as the true guide, which has given us the special dower of Reason, and calls us (whether we name her God or Providence or Fate) to enjoy her contemplation rather than abuse her bounty. As a Pessimist, he teaches that the true life, the genuine philosophy, is a perpetual meditation on death, exile, pain,<sup>2</sup> and poverty; for the world outside, with all its

<sup>1</sup> Epp. 27 (16), 45, 48, 49, 82 (9, 19, 22), 83, 88, 106, 108 (23, 35), 109 (17), 111, 113 (17, 25); *Brev. Vit.* 10.

<sup>2</sup> Ep. 114: "Nihil tamen æque tibi profuerit ad temperantiam omnium

method and order, has no correspondence to the sage's "good will," and (unlike the theory of Descartes) the Deity cannot or will not bring about occasionalistic conformity. As a Manichee, this world-order is the Realm of Chance or Fortune, conceived as a malignant spirit, with whom the good can have no dealings. As a Personalist, he prefers example to precept, and has perhaps adopted the Stoic profession because he finds in the worthies of Roman annals living (if unconscious) patterns of scholastic "Virtue." As a Scientist, he fails to appreciate the value of History as giving signs of advancement and of progress, as ministering comfort to our sense of weakness and failure: the only true leisure from self-improvement is to study the universal laws, not the records of human frailty. As a Probabilist, he is apt to follow the popular voice, the "consensus gentium," rather than applaud the "heuretic" power of the speculative reason.<sup>1</sup> As an Agnostic, he declines to pronounce on any ultimate problem except the sufficiency of "Virtue," the solidarity of the human brotherhood, the unity of the cosmic order; he does not flatter himself he has reached truth.<sup>2</sup> Finally, as a Mystic, his aspirations are often devotional; and the

*rerum quam cogitatio brevis ævi et hujus incerti; quicquid facias, respice ad Mortem.*" (Cf. also Ep. cxx., quoted on p. 65.)

<sup>1</sup> The attentiveness of Heaven to our prayers is proved by the manifest concurrence of human opinion and practice, not by a *a priori* qualification of the God's nature. *Benef.* iv. 4: "Non surda numina et inefficaces Deos." Similarly, personal immortality, on which he is very ambiguous, follows on popular acceptance rather than dogmatic teaching.

<sup>2</sup> *Benef.* iv. 33: "Nunquam exspectare nos certissimam rerum comprehensionem quoniam in arduo est Veri exploratio; sed eâ ire, qua ducit Veri similitudo. Sequimur qua Ratio, non qua Veritas ducit,"—thus in the end a chasm yawns between the separate subjective reason and objective Truth.

Sage is the peer of God, except in eternity, for both have made "il grand rifiuto," the great renunciation.<sup>1</sup> Both view the world, saying, "Hæc omnia mea sunt"; but only if neither attempt to control or to enjoy; and it may be that he felt that the truly Divine in the outer order met and blended with the single point of human consciousness, and found there its highest expression, and its only secure asylum.

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## APPENDIX

In order to complete the portrayal of Seneca as a philosopher, and to allow him the same opportunity as we shall give to Epictetus and Aurelius, I subjoin certain selected passages on the subjects of chief Stoical import: the nature of man and of the world; the divinity of the soul and its future life; the scientific or religious interest, and the true function of the wise to contemplate rather than act. We shall detect here, without need of further comment or elucidation, the growing tendency to free the *spiritual* element (and notion) from the husk or envelope of *physical* constraint, and elevate a *transcendental* concept of soul and deity, in place of an *immanent* abstraction.

A 1. The soul as Divine; Ep. xxxi. : "Animus rectus . . . Quid aliud voces hunc, quam *Deum* in *humano corpore hospitantem*?"—Ep. xli. : "Non sunt ad cœlum elevandæ manus, nec exorandus ædituus . . . *prope* est a te Deus, *tecum* est, *intus* est. Ita dico Lucilî, sacer intra nos spiritus sedet malorum bonorumque nostr. *observator* et *custos*. . . In

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<sup>1</sup> Ep. xxxi. *ad fin.* : "Tutum iter est, jucundum, ad quod Natura te instruxit. Dedit tibi Illa quæ si non deserueris par Deo surges. Parem autem Deo pecunia non faciet: *Deus nihil habet*. Prætecta non faciet: *Deus nudus est*. Fama non faciet . . . *nemo novit Deum*."

unoquoque bonorum (‘quis deus incertum est’) *habitat*.” (The good man,) “majore sui parte illic est, unde descendit. Quemadmod. radii solis contingunt quidem terram sed ibi sunt unde mittuntur; sic Animus magnus et sacer, et in hoc demissus ut propius divina nossemus, conversatur quidem nobiscum, sed hæret origini suæ.”—Ep. lxxiii.: “Miraris hominem ad deos ire? Deus ad homines venit, immo quod propius est, *in homines venit*. Nulla sine Deo mens bona est. Semina in corporibus humanis divina dispersa sunt.”—Ep. xcii.: “Hic Deos æquat, illo tendit, originis suæ memor . . . Quid est autem cur non existimes in eo divini aliquid existere, qui *Dei pars* est. Totum hoc quo continemur, et unum est et Deus: et socii sumus et membra. Capax est noster animus.”—Ep. cxx.: “Perfectum animum . . . supra quem nihil est nisi mens Dei ex qua pars et in hoc pectus mortale defluxit; quod nunquam magis divinum est quam ubi mortalitatem suam cogitat.”

*Ot. Sapientis*, 32: “An illud verum sit quo maxime probatur, hominem divini spiritus esse partem, ac veluti scintillas quasdam sacrorum in terras desiluisse atque alieno loco hæsisse?”

*Cons. ad Helv.* 6: “Mobilis et inquieta mens homini data est: . . . Vaga et quietis impatiens et novitate rerum lætissima: quod non miraberis si primam ejus originem aspexeris. Non ex terreno et gravi concreta corpore; ex illo cælesti spiritu descendit . . . ex iisdem quibus divina constant compositu(s) seminibus.”

A 2. The Body is contemptible, a burden to the soaring impulse of spirit. Ep. lxxviii.: “Vir magnus ac prudens animum deducit a corpore, et multum cum meliore et *divina* parte versatur; cum hac *querula* ac *fragili* quantum necesse est.”—Ep. cii.: “Gravi terrenoque detineor. . . . Quicquid circa te jacet rerum, tanquam hospitalis loci *sarcinas* specta; transeundum est. . . . Detrahetur tibi hæc circumjecta novissimum velamentum tui cutis; detrahetur caro . . . ossa



nervique. . . . Depone onus ! Æquo animo membra jam supervacua dimitte eti stud corpus inhabitatum diu pone. . . . Quid ista sic diligis quasi tua ? istis opertus es." (Ishtar's descent.)

Ep. cxx. : "Nec domum esse hoc corpus sed *hospitium* et quidem breve . . . hinc atque hinc tentamur et expellimur ; hoc evenire solet in *alieno* habitantibus. . . . Nos corpus tam *putre* sortiti," etc.—Ep. lxxv. : "Ista enim omnia . . . attollunt et levant animum qui gravi *sarcina* pressus explicari cupit et reverti ad illa quorum fuit. Nam corpus hoc animi *pondus* ac *pæna* est ; premente illo urgetur, in *vinculis* est nisi accessit Philosophia."

*Cons. ad Helv.* 11 : "hæc circumfusa gravis *sarcina* . . . Corpusculum hoc custodia et vinculum animi."—Ep. xxiv. : "Mortale et fragile corpusculum . . . grave corporis mei pondus."

*C.* Soul thus distinguished from the grosser envelope finds its chief delight in science and contemplation. *Ot. Sap.* 32 : "Curiosum nobis Natura ingenium dedit ; et artis sibi ac pulcritudinis suæ conscia, *spectatores* nos tantis rerum spectaculis genuit. . . . In mediâ nos sui parte constituit, et *circumspectum* omnium nobis dedit ; nec erexit tantummodo hominem, sed etiam ad contemplationem . . . sublime fecit illi caput . . . ad hæc quærenda nato. . . . Natura autem utrumque facere me voluit et *agere* et *contemplationi* vacare."

*Brev. Vit.* 19 : "Recipe te ad hæc tranquilliora, tutiora, majora ! ad hæc *sacra* et sublimia accedas, sciturus quæ materia sit Diis, quæ voluptas ?—quis animum tuum casus expectet, ubi nos a corporibus dimissas Natura componat ? etc. (hence will arise) cupiditatum oblivio, vivendi atque moriendi scientia, alta rerum quies."—Ep. lviii. : "Imbecilli fluidique per intervalla consistimus ; mittamus animum ad illa quæ æterna sunt ; miremur in sublimi volitantes rerum omnium formas (i. e. Ideas Platonicas) ; Deumque inter illa versantem."—Ep. lxxv. (Philosophy) "illum respirare Rer. Naturæ *spectaculo* jussit et a terrenis dimisit ad divina. Hæc libertas ejus est,

hæc evagatio; subducit interim se *custodiæ* in qua tenetur et cælo reficitur.”—Ep. lxxix. (This study begun here in reverent spirit is the delight of heaven hereafter for the released souls): “Licet contentus interim sit effugisse tenebras, adhuc non fruitur bono lucis. Tunc Animus noster habebit quod gratuletur sibi, quum emissus his tenebris in quibus volutatur . . . totem diem admiserit, et redditus cælo suo fuerit, quum receperit locum quem occupavit sorte nascendi. Sursum vocant illum initia sua. Erit autem illic etiam antequam hac *custodia* exsolvatur, quum vitia disjecerit . . . in divinas cogitationes emicuerit.”—Ep. lxxxii.: “(Fortuna) neminem occupat nisi hærentem sibi. Itaque quantum possumus ab illa resiliamus; quod sola præstabit *sui Naturæque cognitio*: sciat quo iturus sit, unde ortus,” etc.

Ep. lxxxviii.: “Magna et spatiosa res est Sapientia . . . de divinis humanisque discendum est . . . an per se sit aliquid, deinde an aliquid ante tempus sit, si tempus cum mundo cæperit, an et ante mundum quia fuerit aliquid, fuerit et tempus. Innumerabiles quæstiones sunt de Animo tantum; unde sit, qualis sit, quamdiu esse incipiat . . . an aliunde alio transeat et domicilium mutet, ad alias animalium formas conjectus; an non amplius quam semel serviat et emissus, vagetur in toto; . . . quomodo libertate sua usurus quum ex hac effugerit cavea; an obliviscatur priorum et illic nosse se incipiat, postquam de corpore abductus in sublime secessit.”

Ep. xc. (Philosophy): “ad beatum statum tendit . . . quæ sint mala quæ videantur ostendit . . . totius *Naturæ notitiam* et suæ tradit. Quid sint Dii qualesque . . . quid inferi . . . quid in secundam Numinum formam animæ perpetuæ, ubi consistent, quid agent. . . . Hoc ejus initia sunt, per quæ non *municipale sacrum*, sed ingens omnium Deorum templum mundus iste, reseratur. . . . Ad initia deinde rerum redit, et Æternam Rationem toti inditam, et vim omnium seminum singula proprie figurantem. Tum de animo cæpit inquirere unde esset, ubi, quamdiu. . . . Deinde a corporalibus

se ad *incorporalia* transtulit, Veritatemque et argumenta ejus excussit.—*Nat. Qu. I. præf.*” (Here the division betw. “*actio*” and “*contemplatio*” is called “*quæ ad homines, quæ ad deos spectat.*”) “*Altior est hæc et animosior: multum permisit sibi: non fuit oculis contenta. Majus esse quiddam suspicata est ac pulcrius quod extra conspectum Natura posuisset. . . . Altera docet quid in terris agendum sit, altera quid agatur in cælo. . . . Supra hanc caliginem in qua volutamur excedit et tenebris ereptos illo perducit unde lucet. . . . Naturæ Rerum gratias ago . . . quum secretiora ejus intravi . . . quæ Universi materia sit, quis auctor aut custos: quid sit Deus: totus in se intendat an ad nos aliquando respiciat; faciat quotidie aliquid, an semel fecerit; pars Mundi sit, an Mundus; liceat illi hodieque decernere et ex lege Fatorum aliquid derogare; an majestatis deminutio sit et confessio erroris, mutanda fecisse . . . Nisi ad hæc admitterer, non fuerat nasci!” (We may note here that this passage approaches nearer to our modern conceptions of Pure Theology than the subsequent physical phenomena, in which centres the interest of the “*Nat. Quæstiones.*”) “*Detrahe hoc inæstimabile bonum*” (= theoretical science) “*non est vita tanti. O quam contempta res est homo nisi supra humana surrexerit! . . .*” The secondary and cathartic value of moral purification is clearly put in a later section, and would delight Aristotle and Porphyry: “*Virtus . . . magna: non quia per se beatum est malo caruisse, sed quia animum laxat ac præparat ad cognitionem cœlestium dignumque efficit qui in consortium Dei veniat.*” (Morality, as a necessary stage to be transcended, and in itself only needful because of the body, which stands in the way of the yet pure unimpeded energy of the rational soul. In this half-Neoplatonic half-scientific emphasis on intellectualism, Seneca, if he is sincere, has a far more amiable outlook on the world than his two successors. He can almost shelve the question of immortality as unmeaning, so implicit is the notion of continued life in the mastery of eternal truth. For example, do these words refer to*

this life or the next?—"Tunc consummatum habet plenumque bonum sortis humanæ, quum calcato omni malo petit altum et in interiorem Naturæ finem venit. Tunc juvat inter sidera ipsa vagantem, divitum pavimenta ridere," etc. (In this scientific study of self and Nature, atheism is impossible. As Marcus sees the absurdity of allowing man a reason denied to the outer world, so Seneca.) "Sunt qui putent sibi ipsis animum esse et quidem providum ac dispensantem singula, et sua et aliena: hoc autem Universum, in quo nos quoque sumus, expers esse consilii, et aut ferri *temeritate* quadam aut Natura *nesciente* quid faciat. Quam *utile* existimas ista *cognoscere*? . . . quantum Deus possit? materiam ipse sibi formet an data utatur? . . . Deus, quicquid vult, efficiat, an in multis rebus illum tractanda destituant, et a magno Artifice prave formentur multa? (Non quia cessat ars, sed quia id in quo exercetur sæpe inobsequens arti est.) Hæc inspicere, hæc discere, his incubare, nonne transilire est mortalitatem suam et in meliorem transcribi sortem? . . . si nihil aliud, hoc certe sciam omnia angusta esse, mensus Deum!"—*Cons. ad Helv.* 8: "Animus *contemplator* admiratorque Mundi, pars ejus magnificentissima,—propria nobis et perpetua, tamdiu nobiscum mansura, quamdiu ipsi manebimus" (where I believe *propria*, etc., to be neuters, including "mundus hic" before, the two things which, as subject and object, are correlative and ever in our power). 9: "Dum oculi mei ab illo spectaculo cujus insatiabiles sunt non abducantur, dum mihi lunam solemque intueri liceat, dum ceteris inhærere sideribus, dum ortus eorum occasus intervallaque et causas investigare velocius meandi vel tardius. . . . Dum cum his sim et cælestibus, qua homini fas est, immiscear; dum animum ad *cognatarum rerum conspectum* tendentem, in sublimi semper habeam: quantum refert mea, quid calcem? 11: (Lapides and aurum) non potest amare sincerus Animus ac naturæ suæ memor, levis ipse et expers curæ et quandoque emissus fuerit, ad summa emicaturus. Interim quantum per moras membrorum et hanc

circumfusam gravem sarcinam licet, celeri et *volucris cogitatione divina perlustrat* . . . liber et dis cognatus et omni mundo omnique ævo par. . . . Animus ipse *sacer et æternus* est, et cui non possunt injici manus.”—*Cons. ad Helv.* 17 (Soul best when): “animus omnis cogitationis expers operibus suis vacat; et modo se levioribus studiis oblectat, modo ad considerandam suam *Universique naturam*, veri avidus insurgit. Terras primum situmque earum quærit; deinde conditionem circumfusi maris, cursusque ejus alternos et recursus; tunc quicquid inter cælum terrasque plenum formidinis interjacet perspicit,—et hoc tonitribus fulminibus ventorum flatibus ac nimborum nivisque et grandinis tumultuosum spatium: Tum peragratis humilioribus ad summa prorumpit, et pulcherrimo divinorum *spectaculo* fruitur, *Æternitatisque* suæ memor, in omne quod fuit futurumque est omnibus seculis, vadit.”—*Ot. Sap.* 31: “Huic majori Reipublicæ et in otio deservire possumus; immo vero nescio an in otio melius. . . .—ut *queramus* quid sit virtus? . . . natura an ars bonos viros faciat? unum sit hoc quod maria terrasque . . . complectitur, an multa ejusmodi corpora Deus sparserit? Continua sit omnis et plena materia . . . an diducta, et solidis inane permixtum sit? Deus sedens opus suum spectet, an tractet? utrumne extrinsecus illi circumfusus sit, an toti inditus? immortalis sit Mundus an inter caduca et ad tempus nata numerandus? Hæc qui *contemplatur*, quid Deo præstat? ne tanta ejus opera sine teste sint. Solemus dicere, Summum Bonum esse secundum Naturam vivere: Natura nos ad utrumque genuit et *contemplationi* rerum et *actioni*.”

D. On Death and Immortality. In spite of this happy outlook and vast pretensions, death appearing as but an unimportant episode in the theoretic life which opens the gate of Truth still wider, there are not wanting passages of sceptical alternatives, of much perplexity about the continued existence of consciousness. Death becomes, then, as to the later Stoic leaders, a debt to the universal order, rather than



the Platonic emergence from bodily prison. *Cons. ad Polyb.* 27: "Nam si nullus defunctis sensus superest, evasit omnia pater meus vitæ incommoda; in eum restitutus locum in quo fuerat antequam nasceretur; expers omnis mali nihil timet nihil cupit nihil potitur. . . . Si est aliquis sensus;—nunc animus fratris mei velut ex diutino carcere emissus tandem sui juris et arbitrii gestit, et *Rer. Naturæ spectaculo* fruitur et humana omnia ex superiore loco despicit; *divina* vero, quorum rationem tamdiu frustra quæsierat propius *intuetur*. . . . Aut *beatus* aut *nullus* est: beatum deflere invidia est, nullum dementia."—*Ep.* lxxvi.: "Si modo solutæ corporibus animæ manent *felicior* illis *status* restat, quam est dum versantur in corpore . . . contra fidem est feliciores esse liberis et in Universum datis clausas et obsessas."—*Cons. ad Marc.* 19: "Cogita, nullis defunctum malis affici. . . . Mors omnium dolorum et solutio est et finis . . . nos in illam tranquillitatem in qua antequam nasceremur jacuimus reponit . . . nec potest miser esse qui *nullus* est. Excessit filius tuus terminos intra quos servitur. Excepit illum magna et æterna pax." 26 (Marcia's father consoles her from his place in heaven): "Nos quoque felices animæ et æterna sortitæ quum Deo visum erit iterum ista moliri" (= destroy the world), "labentibus cunctis, et ipsæ parva ruinæ ingentis accessio in *antiqua elementa vertemur*."

*Epist.* xxiv.: "Non sum tam ineptus ut Epicuream cantilenam hoc loco persequar . . . nemo tam puer est ut Cerberum timeat! . . . Mors nos aut *consumit* aut *exuit*. Emissus meliora restant, onere detracto; consumptis nihil restat."—*Ep.* lxiii.: "Nunc cogita omnia mortalia esse. . . . Cito nos eo perventuros quo illum pervenisse mæremus. Et fortasse, si *modo sapientum vera fama est*" (cf. Tacit. Agric. last §) "recepitque nos locus aliquis,—quem putamus perisse, præmissus est."—*Ep.* lxv.: "Mors quid est? aut *finis* aut *transitus*" (Marcus' μεταστῆναι): in the same strain, *Ep.* lxx.: "Vis adversus hoc corpus liber esse! tanquam *migraturus* habita; propone tibi quandoque hoc *contubernio* carendum." Then *Ep.* lxxi., with



a similar vein to Marcus' musings on the need of death for the whole: "Nobis solvi *perire* est . . . fortius finem sui suorumque pateretur, si speraret omnia illa sic in vitam mortemque per vices ire, et *composita dissolvi*, dissoluta componi: in hoc opere æternam artem cuncta temperantis Dei verti."—cii. Again with confident eloquence: "Quum venerit dies ille qui *mixtum* hoc divini humanique *secernat*, corpus hoc ubi inveni relinquam: ipse me Diis reddam. . . . Per has mortalis ævi moras illi *meliori* vitæ longiorique proluditur . . . in alium Naturæ maturescimus partum, alia origo nos exspectat; alius rerum status. . . ." Then with almost Christian rapture and ascetic fervour: "Veniet qui te revelet dies, et ex *contubernio* fœdi atque olidi ventris educat. Hinc nunc quoque tu quantum potes, subvola: utique etiam necessariis quæ cohærebunt alienus. . . . Dies iste quem tanquam extremum reformidas, *æterni natalis* est! . . . Aliquando Naturæ tibi arcana retegentur, discutietur ista caligo. Imaginare tecum quantus ille sit fulgor tot sideribus inter se lumen miscentibus! . . . Quid tibi videbitur *divina lux* quum illam suo loco videris?" In the last resort, as we see from a certainly sincere statement, he falls back on popular belief; and while Philosophy may have inspired those magnificent hopes of a home among the Stars, it clearly has not strengthened its proof: "Quum de Animarum *Æternitate* disserimus, non leve momentum apud nos habet consensus hominum."

I conclude with a somewhat lengthy quotation, still rhetorical, yet perhaps the most striking of any, and recalling clearly the fundamental note of pessimism in a reflective antiquity (τὸν φύντα θρηνέειν, etc.: Dio Chrysostom's Charidemus): "Si velis credere altius veritatem intuentibus, *omnis vita Supplicium* est."

"In hoc profundum inquietumque projecti mare . . . nunquam stabili consistimus loco . . . nullus *portus* nisi *mortis* est. Ne itaque invideris fratri tuo; quiescit, tandem *liber*, tandem *tutus*, tandem *æternus* est. Fruitur nunc *aperto* et

*libero cælo*: ex humili atque depresso in eum emicuit *locum*, quisquis ille est, qui *solutas vinculis animas* beato recipit sinu! Et nunc libere vagatur omniaque Rerum Naturæ bona cum summa voluptate perspicit. Erras! non perdidit lucem frater tuus sed securiorem sortitus est. Omnibus illo nobis commune est iter. Quid fata deflemus? non *reliquit* ille nos, sed *antecessit*.”

E. The “Cosmopolis” and man’s special function; or the problem of the Two Natures. *Cons. ad. Marc.* 18: “Putā, nascenti me tibi venire in consilium: Intratura es urbem *dis hominibusque communem* omnia complexam certis legibus æternisque devinctam, indefatigata cœlestium officia volventem” (followed by a list of Nature’s wonders written with evident appreciation).—*Ot. Sap.* 31. (The greater Commonwealth has the more serious claims.) “*Duas Respublicas* animo complectimur, alteram magnam et vere publicam qua Dii et homines continentur; in qua non ad hunc *angulum* respicimus (*γωνίδιον*), sed *terminos Civitatis nostræ cum sole metimur*.”

Ep. xxviii.: “Non sum uni angulo natus; *patria* mea totus hic est Mundus.”—Ep. cii.: “Magna et generosa res est Animus; nullos sibi poni nisi *communes* et *cum Deo terminos* patitur. . . . Illi *patria* est, quodcunque suprema et universa circuitu suo cingit.”

2. Great emphasis on the peculiarity of endowment, of end, and therefore of perfection (=happiness). Ep. lxxvi.: “Omnia suo bono constant; vitem fertilitas commendat, sapor vinum, velocitas cervum. . . . Id in quoque optimum est, *cui nascitur*, quo censetur: in homine quid optimum? *Ratio*: hac animalia antecedit, Deos sequitur. . . . Homini suum bonum *Ratio* est; si hanc perfecit, laudabilis est, et *finem naturæ suæ* attigit. Hæc *Ratio* perfecta, *Virtus* vocatur eademque *honestum* est.” (So these four words are interchangeable, like God, fate, chance, Nature: the “good,” the Highest End, Virtue, Reason;—and as there is nothing in

the objective world but God, so within there is only the "good will" which is to be accounted of. (Ep. xcii. : "*Ratio vero diis hominibusque communis; hæc in illis consummata est, in nobis consummabilis.*") Ep. cxxi. : "Dicitis, inquit" (Epicurus is objecting) "*omne animal primum constitutioni suæ conciliari*" (Marcus' *κατασκευή*); "*homines autem constitutionem rationalem esse,*" etc.—Ep. cxxiv. : "(Bonum) hoc quod secundum *naturam cujusque* est."—Ep. xli. (*fin.*): "Lauda in ipso quod nec eripi potest nec dari; quod *proprium* est *hominis*. Quæris quid sit? Animus et Ratio in animo perfecta. . . . Consummatur itaque ejus *bonum* si id adimplevit *cui nascitur*. Quid est autem quod ab illo Ratio hæc exigit? rem facillimam *secundum naturam suam* vivere." (See below, *Cons. ad Helv.* 8, *Propria virtus*.)

F. Traces found of a "Personalist" conception of Deity: Seneca treats all names for the ultimate forces as synonyms, and convertible (though he might be puzzled to put "Fortuna" in her right place as a mere attribute of the Supreme, as the unaccountable operations of Providence seen from the point of view of accidents). There is no need to multiply evidence of his ample identification. But one or two passages are interesting. *Cons. ad Helv.* 8 (How little the exile loses!): "duo quæ pulcerrima sunt, quocunque nos moverimus, sequentur: *Natura communis* et *propria virtus*. Id actum est mihi crede ab illo quisquis *formator* Universi fuit, sive ille *Deus* est potens omnium sive incorporalis Ratio ingentium operum artifex sive divinus *Spiritus*, per omnia, maxima, minima, æquali intentione diffusus, sive *Fatum* et immutabilis causarum inter se cohærentum series . . . ut in alienum arbitrium, nisi vilissima, non caderent."

Ep. xvi. To an objector, who not without cause complains that Reason's only benefit is to assure us of our slavery: "Quid mihi prodest Philosophia si *Fatum* est? . . . si *Deus* rector est? . . . si *casus* imperat? . . . Mutari certa non possunt:—si aut consilium meum *Deus* occupavit, decrevitque

quid facerem, aut consilio meo nil *Fortuna* permittit.’ Quicquid est ex his” (decides Seneca no less than Marcus) “vel si omnia hæc sunt, philosophandum est: Sive nos inexorabili lege *ista* constringunt, sive arbiter *Deus* universi cuncta disponit, sive *casus* res humana sine ordine impellit et jactat, philosophia nos tueri debet. Hæc adhortabitur ut *Deo* libenter pareamus, ut *Fortunæ* contumaciter resistamus.”

With which curious yet vague division of the realm of objective Nature and human experience,—a complete Manichean dualism,—we will take leave of Seneca.

## PART II

# THE IMMEDIATE INFLUENCE : EPICTETUS



### CHAPTER I

#### *EPICTETUS, OR THE NEW CYNISM ; DEVOTIONAL PERSONIFICATION OF THE COSMIC ORDER*

#### (A) THE RELIGIOUS TRANSFORMATION OF PHILOSOPHIC DOGMA

#### *ANALYSIS*

*New devoutness towards a personal god ; Cynic missionary sent to all classes with Gospel tidings ; egoistic idealism or indifference of Buddhist ; in Epict. two opposite tendencies—(1) sympathy ; (2) hermit isolation ; Individualism (the will alone being free) ; this is all that God could bestow on His children (omnipotence limited) ; mystic communion.*

IN Epictetus, a new phase passes over Stoicism. As St. Paul to Philo of Alexandria, so is Epictetus of Phrygia to Seneca of Rome. By the very urgency of personal needs, of devotional requirements, the conception of an all-embracing Force, indifferent to the particular and too abstract to be the object of prayer or

reverence, is transformed into the old traditional Zeus, "father of gods and men." Without doubt it is in this novel religious earnestness and unction that the student detects the most significant feature. The Sage, more of a Cynic than a Stoic in principle, has a wider mission than the Imperial Minister: he is sent to all men with a kind of missionary consecration, to live in their sight the perfect life of happiness and peace. He is there, before their eyes, like some later Stylite of the East, or Western hermit; set apart, indeed, from men and human pursuits, yet in a very real sense their guide, comforter, and counsellor. How easy and how accessible was salvation! To him come wandering seekers after truth, with troubled consciences, or restless desires, vague and unsatisfied aspirations after an ideal. When Seneca, with less comprehensive sympathy, speaks only to direct a friend, Epictetus, knowing no caste, no restrictions in the human brotherhood, welcomes all without prejudice; one instance only being shown where, as Socrates under demonic dissuasion, he found himself unable to converse with an applicant, because there was no sort of common agreement on which to base discussion or appeal. Not that this new interest in men as individuals recognizes as yet the "special endowment" of each as the starting-point. The ideal is still man as the "organ of impersonal Reason"; no longer the aristocratic reserve of an intellectual confraternity, but the ascetic reserve of quietism, no less narrow. We must not look here for the Christian conception of society, varying according to the ability, equipment, opportunity of each constituent in a hierarchy of function and usefulness,—finding a place for the burning devotee, the cold scholastic, the taciturn recluse, the eloquent friar, the high-born lady,



the lay brother at his menial task. The outlook of antiquity outside a restricted yet intense patriotism was singularly cramped. Although it was seen quite early that the motive alone counts, that it is the inward temper only which ennobles or degrades the outward act, no use was made of this fruitful thought. As Anaxagoras disappointed Socrates in his use of νοῦς, so we find the suggestive maxim πάντα ὑπόληψις leading, not to the illumination of the phenomenal, of the circumstance of life, but rather to an egoistic Idealism, which denied or disregarded the concrete, to Sophistic subjectivity, to pure Buddhistic indifference. The busy and conventional activity of an average citizen was abhorrent to reflexion. The philosopher, especially after the death of Socrates, turned away from the "flamboyance" and diversity (ποικιλία) of the Hellenic character to meditate upon the One, and exchange eagerness for a passive rôle.

The old contempt for the handicrafts (natural enough in a slave-holding community engrossed in civic feuds) tended to increase, and to include in the same condemnation, not merely all artistic endeavour, but even the more formal political duties of active life. The philosophic ideal was a perpetual straining after a more perfect existence; but to the very last it remained empty of all positive content, a "blank luminous disc" rather than a "well-rounded sphere" (κυκλωτερὴς σφαῖρος),—bearing witness to the despondence and early discouragement, not to the vitality or fortitude, of the Greek mind. It was purely negative, if you like, "feminine"; and could only issue, in spite of professions of cosmopolitan sympathy, in abstention and resignation.

In Epictetus two opposite tendencies contend for the mastery, and their struggle and his effort at reconciliation add to the pathos of his character and teaching. All men to him are brothers, sons of a common parent, God Himself; and it is in this transcendental affinity that he discovers a sanction for those peculiarly human virtues, kindness, consideration, forbearance, which seem at first sight so incongruous in any creature. For the sympathetic instinct is there, unquestionably; the most puzzling problem of philosophy is to rationalize, to justify it; and, to speak frankly, from the standpoint of Stoic materialism this was impossible. Yet Epictetus, though he be a father confessor, has no special casuistry to apply to the several needs of his applicants. He has but one formula, one prescription for the cure of souls. The formula, too, sounds to us strange in the mouth of an "apostolic" teacher. It is, "Physician, heal thyself!" No one can do anything for another. Our sympathy,<sup>1</sup> our appeals, good offices, kindly services, only play about the surface, and never touch the deep-seated evil of the soul. "No man may deliver his brother, nor make agreement unto God for him." Virtue, like the knowledge of the Sophist, is incommunicable, although we may reverently repeat the Socratic text *διδασκτὸν ἡ ἀρετή*. The missionary can only remind his hearer of his absolute and immediate power to be wise, happy,

<sup>1</sup> Even this sympathy is strictly against nature, which, in spite of the co-ordination of the parts, forms of each creature an impenetrable monad, immersed only in his special but selfish function, and with no legitimate end but self-culture: "You must not be angry with wrong-doers" (Teubner, 61, *ἄνθρωπε, εἰ σὲ δεῖ παρὰ φύσιν ἐπὶ τοῖς ἀλλοτρίοις κακοῖς διατίθεσθαι ἐλέει αὐτὸν μάλλον ἢ μίσει*). Their conduct has nothing to do with you; and, in a choice of two evils, the less culpable affection of the soul is pity,—for it is less disturbing.

and free,—his inalienable prerogative of instantaneous conversion, in spite of the long coils of evil habits, never forfeited. He can speak warmly, with fervour, unction, assurance, of the “grace of the Sonship,” to be had for the asking. One simple article of faith sufficed; that the will alone is free and self-sufficing; that all outward things, our own poor bodily framework included, can never be under our control, and are thus indifferent and immaterial to our happiness. As in Aurelius, there tends to be a division between inexorable Fate and the provident gods, dispensers of benefits, who alone can be in a true sense objects of worship. No scientific interpretation of the world can ever calm the individual’s anxiety or satisfy his sense of justice. God Himself sinks into a subordinate place, as the Platonic Demiurge; He is limited in power by a law or destiny anterior to Him. His goodness is saved by limiting His authority; and we gladly exchange an unintelligible omnipotence for the more human faculty of merciful contrivance, which brings Him nearer our level, within the scope of our comprehension.

If this “almighty power” is in theory conceded, as in the Christian system, it is at once circumscribed by a voluntary abdication, which leaves room for the reality and distinct coexistence of persons, and for the usefulness of moral effort. If these distinctions are allowed to evaporate in the night of the Absolute, it seems there is no further need of energy in search or action; nothing but the speculative self-introspection of a Deity at last awake in man, and contemplating the results of his unconscious labours with some amazement and considerable pain. Epictetus, with his practical motive and religious sentiment, never hesitates a moment. God *has*

given us all He possibly can; He could do no more. He could not "put all things under our feet," "give us dominion" (as the worthy Hebrew said in his gratitude for tangible blessings) "over the works of His hands." The Divine Being is a "God of Sorrows," pathetic in stillness and helplessness: it appeals to us to keep "holy and undefiled," untarnished, and in undimmed lustre, that tiny luminous jewel within us which is part of itself. In reaction against the grossness and unspirituality of Stoic teaching, the vague devotionism which we call the mystical spirit has spread widely since Seneca. Latent there and disguised by rhetoric, these pious aspirations to overcome the world of opposites and distinctions have now become the sum and centre of the Neo-Cynic creed. The fatherhood of God,—the brotherhood of man,—such is the staple and substance of "the Gospel which" (as Renan tells us) "will never grow old." And yet, after this plausible commonplace, in this reputed commonwealth of the Universe, such atomic isolation and reciprocal repulsion! Such immurement of the individual in the narrow prison-house of his consciousness! Such disappointing barriers to a larger and more vigorous sympathy! Such natural evanescence or discouragement of corporate action! Such oppressive despondency in the thought that, after all, God is out of place in an alien world, like the wise man who follows in His footsteps: "He came unto His own, and His own received Him not"! Such wistful adherence against hope to the one sheet-anchor of moral instinct, and to that one dogma which in Marcus will absorb all other articles of faith, that God is in us, "reconciling," not, indeed, "the world to Himself," but the individual soul in a blissful and indissoluble union!

(B) THE GIFT OF FREE WILL ; THE FATHERHOOD OF GOD ; THE DIVINITY OF SOULS ; THE " COSMOPOLIS " ; THE SPECIAL FUNCTION

§ 1. With increasing knowledge, with heightened activity of the State, our realm of freedom, of "one's own," shrinks to nothingness. "How much of that we once regarded as essential part of our personal self did we discover to be the resultant of influences that cross, confirm, or resist one another within us! Within narrower and ever narrower proportions shrank that in us, which we could really call our own. One part the bodily organs claimed as their contribution, another fell beneath the general psychic forces, which, by no merit of their own, work according to identical laws in all individuals. The tiny sphere alone, that which is ruled and shaped by the *freedom of our moral action*, seemed to afford an asylum to our Real Self" (Lotze, *Mikrokosmus*, i. 1). If I may be allowed to quote from an earlier volume of my own: "The entire aim of post-Aristotelian thought had been to set the personal spirit free of all earthly hindrance and encumbrance—to concentrate thought upon itself. But in proportion as this effort was successful, and the Spirit released itself from all that was not germane to its true life, the realm of alien things loomed larger and larger, because ever more threatening and hostile. Such sacrifice had enriched the power of the enemy, and impoverished the territory of the man,—struggling in a vain pretence of freedom against overwhelming odds" (*School of Plato*, Bk. iv. ch. iv. § 3). This free will, ineffective beyond itself, was God's best gift to man, indeed his very self. It rose like a small point of rock

from the midst of the waters, which submerged everything else. It is the centre, not only of individual life, but of an entire scheme of anthropology. It was free, because God its giver and parent was free. It was here, not to act but to contemplate. Within it lay the good and ill of life; good, if it exercised its sovereign rights; ill, if it allowed itself to become perverted, and mistook obstinacy for principle. It was amenable to no power or influence but its own; and to convert another is only to suggest, and let the lesson work its way in: "for no man may deliver his brother." In this supreme gift, a portion of Himself, God had exhausted His bounty. He could give us nothing more that was not the mere sport of chance and circumstance. The body, covered with opprobrious epithets, dissolved partnership with this proud yet ineffectual monad: just as the world (in spite of appeal to take everything as sent by God's goodness and mercy) had really slipped from the control of Deity.

5. ὥσπερ οὖν ἦν ἄξιον, τὸ κράτιστον ἀπάντων κ. κυριεῦον οἱ θεοὶ μόνον ἐφ' ἡμῖν ἐποίησαν, τὴν χρήσιν τὴν ὀρθὴν τ. φαντασιαῖς, τὰ δ' ἄλλ' οὐκ ἐφ' ἡμῖν. Ἄρά γε ὅτι οὐκ ἤθελον; ἐγὼ μὲν δοκῶ ὅτι εἰ ἠδύναντο κακεῖν' αὖ ἡμῖν ἐπέτρεψαν· ἀλλὰ πάντως οὐκ ἠδύναντο, ἐπὶ γῆς γὰρ ὄντας κ. σώματι συνδεδεμένους τοιούτῳ κ. κοινωνοῖς τοιούτοις πῶς οἶόν τ' ἦν εἰς ταῦτα ὑπὸ τῶν ἐκτὸς μὴ ἐμποδίζεσθαι; "What saith Zeus? O Epictetus, if it had been possible, I would have made thy body of this substance free and unhindered. But let it not escape thee, all this is not thine, but mud artfully kneaded. Since I could not do this, I gave thee a part of us" (μέρος τι ἡμέτερον), this Sovereign power of willing and not willing, that uses impressions. If thou wilt



guard this carefully and place in it all that is thine, thou shalt never be stopped, never be hindered, but be always free from groan, reproach, never have need to fawn on another. What then? do these gifts seem to thee trivial? . . . art satisfied with these?—

218. “My brother has more than his share of the field.” Let him, as much as he will. *Μή τι οὖν τοῦ αἰδήμονος, μή τι τ. πιστοῦ, μή τι τοῦ φιλαδέλφου; ἐκ ταύτης γὰρ τῆς οὐσίας τίς δύναται ἐκβαλεῖν; οὐδ’ ὁ Ζεὺς. οὐδὲ γὰρ ἠθέλησεν ἀλλ’ ἐπ’ ἐμοὶ αὐτὸ ἐποίησεν κ. ἔδωκεν οἶον εἶχεν αὐτὸς ἀκώλυτον ἀνανάγκαστον ἀπαραπόδιστον.* (Cf. Rufus in the *Eclogues of Stobæus*, ii. 8: τὸ κάλλιστον . . . ᾧ δὴ κ. αὐτὸς εὐδαίμων ἐ.)

So 130. *Τίς εἶ; . . . ἄνθρωπος, τοῦτ’ ἐ. οὐδὲν ἔχων κυριώτερον προαιρέσεως, ἀλλὰ ταύτη τὰ ἄλλα ὑποταγμένα, αὐτὴν δ’ ἀδούλευτον κ. ἀνυπότακτον.*

310. *ζήσεις θαρρῶν. Τίني; ᾧ μόνῳ θαρρῆν ἐνδέχεται, τῷ πιστῷ τῷ ἀκωλύτῳ τῷ ἀναφαιρέτῳ, τοῦτ’ ἐ. τῇ προαίρει τῇ σουτοῦ.*

330. *Τί μοι δέδωκεν ἐμὸν κ. αὐτεξούσιον; τί αὐτῷ κατέλιπεν; τὰ προαιρετικά μοι δέδωκεν, ἐπ’ ἐμοὶ πεποίηκεν ἀνεμπόδιστα ἀκώλυτα. Τὸ σῶμα τὸ πῆλινον πῶς ἐδύνατο ἀκώλυτον ποιῆσαι; ὑπέταξεν οὖν τῇ τῶν Ὀλων περιόδῳ.*

361. *ὁ ὁ Ζεὺς οὐκ ἠδυνήθη ποιῆσαι . . . πάντας ἀνθρ. πείσαι τίνα ἐ. ἀγ. κ. κακά. Μὴ γὰρ δέδοται σοι τοῦτο; ἐκεῖνο μόνον σοι δέδοται, σουτὸν πείσαι.*

256. *Προαίρεσιν γὰρ οὐδὲν δύναται κωλῦσαι ἢ βλάψαι . . . εἰ μὴ αὐτὴ ἐαυτήν.* (So *Encheir.* § 48: φιλόσοφος πᾶσαν ὠφέλειαν κ. βλάβην ἐξ ἐαυτοῦ προσδοκᾷ.) So 92. So 193: *Προαίρεσιν τί ἐμποδίζειν πέφυκεν, ἀπροαίρετον οὐδὲν αὐτὴ δ’ ἐαυτὴν διαστραφεῖσα.*

270. *Πῶς οὖν ἔτι ἀνεμπόδιστον εἶναι τι δύναται τῶν τοῦ σώματος; πῶς δὲ μέγα, ἢ ἀξιόλογον τὸ φύσει νεκρὸν*

ἡ γῆ ὁ πηλός ; τί οὖν ; οὐδέν ἔχετε ἐλεύθερον . . . καὶ τίς ὑμᾶς ἀναγκάσει δύναται συγκαταθέσθαι τῷ ψευδεῖ φαινομένῳ ; . . . ἐνθάδ' οὖν ὁρᾶτε ὅτι ἐ. τι ἐν ὑμῖν ἐλεύθερον φύσει.—Ταλαίπωροι, τοῦτο ἐξεργάζεσθε, τούτου ἐπιμέλεσθε, ἐνταῦθα ζητεῖτε τὸ ἀγαθόν.

174. οὔτε πλούτος ἐ. ἐφ' ἡμῖν οὔθ' ὑγίεια . . . πλὴν ὀρθῇ χρῆσις φαντασιῶν. Τοῦτ' ἀκώλυτον φύσει μόνον, τοῦτ' ἀνεμπόδιστον.<sup>1</sup>

Let others look to their principles (395, 396) ἐγὼ δ' ἔχω τίνι με δεῖ ἀρέσκειν τίνι ὑποτετάχθαι . . . τῷ θεῷ. . . . Ἐμὲ ἐκεῖνος συνέστησεν ἐμαντῷ κ. τὴν ἐμὴν προαίρεσιν ὑπέταξεν ἐμοὶ μόνῳ, δούς κάνονας εἰς χρῆσιν αὐτῆς. This *alone* is in the strictest sense good ; compare Kant's famous exordium : (32) " *Αν μου πυνθάνη τί ἐ. ἀγαθὸν τοῦ ἀνθρ. οὐκ ἔχω σοι ἄλλο εἰπεῖν ἢ ὅτι ποιαὶ προαίρεσις.*—All else is *ἀλλότρια* and under alien control,<sup>1</sup> but on this, even though the tyrant say, "I will show you who is master," he has no real hold. (65) "ἐγὼ σοι δεῖξω ὅτι κύριός εἰμι." Πόθεν σὺ ; ἐμὲ ὁ Ζεὺς ἐλεύθερον ἀφῆκεν. Ἡ δοκεῖς ὅτι ἐμελλεν τὸν ἴδιον υἱὸν εἶναι καταδουλοῦσθαι ; τοῦ νεκροῦ δέ μου κύριος εἶ, λάβε αὐτόν. Here are all the striking features of later Stoicism : contempt of body, complete abandonment of all externals to the "Temporal power" (for strangely enough the reign of Fortune, so constant a theme for Seneca's eloquence, is here forgotten), and the complete exemption of this one small point from other laws, physical or social.

§ 2. This last quotation will lead us imperceptibly to the *second* point in the Epictetan estimate of man, "The Fatherhood of God" ; a vague pietistic doctrine,

<sup>1</sup> This summary dismissal of the foreign and alien in our lives is the leading doctrine of Epictetus, and appears with unceasing assurance.

engrafted on the early materialism of the Porch by a natural alliance in Rome with practical endeavour, with primitive instinct, with religious belief. Socrates, who from a formal standpoint is merely the author of definition and generalisation, is, in the history of thought, notable rather for his recall of exiled gods, his unfeigned interest in others, his "superstitious" belief in a special monitor, a special mission. Epictetus, in similar fashion, mitigates the coldness of unchanging law by the warmth of allegoric language; which, though it baffles analysis and is wholly inconsistent with the rest of his creed, nevertheless represents a sincere, if vague, conviction, the triumph of Faith over Reason. From a recognition that God is our Father in a special sense, he believes all else will follow. 13. *Εἴ τις τῷ δόγματι τοῦτω συμπαθήσαι κατ' ἀξίαν δύναίτο ὅτι γεγόναμεν ὑπὸ τοῦ θεοῦ πάντες προηγουμένως κ. ὁ θεὸς πατήρ ἐ. τῶν τ' ἀνθρ. κ. θεῶν*, such an one will entertain no ignoble thought about himself (*ἀγεννές, ταπεινόν*). If "Cæsar adopt you, who could stand your intolerable pride"? *ἂν δὲ γνῶς ὅτι τοῦ Διὸς υἱὸς εἶ, οὐκ ἐπαρθήσῃ*; He continues in a strangely ascetic Platonic manner: *ἐπεὶ δὲ δύο ταῦτα ἐν τῇ γενέσει ἡμῶν ἐγκαταμέμικται, τὸ σῶμα μὲν κοινὸν πρὸς τὰ ζῶα, ὁ λόγος δὲ κ. γνώμη κοινὸν πρὸς τοὺς θεοὺς, ἄλλοι μὲν ἐπὶ ταύτην ἀποκλίνουσι τὴν συγγένειαν τὴν ἀτυχῇ κ. νεκρὰν, ὀλίγοι δὲ τινες ἐπὶ τὴν θείαν κ. μακαρίαν.*—So 33. The truly wise learns that this universe is *τὸ σύστημα τὸ ἐξ ἀνθρ. κ. θεοῦ*, and that from Him come all seeds, *εἰς ἅπαντα μὲν τὰ ἐπὶ γῆς γεννώμενά τε κ. φυόμενα, προηγουμένως δ' εἰς τὰ λογικά, ὅτι κοινωνεῖν μόνον ταῦτα πέφυκε τῷ θεῷ τῆς συναναστροφῆς κατὰ τὸν λόγον ἐπιπεπλεγμένα*, why not call such an one *κόσμιον*; *διὰ τί μὴ υἷὸν τοῦ θεοῦ*; Shall not this

sense of sonship take away all our pain, if affinity to an earthly Cæsar makes one arrogant? (Juvenal's "tumidumque Nerone propinquo") τὸ δὲ τὸν Θεὸν ποιητὴν ἔχειν κ. πατέρα κ. κηδέμονα οὐκέτι ἡμᾶς ἐξαιρήσεται λυπῶν κ. φόβων; No student of human history, quite apart from religious conviction, will doubt the absolute efficacy of such an assurance for a life of heroic effort and martyrdom; but in our author it is an unwarrantable "poetic licence," or an accretion on Stoic Positivism.

—49. When you get hotter water than you wanted from your servant, or find the fire is out, and there's none to be had, you say: Πῶς οὖν τις ἀνάσχηται τῶν τοιούτων; Ἀνδράποδον, οὐκ ἀνέξῃ τοῦ ἀδελφοῦ τοῦ σαυτοῦ, ὃς ἔχει τὸν Δία πρόγονον, ὥσπερ υἱὸς ἐκ τῶν αὐτῶν σπερμάτων γέγονε κ. τῆς αὐτῆς ἄνωθεν καταβολῆς; (cf. St. John i. 12, 13, iii. 7), οὐ μεμνήσῃ τί εἶ κ. τινῶν ἄρχεις; ὅτι συγγενῶν, ὅτι ἀδελφῶν φύσει, ὅτι τοῦ Διὸς ἀπογόνων. He sweeps aside the next pretext of absolute ownership with magnificent indignation and contempt for the material fabric and social conventions, "But I bought him with my own money." "Do you see where you are looking? To earth, to this pit of confusion, to these miserable legal fictions of dead men, not to the eternal laws of heavenly ordinance!" (εἰς τὴν γῆν, εἰς τὸ βάραθρον, εἰς τοὺς ταλαιπώρους τούτους νόμους τοὺς τῶν νεκρῶν, εἰς δὲ τοὺς τῶν θεῶν οὐ βλέπεις). Hercules, through his life, spent in perpetual toil and exile, was never anxious about his children. 289: οὐ στένων οὐδὲ ποθῶν οὐδ' ὥς ὀρφανούς ἀφίεις; ἦδει γὰρ ὅτι οὐδεὶς ἐ. ἄνθρ. ὀρφανός, ἀλλὰ πάντων ἀεὶ κ. διηνεκῶς ὁ Πατὴρ ἐ. ὁ κηδόμενος. For to Hercules it was no mere report or theoretic belief that Zeus was the father of men (μεχρι λόγου . . .) ὃς γε κ. αὐτοῦ Πατέρα ᾤετο αὐτὸν κ. ἐκαλεῖ, κ.

πρὸς ἐκείνον ἀφορῶν ἔπραττεν ἃ ἔπραττεν. And therefore, in and through this consciousness, he could always live happily (πανταχοῦ ἐξῆν αὐτῷ διάγειν εὐδαιμόνως). For our father has made us for happiness; it is our own fault if we put not our hand to the fruit hanging within our reach, ἂν δὲ τις ἀτυχῇ, (287) μέμνησο ὅτι παρ' αὐτὸν ἀτυχεῖ. 'Ο γὰρ Θεὸς πάντας ἀνθρ. ἐπὶ τὸ εὐδαιμονεῖν, ἐπὶ τὸ εὐσταθεῖν ἐποίησεν.—311. With superb faith, like the Psalmist, "Yet saw I never the righteous forsaken, nor his seed begging their bread." Οὕτως ὁ Θεὸς ἀμελεῖ τῶν αὐτοῦ ἐπιτευγμάτων . . . διακόνων . . . μαρτύρων; οἷς μόνοις χρήται παραδείγμασιν πρὸς τοὺς ἀπαιδεύτους ὅτι κ. ἔστι, κ. καλῶς διοικεῖ τὰ ὅλα κ. οὐκ ἀμελεῖ τῶν ἀνθρωπίνων πραγμάτων, κ. ὅτι ἀνδρὶ ἀγαθῷ οὐδὲν ἐ. κακὸν, οὔτε ζῶντι οὔτ' ἀποθανόντι, = "that He is, and that He is a rewarder of them that diligently seek Him" (Heb. xi. 6). "What, when He gives them no food, and allows them to starve?" Yes, ὡς ἀγαθὸς στρατηγὸς τὸ ἀνακλητικόν μοι σεσήμαγκεν πείθομαι, ἀκολουθῶ, ἐπενφημῶν τὸν ἡγέμονα, ὑμνῶν αὐτοῦ τὰ ἔργα.—But the analogy is incomplete and unconvincing: a common peril, a common purpose unites the general with his soldiers, nay, a common justice, which allows no favourites, and exposes all in turn to a like personal danger; but the Stoical Deity has no purpose, runs no danger himself, and maintains no correspondence between desert and recompense.—The philosophic Exemplar is now Diogenes, the nearest approach to the Wise Man, as yet undiscovered: he has superseded Socrates in popular reverence for saints. 338. He has become a supreme type of holiest ascetic renunciation (but it is the ready sacrifice of limbs by the Star-fish, and Tolstoian non-resistance to vile): and this because the



present life, with its kinship and association, is meaningless to him. *Εἰ τῆς κτήσεως ἐπελάβου, αὐτὴν ἀφῆκεν ἂν σοι μάλλον ἢ ἡκολούθησεν δι' αὐτήν.* So with leg or whole body (*σκέλος . . . σωματίον*), nay, acquaintances, friends, fatherland: *"Ἥδει πόθεν ἔχει κ. παρὰ τίνος κ. ἐπὶ τίσιν λαβών.* *Τοὺς μὲν γ' ἀληθινούς προγόνους τοὺς θεούς κ. τὴν τῷ ὄντι πατρίδα οὐδεπωποτ' ἂν ἐγκατέλιπεν, κτλ.*

§ 3. Souls, then, "sons of gods," are particles of Deity, and God knows and sympathises with their every movement; how could it be otherwise? 50, 51: *αἱ ψυχαὶ μὲν οὕτως ἐ. ἐνδεδεμέναι κ. συναφεῖς τῷ Θεῷ ἅτε αὐτοῦ μόρια οὔσαι κ. ἀποσπάσματα, παντὸς δ' αὐτῶν κινήματος ἅτε οἰκείου κ. συμφυοῦς ὁ Θεὸς αἰσθάνεται . . . ἐπίτροπον ἐκάστω παρέστησεν τὸν ἐκάστου Δαίμονα κ. παρέδωκε φυλάσσειν . . . κ. τοῦτον ἀκοίμητον κ. ἀπαρалоγιστον.* 52. When ye shut the doors and create darkness within, *μέμνησθε μηδέποτε λέγειν ὅτι μόνοι ἐστὲ· οὐ γὰρ ἐστὲ ἀλλ' ὁ Θεὸς ἔνδον ἐ. κ. ὁ ὑμέτερος δαίμων ἐστιν.* It is curious to note, in the metaphors used of this central power, will, or conscience, the vacillation between the helplessness of a sacred charge and the sternness of a divine monitor; in Aurelius, it is rather we who have to keep the inner idol of the shrine clean and unspotted, than expect guidance from the voice. 122: *οὐκ ἔχω τὸν Μάντιν ἔσω, τὸν εἰρηκότα μοι τὴν οὐσίαν τοῦ ἀγ. κ. τοῦ κακοῦ;* what use, then, to me of birds or of entrails? The notion of God has really receded into the purest atmosphere of Idealism, and has left the realm of created things: it is no longer a Pantheism of Nature, but only of Thought. *Τί οὖν; οὐκ ἐστὶ θεῶν ἔργα ἀκεῖνα; ἐστιν, ἀλλ' οὐ προηγούμενα οὐδὲ μέρη θεῶν. Σὺ δὲ προηγούμενον εἶ, σὺ ἀπόσπασμα εἶ*



τοῦ Θεοῦ ἔχετις ἐν σαυτῷ μέρος ἐκείνου . . . οὐκ οἶδας ὅτι θεὸν τρέφεις, θεὸν γυμνάζεις; θεὸν περιφέρεις τάλας κ. ἀγνοεῖς! . . . αὐτοῦ τοῦ θεοῦ παρόντος ἔσωθεν κ. ἐφορῶντος πάντα κ. ἐπακούοντος, are you not ashamed to think and do what you would not dare to, before his image in the Temple! ὦ ἀναίσθητε τῆς σαυτοῦ φύσεως! (cf. 156, 157, where παρακολουθεῖν τῷ διοικούντι τὰ ὅλα is coupled with ἐκείνου ἐν σαυτῷ περιφέρειν). What precise meaning can be attached to the notion is impossible to define; sometimes the "Deity within" is a sort of burnished silver idol; sometimes a guardian angel with plenary powers; sometimes an insulted and forgotten sovereign sitting apart in a palace where rebels carouse.—373. The Soul is the true man; ἀπονείμουν καὶ ὀλίγον χρόνον τῷ σαυτοῦ Ἑγεμονικῷ σκέψαι τί ποτ' ἔχεις τοῦτο κ. πόθεν ἐληλυθὼς, . . . if all your time be given to externals (τὰ ἐκτὸς) you will keep this squalid and neglected (ῥυπαρὸν κ. ἀτημέλητον).

§ 4. This doctrine of the essential kinship of man with God in a highly spiritual sense, leads naturally to the doctrine of the COSMOPOLIS, and man's duty as a subordinate part of a great whole.—117. If you are a separate entity, detachable from the rest (ἀπόλυτον), by all means live your own life; εἰ δὲ ὥς . . . μέρος ὅλου τινος σκοπεῖς, δι' ἐκείνο τὸ ὅλον νῦν μὲν νοσῆσαι καθήκει . . . πλεῦσαι . . . κινδυνεῦσαι . . . ἀπορηθῆναι . . . πρὸ ὥρας ἀποθανεῖν. Τί οὖν ἀγανακτεῖς; . . . τί γὰρ ἐ. ἄνθρωπος; μέρος πόλεως πρώτης μὲν τῆς ἐκ θεῶν κ. ἀνθρώπων μετὰ ταῦτα δὲ τῆς ὥς ἐγγιστα λεγομένης, ἣτις ἐ. μικρὸν τῆς ὅλης μίμημα.—131. Πολίτης εἰ τοῦ Κόσμου κ. μέρος αὐτοῦ, οὐχ ἔν τῶν ὑπηρετικῶν ἀλλὰ τῶν προηγούμενων . . . Τίς οὖν ἐπαγγελία

πολίτου; μηδὲν ἔχειν ἰδίᾳ συμφέρον, περὶ μηδέως βουλεύεσθαι ὡς ἀπόλυτον. This due to your power of rationally following the divine ordering (παρακολουθητικὸς τῇ θεῷ διοικήσει κ. τοῦ ἐξῆς ἐπιλογιστικός). If foot or hand had reason (λογισμὸς), they would never desire or aim except in reference to the welfare of the whole body (ἢ ἐπανενέγκοντες ἐπὶ τὸ "Ὀλον). "If the true gentleman knew the future" (so well speak our philosophers), "he would have co-operated in his own illness and death and mutilation,"—knowing that ἀπὸ τῆς τῶν "Ὀλων διατάξεως τοῦτο ἀπονέμεται, κυριώτερον δὲ τὸ "Ὀλον τοῦ μέρους κ. ἢ πόλις τοῦ πολίτου. We may note, *first*, that it is hard to distinguish a very proper resignation to the inevitable from a culpable negligence or indifference to ordinary preventive measures; so in modern India, to adopt means to control plague or famine is to oppose the Will of God;—*second*, that here we have full-fledged that tyrannical Realism, the superiority of whole to part, of abstract to concrete, of name to thing,—which will dominate a certain phase of semi-mystical thought throughout mediæval times;—*thirdly*, how comforting was the sense of being a portion of God, and how very discouraging is the sense of being also a part of a physical universe, which is emphasised here! the one thought all radiance and peace and loving acquiescence; the other, all harshness and callous expediency. The end justifies the means; the individual is nothing; the agent is a mere instrument:—and this in the interests of the higher morality! but clearly an ethical relation implies a personal object.—Sometimes Epictetus (who, we must remember, is under no contract or obligation to be consistent) seeks to unite the two aspects, by dwelling on the absoluteness

and arbitrary power of God, as a master of slaves, as in the Gospel, "taking leave of his servants."—264. In a well-regulated household no one may suddenly say to himself, "I ought to be steward"; εἰ δὲ μὴ, ἐπιστραφεῖς ὁ κύριος κ. ἰδὼν αὐτὸν σοβαρῶς διατασσόμενον, ἐλκύσας ἔτεμεν ("The Lord turned and looked upon him," as he is beating his fellow-servants, and "cut him asunder," appointing him his due portion),—οὕτω γίνεταί κ. ἐν τῇ μεγάλῃ ταύτῃ πόλει· ἔστι γάρ τις κ. ἐνθάδ' οἰκοδεσπότης ἕκαστα διατάσσων, giving to each their rôle (which Plato left to the prenatal choice of mortals, θεὸς ἀναίτιος), somewhat unwisely for a professed Theodicy. "You be the sun; you, again, a heifer, when the lion comes, do your part; else you shall repent. You be a bull, come forth and fight; for this is your fitting function. You, again, can lead an army to Troy; so be Agamemnon. You can meet Hector in single combat; be you Achilles!"—288. Ὁ Κόσμος οὗτος μία πόλις ἐ. κ. ἡ οὐσία ἐξ ἧς δεδημιούργηται μία, κ. ἀνάγκη περιόδου τινα εἶναι κ. παραχώρησιν ἄλλων ἄλλοις: where we may note Aurelius' favourite apology;—the consubstantiality of the world, the fleetingness of the part, the rearrangement of constituents scattered by the dissolution of an organism, the need of this to keep the whole bright and new by perpetual change. So 371: ἅπαξ μαθὼν ὅτι τὸ γενόμενον κ. φθαρῆναι δεῖ, ἵνα ὁ Κόσμος μὴ ἴσσηται μὴδ' ἐμποδίζεται,—corresponding exactly to that meditation on the transience of physical objects, brief compounds soon resolved, which comprises the whole of Aurelius' speculative knowledge; and is all the lesson the Universe has to teach him.

(C) PROVIDENCE EXTENDING TO PARTICULARS;  
DISCIPLINE OF THE SONS OF GOD

ANALYSIS

§ 5. *Natural Law becomes God's will; God interested even in persons (Socrates).*

§ 6. *The Good must be happy, like Hercules, the Son of God, in all the toils which the taskmaster imposes.*

§ 5. There is in such a Universal Law (. . . compounded of a father's tender solicitude, a harsh taskmaster's arbitrary apportionment to slaves . . .) a continual change of standpoint from Pietism to callous indifference, which latter is the proper attitude of Cynic and Stoic. "I cannot understand the Universe, nor on what ground I call it a moral sphere, or ruled by Providence; but I am not going to let other and meaner men see that I am puzzled." Scientific law is transformed into Heaven's will, unconscious and blind into conscious personal purposive:—7. "Use all the indifferent externals, ὡς πέφυκεν." Πῶς οὖν πέφυκεν; ὡς ἂν ὁ Θεὸς θέλῃ.—45. Epictetus goes far to meet the popular demand for a *special* providence, a dæmonic tutelar, such as Appuleius, for instance, discovers in Isis, the Roman Catholic in a patron saint: He dismisses Epicurean compromise (εἰσὶ μὲν, μηδένοσ δ' ἐπιμελούμενοι) . . . πῶς ὑγιὲς ἔσται; he will not be content even with the current Stoic belief that God looks to *general* laws, but abandons the *particular* to itself (ὄντων κ. ἐπιμελουμένων εἰ μηδεμία διάδοσις εἰς ἀνθρ. ἐ. ἐξ αὐτῶν ΚΑΙ ΝΗ ΔΙΑ ΓΕ ΚΑΙ 'ΕΙΣ 'ΕΜΕ), how can this again be salutary doctrine? We have reached the Socratic conviction that he *personally* and his doings were interesting to the gods. This

is religion, and this alone! It is this sense which is lost in the materialism of Aurelius' system, and retained anomalously in the candour of Aurelius' piety. Seeing this, the good man τὴν αὐτοῦ γνώμην ὑποτέταχεν τῷ διοικούντι τὰ Ὅλα ὥσπερ οἱ ἀγαθοὶ πολῖται τῷ νόμῳ τῆς πόλεως. The analogy here, again, breaks down; human society is after all a *voluntary* association; what escape or asylum is there for the disillusioned citizen of the world? So, again, on life's trials he uses another simile, which, like all Stoic comparisons, is only half true! God is sending you labours, chastening "every son whom He receiveth"; and Hercules is a type of such toils cheerfully borne: 74: Αἱ περιστάσεις ἐ. αἱ τοὺς ἀνδρας δεικνύουσιν· λοιπὸν ὅταν ἐμπέσῃ περίστασις, μέμνησο ὅτι ὁ Θεὸς σε ὥς ἀλείπτῃ τραχεῖ νεανίσκῳ συμβέβληκεν. Very good; but for what ulterior motive? not surely for the "advance to infinity," which is no argument or justification; that your stout fight may be an example to another, and he again may pass on the torch of this purposeless fortitude?

For the end is ἵνα Ὀλυμπιονίκης γένῃ· δίχα δ' ἰδρῶτος οὐ γίγνεται. So 272: οὐ πέπεισται δ' ὅ τι ἂν πάσχη τούτων, ὅτι Ἐκεῖνος αὐτὸν γυμνάζει; ἀλλ' ὁ μὲν Ἑρακλῆς ὑπ' Εὐρύσθεως γυμναζόμενος . . . ἀόκνως ἐπετέλει πάντα· οὗτος δ' ὑπὸ τοῦ Διὸς ἀθλούμενος . . . μέλλει κεκραγέειν κ. ἀγανακτεῖν. So 304. God sends his saints to Gyara and to prison; οὐ μισῶν· μὴ γένοιτο· τίς δὲ μισεῖ τὸν ἄριστον τῶν ὑπηρετῶν τῶν αὐτοῦ; οὐδ' ἀμελῶν ὃς γε οὐδὲ τῶν μικροτάτων τινος ἀμελεῖ, ἀλλὰ γυμνάζων<sup>1</sup> κ. μάρτυρι πρὸς τοὺς ἄλλους

<sup>1</sup> In a similar strain Seneca, *De Provid.* 2: "Omnia adversa exercitationes putat. . . . Athletas videmus . . . cum fortissimis configere, etc. Marcet sine adversario Virtus. . . . Patrium habet Deus adversus



χρώμενος. Εἰς τοιαύτην ὑπηρεσίαν κατατεταγμένος, οὐχὶ ὅλος πρὸς τὸν θεὸν τέταμαι; This is, of course, emotional and pietistic, but quite inadmissible; in a monistic universe this spectacle of struggle and endeavour, where there is no triumph to achieve, is merely the sanguinary gladiatorial exhibition which gratifies the vanity of a despicable tyrant; "Morituri Cæsar te salutant." So 312: Τρυφᾶν μὲ οὐ θέλει οὐδὲ γὰρ τῷ Ἡρακλεῖ παρεῖχεν τῷ υἱεῖ τῷ ἑαυτοῦ, . . . ὁ δ' ἐπετάσσετο κ. ἐπόνει κ. ἐγυμνάζετο . . . ἀπάσης γῆς κ. θαλάττης ἄρχων κ. ἡγεμὼν καθαρτῆς ἀδικίας κ. ἀνομίας . . . κ. ταῦτ' ἐποίει κ. γυμνὸς κ. μόνος.

§ 6. Surely the good must be happy; 290: Τίς δὲ καλὸς τε κ. ἀγαθὸς δυστυχεῖ; τῷ ὄντι κακῶς διοικεῖται τὰ "Ολα, εἰ μὴ ἐπιμελεῖται ὁ Ζεὺς τῶν ἑαυτοῦ πολιτῶν, ἵν' ὦσιν ὁμοιοὶ αὐτῷ εὐδαίμονες.—In 352 the sum of practical happiness is (as always in Epictetus) gathered up into a brief formula; here, curiously, the scientific and the religious aspects of the world are intermingled and confused. Μία ὁδὸς ἐπὶ εὐροίαν

bonos Viros animum, et illos fortiter amat, et 'operibus' inquit 'doloribus ac damnis exagitantur, ut verum colligant robur!' . . . Miraris tu si Deus ille bonorum amantissimus, etc. . . . Non fuit Diis Imm. satis spectare Catonem semel; retenta ac revocata Virtus est ut in difficiliore parte se ostenderet" (where the comparison of such a deity to a sanguinary spectator of the arena is fully justified). 4: "Hos itaque Deus quos probat quos amat, indurat, recognoscit, exercet . . . in castris quoque periculosa fortissimis imperantur . . . Dux lectissimos mittit . . . Nemo . . . dicit 'male de me imperator metuit,' sed 'bene judicavit' . . . digni visi sumus Deo in quibus experiretur quantum humana natura posset pati." (The misleading and fallacious character of this simile has been already pointed out.) . . . "Quid mirum si durè generosos spiritus Deus tentat? nunquam virtutis molle documentum est." (Perhaps this language of pious resignation scarcely conceals the latent defiance; 6: "Hoc est quo Deum anteceditis: Ille *extra* patientiam malorum est, vos *supra*.)



. . . ἀπόστασις τῶν ἀπροαιρέτων, τὸ μηδὲν ἴδιον ἡγείσθαι, τὸ παραδοῦναι πάντα τῷ δαιμονίῳ, τῇ Τύχῃ ἐκείνους ἐπιτρόπους αὐτῶν ποιήσασθαι οὐς κ. ὁ Ζεὺς πεποίηκεν (viz. the undeserving rich and powerful), αὐτὸν δὲ πρὸς ἐνὶ εἶναι μόνῳ τῷ ἰδίῳ τῷ ἀκωλύτῳ. —Here again it is purely religious in tone; 345: Ἐλεύθερος γὰρ εἰμι κ. φίλος τοῦ Θεοῦ, ἵν' ἐκὼν πείθωμαι αὐτῷ. 328. "I have never been prevented willing, nor unwilling forced; how is this?" προσκατατέταχά μου τὴν ὀρμὴν τῷ Θεῷ. Θέλει μ' ἐκεῖνος πυρέσσειν· καγὼ θέλω . . . ἀποθανεῖν οὖν θέλω· στρεβλωθῆναι οὖν θέλω. In 385, comforting death, Epictetus addresses a personal Deity quite after the Christian fashion: Ἄς ἔλαβον ἀφορμὰς πρὸς τὸ αἰσθεσθαί σου τῆς διοικήσεως κ. ἀκολουθήσαι αὐτῇ, τούτων οὐκ ἡμέλησα· οὐ κατήσχυνα σε· μή ποτε σε ἐμεμφάμην . . . δυσηρέστησα . . . ὅτι με σὺ ἐγέννησας χάριν ἔχω ὧν ἔδωκας· ἐφ' ὅσον ἐχρησάμην τοῖς σοῖς, ἀρκεῖ μοι. Πάλιν αὐτὰ ἀπόλαβε κ. κατάταξον εἰς ἣν θέλεις χώραν. Σὰ γὰρ ἦν πάντα, σύ μοι αὐτὰ δέδωκας . . . τίς βίων κρείττων; . . . ποία καταστροφή εὐδαιμονεστέρα; 370: αἰεὶ μᾶλλον ἐκεῖνο θέλω τὸ γινόμενον. Κρείττον γὰρ ἡγοῦμαι ὃ ὁ Θεὸς θέλει ἢ ὃ ἐγὼ. Προσκείσομαι διάκονος κ. ἀκόλουθος ἐκείνῳ, συνορμῶ συνορέγομαι ἀπλῶς συνθέλω.

## CHAPTER II

“Out of the night which covers me,  
Black as the pit from pole to pole,  
I thank whatever gods there be  
For my unconquerable soul.”

### THE WISE MAN IN THE TWO COMMONWEALTHS; OPPORTUNISM, OR THE RÔLE OF CONTEMPLA- TION AND PASSIVITY

#### (A) MODERN CONCEPTION OF STOICISM IN ERROR: THE ESSENTIAL EXPEDIENCY OF RESIGNATION AND ABSTENTION

##### ANALYSIS

- § 1. *Erroneous view of ancient Stoicism (Arnold, Renan); an absolute contrast to the modern temper.*
- § 2. *Pure selfishness and personal expediency the recognised aim; sole duty of reflexion, to convince us that inward peace, the only good, is under our control, is ours for the asking.*

BEFORE the Unknown, one nature, like Ajax, is superbly defiant; another in doglike resignation creeps back to the hand that smote it, with humbled and fawning deprecation, not, however, wholly contemptible; another boldly forces the invisible power out of dull natural law into personality, and compels it to hold intercourse with its poor creature across the void. Nothing is

more astonishing than to notice the universal approbation of the enlightened nineteenth century for these two latter characters. Surely it has absolutely forgotten its starting-point, its very "raison d'être." The essence of the modern spirit is to expel the depressing abomination which hands men over to tyranny in the politic, to stagnation in the social, to superstition in the religious; "whatever is, is right." Fetich-worship of the natural order is entirely unreasonable. Nature is not God's will at all, but mainly our own creation; a useful quarry for our comforts and discoveries; stronger than poor humanity, it is true, but to be evaded, cajoled, deceived, forced, anything but worshipped as divine. It is difficult to understand how Matthew Arnold could have written the following words:<sup>1</sup> "It is remarkable," he writes of Aurelius, "how little of a merely local or temporary character, how little of those *scoriae* which a reader has to clear away before he gets to the precious ore, how little that even admits of doubt and question,—the morality of Marcus exhibits." "In general, the action Marcus prescribes is action which every sound nature must recognise as right, and the motives he assigns are motives which every clear reason must recognise as valid." We might be back in the eighteenth century, the Age of Reason, in this complacent appeal to teleology of Nature and our rational faculty. The whole presupposition on which Epictetus' and Marcus' ethic depends is that we have no control over things

<sup>1</sup> Even if we remember how far we are separated in thought from his standpoint, how the process of never-ending analysis has placed *moral* ideas in the same category as *theological*, showing that either they depend mutually on each other, or that both are equally insecure.

or circumstances, and must bow to destiny. Since Bacon's time, we have utterly rejected this belief; and all schemes of improvement, secular and religious alike, rest in large measure upon our confident transformation of our surroundings. As to that reverential "kissing of the rod," there is no place any longer for such a theory. As to the primacy of this inner spark, there is no such Manichean belief in its independence or its authority. As to the Supreme Centre of Life in the universe, if it is found merely active in the material realm, it is not much concern of ours, and we will drive it as we have driven gnomes and fairies from their rustic domains: "Great Pan is dead." If traces of its footsteps are rather to be discovered in the historic and social life of humanity, still more clearly perchance in individual life, in the instinctive hope of the race for another life,—*ἄλλης ἂν εἶη σκέψεως*; for here the Stoics with their intense self-consciousness and intense scorn of personality cannot help us: we cannot meet on equal terms; and there is no common starting-point for our discussion.

Equally fallacious, or rather self-deceptive, is Renan's eulogy, which would apply with equal exactness either to Epictetus or to his pupil Marcus: "La religion de Marc Aurèle est la *religion absolue*, celle qui résulte du simple fait d'une haute conscience morale, placée en face de l'univers. Elle n'est d'aucune race ni d'aucun pays. Aucune révolution, aucun changement, aucune découverte,—ne pourront la changer." And we have this inconsiderate and meaningless praise from one who is a high priest of the Scientific Spirit. Since he cannot detect that the whole hypothesis of life has changed after the liberation of the citizen and the discoveries of

modern thought, it is waste time to enlarge on his total misconception. Stoicism is just the one phase of semi-scientific, semi-mystical thought which can never recur. We have severed finally and completely the two realms of human life and activity. The Moral Consciousness, confronted with the problem of the Universe, will either, with Kant, proceed through the curious foreignness of the moral instinct to the three corollaries, which Stoics deny; or, despairing of correspondence in an alien world with its inward aspirations (not, indeed, a demand for pleasure, but for mere justice), it will range itself with the complacent and scholarly pessimism of Schopenhauer, or with the open revolt of Nietzsche or Gorki.

§ 2. Indeed, these rhetorical eulogists seem to have penetrated but little into the inner core of this practical Stoicism. Resignation was pure expediency; and Epictetus at least shows that here is supreme justification for his maxim; that along this path of least resistance lay the road, the only road, to happiness and peace. He never for a moment elevates an altruistic standard; never speaks in vague and lofty language of the calls of duty, apart from personal interest. It was the mere determination to be unassailable, to offer no weak spot in the fort, no hostage to fortune. A consistent and unperturbed life could be secured by mastering a few rules, by making up one's mind that the control of things and events and persons could never be ours. If we "anticipate" (as it were)<sup>1</sup> the disappoint-

<sup>1</sup> For all particular morality, behaviour in detail, is the recognition of the minor premise: *ἐφαρμογή τῶν πολλήσεων ταῖς ἐπὶ μέρους οὐσίαις*,—testing power of the will applying the touchstone of preconceived rules which could assuredly never be derived from individual experience.

ments or the shocks of life by this firm assurance, we shall not be shaken from our moorings into the raging sea of passion and suspense and fear; nor does the constant appeal to the divine will or to God's special care for His children blind one to the fact that He gives us already all He can, an "unconquerable soul." We expect no more from Him, in special grace, no recognition, no recompense (which to the Christian is a prerequisite of rational morality, not as a vulgar reward in kind, but the eternal sense of God's approval, —the true heaven).

How frank is the following confession, a rule of faith and of life! Beneficence is only incidental to self-culture. 65. Freedom before tyrants (a favourite subject) τοῦτο οὐκ ἔστι φίλαιτον· γέγονε γὰρ οὕτως τὸ ζῶον· αὐτοῦ ἕνεκα πάντα ποιεῖ. Καὶ γὰρ ὁ Ἥλιος αὐτ. ἐν. π. ποιεῖ, κ. τὸ λοιπὸν αὐτὸς ὁ Ζεὺς. ἀλλ' ὅταν θέλη εἶναι Ὑέτιος κ. Ἐπικάρπιος κ. Πατὴρ ἀνδρῶν τε θεῶν τε, ὁρᾷς that he cannot attain such functions or such titles, ἀν μὴ εἰς τὸ κοινὸν ὠφέλιμος ᾖ. Such, then, He made the nature of rational beings: ἵνα μηδένοσ τῶν ιδίων ἀγαθῶν δύνηται τυγχάνειν ἐὰν μήτι εἰς τὸ κοινὸν ὠφέλιμον προσφέρηται. Οὕτως οὐκέτι ἀκοινῶνητον γίνεται τὸ πάνθ' αὐτοῦ ἕνεκα ποιεῖν. Ἐπεὶ τί ἐκδέχῃ; ἵνα τις ἀποστῇ αὐτοῦ κ. τοῦ ιδίως συμφέροντος; καὶ πῶς ἔτι μία κ. ἢ αὐτὴ ἀρχὴ πᾶσιν ἐ. ἢ πρὸς  $\begin{Bmatrix} αὐτὰ \\ αὐτὰ \end{Bmatrix}$  οἰκείωσις; Here the only way to serve the public is to develop, realise one's own specific nature. Unselfishness Epictetus neither demands nor expects. He is far more in agreement with modern thought when he recognises that the ultimate impulse is self-preservation, instinct of survival at all costs, than when he is preaching abstention and acquiescence. That this rudimentary impulse of life takes



a somewhat different trend in man, and seems to over-leap the span of mortal existence with a sense of wider expediency, does not in the least alter its original and historic character—Individualism. In 17 he condemns scientific research (ἐπὶ τὴν ἐν τοῖς βιβλίοις ἔξιν τέτασθαι) because it in no way assists this inner life; he bids him straightway go home κ. μὴ ἀμελεῖν τῶν ἐκεῖ τοῦτο γὰρ ἐφ' ὃ ἀποδεδήμηκεν οὐδὲν ἐ. ἀλλ' ἐκείνο μελετᾶν ἐξελεῖν τοῦ βίου πένθη κ. οἰμωγὰς κ. τὸ οὔ μοι κ. τὸ Τάλας ἐγώ.—49. The Χρῆσις φαντασιῶν alone in your control; τί οὖν ἐπισπᾶς σεαυτῷ ταῦθ' ὧν ἀνυπεύθυνος εἶ; τοῦτ' ἐστὶν ἑαυτῷ παρέχειν πράγματα.—71: ἐγὼ γὰρ πέφυκα πρὸς τὸ ἐμὸν συμφέρον.—161: Διὰ τί δυστυχεῖς; διὰ τί θέλοντος σοῦ τι οὐ γίνεται, κ. μὴ θέλοντος γίνεται; ἀπόδειξις γὰρ αὕτη μεγίστη δυσροίας κ. κακοδαιμονίας.—145. The ἔργον τοῦ φιλοσοφοῦντος is this; ὅτι δεῖ τὴν αὐτοῦ βούλησιν συναρμόσαι τοῖς γινομένοις ὡς μήτε τι . . . ἀκόντων ἡμῶν γινέσθαι, κτλ. Ἐξ οὗ περίεστι . . . μὴ ἀποτυγχάνειν . . . μὴ περιπίπτειν, ἀλύπως ἀφόβως ἀταράχως διεξάγειν.—158: Ὡς ἀπηλλαγμένος δουλείας τόλμησον ἀναβλέψας πρὸς τὸν Θεὸν, εἰπεῖν ὅτι Χρῶ μοι λοιπὸν εἰς ὃ ἂν θέλῃς ὁμογνωμονῶ σοι, σός εἰμι.—335: Αὕτη ἡ ὁδὸς ἐπ' ἐλευθερίαν ἄγει, αὕτη μόνη ἀπαλλαγὴ δουλείας, τὸ δυννηθῆναί ποτ' εἰπεῖν ἐξ ὅλης ψυχῆς τὸ  
ἄγου δέ μ' ὦ Ζεῦ, κτλ.

291. The θεομάχος who fights against Heaven's decrees, like the tragic sufferers, is always anxious and miserable, πρὸς πᾶσαν ἀπαγγελίαν τρέμων, ἐξ ἐπιστολῶν ἀλλοτρίων (Seneca's emphatic "*aliena opinio*") ἡρτημένην ἔχων τὴν ἑμμαντοῦ ἀπάθειαν. . . . To the fool who will not be free he says in contempt: Κάθησο τοίνυν πρὸς πάντα ταῦτα ἐπτοημένος πενθὼν ἀτυχῶν δυστυχῶν ἐξ ἄλλου ἡρτημένος.—305, 306: Οὐ γὰρ ὑπὲρ πάλης κ. παγκρατίου ὁ ἀγὼν

προκείται . . . ἀλλ' ὑπὲρ αὐτῆς εὐτυχίας κ. εὐδαιμονίας.—  
 320. This personal assurance, inward calm, peace, subjective happiness is what all men seek : τί γὰρ ἐ. δὲ ζητεῖ πᾶς ἄνθρωπος; εὐσταθῆσαι, εὐδαιμονῆσαι, πάνθ' ὡς θέλει ποιεῖν, μὴ κωλύεσθαι.<sup>1</sup>—362 : Οὐ θέλεις ἀφείς τοὺς ἄλλους αὐτὸς σαυτῷ γένεσθαι κ. μαθητῆς κ. διδάσκαλος;—352 : Ἄφες οὖν ταῦτα πάντα. “Καλαὶ αἱ Ἀθήναι.” Ἀλλὰ τὸ εὐδαιμονεῖν κάλλιον πολὺ τὸ ἀπαθῆ εἶναι τὸ ἀτάραχον τὸ ἐπὶ μηδένι κείσθαι τὰ σὰ πράγματα.—368 : Τί κωλύει ζῆν κούφως κ. εὐηνίως πάντα τὰ συμβαίνειν δυνάμενα πράως ἐκδεχόμενον; 378. The foolish man says, θέλω τι κ. οὐ γίνεται ἐγὼ ἀτυχῆς εἰμί. The proficient who is vain and proud of his advance says, ἀπαθῆς εἰμι κ. ἀτάραχος· μὴ ἀγνοεῖτε ὦ ἀνθ., ὅτι ὑμῶν κυκλωμένων κ. θορυβουμένων περὶ τὰ μηδένος ἄξια, μόνος ἐγὼ ἀπῆλλαγμαί πάσης παραχῆς. Though Epictetus repudiates this as vulgar display, κενὸν κ. φορτικόν, yet it is obvious that he is secretly in full sympathy with the maxim of Lucretius, *Suave mari magno . . . alterius spectare laborem*, ii. 1. So happiness, a purely personal matter, is (as to Marcus) completely under one's control. 383 : Θελῆσαι δεῖ κ. γέγονεν, διώρθωται . . . Ἐσωθεν γάρ ἐστι κ. ἀπώλεια κ. βοήθεια.

It follows naturally from this emphasis on the inner temper (91 : Τοῦτον τὸν νόμον ὁ Θεὸς τέθεικε κ. φησὶν “εἰ τι ἀγαθὸν θέλεις, παρὰ σεαυτοῦ λάβε”) that other men interest the introspective philosopher but little.—158 : Οὐκ εἰ Ἡρακλῆς κ. οὐ δύνῃ καθαίρειν τὰλλότρια

<sup>1</sup> Seneca, *Tranq. Animi* : “Quid desideras autem magnum et summum est Deoque vicinum, non concuti. Hanc stabilem animi sedem Græci ‘εὐθυμίαν’ vocant, de qua Democriti egregium volumen est; ego Tranquillitatem voco.” Compare Diog. Laert. ix. 45 : Εὐθυμίαν . . . καθ’ ἣν γαληνῶς κ. εὐσταθῶς ἡ ψυχὴ διάγει ὑπὸ μηδένος ταραττομένη φόβου ἢ δεισιδαιμονίας ἢ ἄλλου τινος πάθους.

κακὰ ἀλλ' οὐδὲ Θήσευς ἵνα τὰ τῆς Ἀττικῆς καθάρῃ· τὸ σαυτοῦ κάθαρον. He controls the eager and meddling philanthropist whose zeal outruns knowledge and discretion; 245: *Εὐθέως ὡς σοφοὶ διάγειν ἐθέλομεν κ. ὠφελεῖν ἀνθρώπους. Ποίαν ὠφέλειαν; τί ποιεῖς; σαυτὸν γὰρ ὠφέλησας; Ἀλλὰ προτρέψαι αὐτοὺς θέλεις. Σὺ γὰρ προτέτρεψαι; . . . δεῖξον αὐτοῖς ἐπὶ σεαυτοῦ οἴους ποιεῖ φιλοσοφία, κ. μὴ φλυαρεῖ! ἐσθίων, πίνων, εἴκων πᾶσιν, ἀνεχόμενος,—οὕτως αὐτοὺς ὠφέλει κ. μὴ κατεξέρα αὐτῶν τὸ σαυτοῦ φλέγμα!*

(B) CLOSE RESTRICTION OF THE SPHERE OF MISSIONARY INFLUENCE; REJECTION OF CIVIC OR DOMESTIC DUTIES BY THE TRUE ANCHORITES

ANALYSIS

§ 3. *The Cynic an exemplar rather than active consoler of men.*

§ 4. *Gnostic and Manichean scorn of human ties.*

§ 3. True, he sometimes refers to his religious mission, but it is as a passive example, almost a lay figure, rather than as active teacher and consoler; 266: *Εἰδέναι δεῖ ὅτι ἄγγελος ἀπὸ τοῦ Διὸς ἀπέσταλται . . . περὶ ἀγαθῶν κ. κακῶν, ὑποδείξων αὐτοῖς ὅτι πεπλάνηνται κ. ἀλλαχοῦ ζητοῦσι τὴν οὐσίαν* of these two.—Or he is a spy or scout sent forward into the land of promise to reconnoitre, with clearer vision than the rest, to tell where true happiness may be found: *Τῷ γὰρ ὄντι κατάσκοπός ἐ. ὁ Κυνικός τοῦ τίνα ἐ. τοῖς ἀνθρ. φιλά κ. τίνα πολέμια.* This mission is quite incompatible with ordinary ties of home-life. 273: *Ἀπερίσπαστον εἶναι, δεῖ τὸν Κυνικὸν ὅλον πρὸς τῇ διακονίᾳ τοῦ Θεοῦ, ἐπιφοιτᾶν ἀνθρώποις δυνάμενον, οὐ προσδεδεμένον καθήκουσιν ἰδιωτικοῖς*

οὐδ' ἐμπεπλεγμένον σχέσεσιν,—ἀς παραβαίνων μὲν οὐκέτι σώσει τὸ τοῦ καλοῦ κάγαθοῦ πρόσωπον, τηρῶν δὲ ἀπολεῖ τὸν ἄγγελον κ. κατὰσκοπον κ. κήρυκα τῶν θεῶν; Then follows a curious passage in depreciation of home cares and duties—274—and in contempt for any other final standard of life but that of detached serenity. His universal mission is spoilt by being restricted to particular ties. Great pains have been bestowed (and sometimes wasted) upon demonstrating the *doctrinal* debt of the Christian Church to Greek philosophy; but it is not difficult to see whence came the *practical* ascetic ideal of anchorite and monk, hermit and ascetic; for Epictetus is nearer Simon Stylites than to a preaching friar in a more robust and social age.—273. A young man asks him if he would accept a friend's invitation to come to his house and be tended in sickness (ὥστε νοσοκομηθῆναι); he replies: Ποῦ δὲ φίλόν μοι δώσεις Κυνικοῦ; —347: Δοιπὸν προσέχω τοῖς ἀνθρ. τίνα φασὶ πῶς κινούνται, κ. τοῦτα οὐ κακοήθως οὐδ' ἔν' ἔχω ψέγειν ἢ καταγελῶ ἀλλ' ἐπ' ἐμαυτὸν ἐπιστρέφω, εἰ ταῦτα κάγῳ ἀμαρτάνω . . . τότε καὶ ἐγὼ ἡμάρτανον νῦν δ' οὐκέτι χάρις τῷ Θεῷ. It would be very unfair to assimilate the Cynic to the Pharisee in the temple; but such self-centred complacence is more akin to that type or to the *μεγαλόψυχος* of Aristotle than to any modern ideal of ethical behaviour. He clearly, with his sympathy for Diogenes, goes too far in attributing this passive tolerance to Socrates, who owed his influence to a real, not to an assumed or pretentious, interest in others. 354. "How imperturbable he was under provocation!" λίαν γὰρ ἀσφαλῶς ἐμέμνητο ὅτι οὐδεὶς ἀλλοτρίου ἡγεμονικοῦ κυριεύει· οὐδὲν οὖν ἄλλο ἤθελεν ἢ τὸ ἴδιον (desired that only which was in his power), not to change them

τούτο γὰρ ἀλλότριον, but that while they acted according to their nature, he might also keep to his (ὅπως ἐκείνων τὰ ἴδια ποιούντων ὡς αὐτοῖς δοκεῖ, αὐτὸς μηδὲν ἦττον κατὰ φύσιν ἔξει.<sup>1</sup>—For 361: Ἐκείνα μόνον σοι δέδοται, σαυτὸν πείσαι. He is glad, however, to be able in the more social days of the Roman Empire to have the figure of Socrates to set up for men's imitation. He is quite aware of the general impression which is left by Cynical preaching. Καὶ ἵνα μὴ δόξης,—339: ὅτι παράδειγμα δείκνυμι, ἀνδρὸς ἀπεριστάτου μήτε γυναῖκ' ἔχοντος μήτε τέκνα μήτε πάτριδα ἢ φιλοὺς ἢ συγγενεῖς, ὕφ' ὧν κάμπτεσθαι κ. περισπᾶσθαι ἡδύνατο, λαβὲ Σωκράτη κ. θεάσαι γ. κ. παῖδια ἔχοντα, ἀλλ' ὡς ἀλλότρια.—He is much annoyed when on his discountenancing matrimony, the interlocutor inquires: Πῶς οὖν ἔτι διασώσει τὴν κοινωνίαν; τὸν θεόν σοι! μείζονα δ' εὐεργετοῦσιν ἀνθρώπους οἱ ἢ δύο ἢ τρία κακὸρρύγχα παῖδια ἀνθ' αὐτῶν εἰσάγοντες, ἢ οἱ ἐπισκοποῦντες πάντας κατὰ δύναμιν ἀνθρ. τί ποιοῦσιν, πῶς διάγουσιν, . . . τίνος ἀμελοῦσι παρὰ τὸ προσήκον; all this is very true in a way, but such scornful language of pride and isolation seems to partake of that vulgar complacence (κενὸν κ. φορτικόν) which he rightly repudiated above.

§ 4. It is quite easy to induce in some minds a kind of ascetic morality by dwelling on the squalid side of natural processes, by pitying Hooker very much when he is found rocking the cradle, by exciting and stimulating a disgust (ready enough to hand in most minds) at the mysterious union of the noblest and the most ignoble in human love. Marcus will be found even more emphatic; he analyses physical passion until nothing remains but the sordid

<sup>1</sup> So to the tyrant, there is no animosity, no reproof; "You must cut off my head? Very well, you do your part; I will do mine."

and contemptible. While many may perhaps secretly sympathize with this, no one can help feeling disappointment when Epictetus dismisses the holiest relationship of parent and child with a realistic epithet. In a word, the moral system of Epictetus and Aurelius is a revived Cynism which, however, it may compromise and modify and make concessions to common sense and ordinary decorum, is at root profoundly anti-social and subjectivist. It substitutes for Socrates as the typical man a figure of Diogenes seen through a halo of saintship which he was far from deserving; and it is not without interest to notice that the Emperor Julian has the same extravagant admiration for the least estimable of Hellenic moralists.

(C) THE SAGE SPECTATOR RATHER THAN AGENT IN  
THE UNIVERSE

ANALYSIS

§ 5. *Man, like the gentry at a fair or race-meeting, comes into this world merely to look on.*

§ 5. The philosopher, foiled or impotent in his attempts at reform, holding a cynical isolation to be the highest life, has interwoven with these coarser threads the more refined curiosity and respect for Nature. Citizen of the larger commonwealth, he surveys the Universe as spectator, in that attitude of semi-mystic contemplation and worship which effectually prevents a utilitarian attitude to things, or a sincere interest in the human community. Epictetus rightly insists on the "difference of function," though his teleology is childish, and harmonises ill with the Stoical impersonality of the creative energy (22, 23).



The distinction of men and animals is just this reflection, which puts an end once for all to our paradisaic innocence and enjoyment: the παρακολουθητική δύναμις.

22. God has need of animals and of men; *ἐκείνων . . . χρωμένων ταῖς φαντασίαις, ἡμῶν δὲ παρακολουθούντων τῇ χρήσει ἐκείνοις μὲν ἀρκεῖ τὸ ἐσθίειν κτλ. ἡμῖν δὲ . . . οὐκέτι ταῦτ' ἀπαρκεῖ, ἀλλ' ἂν μὴ κατὰ τρόπον κ. τεταγμένως κ. ἀκολουθῶς τῇ ἐκάστου φύσει κ. κατασκευῇ πράττωμεν οὐκέτι τοῦ τέλους τευξόμεθα τοῦ ἐαυτῶν.* One to be eaten, another to help in tillage, another to give cheese,—such *their* duties. *τὸν δ' ἄνθρωπον θεατὴν εἰσήγαγεν Αὐτοῦ τε κ. τῶν ἔργων . . . κ. οὐ μόνον θεατὴν ἀλλὰ κ. ἐξηγητὴν αὐτῶν. Διὰ τοῦτ' αἰσχροὺν ἐ. τῷ ἀνδρ. ἄρχεσθαι κ. καταλήγειν ὅπου κ. τὰ ἄλογα, ἀλλὰ μᾶλλον ἔνθεν μὲν ἄρχεσθαι καταλήγειν δ' ἐφ' ὃ κατέληξεν ἐφ' ἡμῶν ἢ φύσις. Κατέληξεν δ' ἐπὶ θεωρίαν κ. παρακολούθησιν κ. σύμφωνον διεξαγωγὴν τῇ φύσει. Ὅρατε οὖν, μὴ ἀθέατοι τούτων ἀποθάνητε.*

The animals have instinct and impulse, and do their allotted task without reflecting on their mission. Man does so reflect. His “differentia” (ἐξαίρετον, 210) is not bare *χρήσις φαντασιῶν*, but *λογικὴ χρήσις*. And when Reason thus awakes to guide and hallow Instinct, what results? Nothing except the gradual abatement of Instinct, as in Buddha's system, the will-to-live is becalmed and neutralized. Man no more *acts*; he only *contemplates*. And this is his highest pleasure; and therefore his highest duty. For in the Stoic scheme (hedonist in all but name) there is no real distinction between wise pleasure and the aim of our being.

148, 9: *Τοιαῦτ' ἐ. τὰ ἡμέτερα ὡς ἐν πανηγύρει* flocks to be sold, and men, some to sell, some to buy; *ὀλίγοι δέ τινες ἐ. οἱ κατὰ θεὰν ἐρχόμενοι τῆς πανηγύρεως,*

πῶς τοῦτο γίνεται κ. διὰ τί κ. τίνες οἱ τιθέντες τὴν πανήγυριν κ. ἐπὶ τίνι. So in this great world-fair: some like beasts think of nought but food; for substance, slaves, fields, office, all are but food in different forms; ὀλίγοι δ' ἐ. οἱ πανηγυρίζοντες ἄνθ. φιλοθεάμονες τίς ποτ' οὖν ἐ. ὁ Κόσμος, τίς αὐτὸν διοικεῖ . . . ποιός τις κ. πῶς . . . ἡμεῖς δὲ τίνες ὄντες ὑπ' αὐτοῦ γεγόμενα κ. πρὸς τί ἔργον; ἄρα γ' ἐχομέν τινα ἐπιπλοκὴν πρὸς Αὐτὸν κ. σχέσιν ἢ οὐδεμίαν. . . . Τούτῳ μόνῳ σχολάζουσι τῷ τὴν πανήγυριν ἱστορησάντας ἀπελθεῖν . . . καταγελῶνται ὑπὸ τῶν πολλῶν.

This is, of course, a new form of the *familiar* story of Pythagoras and the tyrant of the Phliasians, told in the pseudo-Pythagorean texts, and by Cicero. The only proper business of the elect is to reflect on the origin and use of being, come (no doubt) to a negative conclusion, and resign as soon as may be the burden of life.

It must be remembered that wisdom in those days professed to guide men in life; not merely, like our Mystics to-day, to display the sterile unity of existence, which allows no room for qualification. These never pretend to control things, exhort men, or elevate ideals; only to understand the given, and sum up in set formulæ. Other influences govern men to-day; but in the Imperial age, philosophy seriously claimed to regulate life. No one can regret that this esoteric religion did not penetrate far into the heart of the people. Men still believed that there was something worth living and fighting for; and the Gospel reinforced the old instinctive belief of mankind, that simple acts are better than indolence, zeal (even though mistaken) than indifference.

## CHAPTER III

### THE ULTIMATE PROBLEMS

#### (A) DEATH AND IMMORTALITY

##### ANALYSIS

- § 1. *Life, as profoundly moral and significant; death, as mere physical dissolution; a release not to friendly gods but to frigid elements; man, not a fellow-worker with God in any real sense, but a captive forced into the arena to make sport.*
- § 2. *Ambiguous phrases, "return to God"; Buddhism; resignation, a virtue of necessity.*
- § 3. *Man really excluded from both worlds, animal and divine; expediency (in face of the unknown) is the end, the sole motive; Virtue recognised neither in this world nor the next; Death welcome as the haven of all woes.*

§ 1. SUCH unscientific Science is closely akin to neurotic mysticism; and it is for this reason that both Epictetus and Aurelius regard with so little perturbation the "THANATISTIC" hypothesis.

The ultimate problem of death, as end of material and spiritual life, dissolution of body and extinction of character, is treated, as in Aurelius, in a *physical* and un-moral light. Life, so profoundly moral and devotional! death, so purely a matter of physical science, of the scalpel, the dissecting-room! It is curious to turn from the absorbed pietism and self-abandonment of his prayers to Zeus, "Thy will, not mine, be done," to

his chilling pedantry in the explanations of death. —104: *Θάνατος τί ἐστι ; μορμολύκειον στρέφας αὐτὸ κατὰμαθε· ἰδοῦ πῶς οὐ δάκνει!* (a little reminiscence of Theocritus). *Τὸ σωματίον δεῖ χωρισθῆναι τοῦ πνευματίου ὡς πρότερον ἐκεχώριστο, ἢ νῦν ἢ ὕστερον. Τί οὖν ἀγανακτεῖς εἰ νῦν ; . . . ἵνα ἡ περίοδος ἀνύηται τοῦ Κόσμου· χρεῖαν γὰρ ἔχει τῶν μὲν ἐνισταμένων τῶν δὲ μελλόντων τῶν δ' ἡνυσμένων.* So this child of God, this spectator and appraiser of the divine works, is, after all, in no way superior to an animal. Let us hear what Epicurus says after this discovery that the gods take no thought of men, and that at death the soul is extinguished. 179: *Τί οὖν ; οὐκ ἀρέσκει σοι ταῦτα ; λάβε νῦν, πῶς ἡ δικαιοσύνη οὐδὲν ἐστὶ πῶς ἡ αἰδῶς μωρία ἐ. πῶς πατὴρ οὐδὲν ἐ. πῶς ὁ υἱὸς οὐδὲν ἐ.*—He will not practise this destructive theory ; but logically it is complete and irrefutable. Epictetus' thin veil of pietism cannot abolish the fundamental inconsistency of the *religious* and the *scientific* view of the world. 244. The contrast, though painful, is almost comical: *Ὅταν δὲ μὴ παρέχῃ τὰναγκαῖα, τὸ ἀνακλητικὸν σημαίνει, τὴν θυρὰν ἡνοιξεν κ. λέγει σοι Ἔρχου.* So far so good ; the personal and loving relation so conspicuous in the Cynic's life is not, then, to be cut short at death? *Ποῦ ; εἰς οὐδὲν δεινὸν ἀλλ' ὅθεν ἐγένου, εἰς τὰ φιλά κ. συγγενῇ*—of course, to the gods? *εἰς τὰ στοιχεῖα!* We are amazed ; is this all he has to tell us? *Ὅσον ἦν ἐν σοι πυρὸς εἰς πῦρ ἄπεισιν, ὅσον ἦν γηδίου εἰς γῆδιον, κτλ. Οὐδεὶς Ἀδῆς οὐδ' Ἀχέρων οὐδὲ Κωκυτὸς οὐδὲ Πυριφλεγέθων ἀλλὰ πάντα θεῶν μεστὰ κ. δαιμόνων. . . .* “What if someone should come and slay me?” *Μῶρε, σὲ οὐ ἀλλὰ τὸ σωματίον.* Here the dualism is acknowledged, and the invulnerability of the true Ego almost

dogmatised. Like Acis, "To kindred gods his soul returns." The thought, however, is not further pursued in this passage, but seems taken up somewhat later. 266 : *Τὸ σωματίον δ' οὐδὲν πρὸς ἐμὲ· τὰ τούτου μέρη οὐδὲν πρὸς ἐμέ. Θάνατος; ἐρχέσθω ὅταν θέλῃ· εἴθ' ὅλου εἴτε μέρους τινος. Φυγὴ; κ. ποῦ δύναται τις ἐκβαλεῖν ἔξω τοῦ Κόσμου; ὅπου δ' ἂν ἀπέλθω ἐκεῖ ἥλιος ἐκεῖ σελήνη ἐκεῖ ἄστρο ἐνύπνια οἰωνοὶ ἢ πρὸς θεοὺς ὁμιλία.* It will be noted that he here passes rapidly over death without an explanation; it is therefore *just* possible (but to me by no means probable) that he intends the assurance and comfort of the last sentence to extend also to the disembodied spirit.—He is on occasion very outspoken and straightforward on the unfeeling or unconscious cruelty or design of Law in dealing death; unsuccessfully with this mechanical automatism he attempts to combine the idea of a Creator and of Providence. 300, 301 : *Οἶον γὰρ ἐ. χειμῶν πρὸς σῦκον, τοιοῦτον ἐ. πᾶσα ἢ ἀπὸ τῶν Ὀλῶν περίστας πρὸς τὰ κατ' αὐτὴν ἀναιρούμενα . . . ἀπώλειαν γὰρ σημαίνει τῶν σταχύων, ἀλλ' οὐ τοῦ Κόσμου. . . . Πάντα γὰρ ταῦτα τῶν προτέρων εἰσιν εἰς ἕτερα μεταβολαί, οὐκ ἀπώλεια, ἀλλὰ τεταγμένη τις οἰκονομία κ. διοίκησις. . . . Θάνατος, μεταβολὴ μείζων ἐκ τοῦ νῦν ὄντος, <οὐκ> εἰς τὸ μὴ ὄν ἀλλ' εἰς τὸ νῦν μὴ ὄν. "Οὐκέτι οὖν ἔσομαι;" οὐκ ἔσει. ἀλλ' ἄλλο τι οὐ νῦν ὁ Κόσμος χρεῖαν ἔχει. Καὶ γὰρ σὺ ἐγένου οὐχ ὅτε σὺ ἠθέλησας ἀλλ' ὅτε ὁ Κόσμος χρεῖαν ἔσχευ.* All the picturesque metaphors of Sons of God, athletes tried at Olympia, soldiers to whom a wise general sounds the recall,<sup>1</sup> break down utterly, confronted with such a pass-

<sup>1</sup> He is particularly fond of this simile; cf. 94 : *Ἐὰν δὲ σημήνῃ τῷ τὸ ἀνακλητικὸν ὡς τῷ Σωκράτει πείθεσθαι δεῖ τῷ σημαίνοντι ὡς στρατηγῷ.*

age! The sole analogy is the wretched captive in the Roman amphitheatre, who, forced into the arena, has to slay his comrades for the spectators' pleasure, and then himself be slain. Even the gladiator takes *voluntary* risk; he enters his "school" ὅτε ἠθέλησε, and not compelled. This craven resignation to a Power which in the end is not personal, shows the complete bankruptcy of logic or clear thought in this age, the prevalence of an emotionalism which can never unlock life's secrets.—369. *Τί θέλεις ἀποθανεῖν;* (on the imaginary tyrant and his power over men,—a favourite theme with the poor slave, whose idea of Cæsar was formed from Nero and Domitian). *Μὴ τραγῳδεῖ τὸ πρᾶγμα· ἀλλ' εἰπὲ ὡς ἔχει* "ἡδὴ καιρὸς τὴν ὕλην ἐξ ὧν συνῆλθεν εἰς ἐκεῖνα πάλιν ἀποκαταστήσαι. Καὶ τί δεινόν; τί μέλλει ἀπόλλυσθαι τῶν ἐν τῷ Κόσμῳ;

§ 2. We must not be misled by the apparent sincerity of such passages as i. 9 (34): *συγγενεῖς τινες τοῦ Θεοῦ ἐσμεν κακείθεν ἐληλύθαμεν; ἄφες ἡμᾶς ἀπελθεῖν ὅθεν ἐληλύθαμεν, ἄφες λυθῆναι ποτὲ τῶν δεσμῶν τούτων τῶν ἐξηρτημένων κ. βαρύντων* (the true later Stoic dualism and ready acceptance of Plato's antithesis of soul and body, in which the pure spirit is clogged and imprisoned). *"Ανθρωποι, ἐκδέξασθε τὸν Θεόν! "Οταν ἐκεῖνος σημήνη κ. ἀπολύσῃ ταύτης τῆς ὑπηρεσίας, τοτ' ἈΠΕΛΕΥΣΕΣΘΕ ΠΡΟΣ ἈΤΤΟΝ· ἐπὶ δὲ τοῦ πάροντος ἀνάσχεσθε ἐνοικούντες ταύτην τὴν χώραν εἰς ἣν ἐκεῖνος ὑμᾶς ἔταξεν.* Aurelius has, as we shall see, the same unfortunate ambiguity in his language; I am myself inclined, perhaps without sufficient data, and from an intuition hard to explain, to believe that Aurelius had a stronger personal hope than his master; but I am convinced that no modern Western mind is suited for



the task of such interpretation. It is congenial solely to a Buddhist, in whose faith Nir-vâna is by no means universally defined as annihilation. Nay, is not Buddhism the most sympathetic and kindred system to the Porch? For it is free from the hypothesis of God, who is not merely superfluous, but whose exemption from all canons of ordinary morality or logic threatens the whole fabric of human duty and convention! We cannot get any further; we are compelled to leave the question in unsatisfactory suspense. The convinced dualist of the Hegemonic (the true "Inner Self") and the miserable envelope, when he comes to the supreme moment of the severance of Soul and Body, forgets the "deity within," the divine *ἀπόσπασμα*, and professes to be content with a purely *physical* explanation of the return of atoms or particles to their like. We have therefore Epictetus, like a vessel unballasted, rolling in a tremendous arc between two irreconcilable dogmas, each of which he believes so long as he is uttering it. "How dare you, insignificant part of the vast universe, complain? What matter to the sum of things which knows not decay, if your leg be broken?" *Σκέλος οὖν μοι γενέσθαι πεπηρωμένον; Ἀνδράποδον* (a favourite method of address) *εἶτα δι' ἐν σκελύδριον τῷ Κόσμῳ ἐγκαλεῖς; οὐκ ἐπιδώσεις αὐτὸ τοῖς Ὅλοις; οὐ χαίρων παραχωρήσεις τῷ δεδοκτί; ἀγανακτήσεις δὲ . . . τοῖς ὑπὸ τοῦ Διὸς διατεταγμένοις (ἃ ἐκεῖνος μετὰ τῶν Μοιρῶν παρουσῶν κ. ἐπικλωθουσῶν σου τὴν γένεσιν, ὥρισε κ. διέταξεν; οὐκ οἶσθα ἡλικὸν μέρος εἶ πρὸς τὰ Ὅλα; τοῦτο δὲ* (he adds or corrects), *κατὰ τὸ σῶμα, ὡς κατὰ γε τὸν λόγον οὐδὲ χείρων τῶν θεῶν οὐδὲ μικρότερος. λόγου γὰρ μέγεθος οὐ μήκει οὐδ' ὕψει κρίνεται ἀλλὰ δόγμασιν.* Here there is a faint inclination to the old Stoical

rivalry of the Sage with the gods; but it leads to nothing, and is not used to explain the presence of this curious power in the "frail earthen vessel." Yet how often does he make use of the appeal to "*pietas*," to the duty of cheerful submission as to an earthly father? emphasises not the *pettiness*, but the *dignity* of human nature? (47).

§ 3. Man is truly for him that indefinable and incomprehensible complex ζῶον λογικὸν θνητόν (128). He makes no serious attempt to correlate or co-ordinate these antitheses; and the individual who may not rank himself with the beasts finds in this negative and empty prerogative no admittance to the divine company. He is armed with a passport which excludes him from both worlds. So in the last resort, when the practical reason will have its say, the motive for resignation is neither fatal obedience to an absolute tyrant or cosmic law, nor willing concession to a loving Father,—but purely a matter of expediency, ἀλύπως ἀφόβως ἀταράχως, 145, 146).—Epictetus, confident of the answer, puts to his audience the query, 'Ἡμῖν οὖν λόγος ἐπὶ ἀτυχία κ. κακοδαιμονία δέδοται, ἵν' ἄθλιοι, ἵνα πενθοῦντες διατελώμεν; 288: yet what is the value of reason except, as in Marcus, to impress on us the conviction of decay, and to assure us of the vanity of striving; 371: ἅπαξ μαθὼν ὅτι τὸ γινόμενον κ. φθαρῆναι δεῖ. In vain he assures us, "Man is not flesh, nor hair, but Will" (οὐ κρέας οὐ τρίχες ἀλλὰ προαίρεσις, 213), that the very nature of the supreme good is Will (91: οὐσία τοῦ ἀγαθοῦ προαίρεσις ποία): its sole duty is to remove us from earthly companions and simple pleasures, and to bestow in recompense the sad privilege of contemplating the mechanism of a uni-

verse which we can neither justify nor understand. It is in vain that the Cosmic Process is sometimes invested with the stern and inexorable attributes of a just Judge; *ὁ νόμος θεῖος κ. . . ἀναπόδραστος οὗτός ἐστι. ὁ τὰς μεγίστας εἰσπρασσόμενος κολάσεις παρὰ τῶν τὰ μέγιστα ἀμαρτανόντων. . .* But in the end these Sinaitic fulminations vanish in the pure subjectivity of reward or penalty. There is no correspondence between the deserts of man and the measure of his recompense; and Virtue is in effect recognised neither in this world nor in the next, neither by gods nor men. What is the punishment of the renegade, the apostate, the runaway? Epictetus paints no Ajax defiant even in death, but a timorous Œdipus! *‘Ὁ ἀπειθῶν τῇ θεῖᾳ διοικήσει ἔστω ταπεινὸς ἔστω δοῦλος λυπεῖσθω φθονεῖτω ἐλεεῖτω, τὸ κεφάλαιον πάντων, δυστυχεῖτω θρηνεῖτω.*—The tone of profound pessimism cannot be mistaken; Book iii. (p. 313) ends with the unmistakable words: *‘Ἐπὶ τοῦτον (death) οὖν μοι γυμνάζου, ἐνταῦθα νεύετ’ ὅτι οἱ λόγοι πάντες τὰ ἀσκήματα τὰ ἀναγνώσματα κ. εἴσῃ οὕτω μόνως ἐλευθεροῦνται,* where the study of death is the vestibule, and death itself the gate of true liberty; cf. 318: *μίαν εἶναι μηχανὴν πρὸς ἐλευθερίαν τὸ εὐκόλως ἀποθνήσκειν* (a saying of Diogenes). 387. Death is the quiet haven of all our woes; *εἰ οὕτω τάλας εἰμὶ, λιμὴν τὸ ἀποθανεῖν. Οὗτος δ’ ἐστὶν ὁ λιμὴν πάντων, ὁ Θάνατος, αὕτη ἡ καταφυγή. . .* “Ὅταν θέλῃς, ἐξῆλθες, κ. οὐ καπνίζῃ. (Is your hearth smoking? you can leave the house!)—No wonder if to this last compliance of the Sage with a fateful ordinance he applies the word *θεῖος*; 127: *νοσοῦντα θείως, ἀποθνήσκοντα θείως.*

(B) SOME MINOR POINTS; THE "PAX ROMANA"; THE WORLD OF CONFLICT; THE MORALISTIC STAND-POINT; THE "NOËRIC" LIFE OF GOD; FUTILITY OF MERE TECHNICAL EMANCIPATION, ETC.

§ 4. Before I close with an anticipation of his influence on Marcus Aurelius, I may notice one or two detached points of interest. Epictetus has quite got rid of Seneca's perpetual declamation against Fortune, but he is a slave himself to the classical "tyrant." So constant is his reference, that we are thankful when (316) he invites us to leave Cæsar alone for a moment! *'Εάν σοι δοκῇ, τὸν μὲν Καίσαρα πρὸς τὸ πάρον ἀφῶμεν.* He would be inclined to deal sharply with any Socialistic Christianity, "Who made me a ruler and a judge?" "Speak to my brother," asked an applicant (52) "that he be no more angry with me"; *Οὐκ ἐπαγγέλλεται φιλοσοφία τῶν ἐκτός τι περιποιήσκειν τῷ ἀνθρώπῳ.* He will not blame or reprove the person accused before others: "Bring him here and I will speak to him," *σοὶ δὲ περὶ τῆς ἐκείνου ὀργῆς οὐδὲν ἔχω λέγειν.* Again, advancing slightly beyond a monistic universe he believes in the Pythagorean dualism or systœchy of antitheses whose mutual play and reaction bring to birth the visible world.—46: *Διέταξε δὲ θέρος εἶναι κ. χειμῶνα, κ. φορὰν κ. ἀφορίαν, κ. ἀρετὴν κ. κακίαν κ. πάσας τὰς τοιαύτας ἐναντιότητας, ὑπὲρ συμφωνίας τῶν Ὁλων.*<sup>1</sup> Similarly (94), with the same implication, *χρεῖαν γὰρ ἔχει κόσμου τοιούτου (ὁ θεός), τῶν ἐπὶ γῆς ἀναστρεφόμενων τοιούτων.* The same commonplace can be found in Seneca, Ep. cvii., where the like moral

<sup>1</sup> See my article "Subordinate Dualism" in the *Studia Biblica*, vol. iv.

of acquiescence is derived from the spectacle of Nature's violent contests and uncertainty :

“Natura autem hoc quod vides regnum mutationibus temperat ; nubilo serena succedunt, . . . flant invicem venti, noctem dies sequitur ; . . . *contrariis* rerum *Æternitas* constat. Ad hanc legem Animus noster aptandus est ; . . . quæcumque fiunt debuisse fieri putet. . . . Hanc rerum conditionem mutare non possumus ; id possumus, magnum sumere animum . . . quo fortiter fortuita patiamur et *Naturæ consentiamus* . . . optimum est pati quod emendare non possis, et Deum quo auctore cuncta proveniunt sine murmuratione comitari !”

§ 5. He is on occasion less of an Intellectualist than most Greek thinkers, and prefers, in his stress on practical life and happiness, a useful error to the glare of truth. 18 : *Εἰ ἄρ' ἐξαπατηθέντα ἔδει μαθεῖν* (= “the lie in the soul”) *ὅτι τῶν ἐκτὸς ἀπροαιρέτων οὐδὲν ἐ. πρὸς ἡμᾶς, ἐγὼ μὲν ἤθελον τὴν ἀπάτην ταύτην ἐξ ἧς ἡμελλόν εὐρώως κ. ἀταράχως βιώσεσθαι ὑμεῖς δ' ὄψεσθ' αὐτοὶ τί θέλετε* and (β) finds the “differentia” of man to the animal world not in the epithet *νοερός* or *λογικός*, but in *moral* qualities ; 89 : *Τίνι οὖν διαφέρει ; . . . ὅρα μὴ τῷ παρακολουθεῖν οἷς ποιεῖ, ὅρα μὴ τῷ κοινωνικῷ, μὴ τῷ πιστῷ, τῷ αἰδήμονι, τῷ ἀσφαλεῖ, τῷ συνετῷ* ; and it is this “differentia” that prescribes, as if by the finger of God, his function, and, therefore, his blessedness and end. *Ποῦ οὖν τὸ μέγα ἐν ἀνθρώποις κακὸν κ. ἀγαθὸν ; ὅπου ἡ ΔΙΑΦΟΡΑ.*—He has much in common with Christian ideas as well as much that is wholly inadmissible : *Ἀρχὴ φιλοσοφίας* (134) *παρά γε τοῖς ὡς δεῖ . . . ἀπτομένοις αὐτῆς, συναίσθησις τῆς αὐτοῦ ἀσθενείας κ. ἀδυναμίας περὶ τὰναγκαῖα.* This sense of inner want, of unrest and sin, sends them to the Lecture Hall ; and this discipline will at first increase their pain rather

than remove its cause. 285 : *ιατρείον ἐ. ἄνδρες, τὸ τοῦ φιλοσόφου σχολεῖον· οὐ δεῖ ἡσθέντας ἐξελθεῖν ἀλλ' ἀλγη-σάντας.*

§ 6. In one passage he distinctly seems to recognise in the middle of the purely physical *ἐκπύρωσις* or "Ragnarôk," a noëric life of God independent of his faithful counterpart, the visible universe (a passage recalling Dio Chrysostom's oration on the decay and renovation of the world),—"Zeus does not bewail himself or his loneliness: *Τάλας ἐγὼ οὔτε τὴν Ἥραν ἔχω οὔτε τὴν Ἀθηνᾶν οὔθ' . . . υἱὸν . . . ἢ συγγενῇ!*" For men judge him only by his beneficent functions, *ἀπὸ τοῦ φύσει κοινωνικοῦ εἶναι. Οὐδὲν ἦττον δεῖ τινα κ. πρὸς τοῦτο παρασκευὴν ἔχειν, τὸ δύνασθαι αὐτὸν ἑαυτῷ ἀρκεῖν, ἑαυτῷ συνεῖναι· ὡς ὁ Ζεὺς αὐτὸς ἑαυτῷ σύνεστιν, κ. ἡσυχάζει ἐφ' ἑαυτοῦ κ. ἐννοεῖ τὴν διοίκησιν τὴν ἑαυτοῦ οἷα ἐ. κ. ἐν ἐπινοίαις γίνεται πρεπούσαις ἑαυτῷ.*—Here is a dim trace of Aristotelian influence, with which school, as the most sober and Hellenic in classical times, the Porch, Oriental, and pessimistic, had least in common, and was always at feud.

§ 7. He recognises yet circumscribes the *external* benefits of Caesarism in a striking passage. 243 : *Ὁρᾶτε γὰρ ὅτι εἰρήνην μεγάλην ὁ Καῖσαρ ἡμῖν δοκεῖ παρέχειν ὅτι οὐκ εἰσὶν οὐκέτι πόλεμοι οὐδὲ μαχαὶ οὐδὲ ληστήρια μεγάλα οὐδὲ πειρατικά· ἀλλ' ἔξεστιν πάσῃ ὥρᾳ ὁδεύειν, πλεῖν ἀπ' ἀνατολῶν ἐπὶ δυσμᾶς.* But can he save you from fever, shipwreck, earthquake, lightning? From love, grief, envy? No, in this alone can philosophy give exemption, and provide a safe prophylactic; ensuring an inward peace, *ὑπὸ τοῦ Θεοῦ κεκηρυγμένην διὰ τοῦ λόγου.* And as he would have rejected any



modern scheme of elevating the masses by change of environment, as he surrendered over the whole world of things and chattels to the strong hand without criticism or expostulation, their proper lords and masters (*ἐκείνων κύριος*), so he would discountenance the Reform movement which at one time saw salvation in the multiplied vote. 319: *‘Ο δοῦλος εὐθὺς εὐχεται ἀφεθῆναι ἐλεύθερος . . . “Ἄν ἀφεθῶ” φησιν, “εὐθὺς πᾶσα εὐροία, οὐδένης ἐπιστρέφομαι, πᾶσιν ὡς ἴσος κ. ὅμοιος λαλῶ, πορεύομαι ὅπου θέλω, ἔρχομαι ὅταν θέλω.”* Then comes the disillusionment, as the “white slaves” of England, or the emancipated serf in Russia. *Εἴτα ἀπηλευθέρωται κ. εὐθὺς μὲν οὐκ ἔχων ποῖ φάγη ζητεῖ τίνα κολακεύσῃ κ. πᾶσχει τὰ δεινότατα· ἐμπέπτωκεν εἰς δουλειάν πολὺ τῆς προτέρας χαλεπωτέραν:* the whole long passage is interesting and significant.

### (C) HARMONY BETWEEN EPICTETUS AND MARCUS AURELIUS

§ 8. If we have fully mastered the secret maxims or the open counsels of Epictetus, we have already in anticipation understood Marcus Aurelius. They distinctly stand in the relation of master and pupil; and the slave has taught the “purple-born” the solitary pathway to Indifference. All the special dogmas agree, as well as the main points: the distinction of “mine and not mine,” the unity of the Greater Commonwealth, and the duty of submission. From Epictetus, Marcus will borrow his constant query, “Who is there to prevent you?” (*τίς μ’ ἀναγκάσει*; 78); his belief in natural tendency of all men to the good, 217; the plea for specific knowledge and analysis of particulars, 200;

the blaming neither God nor man, 173 ; the uselessness of books and logic, 163, 164 ; the scanty influence of the Sage on others, except as a silent model, 110 ; the contempt of the body and its parts ; the *physical* interpretation of death's meaning ; philosophy as a mere study of this last moment ; and, in spite of all, the firm hold on Providence. All these minor resemblances and points of contact and the common atmosphere of wistful and pietistic resignation, convince us of the essential harmony between the philosophy of emperor and slave.<sup>1</sup>

<sup>1</sup> The references throughout in Epictetus are to the pages of the latest Teubner edition.

## PART III. THE CREED OF MARCUS AURELIUS ANTONINUS



### CHAPTER I

#### THE TEACHING OF THE EMPEROR ; THE NATURE OF MAN THE AGENT

##### (A) CHIEF CHARACTERISTICS OF HIS MEDITATIONS DUE TO HIS OFFICE AND HIS TIME

##### ANALYSIS

- § 1. *Troubled period of history ; melancholy tone.*
- § 2. *Such temper the natural result of complex and well-equipped civilization.*
- § 3. *Deadening effect of order and security under Flavian and Antonines (70-180) ; straitened outlook ; relief in Mysticism.*
- § 4. *Dulness of Socialist routine ; sadness of Aurelius ; his Ascetic dualism.*
- § 5. *No genuine interest in the world ; his writings, a private stimulant to his own flagging faith.*
- § 6. *Earnest yet Sceptical tone ; his supreme duty, not to God, the world, or society, but to himself.*

§ 1. NOTHING can well be more interesting to the ordinary mind than the meditations of a king. We may expect from them the result of a ripe, a complex,

a unique experience, as of one who has mounted to the summit of the hill, and, embracing all the sides of the landscape below in which we severally play our less conspicuous part, can look beyond in a wider survey on the nature of things and the future destiny of man and the race. Yet the meditations of kings are by no means frequent, and their verdict on life and experience is universally sad. Exceptional opportunities of comprehensive view seem never to result in buoyancy or cheerfulness. The sense of "having achieved," of monotonous enjoyment of stationary dignity, the circumscription of the regal power of doing good, the hollowness of court life, combine to produce a peculiar temper of mind—apathetic, tolerant, and cynical and ironic. So true is it that all pleasure lies in process, in gradually drawing nearer a never-realised goal or ideal; for in the moment of attainment satisfaction dies. The Book of Ecclesiastes may surely represent, if not the exact words, at least the traditional attitude of King Solomon. We may, indeed, detect in it the effect of that Oriental sadness conspicuous in most Greek philosophers, which forms so striking a contrast to the sober yet abiding optimism of the Jewish character. But there is nothing improbable in the tone, dispirited and disillusioned, which marks off this from all other Canonic Scripture. It is entirely suitable to a peaceful and opulent monarch who has never been braced by war or other emergency. Ennui and lassitude follow of necessity the certain fruition of good things; and Leopardi is profoundly true when he depicts Zeus sending disease and misfortune to men, not to make life more painful, but that they might be reconciled to it through hope, anxiety, suspense, and change. In such times of peace the

reign of Marcus Aurelius, our "philosopher-king," certainly did not fall. The realm of Nature, with earthquakes, famines, pestilences, allied with the Danubian barbarians to disquiet the land. The Parthian war, in which his colleague Verus took an unworthy part, was an almost annual pageant or tournament of the Romans, like much of our traditional feud with France; neither combatant was serious. But the Quadi might well seem to Aurelius to be in deadly earnest. Tacitus had believed that Rome had no hope unless she could keep these tribes quarrelling internally in a purposeless animosity, which should avert their covetous eyes from the treasure-house of civilization! The Emperor could not have been ignorant either of the fears of the historian or of the real menace of these untamed tribes. Yet, though his time is amply filled with all that complex public service of the State now centred on the shoulders of one man, with benefactions, orphanages, foundling hospitals, and campaigns, there is the same profound melancholy in the busy sovereign that we detect in the satiety of Solomon. Gibbon believes in the extreme felicity of the Antoninian age; but, while we have instruments for testing and registering human sensitiveness to pain, we have none so delicate as to chronicle the excess or defect of happiness.

§ 2. What is to be our criterion? Certainly not outward prosperity, or even advance of culture, sanitation, comfort, letters. Who nowadays supposes that the Italian peasant is happier (whatever we may mean by that figurative and elusive term) under the new regimen than in the careless squalor, the light-hearted ease, of the days before unification? It is the slave who has a native minstrelsy, not the citizen. Blithesome

gaiety, which is one mark of happiness, belongs to a low and imperfect stage of civilised life, we are told ; but if it is gone or superseded, it is difficult to say what a nation gets in compensation. Order, security, permanence,—yet it is idle to deny that what average human nature demands is uncertainty, room for private venture and endeavour, and not the stereotyped monotonous comfort of equitable distribution. It is not the decay of belief which makes much of modern literature pessimistic ; it is the vanishing of hope, the shrinking of the globe, the elimination of that mystery, half fear, half eager and delighted expectancy, which surrounds the unknown world, and urges us to penetrate the realms of romance or actual enterprise. It is under despotic monarchies, that is, in nations in an incomplete state of development, that the dazzling vision of Grand Wuzir or Chief Sultana haunts the waking dreams of the slave boy or slave girl. The tendency of all well-ordered communities is to crystallize into caste. The spirit of the knight-errant or boy-hero of adventure evaporates with the certainty of life and estate. The ideal of most inhabitants of countries essentially democratic, such as France, Russia, China, the United States, is a “ place under Government ” ; and the son of these permanent officials has no ambition except to follow in his father’s cautious but uninteresting footsteps. The sudden rise of the mediæval administrator and churchman, the career veritably “ open to the talents,” strikes us again and again, in reading the origins of European society, with a strange sense of contrast to the present day ; possible, indeed (for is not everything open to the worthiest in our society ?), yet extremely improbable ; and as the axiom of equality is now everywhere assumed



and conceded, we lack all those signal instances of successful merit which roused our admiration in the earlier days of Christendom. There is no actual bar to such ascent to power and responsibility; but the approach must be less rapid, more measured and continuous, and at the end of a prosperous family career the third in descent may look forward to the dignified retirement of the House of Commons. A standard of mediocre attainment has superseded the exceptional brilliance of some favoured and infrequent individual. The nation gains, and is all the more secure for this curtailment of possibilities; but the interest of life dwindles, and the classes, in spite of some show of social intermixture, remain at core impenetrable and unsympathetic. The "General Post" and topsy-turvydom anticipated by the political reformers of the nineteenth century has by no means been verified.

§ 3. Now, the Roman Empire, in spite of the plutocratic basis of society and taxation, was far more democratic in its temper and its possibility than we shall see Europe in our lifetime. The highest post in the State was open to anyone; but the entire policy of the successors of Galba, Otho, Vitellius, first the Flavian dynasty, next the Antonines, had to eliminate this awful risk of the "man of talent," the "man of the hour," by a steady and uniform succession of adopted heirs.<sup>1</sup> Did this regularity rob life of its zest, while it

<sup>1</sup> Diocletian found himself obliged to repeat this practice after the turmoil of half a century, without in theory abandoning the principle that the supreme office, the bâton of the Empire, was in every soldier's haversack; hence the anomaly of a hereditary dynasty which yet excited no passionate loyalty. For the ideal was still republican, impersonal, abstract; whereas to-day our interest frankly centres round our First Family, by right of immemorial lineage.

cleared it of the danger of excited competitors? The literature of the second century is just everything except civic or political. It is much like our own, though so incomparably scantier—the same keen curiosity for the occult, the personal, the romantic, the religious, the satirical; and behind this frivolous foreground the silent, patient, inexorable work of the Roman legists, who were folding the coils of custom, prescription, routine, round the limbs of a tired world,—a world which would one day wake up and remonstrate. In this most freely organized community, or group of equal States, the deadening effects of order and security were found at work. Decay and dwindling of the population, lack of interest in civic concerns, and, with a straitened outlook, hereditary caste of noble or official or soldier—all agreeable to the present safety, but adverse to the future welfare of an imperial people. The horizon, once boundless and full of mystery, became fixed and crystal-line; just as in cosmic life the “infinite universes” of Ionia, born and destroyed in “infinite time,” were replaced by the well-ascertained frontiers and modest extent of Aristotelian (and therefore all mediæval) cosmogony. The impulse towards Christianity was by no means universally a longing for moral regeneration, but in great part the desire of a fresh domain, “new worlds to conquer.” We see this clearly in the speculative eagerness of the Gnostics, multiplication of the Basilidian heavens, the increased zest of esoteric mysteries,—all coupled with indifference to conduct.

§ 4. So far as a worldly power can, the Empire satisfied its children, giving them order, sustenance, and amusement; but it could not protect them from the dulness and satiety of Socialism, or from the mis-

chievous effects of its own gifts, its own over-conscientious vigilance.<sup>1</sup> To the Sovereign this sense of weariness and fatigue came more acutely than to others. He stood alone (as he tells us himself) in the midst of men with whom he had nothing in common. Let us at least hope they had some satisfaction even on a lower scale; for it is clear that their master possessed the unfortunate faculty of taking his chief delight in melancholy. We know not which is the predominant note of his "meditations," a constant appeal to bear the inevitable with patience, nay, even with devout resignation; or a contemptuous vilification of the material, the details, the occupations, the pleasures of human life. While he protests that the universe is a single whole, animated in all its parts by the same spirit of life and order and permanence through change, no Gnostic or Christian ascetic can exceed the harshness of the language for the poor inoffensive framework which encircled and (as he felt it) imprisoned his "Vital Spark of Heavenly Flame." In order to keep himself free from any suspicion of attachment to the flesh, he seeks to excite his own disgust with the foulness of human reproduction, the vanity and nothingness of human life. The Stoic School, while professing materialism and sensualism (in its theoretic sense), is gradually veering round to a complete Platonic Dualism, of the visible substrate and the unseen spiritual energy. While avowing adhesion to the formula, "man a

<sup>1</sup> The invaders rebelled against this childish tutelage, while respecting the outward forms; and this will explain the curious anomaly of the Middle Ages, which show the profoundest reverence for ideals, of Church, of Empire, of Christendom, never restraining for a moment the passionate and lawless egoism of everyday life,—the most absolute divorce of practice and theory.

political and social being," it succeeds in detaching the interest of the individual from social life; in which after all manhood lies, with its tolerance, self-restraint, and endeavour for a common good.

§ 5. Marcus in his self-centred aloofness from any real concern in the world, is the true and unmistakable disciple of the Porch. But, like all the Roman proselytes, he takes this dogma much more seriously than the Greeks. The unruffled calm, the deliberate consistent life in which the Ideal of the Hellenic world was to be realised, was common to all the later schools: the especial creed was a matter of temperament, of convenience, of logic, but scarcely of conviction. Marcus, educated as a devout Roman to belief in gods of the earth and nation, finds himself confronted by a Monistic interpretation of the world, which excludes prayer, or the hope of immortality.<sup>1</sup>

<sup>1</sup> I read with extreme surprise in the *Expository Times*, May 1902, the following words: "Nobly one were they (Biedermann and Lipsius) in championing the cause of scientific theology. Where they mainly differed was that Biedermann disallowed alike the personality of God and the continuance or persistence of the individual spirit, both of which Lipsius strenuously upheld." It must be evident to the merest tyro in philosophy or religion that we have here the ultimate and absolute poles of thought, and that there can be no truce or compromise between the two disputants. To apply the term "theology" to Biedermann's system is a sacrilege and an absurdity. Except for the thin veneer of sentiment, which even in a Schleiermacher failed to hide the true outline of his desponding creed,—it is indistinguishable from the grossest materialism, fails to supply any single adequate motive for moral action (which though natural and instinctive requires some encouragement and justification for its abandonment of the obvious law, "Might is Right"), and is unworthy of the term "Religion" at all. For Religion implies a personal relation between the worshipper and the object of his worship, and is incompatible with any theory of Emanation and Reabsorption; for personalities (which constitute the sole ultimately real experience) may harmonize, but cannot merge or interpenetrate.

He writes his "meditations or commentaries" to himself to comfort his soul in the stress of doubt, to remind it that Ethics are independent of metaphysic; that whatever the constitution of the Universe,—one, manifold or chance, the likelihood of survival or dissipation, the careful guidance or neglect of the gods, the ingratitude of our fellow-men,—one course alone remained open to him, to follow right at all costs and all hazards, from a duty owed partly indeed to the Inscrutable Cause of all, but mainly to himself and that conscience of Duty and of work which he loves to call the "Deity within."

§ 6. Two very interesting points emerge, then, from this earnest yet sceptical tendency; first, that in spite of its threatened dissolution it is his own personality that really concerns him, a self-absorbed introspective brooding on the "Way of Salvation," to which those "social" acts (*κοινωνικαὶ πράξεις*) appeal, not from love of one's neighbour, but from a stern duty to one's higher self; and next, that from the blank and dumb fatalism of objective Nature (where Stoics sought God in a physical power), the soul of man was repelled, and forced into seeking for himself a nearer and a more propitious deity. In Stoicism proper we have a cold and "scientific theology," which in essence differs not from materialism; in Aurelius we have Logic and Emotion, Pure Reason and Faith, contesting for the mastery in a bosom agonizing with conflict of doubts and hopes. In Platonism we mark reaction to a doctrine, which though highly scientific in outline, is intensely emotional in essence. Briefly, Stoic Positivism; then Marcus' incongruous (yet so sincere!) admixture of science and faith; next, the pure subjective certainty



of Platonism, where the "Desire of Mankind" is found in no outer communicable system, fortified by logic and preserved by iterated maxims,—but within the soul itself, secure and permanent, in everlasting companionship.

We have in the foregoing brief introduction to a detailed inquiry into Aurelius' tenets, maintained that the peculiar tone of melancholy pervading the volume is to be expected from a "philosopher king," above all, from a reflecting Roman Cæsar in that epoch of lethargy. We have seen how nearly the circumstances of his time correspond to our own; and how little the removal of political disabilities or the assurance of a competence can reconcile men to a life which, delivered indeed from anxiety, is also robbed of all hope. We have ascertained that in the peculiar system to which he attached himself in common with all earnest Romans, there was no satisfaction for a pious and an affectionate nature; and there is left for us (after hinting at the considerable step which the Emperor took in the direction of Platonism) to examine closely his often inconsistent views on man's nature, or the human soul, the human personality. For this is the real starting-point of all the subjective schools.<sup>1</sup>

<sup>1</sup> We may here insert as an illustration of modern Stoicism the following remarks of Mr. Norman Pearson (*Nineteenth Century*, May 1895), which already to us sound strangely confused and archaic:

"Science accepts . . . that man belongs to a system of existence which is inspired to struggle upwards by a power which makes for righteousness." "His relations to such a power would be outraged by petitions for the disturbance of this order." "To man, as the last and highest product of this scheme, its due progress seems to be specially committed; consequently, conduct which impedes his own struggle upward, is not only an offence against his own highest interests, but is a Sin against the order of the Universe. . . . *Feeling* will in due course



(B) INFLUENCE OF THE CONCEPTION OF Λόγος  
ON GREEK THOUGHT

ANALYSIS

- § 1. *Personal need the starting-point of practical philosophy; λόγος=principle of order and consistency, gradually personified.*
- § 2. *Incurable "teleology" of the Classical period; φύσις and λόγος become interchangeable terms (at least, inseparable correlates).*
- § 3. *In progress of Stoicism, λόγος tends to become detached and transcendent; frank adoption of strict Platonic dualism; Manichæan atmosphere.*
- § 4. *For this dualism, Gnostics had some fanciful explanation; Stoics none; Aurelius only kept by his busy life and Roman training from complete surrender of the actual.*

§ 1. All philosophy, all science, springs from the desire to accommodate and explain the world to the self. A purely disinterested search for Truth has probably "never entered into the heart of man." The joy of knowledge and discovery, the control of natural forces, or the necessity of satisfying the deeper needs of the heart,—such are the motives which impelled Hellenic speculation. It is in the main purely personal or subjective; and of no school is this more true than of Aristotle's successors. All Greek thought is an attempt to find the Λόγος in things, in words, in the State, in man's soul and life. With an almost endless

follow in the footsteps of *Thought*; and the prayer of the future will be attuned to those higher conceptions which religious thought has already reached. Not less reverent, though more robust than the prayer of to-day, it will embody the religious aspiration of man,—trained, indeed, to a truer apprehension of Nature and Nature's God, but freed from the trammels of theological dogma and priestly mediation; and though it may draw man away from the altar, it will lead him nearer to the throne!"

and perplexing variety of meanings, it always conveys the sense of order, method, consistency; and was free from all personal connotation. It was the universal notion that underlay and bound together the complex of individual phenomena; the definition which must be ascertained before the discussion of terms can proceed; the deliberate policy, the "rationale," or "raison d'être" of a community; the order and harmony that Heraclitus detected amidst the chaos of the empirical world; the self-congruous fitness and consistency which appeared clearly in all behaviour and action, when one has learnt to refer all to a single aim, and to subordinate every minor detail of life to a guiding principle. Little by little this purely logical and abstract term acquires a kind of objective existence and a mystical significance; and we cannot wonder that in the Hellenistic writers, whether Pagan, Jewish, or Christian, it is identified with a person, and becomes, in language either literal or symbolical, not the discovered synthesis of things, but the actual Creator and Sustainer of the Universe. Now, in the dogmatic creed of the Stoics, the term *Λόγος* is employed just before it passes into this final and mystic stage. It is the world-order, the principle of life, and permanence through change; appreciable by man, because he alone partakes in consciousness of the same spiritual force which regulates the world; as in the well-known saying, "Like is known by like."

§ 2. The Philosopher, conscious in himself and in his community of certain fixed principles, looked afield in the wider world for a similar "reign of Law." The "fortuitous infinities" of Ionia (with its astoundingly modern guesses at Evolution) pass away before that curious and abiding phase of thought, which I may

perhaps term the incurable or *invincible teleology* of the Greeks. So we get to the *limited* universe of Aristotle; and to the unshaken conviction that everything created had a purpose and a meaning; and that the secret of its happiness or satisfaction lay in discovering the cause and the object of its being, and in "doing its duty." We may pause a moment to wonder at the admirable simplicity of mind which tolerated this fundamental assumption. Every colloquy with a Sceptic or a Sophist was ended in favour of the Rationalist,—so soon as he had secured the admission that Nature had an end, each thing an *ἔργον*, or—in the most popular form of the thought—that *ἡ φύσις οὐδὲν μάτην ποιεῖ*. This Nature or this *Λόγος* were interchangeable terms; and while the former retained all that notion of spontaneous energy and beneficent creativeness which Aristotle gave it, the latter, as we have seen, was from a cloudy or logical abstraction gradually assuming the lineaments of a Personal Intelligence.<sup>1</sup>

§ 3. The Stoics, starting from complete materialism, recognised but a single Principle; but the ineradicable dualism of intelligence sets itself, and that which it feels akin and cognate to itself, in violent contrast to the unconscious and formless substrate. The *Λόγος* of the world tends more and more to detach itself from its works, and from being *immanent* and implicit in things to become *transcendent*. It is doubtful if any system that has enjoyed a vogue, has ever been strictly and severely

<sup>1</sup> We need feel no surprise, then, if we find this *Λόγος* takes the familiar garb of Olympian Zeus in the Syncretism prevalent throughout the Imperial Age; is, on the other hand, identified with that rational Principle, after whose original exemplar the World-Soul fashions her material in complete docility.

Monistic. The common consciousness assures us, with the early Pythagorean systœchy, or groups of opposites, that things are in pairs; and we may say with considerable truth, that "most modern thought, and all modern endeavour, rest on a Dualistic hypothesis." Stoicism, imported into Roman territory, adopted frankly the opposition of matter and spirit, in a word, Platonism; and the nature of man suffered a like schism, for which the unnatural or theatrical austerities of the earlier heroes have already prepared us. When we read Seneca or Epictetus or Aurelius, we feel we are in a Manichæan atmosphere. The aim of the individual *Λόγος* is to unite itself (not, indeed, too hastily or with undue impatience) to the universal *Λόγος*: exterior nature, with its blunt carelessness of our wishes or deserts, seems to be too dangerous ground for us to repose on; we must abandon it, though still murmuring the commonplaces of its divine order and arrangement. For our own physical frame no language of contempt was too exaggerated; and, like some love-sick mediæval saint, the Stoic recluse sighed for deliverance, while he pronounced this world perfect and unique, with no ulterior object save ceaseless repetition. The query of the French dramatist, "*Que diable allait-il faire dans cette galère?*" arises to our lips, without deliberate irreverence, as applicable, not merely to this incompetent imprisoned ray of Universal Reason, which had somehow fallen into the snares of matter, but also to the Parent of all such imperfect emanations. It retreats further and further from things, and abandons the course of the secular series to itself.

§ 4. Now the Gnostics, be it remarked in passing, had at least a logical and consistent, though fantastic answer

to this problem of the intermixture of mind and matter. But the Stoics could admit no such explanations to solve the difficulty. Their instinct (like all humanity, dualistic) was at variance with their reasoned philosophy, which pronounced things good, and descending from a single "Source of Life." Hand in hand the Sage and his Divine Counterpart or Original retreated from an alien world, without in theory abandoning any of the tenets or axioms of the profoundest optimism and content. Man was made for a purpose; but precisely what, it was impossible to discover; and while the stout Roman character of Aurelius and the exigencies of his busy and responsible position keep him still faithful to the social instinct, and prevent the final plunge, yet there are not wanting symptoms of that somewhat morbid mysticism, which elevates as the supreme goal of the rational being the overcoming of its "otherness" in unconscious ecstasy, reunion with Universal Reason.

### (C) THE CONSTITUTION AND PSYCHOLOGY OF THE INDIVIDUAL

#### ANALYSIS

- § 5. *In Stoic world, everything necessary and perfect, each in its several place; you may neither complain nor hate nor reform.*
- § 6. *Only in Man may service be voluntary as well as compulsory; man's "freedom"; he owes this (doubtful) blessing to his share in λόγος; yet in no true sense is he critic or agent.*
- § 7. *Aurelius has no sympathy with Matter, no account of the relation of Soul and Body; sole interest in Spiritual part.*
- § 8. *Problem of Psychology; how many divisions in soul? (increas-*

*ing tendency in Monism to multiply differences rather than reconcile contrasts).*

- § 9. (*Are νοῦς and ἡγεμονικόν interchangeable? νοῦς used in several senses.*)
- § 10. *Instantaneous Conversion; Spirit always free if it will:—Solipsism; no quality, substance, or relation in outer things; Spirit's thoughts on things alone real.*
- § 11. "*As many worlds as spirits*"; *how is this imprisoned ray of Deity our very self? (transition from intellectual to moral differentia).*
- § 12. *But Pantheism, intellectually incontestable, is morally inconceivable; Aurelius had no resource in Metempsychosis; his Spirit=the moral personality.*
- § 13. (*Some uses of ψυχή in higher sense,—The Inner Self.*)
- § 14. *His psychology has no pretence to consistency (hints even of a fourth element); Aurelius errs in good company.*

§ 5. In this realm of law (without a lawgiver) everything has its appointed place. There is no evil, for everything is necessary, and contributes to the welfare of the whole, else it would neither exist nor happen. The special function of each is to be found in its "differentia," that quality or faculty which marks it off from the rest of creatures. On nothing can you pass judgment, because nothing in such a world is superfluous or disorderly. Even unlovely or terrible things, as the menacing grin of leonine jaws, have their own appropriate use and intrinsic beauty; and are not to be set aside as bad merely because they do not fit in with our selfish ideas of human convenience. Like all Pantheists, Antoninus is a stranger to that anthropocentric conception of the world on which European civilization and Christian faith is founded. As to the ultimate equality of things, "good and bad" (as the words are currently employed), their "indifference,"—this doctrine recalls the modern school, which explains



the seeming conflict of ultimate principles as a mere passing phase, which gathers up and embraces the turmoil and contrast of a lower sphere in the peace and silence of the Absolute. If to complain of such a world is impiety, so, too, is it to attempt to alter or reform it. As there is no questioning of the ways and methods of Providence, so the very notion of change, improvement, progress is altogether eliminated. Each thing is in its place; its character and circumstances are all divinely appointed by that Power which may either, once and for all, have settled on the course of events, and written out in anticipation the whole book of destiny,—or with careful and particular solicitude may be even now guiding every trivial detail of the world's course;—Marcus will not venture to decide which of these views is correct.

§ 6. But clearly in *man's special conformation* there is something exceptional and peculiar. The rest of the creatures form an orderly but unconscious retinue in the train of the King. Their service is perfect indeed, but involuntary and automatic. With man enters a new factor: that almost invisible point of Freedom, which at once tells of his close affinity to the Universal Intelligence, and also permits him to criticize it. The impulse to philosophic thought is curiously interwoven of the passionate desire to be free and the correlative yearning to discover and obey the Highest Law; and all searchers after truth are like Saint Christopher. Man has this double power; first, of valuing and admiring the works of Creation, all the Stoics placing the precarious paradise of immortal heroes in closer contemplation of the mysteries of stars and their orbits; second, of determining himself freely and without reserve, in the very limited realm of Liberty

still left to him in the universal dominion of physical law. This very doubtful privilege he owes to his participation in the *Λόγος*: indeed, the conscious spectator of the world, the deliberate moral agent, may represent but the waking vision of a Somnambulist Creator. Is Reason, is the will-to-live, startled and amazed when, reaching consciousness in man, it beholds the universe which its blind and undirected efforts have called into being? This is clearly a modern and romantic belief, which we should not try and discover in the system of Aurelius; but we may mention it here, to show how assailable, how open to logical attack, is his doctrine on human nature. Critic, he is forbidden to speak; agent, he is restricted by ascetic "taboo" from finding enjoyment even in the innocent diversions of life, and confined in a narrow prison-house of "non-possumus." His nature is conceived as abrupt dualism; his ethics is limited to passivity and resignation.

§ 7. An English bishop and Christian apologist has pronounced our body to be a "mass of matter with which we are for a time associated"; and most Idealists would relegate it, with all its pleasures and pains, to the dim phantom-region of the external world, neither more nor less cognate to us, nor more nor less approaching true being; emphatically like it, a Thing. The same sense of "foreignness" may be found in Marcus, who is far more an idealist than any predecessor in the Stoic School; who, as we have seen, has not yet reached that genial Platonism which reconciles the two opposing factors; has no knowledge of the Christian faith which somehow can consecrate the lower element while keeping it in proper subordination. He exhausts on this innocent envelope of the striving

spirit all the vocabulary of sarcasm, innuendo, contempt; he might well be Saint Thomas à Kempis. We may here repeat what was said under a similar heading in Epictetus, that no Gnostic, no early Christian ascetic, could write more severely; and we shall substantiate this by a fuller examination. For he never accurately defines matter, or enters into the difficult problem of the interaction of soul and body; we must therefore pass to the unseen or spiritual part of man, if we wish to find his function and his "differentia."

§ 8. Now here we are met by a considerable difficulty, for Marcus makes not the slightest effort to be consistent. Sometimes the invisible and truer portion of man is twofold, as with us, "body and soul"; at others, it is, like our "body, soul, and spirit," threefold. Now we find soul (*ψυχή*) violently opposed to the higher principle, as the vital element of mere animal life; now it includes it, or is even identical. Now it is true that we are perfectly familiar with this looseness; for it is only on occasion that we find in Scripture the triple definition; and generally and in common parlance we are quite satisfied with the popular dualism. But in a system avowedly monistic, we are puzzled when we meet with this increasing tendency to multiply difference and accentuate, rather than reconcile, contrasts. But it is not without significance; our honest and sincere student of human nature cannot really find satisfaction himself in the Unitarian tenets he professes. Our modern society and hopes of progress rest upon a sense of "otherness" and conflict, and not upon any fatigued or impatient assumption of oneness. In iii. 16 we find *σῶμα, ψυχή, νοῦς· σώματος αἰσθήσεις, ψυχῆς ὀρμαί, νοῦ δόγματα*, sensations, impulses, principles.

To be impressed with phantasies, we have in common with the beasts; to be at the mercy of the "pulls of impulse" (*νευροσπαστεῖσθαι*), with beasts and bad men; while even the bad use *νοῦς* as guide to obvious duties. In ii. 2 there is the same division, the *ψυχὴ* now being termed *πνευματίον*, and closely allied with the lower nature: "Whatever I am, *σαρκία ἐστὶ κ. πνευματίον, καὶ τὸ Ἡγεμονικόν*. 'Despise the first;—see what the second is! a breath, a vapour, nor always the same, but each moment exhaling and again inhaled.' Third is the Ruling Principle; thou art old; suffer this no longer to be a slave." So in xii. 3: *τρία ἐστὶν ἐξ ὧν συνέστηκας· σωματίον πνευματίον νοῦς*: of these the first two are *ours* only so far; it is our duty to tend them (*μεχρὶ τοῦ ἐπιμελεῖσθαι δεῖν*); but the third alone is truly our own (*τὸ δὲ τρίτον μόνον κυρίως σόν*). For the two other elements he also has *τὸ περικειμένον σωματίον, τὸ σύμφυτον πνευματίον*.

§ 9. Now we may ask, are *νοῦς* and *ἡγεμονικόν* interchangeable terms? (for again in iii. 3 we find the higher called *νοῦς* and *δαίμων*, the lower, including *ψυχὴ*, with customary fervour, *γῆ κ. λύθρος*). Not always; for in x. 24, instead of the *Ἡγεμ.* being our supreme Guide, a god within, it appears more like an inner sanctuary which we have to keep clean; *Τί ἐστὶ μοι τὸ Ἡγεμονικόν*; what am I making of it at this moment? to what use am I putting it? is it empty of Mind? (*μήτι κενὸν Νοῦ ἐστι*), is it (*ἀπόλυτον κ. ἀπεσχισμένον κοινωνίας*) divorced from the bond of fellowship? Surely not (*προστετηκὸς κ. ἀνακεκραμένον τῷ σαρκιδίῳ*) engrossed and ingrown into the flesh? It is clear from this that Marcus employs *νοῦς* in two different senses—(α) identical with *ἡγεμ.* (in the soul); (β)

referring to the higher Universal Reason, in the "Averroistic" usage, into which man has indeed an inlet; but can lose such access by sensuality. Clearly, too, he believes that the Spirit (for so I may perhaps translate *ἡγεμ.*) can be so immersed and engrossed in fleshly cares, as to lose its liberty; unlike the Gnostics, to whom even in physical crime and degradation the untarnished *Noûs* remains always pure;—"ἡ γλῶσσ' ὁμώμοχ' ἡ δὲ φρήν ἀνώματος." Yet in viii. 41, when showing the various "hindrances we meet," of *αἰσθησις* in body, of *ὀρμή* in animal appetite, he continues: *τὰ μέντοι τοῦ νοῦ ἴδια οὐδεὶς ἄλλος εἴωθεν ἐμποδίζειν* for this nothing in the world can touch, not fire, not steel, not tyrant, not ill-fame.

§ 10. But just in this there is no real divergence, for it is the *voluntary* servitude of the Spirit which can disgrace it, when it becomes the mere handmaid of body in long-sighted Hedonism; it is proof against any assault from without, and becomes the victim only of itself. One of Marcus' most striking and often iterated convictions is that at any moment, whatever its past, Spirit can recover "in the turning of an oyster-shell," "in the twinkling of an eye," this lost sovereignty. The will is always free, and requires only to see the good to follow it. Thus we have the Socratic and Platonic optimism and immediacy of repentance; without Aristotle's caution, truer to nature and experience, about habit and the tyranny of custom, the gradual absorption of will-power in repeated action. When freed by its own unaided efforts, Spirit has an immeasurable power; it completely transforms the whole world, and colours it with its own hues. What it *thinks*, is; "not *things*, but *thoughts* on things" really matter (teaching alike of

Epicurus and Epictetus).<sup>1</sup> For all the objective is neutral, an array of indifferent atoms or complex phenomena which wait for our notice, approval, interpretation, dissent, before they have any character in themselves at all. *τοῦτο μὴ ὑπολαμβάνετω κ. πάντα εὖ ἔχει* (see on *Ἰπόληψις*). Now it is Spirit that *ὑπολαμβάνει*, passes judgment, gives verdict on this unreal phantom, this almost imaginary objective, a mirage in the desert. "If the poor body" (always the diminutive, iv. 39) "be cut or burned, fester or rot away, yet let that in thee which passes judgment take its ease (*ἡσυχάζετω*), knowing this, that what happens alike to good and bad men equally can be in itself neither bad nor good." Similarly vi. 8: *Το Ἡγεμονικὸν ἐ. τὸ ἑαυτὸ ἐγγείρον κ. τρέπον, κ. ποιοῦν μὲν ἑαυτὸ οἶον ἂν εἶναι θέλη, ποιοῦν δ' ἑαυτῷ φαίνεσθαι πᾶν τὸ συμβαῖνον, οἶον αὐτὸ θέλει*. It can make of itself what it wishes; it can construe exactly according to its desire this neutral, or even chaotic and indecipherable, complex of material things. This is the pure subjectivity to which Philosophy always aspires; not to change things without; not even, perhaps, to claim full knowledge (the "ding-an-sich" live apart inaccessible, and baffle our search); but to make things ours, to arrange the chance alphabet into a language of our own invention. This is true freedom, and it is the substance and sum of Stoic teaching, from its *personal* side.

§ 11. Now it will be seen at once that, besides

<sup>1</sup> Compare, *e.g.*, Epictetus, i. 11: *Τί δ' ἐστι τοῦτο; ἀρά γε ἄλλο ἢ ὅτι ἔδοξεν ἡμῖν*; where it is the *δόγμα* we form in fullest freedom, that *is*, as absolutely *representing*, even *creating*, the external fact, which in itself is blind and voiceless; so ii. 16 (p. 155, Teubner): *Τί οὖν με ταρασσει; τὸ πέλαγος; οὐ ἀλλὰ τὸ δόγμα*.



the variation of nomenclature, there are certain grave difficulties; (a) there must be as many various, yet equally momentous and valid, interpretations of the world as there are Spirits ("quot homines tot sententiæ"), and we have almost got back in the most dogmatic of ancient schools to the sophistic standpoint that ἄνθρωπος (each individual man) μέτρον πάντων; and this recognition that subjective feeling, though real and true, is incommunicable, may account for the singularly scanty influence of Stoicism in public; (b) again (as we have already hinted), is this Spirit, as Epictetus and Aurelius so often assure, a "very portion of God, a refraction of the Universal Mind," in which case, how can it be our "very own"? (σὸν, § 8, *fn.*). Will it not, like the Gnostic Æon Christ, like the Averroistic Νοῦς, in the moment of death desert the poor contemptible clay and soul, and be re-absorbed in the great central Reservoir? If it is the universal (mathematical and logical) principles of all sound judgment and right reasoning, must it not be exactly alike and identical in all men? In fact, we have here one of the most striking features of this transition period, viz. the passage from an *intellectual* to a *moral* conception of the Spirit. The Spirit (whether νοῦς or, as Aurelius prefers, ἡγεμονικόν) is not the cold *speculative* reason, with its uniform and universally valid axioms and regulations, but the *moral* sense recognising, indeed, pure truth and the δόγματα, and needing logical training, but in the end, the conscience, the will, the moral personality, the special idiosyncratic in man, rather than that "typical" reason which is the same in all. Thus Marcus, along with the Christian teachers, becomes more moral, more personal,

and therefore involved in perpetual trouble when he tries to identify this separate, struggling, isolated point with the Supreme Being.

§ 12. *Intellectually*, Pantheism is not only logical, it is (as Lewes acutely remarks on "Spinoza") inevitable; *morally*, it is unthinkable. Now the whole difference of philosophic system depends on the one question, Whether the starting-point is from the moral or the intellectual side? And Marcus, in common with the rest of his age, is ready to abandon all *rational* symmetry and dogmatism for *ethical* certainty, or for this inward pertinacious conviction, which in most good men is a substitute (or no unequal compensation) for demonstrable proof. It is obvious that he is as puzzled as Spinoza about the cause of Error; as Plotinus, in the process of the Many from the One, in accounting for the *diversities* of the Spiritual principle in men, when all were equally divine! He had not the ready solution, of all the East, of Plato and Pythagoras, in Metempsychosis, in the long training of the soul through different lives and fortunes. He shows *no* trace of this belief. For him, as for Emerson, there is but one world; he would not hear of a missionary telling of the "other world" without a shudder at his impiety. He had not the Gnostic and Averroistic belief that the divine particle in each remains uncontaminated by corporal contact, and vanishes away, pure and indifferent, like the Æon Christ, from the human sufferer. To him the *ἡγεμονικόν* is rather what we call *personality* than *intelligence*. Hence his avowed difficulties, which do honour to his candour, and remind us that perfect symmetry is unattainable unless we prefer to sacrifice truth.

§ 13. In vi. 32 we find that the higher nature is all included in the term *ψυχή*. *Ἐκ σωματίου εἰμὶ κ. ψυχῆς*; but to the one all are indifferent (*ἀδιάφορα*), to the other all that are not its own proper functions (*τῇ δὲ διανοίᾳ ἀδ. ὅσα μὴ ἐ. αὐτῆς ἐνεργήματα*); and these are entirely in its power (*πάντα ἐπ' αὐτῇ*). Here *διάνοια* = *ψυχή*; while in vi. 14 *ψυχῇ*, with the addition *λογικῇ*, represents spirit, and *ὁ ψυχὴν λογικὴν, καθολικὴν κ. πολιτικὴν τιμῶν* cares nothing for any other interest. Again, ix. 3, we have the popular dualism; expect the hour, *ἐν ᾗ τὸ ψυχάριόν σου τοῦ ἐλύτρου ἐκπεσεῖται*. Similarly and in a similar context, on a peaceful departure from life, *εὐκόλως τὸ ψυχάριον ἀπὸ τοῦ σώματος ἐξειλεῖται*. Again, *ψυχή* is identified with the higher nature (Rendall's Inner Self), vii. 16, *τὸ Ἡγεμονικὸν αὐτὸ ἐαυτῷ οὐκ ἐνοχλεῖ . . . τὸ δὲ ψυχάριον . . . οὐδὲν μὴ πάθῃ*, where they are homonyms; whereas in ix. 36, *τὸ πνευματίον* (? -κόν) (like all other things unreal and transitory), *ἄλλο τοιοῦτον, ἐκ τούτων εἰς ταῦτα μετάβαλλον*, where it may very well = the vital current, vivifying now one now another complex of matter.

§ 14. We have added these passages, but with little hope of making the Psychology of Marcus clearer. Syncretist as he is, he adopts first one and then another system of bipartite or tripartite division. When he is speaking of the whole human complex, he terms it, after immemorial fashion, "body and soul"; when he is occupied with man's invisible life, he has to define more guardedly. Indeed, there is not wanting trace of an "Ego" above the vital centre of animal life, *apart* from the deity within, which like some attendant on a sacred shrine (*νεώκορος*) has to keep the silver image

unsullied, forming thus a fourth element in the individual. But it would be easy to parallel the slight confusion in any religious writer. Is the moral ideal, separable from the will and the personality, conceived as a sort of Divine "deposit" (*παρακαταθήκη*) to be carefully guarded? or the very man himself, *ἔχων πῶς*? or the voice of an inward dæmon or spiritual monitor? He who can discriminate the intricate subtleties of such a question will be able to settle the Mediæval problem whether God *created* or *obeyed* the Moral Law; and the still older but similar question in Plato, whether the Ideas pre-exist, and form the exemplar to the artizan Deity, or are to be identified with his thoughts. The difficulty is perhaps after all purely formal and logical.

(D) MAN'S FUNCTION AND PLACE IN THE WORLD:  
SPECIAL EQUIPMENT OF EACH BEING A KEY TO  
ITS PURPOSE AND HAPPINESS

ANALYSIS

- § 15. *His a priori teleology; what is man made for? "Social intercourse."*
- § 16. *"Reasonable beings made for each other" (list of axioms or "dogmas" kept ready for crisis or temptation).*
- § 17. *"Mutual service of men" (enshrined in rigid formula; individualism excluded); what is good for whole is good for part.*

§ 15. We have now to inquire what is the *function* of this curious creature, compounded of an actual particle of the divine essence, and of the vital force and dust of earth, common to all animals. And here we come to the most ingenuous assumption of the whole

treatise. No wonder Marcus had to have perpetual recourse to the *δόγματα*, those fundamental and yet startling axioms of the Stoic faith which alone could encourage him in the disappointments and vicissitudes of life. "Man is made for society." Again and again with almost tedious repetition he, in his solitude and isolation, both of station and of temperament, impresses this axiom on himself. To bring together here the passages bearing on this teleology<sup>1</sup> may not be out of place, as they build up the syllogistic fabric; "Everything has an *end*; that for which he is born is the

<sup>1</sup> It is the same kind of teleology which anticipates all experience with the barren formula and syllogism: "Nature can do nothing in vain, nothing wrong," "the gods could not do any injury to their creatures." There is an absolute and exasperating want of empirical verification: there is no real inductive inquiry at all. Every avenue to accurate knowledge, as to any comfortable use and adaptation of phenomena, is closed by some preconceived idea as to the goodness of God and Nature. It is clear that the attitude of "devout resignation" in Marcus and in Epictetus is entirely borrowed from popular religiosity (like the compassionateness of Secularists to-day, which is so admirable and so unreasoning). To the man racked unjustly, with every refinement of torture, and dying as he knows the death of a dog, extinguished for ever, the universe is yet "the best of all possible worlds," and Providence supreme. In such contexts and usages words cease to have any meaning. For a fine instance of this superb adhesion to teleologic axioms, commend me to ii. 11, where the subject is suicide and death: *ὁ δὲ χεῖρω μὴ ποίει ἄνθρωπον πῶς ἂν τοῦτο βίον ἀνθρώπου χεῖρω ποιήσειεν; Οὐτε δὲ κατ' ἀγνοίαν οὐτ' εἰδυῖα μὲν μὴ δυναμένη δὲ προφυλάξασθαι ἢ διορθώσασθαι ταῦτα, ἢ τῶν Ὀλων Φύσις παρὶδεν ἂν· οὐτ' ἂν τηλικούτον ἥμαρτεν ἦτοι παρ' ἀδυναμίας ἢ παρ' ἀτεχνίας ἵνα τὰ τ' ἀγαθὰ κ. κακὰ ἐπίσης τοῖς τ' ἀγ. ἀνθρ. κ. τοῖς κακοῖς πεφυρμένως συμβαίη.* "Nature could not" (such is his magnificent and amazing faith), either through lack of power or lack of skill, have made such a blunder as to let good and evil indifferently befall the good and bad indiscriminately." An almighty power which can do no wrong, and which abides in our soul, and governs the universe! Why then this sense of pain and "otherness"? Why this constant solace and reminder?

*end* for each; where is the *end*, there is the useful and the good relatively to him; man is born for reciprocity and social life; nothing that is good for the community can be bad for the citizen."

viii. 19: ἕκαστον πρὸς τι γέγονεν ἵππος ἄμπελος. Τί θαυμάζεις; κ. ὁ. "Ἡλιος ἐρεῖ πρὸς τι ἔργον γέγονα, κ. οἱ λοιποὶ Θεοί,—and man is born for association; ii. 1: Γεγόναμεν γὰρ πρὸς συνεργίαν ὡς πόδες ὡς χεῖρες . . . τὸ οὖν ἀντιπράσσειν ἀλλήλοις παρὰ φύσιν; competition, self-seeking at the expense of others is "unnatural."—iv. 3: τὰ λογικὰ ζῶα ἀλλήλων ἔνεκα γέγονε.—v. 16: Οὐπερ ἔνεκεν ἕκαστον κατεσκεύασται, πρὸς τόδε φέρεται πρὸς ὃ φέρεται δὲ, ἐν τούτῳ τὸ τέλος αὐτοῦ ὅπου δὲ τὸ τέλος, ἐκεῖ κ. τὸ συμφέρον κ. Ἀγαθὸν ἐκάστω· τὸ ἄρα ἀγαθὸν τοῦ λογικοῦ ζώου, κοινωνία. "Ὅτι γὰρ πρὸς κοινωνίαν γεγόναμεν, πάλοι δεδείκται. Is it not obvious (he asks) that τὰ χεῖρω τῶν κρείττωνων ἔνεκεν, τὰ δὲ κρείττω ἀλλήλων; κρείττω δὲ τῶν μὲν ἀψύχων τὰ ἔμψυχα, τῶν δὲ ἐμψ. τὰ λογικὰ. Similarly xi. 10: Πᾶσαι δέ γε τέχναι τῶν κρείττωνων ἔνεκεν τὰ χεῖρω ποιοῦσιν οὐκοῦν κ. ἡ κοινὴ Φύσις.—v. 30: Ὁ τοῦ ὅλου Νοῦς κοινωνικός. Πεποίηκε γοῦν τὰ χεῖρω τῶν κρείττωνων ἔνεκα κ. τὰ κρείττω ἀλλήλοις συνήρμοσεν. Ὅρῳ πῶς ὑπέταξε, συνέταξε κ. τὸ κατ' ἀξίαν ἀπένειμεν ἐκάστοις κ. τὰ κρατιστεύοντα εἰς ὁμόνοίαν ἀλλήλων συνήγαγε.—vii. 55: Πρακτέον δὲ ἐκάστω τὸ ἐξῆς τῇ κατασκευῇ· κατεσκεύασται δὲ τὰ μὲν λοιπὰ τῶν λογικῶν ἔνεκεν, τὰ δὲ λογικὰ ἀλλήλων ἔκεκεν· τὸ μὲν οὖν προηγούμενον ἐν τῇ τοῦ ἀνθ. κατασκευῇ τὸ κοινωνικόν ἐ.—xi. 18 (i.): Εἰ μὴ ἄτομοι, φύσις ἢ τὰ ὅλα διοικοῦσα· εἰ τοῦτο, τὰ χεῖρονα τῶν κρείττωνων ἔνεκεν, ταῦτα δὲ ἀλλήλων.—vi. 44: ἢ ἐμὴ φύσις λογικὴ κ. πολιτικὴ.



§ 16. viii. 56, while denying Monopsychism and insisting on freedom and peculiar independence of each centre of consciousness, he allows, *εἰ καὶ ὅτι μάλιστα ἀλλήλων ἔνεκα γεγόναμεν*; where Rendall transl.: "Be we ever so much made for one another, our Inner Selves have each their own sovereign rights." So viii. 59: *οἱ ἄνθρωποι γεγόνασιν ἀλλήλων ἔνεκεν; ἡ διδάσκει οὖν ἡ φέρε.*—ix. 1. As a fundamental and irrefragable premise, *τῆς γὰρ τῶν ὅλων φύσεως κατεσκευακυσίας τὰ λογικὰ ζῶα ἔνεκεν ἀλλήλων.*—xi. 18 in a list of short maxims which he is ever to keep on his tongue's tip to meet any sudden crisis, *ὅτι ἀλλήλων ἔνεκεν γεγόναμεν.* Thus we shall find with the label *κοινωνικόν* or *πολιτικόν*, the whole argument for man's social virtue is assumed, and the philosopher saved further trouble of proof.—iii. 4: *ζ. κοινωνικοῦ . . . συγγενὲς πᾶν τὸ λογικόν . . . κήδεσθαι πάντων ἀνθρ. κατὰ τὴν τοῦ ἀνθρώπου φύσιν ἐ.*—v. 29. Man is defined, without fear of doubt or denial, as *λογικὸν κ. κοινωνικὸν ζῶον.*—ix. 16: *λογικὸν καὶ πολιτικὸν ζῶον.*—iii. 5: *ζώου ἄρρενος κ. πρεσβύτου κ. πολιτικοῦ κ. Ῥωμαίου κ. ἄρχοντος.*—iii. 7: *νοέρου πολιτικοῦ ζώου.*—vi. 14: *ψυχὴ λογικὴ καθολικὴ κ. πολιτικὴ* (as above.)—vi. 44. My nature is *λογικὴ κ. πολιτικὴ.*—vii. 68. The present occasion is for me *ὑλὴ ἀρετῆς λογικῆς κ. πολιτικῆς κ. τὸ σύνολον τέχνης ἀνθρώπου ἡ θεοῦ.*—vii. 72. "Whatever *ἡ λογικὴ κ. πολιτικὴ δύναμις* (=the Spirit, the Inner Self) find to be neither *νοερὸν* nor *κοινωνικόν*, it will despise.—viii. 2: *τί πλέον ἐπιζητῶ, εἰ τὸ παρὸν ἔργον ζώου νοεροῦ κ. κοινωνικοῦ κ. ἰσονόμου θεῶ.*

§ 17. In this perhaps tedious recital we shall at least see (what might escape us in a translation) how profound a conviction was this of the affinity and

mutual service of men, and how rigid the formula or language which expressed it.

Nothing, therefore, that happens well for the community, for the swarm, for the universe, is bad for citizen, the bee, the man. v. 22: Ὁ τῇ πόλει οὐκ ἐ. βλαβερόν, οὐδὲ τὸν πολίτην βλάπτει.—v. 54: τὸ τῷ σμῆνι μὴ σύμφερον, οὐδὲ τῇ μελίσσει συμφερεῖ.—x. 20: Συμφέρεῖ ἐκάστω δ' φέρει ἐκάστω ἢ τῶν ὅλων Φύσις.—x. 33: ὅλως δὲ μεμνήσο ὅτι τὸν φύσει πολίτην οὐδὲν βλάπτει δ' πόλιν οὐ βλάπτει.—x. 6: οὐδὲν γὰρ βλαβερόν τῷ μέρει δ' τῷ ὅλῳ συμφέρεῖ.—vi. 44: ἡ δὲ ἐμὴ φύσις λογικὴ κ. πολιτικὴ, πόλις κ. πάτρις ὥς μὲν Ἀντωνίνῳ μοι ἡ Ῥώμη ὥς δὲ ἀνθρώπῳ ὁ κόσμος. Τὰ ταῖς πόλεσιν οὖν ταύταις ὠφέλιμα, μόνα ἐ. μοι ἀγαθά.—vi. 45: ὅσα ἐκάστω συμβαίνει, ταῦτα τῷ Ὀλῳ συμφέρεῖ.

## CHAPTER II

### MAN AND THE WORLD

#### (A) THE TWO COMMONWEALTHS AND THE CITIZEN, AS AGENT OR QUIETIST

##### ANALYSIS

- § 1. *Man is member of two societies, world and State (nearly always carefully coupled), each with its duty, Resignation and Benevolence; in the end, both virtues pass into mystic piety.*
- § 2. *(Insistence on duties to gods and men.)*
- § 3. *(= Passive and active side of morality.)*
- § 4. *(= perfect contentment with both; will he ever attain this perfection?)*
- § 5. *Acquiescence and Resignation at last given the chief place among Virtues; Holiness and Justice include all others.*

§ 1. THERE are, then, two chief relations (which will best be described by the following series of quotations), one to the world and God, the *greater city*; the other, to the lesser community, *human society*. Marcus is nearly always careful to couple them; rarely do we find one apart from the other in independence. Resignation and acquiescence in the world-order, the *passive* side, is complementary to the *active* side, or vigorous beneficence and social virtue. Disappeared has all that fulmination and defiance against "Fortuna" which characterized the more theatrical pages of Seneca. This he has learnt

from Epictetus. Everything that comes to us is a direct providence, or our criticism is disarmed because the "canon" or rule to apply is ready. "Nothing that is according to nature is evil; nothing that happens to us can make us worse: therefore every event is indifferent; no one can hurt a man but himself." Perhaps no subject is more frequent than this *twofold conception of duty*, and, Marcus being chiefly a moralist, we shall have advanced far towards a complete understanding if we notice the emphasis put upon the correlate virtues—of *Resignation* and *Benevolence*. The reason is in both cases the same: we are akin to the Creative Principle, and have a spark of His essence within; we are akin to our fellows here, and recognise in them the same affinity, the same sublime source of their being, though it may be debased and shrouded. Thus we are integral parts of the greater city and the lesser; the "whole company of rational people," and the cosmopolis of the human brotherhood. To this wide diffusion of interest we may attribute the somewhat rarefied patriotism of Marcus; wherein all active endeavour for the Empire of Rome and its especial responsibilities seems (save in a few passages) to have evaporated in a sad and neutral tolerance for *every* human creature. We shall see in the end how the extreme comprehensiveness and universality of this resigned and affectionate disposition leads insensibly to a self-centred attitude, the *αὐτάρκεια* (self-sufficingness) of earlier sages; and in our last section we shall show how this, agreeably to the unselfish and feminine nature of the Emperor, passes again into a mystic and almost ecstatic consciousness that the true home of God is the human soul; the true end of man, not mere acquies-

cence in fate nor work among the brethren, but the serene contemplation of the soul's essential oneness with the Author of all.—Thus the twofold duty, or recognition of the objective State and Law, greater and less, gives way before the new or newly-read teaching of the Deity within; for the call to philosophy is not the misery of the world of men, or the beauty or inexorable sequence of Nature, but the personal need of peace and salvation.

§ 2. ii. 15: (Best service of God within is) *καθαρὸν πάθους διατηρεῖν . . . κ. δυσαρρεστήσεως τῆς πρὸς τὰ ἐκ θεῶν κ. ἄνθρωπων γινόμενα*, and the first are *αἰδέσιμα δι' ἀρετὴν*, the latter *φιλά διὰ συγγένειαν*.—iii. 5: *τοῖς θεοῖς ὑποταχότος ἑαυτὸν* (like some Socrates) *κ. τῶν ἀνθρ. προκηδομένου*.—iii. 7. To this dual attitude the constant collocation *νοερὸν (λογικὸν)* and *πολιτικὸν* noted above has reference.—iii. 9: *τὴν πρὸς ἀνθρώπους οἰκείωσιν κ. τὴν τοῖς θεοῖς ἀκολουθίαν*.—iii. 11. At each event say *τοῦτο μὲν παρὰ θεοῦ ἦκει . . . τοῦτο δὲ παρὰ τοῦ συμφύλου κ. συγγενοῦς*. 13. Always remembering in each action *τῆς ἀμφοτέρων πρὸς ἀλλήλα συνδέσεως* *Οὔτε γὰρ ἀνθρώπινόν τι ἄνευ τῆς ἐπὶ τὰ θεία συναναφορᾶς εἰς πράξεις, οὔτ' ἔμπαλιν* (here we have the close association of the two complementary halves of man's duty).—iv. 3. (On discontent, what is it aimed at?) *τῇ τῶν ἀνθρ. κακίᾳ; τοῖς ἐκ τῶν ὅλων ἀπονεμομένοις;* (where we notice substitution of natural causes, in fate, for the divine (and almost personal) providence hitherto discussed). Nowhere has he stated his position so clearly and tersely as in v. 25: *Ἐγὼ νῦν ἔχω ὃ με θέλει νῦν ἔχειν ἢ κοινὴ Φύσις, κ. πράσσω ὃ με νῦν πράσσειν θέλει ἢ ἐμὴ φύσις*. Here the *universal* Nature, which at this stage in his *Meditations* sup-

plants the gods, is the law of destiny, apportioning, severally, joy and sorrow to each: *my peculiar* nature is the social instinct of man, *κοινωνητής, κοινωνικός*. (Though it is difficult in such interdependence and implication to insulate any one side, yet it will be necessary to speak more fully upon this half-contrast, half-conciliation of the two "Natures," the world's and ours, because in this consisted the great crux of the whole Stoic philosophy.)

§ 3. v. 27. Man's duty divided into *passive* and *active* side of morality: *ἀρεσκομένην μὲν τοῖς ἀπονεμομένοις, ποιούσαν δὲ ὅσα βούλεται ὁ Δαίμων . . . ἐκάστου νοῦς κ. λόγος*. Here it may not be altogether fanciful to note in anticipation of Marcus' final mysticism, that the personal *within* seems to compensate for the *neuter* and fatalistic *without*.)—vi. 16. Reverence for your *διάνοια* makes you *ἀρεστὸν* to yourself, *κ. τοῖς ἄνθρ. εὐάρμοστον κ. τοῖς θεοῖς σύμφωνον*.—vi. 30: *αἰδοῦ θεούς, σῶζε ἄνθρώπους*.—vi. 41. We can avoid blaming heaven and hating men (*μεμφάσθαι θεοῖς κ. ἄνθρώπους μισῆσαι*), by knowing that only *τὰ ἐφ' ἡμῖν* are good and evil: then will there be no reason either to *θεῶ ἐγκαλέσαι* or *στήναι στάσιν πολεμίου πρὸς ἄνθρ.* (where, after an interval, we may note the recurrence of orthodox phrases).—vii. 52: *εὐτακτότερος ἐπὶ τοῖς συμβαίνουσιν . . . εὐμενέστερος πρὸς τὰ τῶν πλησίων παροράματα*.—54: *τῇ παρούσῃ συμβάσει θεοσεβῶς εὐαρεστεῖν κ. τοῖς παρούσιν ἄνθρώπους κατὰ δικαιοσύνην προσφέρεισθαι*.—55: *διὰ τῶν συμβαινόντων σοι*, opposed to *διὰ τῶν πρακτέων ὑπὸ σοῦ*.—vii. 66. He asks Socrates if he can be thus contented, *ἀρκεῖσθαι τῷ δίκαιος εἶναι τὰ πρὸς ἄνθρώπους, κ. ὅσιος τὰ πρὸς θεούς*.—viii. 23: *Πράσσω τι; Πράσσω ἐπ' ἄνθρώπων*



εὐποιῖαν ἀναφέρων. . . . Συμβαίνει τί μοι ; δέχομαι ἐπὶ τοὺς θεοὺς ἀναφέρων κ. τὴν πάντων πῆγην ἀφ' ἧς πάντα τὰ γινόμενα συμμηρύνεται (where, it may be noted, we find a mixture of the personal and placable providence of the gods, identified, or at least set side by side, with the scheme of predestinarian Fatalism).

§ 4. In viii. 27 he adds another relation to the body (for I feel compelled to adopt Coraës' reading, *σωματίον* for *αἷτιον*): *Τρεῖς σχέσεις· ἡ μὲν πρὸς τὸ σωματίον τὸ περικειμένον· ἡ δὲ πρὸς τὴν θεῖαν αἰτίαν ἀφ' ἧς συμβαίνει πᾶσι πάντα· ἡ δὲ πρὸς τοὺς συμβιούοντας.*—viii. 34. As hand or any other limb cut off from body, so is *ὁ μὴ θέλων τὸ συμβαῖνον . . . ἢ ὁ ἀκοινωνητόν τι πράσσων.*—viii. 43. The joyful satisfaction of my nature reached, if my Inner Self turn from none of our fellows and find fault with nothing which happens to men. (*μήτ' ἀποστρεφόμενον μήτ' ἀνθρώπων τινα, μήτε τι τῶν ἀνθρώποις συμβαινόντων*). This is true health, *ὑγιὲς ἔχειν τὸ Ἡγεμονικόν.*—ix. 6. What suffices (*ἀρκεῖ*) for moral judgment and so for perfect happiness and content: *ἡ παρούσα πράξις κοινωνικὴ κ. ἡ παρούσα διάθεσις εὐαρεστικὴ πρὸς πᾶν τὸ παρὰ τῆς ἐκτὸς Αἰτίας συμβαῖνον.*—ix. 31. *Ἀταραξία μὲν περὶ τῶν ἀπὸ τῆς ἐκτὸς Αἰτίας συμβαινόντων· δικαιοσύνης δὲ ἐν τοῖς παρὰ τὴν ἐκ σοῦ αἰτίαν ἐνεργουμένοις.* (Here note in passing the clear emphasis on the freedom of the will; man's agency is the single exception in the chain of fatal and predetermined series. Stoicism, in some points the very counterpart, is in others the very opposite, of Calvinism.)—x. 1. Marcus somewhat despondingly asks if his soul will ever be such as to live with gods and men in fullest sympathy, *θεοῖς τε κ. ἀνθρώποις συμπολιτεύεσθαι ὥς μήτε μεμφέσθαι τι αὐτοῦς, μήτε κατα-*

γινωσκεσθαι ὑπ' αὐτῶν.—x. 6. The happiness of the citizen's life (εὐροια), προιόντος διὰ πράξεων τοῖς πολιταῖς λυσιτελῶν κ. ὅπερ ἂν ἡ πόλις ἀπονέμη τοῦτ' ἀσπαζομένου (which, of course, applies both to the greater and the lesser Commonwealth of Nature and of human society.—x. 11. A man recognising near approach of death, devotes himself to two things, ἀνῆκεν ὅλον ἑαυτὸν δικαιοσύνη μὲν εἰς τὰ ὑφ' ἑαυτοῦ ἐνεργούμενα ἐν δὲ τοῖς ἄλλοις συμβαίνουσι τῇ τῶν ὅλων Φύσει . . . and again, δύο τούτοις ἀρκούμενος . . . δικαιοπραγεῖν τὸ νῦν πρασσόμενον κ. φιλεῖν τὸ νῦν ἀπονεμόμενον ἑαυτῷ.—xi. 13. To such a man, what evil can befall? εἰ ποιεῖς τὸ τῇ φύσει σου οἰκεῖον κ. δέχῃ τὸ νῦν τῇ τῶν ὅλων φύσει εὐκαιρον.

§ 5. xi. 20. A very noticeable passage; for here, for the first time, he assigns the first place to the *passive* virtue of acquiescence and resignation. We are here far on our road from the visible commonwealth in the pilgrimage to the soul's true home; Marcus is, after all, a Quietist, though, like Mme. de Guyon, he shows wonderful aptitude for business, a wonderful readiness for cheerful endeavour. Πρὸς ὁσιότητα γὰρ κ. θεοσέβειαν κατεσκευάσται οὐχ ἡττον ἢ πρὸς δικαιοσύνην. Καὶ γὰρ ταῦτα ἐν εἵδει ἐστι τῆς εὐκοινωνησίας μᾶλλον δὲ πρεσβύτερα τῶν δικαιοπραγμάτων. (Rendall excellently: "(Our Inner Self) is made for holiness and God-fearing no less than for justice. These two are included in the thought of world-communion, nay, are prior even to the dues of justice.")—xii. 1. Thus ὁσιότης and δικαιοσύνη include all other virtues, the whole Duty of Man: "You can at once have all, compass the whole end of life, ἐὰν ἀπευθύνῃς (τὸ πάρον μόνον) πρὸς ὁσιότητα κ. δικαιοσύνην; the former, ἵνα

φιλήσ τὸ ἀπονεμόμενον, the latter, ἵνα . . . λέγῃς τε τάληθῇ κ. πράσσης τὰ κατὰ νόμον κ. κατ' ἀξίαν.—xii. 24: ἐπὶ μὲν ὧν ποιεῖς. . . ἐπὶ δὲ τῶν ἔξωθεν συμβαινόντων.—27. Nothing more worthy of Philosophy than to make oneself δίκαιον, σώφρονα, θεοῖς ἐπόμενον (where σώφρονα adds the purely personal relation to self, we noted once before; which usually is, without doubt, included in the *social*, but which, even to Marcus, was beginning to have a paramount interest).—xii. 32: Μηδὲν μεγάλαν φαντάζου ἢ τὸ ὡς μὲν ἡ σὴ φύσις ἄγει ποιεῖν, πάσχειν δὲ ὡς ἡ κοινὴ Φύσις φέρει.

(B) THE PROBLEM OF "CONFORMITY TO NATURE";  
VARYING DEFINITIONS OF Φύσις

ANALYSIS

- § 6. *Difficult task of disguising difference of world and man; is man to be identified or contrasted with Nature? which nature is to guide us?*
- § 7. *Post-Aristotelians preoccupied with their own peculiar nature; the world outside, unknowable and surrendered to Fortune.*
- § 8. *Result; pure subjectivity; man out of a place in a realm of fixed law; no assured confidence in efficacy of "Virtue."*
- § 9. *Had it any place in a Divine yet transient world? belief in personal deities revives (Boissier).*
- § 10. *The "differentia" of man something isolated and unique; conflict to-day between scientific and Democratic (Christian) ideals.*
- § 11. *In a changeless and unprogressive universe, man has no other duty than to be still; promised or assumed unity and affinity in the two commonwealths disappears.*

§ 6. Now this last quotation will form an excellent link to unite the series just completed with a new set,

very similar to the foregoing, occasionally (as in this case) cutting across them. And these point to an essential *difference* or disparateness in the nature of man and the Nature of the Universe,—*my* peculiar nature, and that *universal* power with which we are sometimes identified and absorbed, sometimes set in more or less conscious contrast. This recalls one of the most interesting phases in the early history of the Stoic School.

The Phenician (?) founder of the School, adapting a certain Oriental gravity to the maxims of the Cynics, had ingenuously proposed the rule "Follow Nature" as the end of life and the only certain guide to happiness. For to the Hellene there was no question as to the *interested* end of all speculation or practice. An unselfish objective standard based on the needs of the State or of individuals, was to them inconceivable. Does not Marcus himself, most unselfish of men, lay down *παντὶ γὰρ συγγνώμη τὸ ἴδιον ἀγαθὸν ζητοῦντι*; xi. 16? Now the acute Greek mind was not long in discovering the worthlessness of such ambiguous advice. The Cynics, spoilt children, flattered and indulged and deemed almost divine because they sank below the ordinary average, had attempted to conceal or expel the *distinctively human* in man. They reverted to primitive barbarism, while boasting the citizenship of the world; and it is by a supreme irony that later ages looked on Socrates as a Cynic, who so stoutly professes his indifference to natural phenomena, and his indebtedness to human society alone for all he knew and cared about. But, in the ample leisure for reflexion after Alexander's conquest, and the complete separation of active and theoretic life, the new disciple of the

Phenician saw the need for clearer definition. Which Nature was to be our guide? the external or the inward? the general or the peculiar and special? Clearly the founder meant to inveigh broadly against the luxury and complexity of civilized life; for there is nothing to show that they seriously contemplated what we should call a higher ethical standard.<sup>1</sup> It was a recall to simplicity, and (like most Hellenic systems) a protest against the conventions and tyranny of City-life.

§ 7. But the keynote of all these post-Aristotelian Schools is the sense of solitariness, of enforced inaction, of subjective and incommunicable perfection. The Stoic or Epicurean or Sceptic, whether Greek or Roman, is always "Athanasius contra Mundum"; shut up in the very narrow limits of his own impressions, invalid for anyone but himself. Stoical dogmatism only threw a veil over this mournful doubt; and even if it was sincerely believed, could only amount to this: that Nature, Source and Guide of all, was certain in her workings, and inexorable, and out of range of human understanding or sympathy. The frequency of these assurances, addressed to oneself, that the "Universe is good, and no harm befalls the wise,"—the rigidity of these formulæ learnt off in the School, and held in readiness in the mental arsenal for any emergency,—seems to show how superficial was their professed contentment with the world as it is.

<sup>1</sup> For example, there is nothing to prove that the School interfered with Hellenic *ἔργα*. It may be to-day condemned as "unnatural," but it was never included in any condemnation of *τὰ παρὰ φύσιν*, and was certainly practised or allowed by Stoic leaders. For Aurelius did not owe to Stoicism, but to Antoninus, his resolution "to give up boy-favourites." Epictetus (in common with most Cynic and Stoic dogmatists) believed that *naturally κοῖναι αἱ γυναικες*.

Gradually the Divine element or Nature retreated into the region of the unknowable; though, like the gods of Epicurus, it was still pursued by the voice of eulogy and thanksgiving. But man was really left alone in a foreign element and in the middle of a society which, though of kindred origin, was out of harmony. And a new potentate was (illogically) admitted to share the monarchy of the world: Fortune, borrowed somehow from Aristotle's half-serious impeachment of the "sublunary sphere" and its uncertainties. At any rate, the actual "Nature" around the wise man was the realm of a Chance, which appeared now as a mere result of natural forces, now (in their theatrical declamation) as a fanciful and malevolent sprite. It was clear that this domain of fickleness could provide no safe criterion for human behaviour. He was thrown back upon his own resources; and there alone could he find help.

§ 8. Thus the dogmatism of the School becomes in practice pure sophistic subjectivity, and prepares the way for the wonderful discovery of the Imperial age that God could be born in the believer's heart; or was, unseen and unsuspected, already there. But the earliest correctors of the ambiguous maxim are still sober and commonplace. Man's special nature was to be "logical" and "social." The workings of the other nature he could never understand, and so must accept with the best grace possible. Their encomium of the unity of the world, the solidarity of human brotherhood, never disguised their conviction of alienation. They "protested too much"; and we may admire either their unswerving allegiance to erroneous logic, or their pious resignation; for others with greater



plausibility had from the same data proved the world to be the devil's work. Let us examine of what kind was this divine environment, in which the Sage felt himself so little at home. It was a complex system of unalterable law, which had existed from all eternity, or at least from a far-off catastrophe of fire, a "Ragnarök," in which even the gods were reabsorbed. The notion of progress, of advance, was therefore both impious and inconceivable. The moral life of man, on which they laid so much stress, existed in this complex of automatic perfection a thing apart, strange and uncomfortable. There was no efficacy in virtue, no result at all, except the serene composure in the good man's soul; which on occasion could be exchanged for the defiant hatred of the disillusioned Brutus: ὦ τλήμων Ἀρετῇ, λόγος ἄρ' ἦσθ' ἐγὼ δὲ σὲ ὡς ἔργον ἥσκουν.

§ 9. For it is impossible to see what function virtue or moral effort can perform in such a world, divine and therefore stationary, fire-born and therefore transitory. We may readily expect the truly earnest minds to turn from the frank materialism of the early School to a more spiritual conception, and to ally themselves with religious faith. Epicurus is very pregnant and commendable in his well-known query: "What is the use of ridding ourselves of the fear of heaven if we are to bow to natural law? Better were our former masters; for, tyrants though they were, they were at least propitiable, whereas physical fate is inexorable, blind, uniform." Marcus, as we have seen, continually wavers between the *impersonal* Nature (ἡ τῶν ὄλων φύσις) and the more comforting *personal* sense of gods in the universe, apportioning to each man his lot. It was

assuredly the urgent need in morals of some reinforcement, from tradition and popular sentiment, that led to this new alliance (called Syncretism) between the exiled deities and the new mechanical theory of the universe. It was the personal finite reason protesting against the cold or immoral dictates of the "Pure or Speculative Intelligence." The former can never be satisfied with general laws, or with an assurance of its own nothingness. He will seek relief in the most unexpected and unpromising quarters. Boissier in his *Roman Religion* has well described the revival of Faith in the first two centuries after Christ. The utter lack of correspondence in Scientific Fatalism, between the effort and recompense, the labour and the success, in the case of moral action, will surely drive average men to careless indifference or pleasure; and no ceaseless Buddhistic repetitions of formulæ will save the sensitive soul from despair. The outer Nature, then, had nothing in common with man's moral and social instinct, and provided no certainty for its exercise or usefulness.

§ 10. The "differentia" of man, his *οἰκεῖον ἔργον*, the theoretic contemplation of the laws of being, his sense of sympathy with his kindred, was something utterly distinct and abhorrent from the rest of natural things; it was not in the same plane. This was never, indeed, divulged in so many words by the Stoics; indeed, the fallacy of the Law of Nature, as prescribing morality, lasts well into our own days; but they were dimly and uneasily conscious of the gulf. It was Professor Huxley who clearly propounded in his *Evolution and Ethics* what had been long suspected, that there was no affinity whatever between

the two realms.<sup>1</sup> The "onus probandi" rests with those who, like Dr. Drummond, believe there is only one set of laws in the universe. There may be pleasant and frequent analogies, or unlooked-for harmonies; but these should never obscure the intense initial contrast, on which depends our European fabric and our personal hope. Only such fantastic anarchists in theory as Nietzsche, "Maxim Gorki," Méréjowsky, can afford, or perhaps are bold enough, in innocent speculation to follow logically on the lessons of Nature; and show that the subservience of a once aristocratic world to democratic Christianity is one long mistake, and must be rectified by a return to the primitive instinct of rapine, plunder, and the pride of strength and cruelty. All this, though happily only a wild theory of a few kindly and gifted individuals, is quite in accordance with Nature's advice to the nascent soul. The axioms of scientific Naturalism have become wearisomely familiar to us in the past thirty years; "the struggle for existence," "the weakest to the wall," "the survival of the fittest," and (may we add?) "the Devil take the hindmost." No wonder that a compassionate democratic Socialism, built on the substructure of Christian ethics, feminine, self-forgetting, calls for an end of this ceaseless warfare and carnage, at least in the human family; and others desire to include even the animals in the general truce. The nineteenth century ends in a

<sup>1</sup> He must cordially have approved of *one* passage in our author, where the discontinuity and essential diversity of *natural* and *moral* are recognised with unusual force; vi. 17: "Ἀνω κάτω κύκλῳ φοραὶ τῶν στοιχείων! Ἡ δὲ τῆς ἀρετῆς κίνησις ἐν οὐδεμιᾷ τούτων ἀλλὰ θειότερόν τι κ. ὁδῶ δύσεπινότητι προΐουσα εὐοδεῖ. (R.: "Upwards, downwards, round and round course the elements. But the motion of virtue is none of these; of some diviner mould, it pursues the even tenor of courses unimagined.")

Dualism. In spite of some laughter at the "water-tight compartments" of scientific knowledge and religious faith, this is the normal attitude of the educated mind; not, indeed, in the Gnostic or Lactantian sense that the physical world was *created* originally, or is now for a time entirely administered, by the evil principle; but rather in this conviction (. . . at first negative, and then expanding into a very exuberance of postulates and corollaries . . .), that our nature and "differentia" is essentially distinct from anything else in the world;<sup>1</sup> that our duty is to attack, control, and subordinate material forces; to contradict the blind or remorseless advance of the Cosmic Process, and snatch from its jaws the weaker and even unpromising members of the human family. To justify this attitude, to encourage this seemingly fruitless endeavour, they appeal, not to reason, but to a common consciousness, and to a moral instinct which they cannot expel, to a personal hope which they find it hard to explain. Secular Science and Christian Democracy are at issue on this point. The former are more concerned for the freedom of truth and discovery, the creation of a more perfect race by selection and adaptation, than for the preservation or enlightenment of the tiresome weaklings who crowd our overgrown cities. The twentieth century will see the fresh varieties

<sup>1</sup> Read the whole of the Pessimistic conclusion of Book II., especially the words *ὁ δὲ βίος, πόλεμος καὶ ξένου ἐπιδημία*, for the true home and fatherland of man is the Cosmopolis, and the Sage will ever be a stranger in the haunts of men; cf. xii. 1: "Εση ἄνθρωπος ἄξιος τοῦ γεννησάντος Κόσμου, κ. παύση ξένος ὢν τῆς πατρίδος. This is no sober advice "Spartam nactus es, hanc exorna," in which the river of patriotism, confined in narrow banks, runs deep and strong: but a call to a worship of Nature, the Actual; to Aurelius, a pure and holy cult; but, from the same premisses, to others a eulogy of brute strength and natural appetite.

of the age-long contest of logic and abstract speculation, with the forces and prejudices of "unregenerate" human nature; refusing, in a strong sense of personal value, to be made a tool for the furthering of the kingdom of Science, the advance of the Millennium, or the triumph of the "Over-man."

§ 11. What seems most to have impressed the Greeks in their criticism of the Universe was that you could not *know* its purpose in the same way you could understand the motive of a friend or fellow-citizen, and that you could not *foresee* or *avoid* the certainty of its operations. This humiliating ignorance or impotence is thinly concealed beneath hymns to the majesty of God, as Nature or as Fate; for it is surely superfluous to remind the reader that the three terms are interchangeable. Acquiescence is therefore the sole virtue, face to face with the workings of unknowable law and sequence; and the constant rebuke of discontent (*δυσἀρέστησις*) may be due, partly to a religious sense of impiety, partly to a more practical dislike of the folly of temper and grumbling at what cannot be helped. It was a "counsel of utility" as well as a "counsel of perfection." As for any anticipation of the Baconian "regnum hominis," or modern scientific improvements, we look in vain. Clearly, Lucilius and Seneca, to name two instances, believed it was sacrilege either to explore practically the secrets of Nature or to adapt such knowledge to human uses. Both struck across that curious religious feeling which identified God and the world, and that sense of self-sufficingness in simplicity which was the starting-point of the Cynic and Stoic system. Seneca might, indeed, enjoy and use as a wealthy nobleman, but he could not justify as a

philosopher, the multiplication of conveniences and comforts. Therefore, in this changeless world, eternal (at least in relation to us), we hope for no advance, no effort is of avail, and Quietism remains the sole rule of conduct. We may add that we shall find the same depressing consciousness of vanity, of the futility of striving and endeavour, when we come to social relations. As the Universe is in the last resort impenetrable by knowledge and prayer, so each of our kindred is in his soul a "windowless monad," inaccessible to our influence. An independent disaggregated Atomism is the result of this boasted unity and affinity; and it is only the wholesome instinct of the Roman and the aristocrat that keeps Marcus not only to the passive tolerance of men he cannot understand, but to active endeavour in a society which is incurable and unchanging.

(C) INHERENT DIVERSITY OF THE NATURE OF MAN  
AND THE WORLD

ANALYSIS

- § 12. (*Texts of diversity between man's nature and the world's.*)
- § 13. *Each man a law to himself; he veers round to a complete subjectivity; negative attitude to Nature and men; positive guidance only from within.*
- § 14. "*Follow own constitution*"; careful "*physiology*" necessary for virtue.
- § 15. *Stoic creed no real support for his nature (or instinctive) goodness; only a mere appendage; he feels, but he cannot communicate or convince.*
- § 16. *Marcus errs in believing himself indebted to Stoicism; Science and System teach him nothing he did not know before.*

§ 12. We may now examine the passages in which man's *special* nature is contrasted with the *Universe*.



ii. 9 : Τούτων ἀεὶ δεῖ μεμνήσθαι τίς ἡ τῶν ὅλων Φύσις κ. τίς ἡ ἐμὴ κ. πῶς αὕτη πρὸς ἐκείνην ἔχουσα κ. ὁποῖόν τι μέρος ὁποίου τοῦ ὅλου οὔσα.—iii. 1. He speaks of his words carrying conviction only to τῷ πρὸς τὴν Φύσιν κ. τὰ ταύτης ἔργα γνησίως ῥκειωμένῳ (well translated by Rendall: "Him only who is in harmony with Nature and her sincere familiar").—iii. 4. This class is termed in the old and almost obsolete phraseology of the earlier School : τῶν ὁμολογουμένως τῇ Φύσει βιούντων.—iii. 9. Harbour in the Inner Self no thought (ὑπόληψις) which is ἀνακόλουθος τῇ Φύσει κ. τῇ τοῦ λογικοῦ ζώου κατασκευῇ (this is the first technical occurrence of this word, which is used for man's physical and mental conformation about fifteen times, and always in similar contexts).—iv. 25. The life of the good man ἀρεσκομένου μὲν τοῖς ἐκ τῶν Ὁλων ἀπονεμομένοις, ἀρκουμένου δὲ τῇ ἰδίᾳ πράξει δικαία κ. διαθέσει εὐμενεῖ. Here note that Marcus gets no active or practical encouragement or advice from the world's course; he is *negative* in this regard, merely motionless before that which befalls :

"Beneath the bludgeonings of Chance  
My head is bloody but unbowed."

This defiance he restates as pietistic resignation. His practical life, its *positive* content, he gets from an inner voice calling to works of mercy and fellow-feeling, to which there is no clue outside.

So 32 : It is the "*special* endowment or equipment," the "diversity of gift," that is to be the guide, ποιεῖν τὸ κατὰ τὴν ἰδίαν κατασκευὴν κ. τούτου ἀπρὶξ ἔχεσθαι. This law of one's being, more cogent severally than the outer Law, is called ὁ λόγος τῆς παρασκευῆς, iv. 5, where Rendall translates "reason of its con-

stitution," namely, that of an intelligent being.—v. 3. Think not, trouble not for others: *εὐθείαν περαιῖνε, ἀκολουθῶν τῇ φύσει τῇ ἰδίᾳ κ. τῇ Κοινῇ· μία δὲ ἀμφοτέρων τούτων ἡ ὁδός.* The way of both is one; here Marcus may conscientiously believe, but he cannot convince the reader.—v. 25. "Let him look to his own fault; I can't be troubled; it is his nature. I *have* what the universe's nature wishes (*ἡ κοινὴ Φύσις*), and I do that which my own special nature wishes me to do" (*ἡ ἐμὴ φύσις*).

§ 13. vi. 43. Again, "the diversities of gifts, and differences of operation," correcting the old impossible ideal of a purely "typical" excellence, in a favoured aristocracy; and seeing the value of the co-operation of things and faculties essentially diverse, and even antagonistic. Still, we are veering round to a complete subjectivity, which cuts the ground from any universal moral judgment, and leaves each man free and uncriticized to go his way. "Does Sun demand to perform the part of the Rain? Again, each single star—are not all different, yet all co-operating to the same end?" (*οὐχὶ διάφορα μὲν συνεργὰ δὲ πρὸς ταὐτὸν;*).—vi. 44: *Συμφέρει δ' ἐκάστω τὸ κατὰ τὴν ἑαυτοῦ κατασκευὴν κ. φύσιν* (and my constitution, as I have learned in the Schools, is both rational and social).—vii. 58: *Κατὰ τὸν λόγον τῆς σῆς φύσεως βιοῦν σε οὐδεὶς κωλύσει· παρὰ τὸν λόγον τῆς κοινῆς Φύσεως οὐδέν σοι συμβήσεται.*—vii. 20. The positive guide always *his own* nature *ἡ κατασκευή τοῦ ἀνθρώπου*.—vii. 55. "Look not on others with their Inner Self, but look straight in front": *ἐπὶ τί σε ἡ Φύσις ὁδηγεῖ, ἥ τε τοῦ ὅλου διὰ τῶν συμβαινόντων σοι κ. ἡ σὴ διὰ τῶν πρακτέων ὑπὸ σου.* Notice the immediate subdivision of the ambiguous term into

its parts, which are more or less incompatible, not "in pari materiâ"; and note also that the outer Nature gives no positive guidance.—viii. 12. "When you rise sluggishly in the morning" (a special failing of the Emperor, as it would seem), remember that *ὅτι κατὰ τὴν κατασκευὴν σου ἐστὶ κ. κατὰ τὴν ἀνθρωπικὴν φύσιν τὸ πρᾶξεις κοινωνικὰς ἀποδιδόναι*, whereas the faculty of sleep is no "differentia," but is common to man with the unreasoning animals: *ὁ δὲ κατὰ φύσιν ἐκάστω τούτο οἰκειότερον κ. προσφνέστερον καὶ δὴ καὶ προσηνέστερον*. For Marcus is struck by the laborious failure of the life of pleasure and self-indulgence, and, in his perfectly frank search for personal satisfaction, finds in social action alone his peculiar duty, and therefore (so ran the syllogism of Teleology) his abiding contentment.

§ 14: For (viii. 26) *εὐφροσύνη ἀνθρώπου ποιεῖν τὰ ἴδια ἀνθρώπου. Ἴδιον δὲ ἀνθρώπου, εὐνοια πρὸς τὸ ὁμόφυλον . . . ἐπιθεώρησις τῆς τῶν ὄλων Φύσεως κ. τῶν κατ' αὐτὴν γινομένων*. Here is man's function, in double rôle of critic and appraiser of Nature, and agent in the smaller world; this corresponds with the definition *λογικόν, πολιτικόν*.—viii. 45. Whatever befalls *ἔξω τὸν ἐμὸν Δαίμονα ἵλεων . . . εἰ ἔχοι κ. ἐνεργοίη κατὰ τὸ ἐξῆς τῇ ἰδίᾳ κατασκευῇ*.—viii. 52. Knowledge of self and of world (two quite different studies) indispensable for correct moral action: *Ὁ μὲν μὴ εἰδὼς ὃ τι ἐστὶ Κόσμος, οὐκ οἶδεν ὅπου ἐστίν. Ὁ δὲ μὴ εἰδὼς πρὸς ὃ τι πέφυκεν οὐκ οἶδεν ὅστις ἐ. οὐδὲ τί ἐ. Κόσμος. Ὁ δὲ ἔν τι τούτων ἀπολιπὼν οὐδὲ πρὸς ὃ τι πέφυκεν εἴποι*. It may be questioned whether Marcus found that the wider knowledge (the *φυσιολογία* of the later books) really threw much light on man's social duty. Science has always exerted a benumbing influence on the eager-

ness of common life; and it must be remembered that the so-called Stoic "theology" is but a department of natural investigation.—iv. 29: ποιήσον δ νῦν ἡ φύσις ἀπαιτεῖ, a formula which recalls the old inexactness of the canon, "Follow Nature," and gets over the difficulty of reconciling the two duties by confusing them,—a trick common to all Pantheistic systems.—ix. 42. Man fulfils the purpose of his nature, lives agreeably to his constitution in moral agency among his fellows, and therefore, by a certain (optimistic) law, gains fullest satisfaction: (limbs of body) κατὰ τὴν ἰδίαν κατασκευὴν ἐνεργοῦντα ἀπέχει τὸ ἴδιον (where Rendall: "Find their reward in realising the law of their being"). Οὕτω κ. ὁ ἄνθρωπος εὐεργετικὸς πεφυκῶς, when he does a kindly action, πεποίηκε πρὸς δ κατεσκευάσται κ. ἔχει τὸ ἑαυτοῦ.

§ 15. It is, of course, far from our purpose to doubt the sincerity of the Emperor's experience. Had he been convinced of the fortuitous atomism of the world-process, he would still have found his highest *pleasure* (for he never shrinks from hedonistic terms) in "showing mercy and pity"; and we should admire him no less. What we want to point out is that his abstract and logical Monism gives no better support, explanation, encouragement, for the life which (by a somewhat foolish anomaly) is called "self-denying" (for ἔχει τὸ ἑαυτοῦ). This civic virtue flourishes independent of his philosophic creed, because he is "Antoninus and a Roman," and still more because he is "permeated with religious faith in a Providence which Stoicism proper did its best to expel."—x. 33. That it was ultimately no School "maxims," but his empiric conviction, which led him to the social life, is clear again (as to ἡδυπαθοῦσιν

ἡ τρυφή); so it should come natural to you τὸ ἐπὶ τῆς . . . ὑποπιπτούσης ὕλης ποιεῖν τὰ οἰκεία τῇ τοῦ ἀνθρώπου κατασκευῇ· ἀπόλαυσιν γὰρ δεῖ ὑπολαμβάνειν πᾶν ὃ ἔξεστι κατὰ τὴν ἰδίαν φύσιν ἐνεργεῖν. Such action is to him "love, joy, peace"; his subjective delight (incommunicable to others) sets the stamp of Nature's approval on his choice. It is only by accident or carelessness that he acts otherwise. So the ultimate test is this subjective feeling; and everyone else must be left to follow his own particular bent. For Marcus, though convinced himself of the superiority of the social life, of tolerance and self-denial and concession, cannot convince others, and does not attempt to. It may here perhaps be remarked that in a sense all systems, even of the austere deontology, are in the last resort "hedonistic"; for the only reason of acceptance is approbation, and approbation of the good is the highest form of pleasure. On this final "hedonistic" standard there is a very beautiful and acute passage in Seneca, Ep. lxxvi.: "*Pro patria moriaris . . . salutem omnium civium tuâ redimas . . . non tantum patienter sed libenter. Si hoc facturus es, nullum aliud bonum est: omnia relinquis ut hoc habeas ('went and sold all that he had'; for here is 'the pearl of great price'). Vide, quanta vis honesti sit? Pro Republicâ morieris . . . interdum ex re pulcherrima magnum gaudium etiam tempore brevi ac exiguo capitur; et quamvis fructus operis peracti nullus ad defunctum exemptumque rebus humanis pertineat, ipsa tamen contemplatio futuri operis juvat: et vir fortis et justus quum mortis suæ pretia ante se posuit, libertatem patriæ, salutem omnium pro quibus dependit animam, in summâ voluptate est et periculo suo fruitur.*"—x. 36. Man's function is now, by

oft repetition, beyond all controversy ; τὸ ἴδιον ἔθος διασώζειν.)—xi. 5. The whole position is put very clearly : *Τίς σοῦ ἡ τέχνη ; ἀγαθὸν εἶναι. Τοῦτο δὲ πῶς καλῶς γίνεται ἢ ἐκ θεωρημάτων, τῶν μὲν περὶ τῆς τοῦ ὅλου Φύσεως τῶν δὲ περὶ τῆς ιδίας τοῦ ἀνθρώπου κατασκευῆς ;* It never seems to occur to him that the lessons of the two seem sometimes to come into conflict ; that the life of devotion to an ideal, realized not in oneself but in others, is an absolute defiance flung in the face of Natural Law and the Cosmic Process, and not a maxim derived from scientific study.—xii. 23. In proving "Death no Bane," τὸν καιρὸν κ. τὸν ὅρον δίδωσιν ἡ φύσις πότε μὲν καὶ ἡ ιδία ὅταν ἐν γήρᾳ, πάντως δὲ ἡ τῶν Ὁλων. (R. : "Nature sets 'the right time and limit' ; sometimes the individual nature with its bidding of old age, but in any case Nature at large, who by constant changes of the parts keeps the whole Universe ever fresh and vigorous.") While, to conclude, we have in the citation already given above, xii. 32, a good and final distinction between the *passivity* (quietism) of the first rule, the *activity* of the second. (ἢ σὴ φύσις . . . ποιεῖν, πάσχειν δὲ . . . ἡ κοινὴ Φύσις φέρει.)

§ 16. The sum of the whole matter seems to be this : Marcus finds in himself an eager and uncontrollable impulse, born of his temperament, early training, and high station, towards charitable and social endeavour (of a somewhat restricted kind, and neither enthusiastic nor self-forgetting). He suffers much if he, in this daily self-examination, discover opportunities for this exercise overlooked. This sense of failure in the only sphere of his free agency is the sole thing capable of causing him pain. All outward circumstance, even the success of his kindly efforts, is quite immaterial.



“No one can change his character,” says Cardinal Newman ; and Marcus would have been unselfish, in the same curious desponding way, among savages, and in face of the certain dissolution of souls in an accidental world. But his character is a beautiful and divine gift, and shines and burns like the good deed in a naughty world, irrespective of any fuel derived from Stoic tenets. Nay, rather these latter are incapable of obscuring the innate kindliness, the religious unction, of the noblest of Roman Emperors. His devotion gets no confirmation from an *unprejudiced* survey of the world ; nor can he make others think like him, that the “Beauty of Holiness” is the aim of the rational creature.

## CHAPTER III

### ABSOLUTE SUBJECTIVITY

#### (A) COMPLETE ISOLATION OF THE INDIVIDUAL FROM THINGS AND FROM HIS FELLOW-MEN

##### ANALYSIS

- § 1. (1) *Personality, a "windowless monad," impenetrable (later to be contrasted with his psychic solidarity); (2) Things absolutely still and lifeless.*
- § 2. *Duty to others = negative tolerance; mind and motive of other men beyond reach and understanding.*
- § 3. *Others cannot help their acts, and it is vain to be indignant or eager to reform.*
- § 4. *There must be such people in a world of all sorts; why then blame or despise? (no Standard or Value left except (Hegelian) fact of existence).*

§ 1. AFTER the emphasis on the peculiar "propriety" (*ἰδιον*) of man's character, duty, and nature, which has emerged in our last series of passages, we must advance still further towards the isolation of the personality, not merely from the rest of creatures, but also from its especial kindred. "Forget also thine own people and thy father's house." And this doctrine of the impenetrable solitude of each Soul is all the more astounding because it is combined with a genuine belief in the solidarity of all rational beings, and with many phrases

of the most uncompromising Monopsychism. We may be thankful that Marcus makes no attempt to be consistent or symmetrical; we are content to find in this very confusion of his thought, assurance of his perfect sincerity. We must put side by side (1) those sections where he pronounces the Soul (the real or "Inner Self") of other men to be inaccessible to his influence, or, strictly, even to his sympathy. (We shall in the next chapter note those passages in which he theorizes on the ultimate unity and identity of all Soul. In the one case, the distinction, the separateness, is final; in the second, it has no existence. In the one, personality is the single irrefragable fact of experience; in the other, it is a pure illusion. Which of these dogmas is the real belief of Marcus, I know not; I incline to think he felt his solitariness too keenly to give more than "lip service" to the hypothesis of a Single Soul or intelligence common to all men.) We shall add (2) those very striking passages in which he shows the absolute stillness of things, the absurdity of the belief that they have life and movement in themselves, or even sway or control our consciousness.

§ 2. On a closer survey, the social duty is attenuated into a negative tolerance of other men; a duty which is rather to oneself than to others, of never feeling annoyance, anger, indignation at their faults. What they say about one is indifferent, and the wise man should pay no attention to report or fame. Sometimes the reason is the general Stoic belief that happiness cannot depend on anything *external* to consciousness (ἐν ταῖς ἄλλαις ψυχαῖς τιθέσθαι τὴν εὐμοιρίαν, ii. 6); sometimes, when even Marcus is unable to conceal his contempt, because we realize how worthless is the judgment or the gossip

of such men. Other men's wrongdoing, pleasure, ingratitude, and the like are due to ignorance of the cardinal axioms.—iii. 11: συγγενοῦς . . . ἀγνοοῦντος μέντοι ὃ τί αὐτῷ κατὰ φύσιν ἐστίν: for of nothing is Marcus more certain than of the Platonic dictum, "All vice is ignorance" (ii. 2, iv. 3, vii. 62, 63, xi. 18). But his fault has nothing to do with the Sage. ἀμαρτάνει τις; ἐαυτῷ ἀμαρτάνει.—iv. 26: Ὁ ἀμαρτάνων ἐαυτῷ ἀμαρτάνει ὁ ἀδικῶν ἐαυτὸν ἀδικεῖ.—iv. 38. We are invited to look at the Inner Self of other men, τὰ ἡγεμονικὰ αὐτῶν διάβλεπε, while in the next section we are warned not to suppose our evil or our good dwells there; ἐν ἀλλοτρίῳ ἡγεμονικῷ κακὸν σὸν οὐχ ὑφίσταται.—v. 3. ἐκεῖνοι μὲν γὰρ ἴδιον ἡγεμονικὸν ἔχουσι κ. ἰδίᾳ ὁρμῇ χρώνται ἃ σὺ μὴ περιβλέπεις. Here the mind, the motive of others, is beyond our reach and understanding; the verb here is quite consistent with iv. 38, for it implies anxious interest; there, a piercing but momentary scrutiny.—v. 25: ἄλλος ἀμαρτάνει τι εἰς ἐμέ; ὄψεται ἰδίαν ἔχει διάθεσιν ἰδίαν ἐνέργειαν (so that even εἰ ἡ πόλις βλάπτεται οὐκ ὀργιστέον τῷ βλάπτοντι, v. 22). He uses a somewhat offensive analogy to show how fruitless it is to quarrel with or seek to alter another person's nature or function.—v. 28: τῷ γράσωνι μήτι ὀργίξῃ; μήτι τῷ ὀξοστόμῳ; τί σοι ποιήσῃ; τοιοῦτον στόμα ἔχει.—vi. 22. Concentration of self and the "even tenor" (εὐροια) of a consistent life makes it difficult to reprove and correct others: Ἐγὼ τὸ ἐμαυτοῦ καθήκον ποιῶ τὰλλα με οὐ περισπᾷ ἥτοι γὰρ ἄψυχα ἢ ἄλογα ἢ πεπλανημένα (iii. 11) κ. τὴν ὁδὸν ἀγνοοῦντα.

§ 3. vi. 27: Πῶς ὦμὸν ἐ. μὴ ἐπιτρέπειν τοῖς ἀνθ. ὁρμῶν ἐπὶ τὰ φαινόμενα αὐτοῖς οἰκεῖα κ. συμφέροντα; and this you don't do, ὅταν ἀγανακτῇς ὅτι ἀμαρ-

τάνουσι. Φέρονται γὰρ πάντως ὡς ἐπὶ οἰκεία κ. συμφέροντα αὐτοῖς. "But it isn't so." — "Very well, teach them that, and show them the way without vexation" (οὐκοῦν δίδασκε κ. δείκνυε μὴ ἀγανακτῶν). Similarly v. 28: δεῖξον, ὑπόμνησον! Εἰ γὰρ ἐπαίει, θεραπεύσεις κ. οὐ χρεία ὀργῆς.—vii. 55: Μὴ περιβλέπου ἀλλότρια ἡγεμονικά . . . πρακτέον ἐκάστω τὸ ἐξῆς τῇ κατασκευῇ.—vii. 71. Complete "inwardness" or subjectivity of this moral aim: "You can escape your own evil; other men's you cannot" (γελοῖόν ἐ. τὴν μὲν ἰδίαν κακίαν μὴ φεύγειν ὃ καὶ δυνατόν ἐ. τὴν δὲ τῶν ἄλλων φεύγειν ὅπερ ἀδύνατον).—viii. 4. You will never reform them! οὐδὲν ἤττον τὰ αὐτὰ ποιήσουσι, καὶ σὺ διαρρύαγῃς.—viii. 14. If he has such principles (δόγματα), there is nothing surprising if he behaves so: κ. μεμνήσομαι ὅτι ἀναγκάζεται οὕτω ποιεῖν. R.: "I shall not be surprised or shocked at his doing such and such things; I shall remember that he *cannot* do otherwise." (We may perhaps wonder, even if Marcus will not, at this use of "compulsion"; for his entire system is founded on the absolute freedom at any given moment of the soul to choose the right.)—The relativity of the standard is very clearly put in viii. 43: Εὐφραίνει ἄλλον ἄλλο· ἐμὲ δὲ εἰάν ὑγιὲς ἔχω τὸ ἡγεμονικόν. It is natural, then, that he should avow that only certain natures or characters can see the *cogency* of his arguments; iii. 3: πολλὰ τοιαῦτα οὐ παντὶ πιθανὰ μόνῳ δὲ τῷ πρὸς τὴν Φύσιν . . . γνησίως ᾠκειωμένῳ.—The only legitimate and (not very effective) instrument of moral reform is persuasion; but one asks, What if the sinner refuses to recognize the postulates? Εἰ μὲν δυνάσαι μεταδίδασκε· εἰ δὲ μὴ, μέμνησο ὅτι πρὸς τοῦτο ἡ εὐμένεια σοι δέδοται, ix. 11; similarly, ix. 42: "Ολως δὲ ἔξεστι σοι μετα-

διδάσκειν τὸν πεπλανημένον.—ix. 20 : Τὸ ἄλλου ἀμάρτημα ἐκεῖ δεῖ καταλιπεῖν.—In viii. 61 : Εἰσιέναι εἰς τὸ ἡγεμονικὸν ἐκάστου παρέχειν δὲ κ. ἐτέρῳ παντὶ εἰσιέναι εἰς τὸ ἑαυτοῦ ἡγ.—,

§ 4. We have only an apparent inconsistency between the earlier contrast *διάβλεπε* and *περιβλέπου* “Let others see your principles, your motives; and do you take their measure, and see if their judgment should carry weight.” The whole of the last paragraph in the Ninth Book is interesting: “When you stumble on the shamelessness of another, straightway ask yourself: *Δύνανται οὖν ἐν τῷ Κόσμῳ ἀναίσχυντοι μὴ εἶναι; οὐ δύνανται* (“offences must needs be”). *Μὴ οὖν ἀπαίτει τὸ ἀδύνατον, εἰς γὰρ κ. οὗτός ἐ. τῶν ἀναισχύντων, οὓς ἀνάγκη ἐν τῷ Κόσμῳ εἶναι.* Apply the same canon in case of the villain, the traitor, and every kind of sinner (*τὸ γένος τῶν τοιούτων, ἀδύνατόν ἐ. μὴ ὑπάρχειν. . . . Τί δαὲ κακὸν ἢ ξένον γέγονεν εἰ ὁ ἀπαιδεύτος τὰ τοῦ ἀπαιδεύτου πράσσει;*);—we must gently protest against the assumption in the last sentence. If all these different characters are needed for the furtherance of the World’s Purpose (whatever that may be),—so that, as Burke says, “we have that action and counter-action which in the natural and in the political world, from the reciprocal struggle of discordant powers, draws out the harmony of the Universe,”—why, we ask, does Marcus apply a bad and contemptuous name to any one of these diverse, yet (in their proper place) meritorious, units? It is not as if a final standard had been agreed upon. After all, there could be no standard of merit except the *fact* of existence. Yet while Marcus here outstrips the proper limits of indulgent and indifferent critic, we may clearly see his



profound conviction of the uselessness of reform, of any anticipation of a better state of mankind. A God cannot develop; the universe was divine or indeed God; therefore it were impious to connect change for the better either with the greater Commonwealth of Natural Law, or the lesser state of reasonable beings, which, in some unaccountable way, boasted a still closer affinity with the Source of Life. Therefore in a City it is no use to extirpate abuses; therefore, the whole mirage of life is meaningless, and time, instead of making for some "far-off divine event," is mere monotonous succession of the same tedious commonplace.—In x. 4 we have the better side of this tolerant Indifferentism, which is surely a dangerous virtue in a supreme ruler;—what would our Liberals say to the dethronement of their noble Discontent?—*Εἰ μὲν σφάλλεται διδάσκειν εὐμενῶς καὶ τὸ παρορώμενον δεικνύναι. Εἰ δὲ ἀδυνατεῖς σεαυτὸν αἰτιᾶσθαι ἢ μηδὲ σεαυτὸν.* What if by some curious chance he is here speaking of the young Commodus and some boyish escapade, in which, nevertheless (as in the repulsive episode in W. Pater's "Marius" about the broiled kitten), plainly emerged the ill-conditioned brutality or the madness of precocious Cæsarism? It is noticeable that the Emperor never speaks of the remedial power of punishment. It is strange to meditate upon the possible consequences to the world of a little well-placed severity in the early treatment of his son.<sup>1</sup>

<sup>1</sup> How deeply pathetic is his double repetition of the old tragic line, where he comforts himself for Heaven's desertion: *εἰ δ' ἡμελήθην ἐκ θεῶν κ. παῖδ' ἐμῷ ἔχει λόγον καὶ τοῦτο* (vii. 41, xi. 6)!

## (B) MORAL EFFORT EXPIRES IN TOLERANCE OF EVIL

## ANALYSIS

§ 5. *Excuse for sinners carried to verge of denying moral obligation (no spiritual criterion); Absolutism in every age.*

§ 6. *Denies reality to Sin as to Evil; only ignorance (amiability a fault in a ruler).*

§ 7. *Cause of failure; Aurelius has all the feminine virtues; a "slave-morality"; bluff and sturdy soldiers reconstruct fabric of Empire.*

§ 5. x. 30. Excuse for the sinner: *βιάζεται τί γὰρ ποιήσει*; which Rendall well translates: "He cannot help himself; what else can he do?" *εἰ δύνασαι ἄφελε αὐτοῦ τὸ βιαζόμενον* (we have already seen the slight air of mystery attaching to this "compulsion"). Is it force of habit, or ignorance, or result of bad principles? (*δόγματα*). If we follow another series of passages in which man's inalienable freedom is brought out, we shall decide that it is imaginary, and can be removed at pleasure by the Will. But here it appears to be a real hindrance. In some later Platonist and some coeval Christians, it would certainly imply dæmonic possession, the enslavement of the Will (as in Rom. vii. and the *ἐνοικοῦσα ἁμαρτία*). The real and pathetic remoteness of Marcus, from his own time, the interval or bridgeless gulf between the Emperor and his courtiers and family, may be discovered in the sad maxim, xi. 8: *Ὁμοθαμνεῖν μὲν, μὴ ὁμοδογματεῖν δέ*, admirably paraphrased or modernized by Rendall's "So, then,—one at core if not in creed." So, ix. 3, he finds consolation for death in the thought, *ὅτι οὐκ ἀπ' ἀνθρώπων ὁμοδογματούντων σοι ἡ ἀπαλλαγή ἐσται. Τοῦτο γὰρ μόνον . . . ἀνθεῖλκεν ἂν κ. κατεῖχεν ἐν τῷ*

ζήν, εἰ συζήν ἐφέϊτο τοῖς τὰ αὐτὰ δόγματα περιπεποιημένοις. Νῦν δ' ὁρᾷς ὅσος ὁ κόπος ἐν τῇ διαφωνίᾳ τῆς συμβιώσεως ὥστ' εἰπεῖν· “Θάττον ἔλθοις, ὦ Θάνατε μὴ ποῦ κ. αὐτὸς ἐπιλάθωμαι ἔμαντοῦ.”—xi. 13: *Καταφρονήσει μού τις; ὄψεται.* (That is his business entirely; I, too, will look to myself, that I be not found doing or saying aught deserving of contempt.) *Μισήσει; ὄψεται.* Ἀλλ' ἐγὼ εὐμενῆς κ. ἴλεως παντὶ (and ready to point out his fault or omission τὸ παρορώμενον).—Fifth of the maxims laid down in xi. 18 comes οὐδὲ εἰ ἀμαρτάνουσι κατέληφας· πολλὰ γὰρ καὶ κατ' οἰκονομίαν γίνεται. Καὶ ὅλως πολλὰ δεῖ πρότερον μαθεῖν ἵνα τις περὶ ἀλλοτρίας πράξεως καταληπτικῶς τι ἀποφηνηται. Rendall: “You cannot even be sure if they are doing wrong; for many actions depend upon some secondary end.<sup>1</sup> “In short, one has much to learn before one can make sure and certain about another's action.”—This tendency is leading slowly but surely to an absolute denial of the moral standard;<sup>2</sup> to the peculiar temper of the philosophers of the “Absolute”: who, determined to reach Unity somewhere, abandon the ethical standpoint as dualistic and imperfect, and perhaps feel enamoured of a speedier route

<sup>1</sup> I am inclined myself to connect this difficult word with the familiar Patristic usage: “adaptation of means to ends, condescension to human capacity, scheme of salvation accompanied by many seemingly incongruous details in the pursuit of the grand aim,—all the somewhat misty complex of ideas bound up in the idea of the Divine Stewardship, which (I need scarcely remark), in the Latinized “Dispensation,” disappears entirely.

<sup>2</sup> e.g. what would some people make of this, ii. 8: Τοὺς τοῖς ἰδίαις ψυχῆς κινήμασι μὴ παρακολουθοῦντας ἀνάγκη κακοδαιμονεῖν? Neither substantive suggests any spiritual criterion; and while the maxim might suit the purity of Quakers' “Inner Light,” it might also condone the excesses of the Kingdom of Munster.

to knowledge than by a process retaining the "otherness" of *subject* and *object*.

§ 6. St. Paul's constant advice, "Judge not another man's servant," and his insistence on the subjectivity of Ideals, yet never disturbs the grand and broad outlines of the moral fabric. But Aurelius—warping his better Roman judgment in a school where all "offences are equal," and "all men either wise or fools, saved or lost," where everything is bluntly black and white, and nothing shades off in an indistinct borderland—goes far towards denying reality to sin and evil altogether. At most, it is but subjective folly, result of poor principles; try and persuade the sinner, gently remonstrating, and he may mend his ways. In the Ninth, xi. 18: *πράως παραινῆς κ. μεταδιδάσκης*, in words which strongly recall the aged and *indulgent* Eli. ("Seize the moment when he is bent on mischief; try quietly to convert him to a better frame of mind":—"Not so, my son, we are made for other ends; you cannot hurt me, you hurt yourself, my son." R.). *Μή, τέκνον· πρὸς ἄλλο πεφύκαμεν. Ἐγὼ μὲν οὐ μὴ βλαβῶ, σὺ δὲ βλάβῃ, τέκνον.*<sup>1</sup> It is an unanswerable argument against Plato's "Philosopher-King," that the essential qualities of a Sage are precisely those which are likely to be mischievous in a Ruler. Let us, as leaders of men, have no cynics, but rather eager and enthusiastic strivers for what they believe to be right. Lewis XVI.,

<sup>1</sup> In spite of this loving formula, we find Marcus, v. 20, arranging (in a *certain aspect*) even fellow-men among *ἀδιάφορα*. "In one sense ἡμῖν ἐ. οἰκείωτατον ἄνθρωπος, inasmuch as we must do good to them and bear patiently with them; καθ' ὅσον δ' ἐνίστανται τινες εἰς τὰ οἰκεία ἔργα, ἐν τι τῶν ἀδιαφόρων μοι γίνεται ὁ ἄνθρωπος οὐχ ἡσσον ἢ ἥλιος ἢ ἄνεμος ἢ θηρίον (= "in so far as individuals obstruct my proper action, man falls into the category of things *indifferent*." R.).

if not an incapable, was a "philosopher-king"; yet the success of that unaccountable movement, the French Revolution, was due to his (unconscious) following Marcus' rules. A point of view so lofty, an outlook so sublime, of that man and his petty passions and struggles are but the turmoil of an ant-heap,—a judgment so tolerant that it finds excuse for every misdoer,—these are not proper qualifications in a statesman or a sovereign. There is surely nothing gained by belittling human life, by depreciating human concerns. Nor does the ascetic advance morality by arousing contempt for the body. The politician or the king who fails is not the one who takes a side and boldly embraces even his proved mistakes; but the one who loses faith in himself, has no convictions, and sees everything in one dim and dreary atmosphere of grey.

§ 7. At the end of the section he reaches a climax, and decks his pathetic maxim with a quite Platonic poetical trope: "*Tenth*, and lastly—a gift, so please you, from Apollo, leader of the choir" (εἰ δὲ βούλει, καὶ δέκατον παρὰ τοῦ Μουσηγέτου δῶρον λάβε, ὅτι τὸ μὴ ἀξιοῦν ἀμαρτάνειν μανικὸν ἀδυνάτου γὰρ ἐφίεται). It is madness to ask that evil should cease, or that the bad should stop sinning.—xii. 12: τὸ ἐξῆς τῇ Φύσει (for natural consequences), μήτε θεοῖς μεμπτέον· οὐδὲν γὰρ ἐκόντες ἢ ἄκοντες ἀμαρτάνουσι· μήτε ἀνθρώποις· οὐδὲν γὰρ οὐχὶ ἄκοντες. Ὡστ' οὐδενὶ μεμπτέον. A more absolute ἐποχὴ or suspension of judgment for want either of materials to form a criterion or from lack of any standard whatsoever,—you will not find in Sextus Empiricus!—xii. 16: ὁ μὴ θέλων τὸν φαῦλον ἀμαρτάνειν, ὁμοίως τῷ μὴ θέλοντι τὴν συκὴν ὀπὸν . . . φέρειν κ. τὰ βρέφη κλαυθυμυρίζεσθαι, κ. τὸν ἵππον χρεμετίζειν

κ. ὅσα ἄλλα ἀναγκαῖα. Τί γὰρ πάθῃ, τὴν ἔξιν ἔχων τοιαύτην; εἰ οὖν γοργὸς εἶ ταύτην θεράπειςον. ("What else can result, his heart being what it is? If it aggrieves you, amend it!") The "sins or shortcomings" of the particular are necessary (ἀναγκαῖα) and indispensable; "partial evil is universal good."—viii. 50. An angry critic, stung by a bee, or annoyed that a fig is unripe, or a thorn in the track, asks crossly: Τί δὲ καὶ ἐγίνετο ταῦτα ἐν τῷ Κόσμῳ; you will be laughed at by any student of Nature, φυσιόλογος, (answers Aurelius) ὥς ἂν κ. ὑπὸ τέκτονος κ. σκύτῳς . . . if you were to be aggrieved that in his workshop, ἐν τῷ ἐργαστηρίῳ ξέσματα κ. περιτμήματα τῶν κατασκευαζομένων ὀρᾷς. Nature, divine though she be, must have her failures, her misfits, her refuse,—and she has no place outside herself to put the rubbish. All is "Kismet"; and with God there are no distinctions, for all is perfect.

We have not the slightest wish in the foregoing to underrate the *personal* character of Marcus. No light words or settled treatise could destroy the beauty of the man, devoted to the undeviating pursuit of the right, or undermine his fair fame. But he is to us so worthy of respect and homage, not because, but in spite, of his tenets. The Stoic school nearly spoilt the noblest of the Romans, and certainly helped to sadden his life with a sense of failure and inefficacy. He has all the Christian virtues (except joy), which Nietzsche stigmatizes as "feminine." His is distinctively a "slave morality." He is weak as a ruler because he sees too far as a philosopher. In his eyes nothing is worth our attention, and the faults of others concern themselves. A little more righteous indignation, a harder line



between essentials and "indifferents" in behaviour, and the world might perhaps have been spared the sanguinary turbulence of the next hundred years. Truly, when Diocletian rebuilt the shattered palace of civilization, the crumbled edifice of the Roman State, he forgot every maxim of Marcus. He was not for that any the less the Camillus, the second founder of the Empire.

(C) SOUL, WITHOUT REAL CONTACT WITH THINGS-IN-  
THEMSELVES, CAN ASSIMILATE AND TRANSMUTE  
INTO MATERIAL FOR ITS OWN NURTURE

### ANALYSIS

- § 8. *Absolute independence towards outward things; still they may be transmuted from dross into gold by Soul as in a crucible; all can become material for Virtue.*
- § 9. *World of phenomenon has no substantive existence; a glittering mirage (Porch-Materialism ends in pure Idealism); attitude as of Magician to Spirits.*
- § 10. *None of them really come to us; it is we who "call them in"; source of impressions unknowable.*
- § 11. *Man in Solitude; spite of a theoretical Citizenship in two worlds; prevalent "inwardness" or mysticism of the age leaves clear trace on Marcus.*

§ 8. The Sage, in spite of the highest political prerogative, cannot issue forth from the magic circle of his own principles,—I had almost said "impressions"; but he has the complete mastery and control of these; he can transform the sense-message at will; for *πάντα ὑπόληψις* and his *ὑπόληψις* is free and final. Now what is his relation to the events, to the "things" of the world? A similar and absolute independence. Each man is accountable to no earthly power save

his own "Inner Self"; and has found the secret of transmuting the base metal of outward occasion into the alchemist's gold of noble choice. Everything is material, ὕλη, for virtuous action. The finest and clearest passage on this subject is at the opening of the Fourth Book: *Τὸ ἐνδον κυριεῖον ὅταν κατὰ φύσιν ἔχῃ, οὕτως ἑστήκε πρὸς τὰ συμβαίνοντα ὥστε αἰὲ πρὸς τὸ δύνατον κ. διδόμενον μετατίθεσθαι ῥαδίως.* (R.: "When the Sovereign Power within is true to nature, its attitude towards outward circumstance is that of ready adjustment to whatever is possible and offered for acceptance.") *"Τλὴν γὰρ ἀποτεταγμένην οὐδεμίαν φιλεῖ* (= sets its affections on no determinate material) *ἀλλ' ὁρμᾷ πρὸς τὰ ἡγούμενα μεθ' ὑπεξαίρέσεως* (= "keeps each impulse and preference conditional and subject to reservation"). *Τὸ δὲ ἀντεισαγόμενον ὕλην ἑαυτῷ ποιεῖ, ὥσπερ τὸ πῦρ ὅταν ἐπικρατῇ τῶν ἐπεμπιπτόντων (ὑφ' ὧν ἂν μικρός τις λύχνος ἐσβέσθῃ).* ("Obstacles encountered it converts into material for itself, just as fire lays hold of accumulations" [? gets the mastery over all the fuel flung upon it], "which would have choked a feebler light"? *Τὸ δὲ λαμπρὸν πῦρ τάχιστα ἐξωκείωσεν ἑαυτῷ τὰ ἐπιφορούμενα κ. κατηνάλωσεν κ. ἐξ αὐτῶν ἐπὶ μείζον ἥρθη.* ("For a blaze of fire at once assimilates all that is heaped on it, consumes it, and derives new vigour from the process." Rendall, iv. 1.) —So v. 20. *Περιτρέπει γὰρ κ. μεθίστησι πᾶν τὸ τῆς ἐνεργείας κώλυμα ἢ Διάνοια εἰς τὸ προηγούμενον.* ("For the Understanding modifies and converts every hindrance to action into furtherance of its prime aim. So that checks to action actually advance it, and obstacles in the way promote progress.") For Marcus, to whom nothing is in unqualified fashion "good but the Good

Will," lays no claim to extensive sovereignty. It may be remembered that Fichte, in one of his eloquent popular writings, rests upon this noble feebleness of the will in the exterior world, a supreme argument for human immortality.—So vii. 68 : ἀεὶ γάρ μοι τὸ παρὸν ὕλη ἀρετῆς κτλ. Πᾶν γὰρ τὸ συμβαῖνον θεῷ ἢ ἀνθρώπῳ ἐξοικειοῦται (adapts and assimilates to itself).—x. 31 : τί γὰρ ἔστι πάντα ταῦτα ἄλλο πλὴν γυμνάσματα λόγου ἑωρακότος ἀκριβῶς κ. φυσιολόγως τὰν τῷ βίῳ ; Μένε οὖν μέχρῃς ἐξοικειώσης σαυτῷ κ. ταῦτα, ὡς ὁ ἐρρῶμένος στόμαχος πάντα ἐξοικειοῖ, ὡς τὸ λαμπρὸν πῦρ (= iv. 1) ὅτι ἂν βάλλῃς φλόγα ἐξ αὐτῶν κ. αὐγὴν ποιεῖ. (Rendall: "What are they all but exercises for Reason, scientifically and philosophically facing the facts of life? Persevere, then, till you make them part of your own being, just as the healthy stomach assimilates its food, or a quick fire burns everything you throw on it into flame and light.")

§ 9. Now it must be noted that this process entirely depends upon the Soul. In themselves, things are blind and dumb, colourless and immovable. It is we who draw them to ourselves, call them as it were within range of our Reason, and submit them to the alchemical process. In themselves they have no substantive existence: the world of phenomena is a glittering mirage; it is *mayā* (or illusion). To such idealism, tending even towards solipsism, has the early materialism of the Porch been forced!—iv. 3. Keep among the "weapons most ready to hand," ἐν τοῖς προχειροτάτοις, these two convictions, ἐν μὲν ὅτι τὰ Πράγματα οὐχ ἄπτεται τῆς ψυχῆς, ἀλλ' ἔξω ἑστηκεν ἀτρεμοῦντα· αἱ δὲ ὀχλήσεις ἐκ μόνῃς τῆς ἑνδον ὑπολήψεως. ("Things cannot touch the Soul, but stand

without it stationary; tumult can arise only from views within ourselves." R.) He repeats this with emphasis; v. 19: *Τὰ Πράγματα αὐτὰ οὐδ' ὅπωςτιοῦν ψυχῆς ἄπτεται, οὐδ' ἔχει εἴσοδον πρὸς ψυχὴν, οὐδὲ τρέψαι οὐδὲ κινῆσαι ψυχὴν δύναται. τρέπει δὲ κ. κινεῖ αὐτὴ ἑαυτὴν μόνη, κ. οἶον ἂν κριμάτων καταξιώσῃ ἑαυτὴν τοιαῦτα ἑαυτῇ ποιεῖ τὰ προσυφεστῶτα.* ("Things material cannot touch the Soul in any way whatever, nor find entrance there, nor have power to sway or move it. Soul is self-swayed, self-moved; modifying the objects upon which it plays into accord with the judgments which it approves." R.) Thus an outer world, that unsubstantial fabric of impressions to the creation of which we contribute so much, reading ourselves into it rather than yielding to its impress,—this Heraclitean separate domain of each consciousness where no other guest or companion can be admitted,—is a phantom called up or exorcized at our will.—vi. 8: *τὸ Ἑγεμονικὸν ἐ. τὸ ἑαυτὸ ἐγείρον κ. τρέπον κ. ποιοῦν μὲν ἑαυτὸ οἶον ἂν κ. θέλῃ ποιοῦν δὲ ἑαυτῷ φαίνεσθαι πᾶν τὸ συμβαῖνον οἶον αὐτὸ θέλει* (= "self-excited and self-swayed, which makes itself just what it wills to be, and all that befalls seem to itself what it wills.") *Φαινόμενα* mere deceptive semblances,—exercising no power or influence at all on our judgments.—vi. 52: *"Ἐξεστι περὶ τούτων μηδὲν ὑπολαμβάνειν κ. μὴ ὀχλεῖσθαι τῇ ψυχῇ. Αὐτὰ γὰρ τὰ Πράγματα οὐκ ἔχει φύσιν ποιητικὴν τῶν ἡμετέρων κρίσεων.*—So ix. 15: *τὰ Πράγματα ἔξω θυρῶν ἔστηκεν* (stand without the doors obedient servitors, waiting for our call, meaningless congeries of letters expectant of an arrangement into an alphabet, a rational sentence), *αὐτὰ ἐφ' ἑαυτῶν μηδὲν μήτε εἶδοτα περὶ αὐτῶν μήτ' ἀποφαινόμενα.* They have no message; or,

rather like ghosts, cannot speak unless first interrogated by a mortal. It is only the craven soul who yields to the notion that they can tyrannize. "Lupi Mœrim videre priores." The bold magician confronts the apparition in his own good time, undeterred by the disconcerting yet harmless gibbering of the Spectres. Rather it is he who summons them at pleasure; of themselves, they cannot and dare not burst into his solitude. *Τὶ οὖν ἀποφαίνεται περὶ αὐτῶν; τὸ 'Ηγεμονικόν.*—So once more xi. 11: *Εἰ μὲν οὖν οὐκ ἔρχεται ἐπὶ σέ τὰ Πράγματα ὧν αἱ διώξεις κ. φυγαὶ θορυβοῦσί σε, ἀλλὰ τρόπον τινὰ αὐτὸς ἐπ' ἐκεῖνα ἔρχῃ. Τὸ γοῦν κρίμα τὸ περὶ αὐτῶν ἡσυχάζετω, κἀκεῖνα μενεῖ ἀτρεμοῦντα* (not budging, not stirring a foot inside your magic circle, like docile and well-disposed Ariels). R.: "The things it so perturbs you to seek or shun, do not come to you; rather you go to them; only let your judgment of them holds its peace, and their side will remain stationary."

§ 10. xi. 16. The fairest life (*κάλλιστα διαζῆν*) comes from "indifference" to all things not under our power: *μεμνημένος ὅτι οὐδὲν αὐτῶν ὑπόληψιν περὶ αὐτοῦ ἡμῖν ἐμποιεῖ οὐδ' ἔρχεται ἐφ' ἡμᾶς. Ἀλλὰ τὰ μὲν ἀτρεμεῖ ἡμεῖς δέ ἐσμεν οἱ τὰς περὶ αὐτῶν κρίσεις γεννῶντες κ. (οἶον) γράφοντες ἐν ἑαυτοῖς, ἐξὸν μὲν μὴ γράφειν ἐξὸν δὲ καὶ πού λάθῃ εὐθὺς ἐξαλείψαι.* R.: "Nothing can imbue us with a particular view about itself or enforce an entrance; things are stationary; it is we who originate judgments regarding them, and, as it were, inscribe them upon our minds,—when we need inscribe nothing, or can instantaneously efface any inscription written there unawares." The Sophists had claimed for the individual the most perfect freedom in assent and



acceptance of convention; the Sceptics (as Sextus Empiricus shows us throughout his work), while preserving this fundamental subjectivity or relativity in theory, had insisted in practice on the wisdom of following the "custom of the country"; and Lucian the popularizer of this half-agnostic, half-dogmatic reaction in favour of society, rejects with ridicule and indignation the pretensions of mystical egoism. He lays down the rule that happiness is found only in the "Common Life, and in wise submission to commonplace" (*βίον κοινὸν ἅπασι βιοῦν ἀξίων κ. συμπολιτεύση τοῖς πολλοῖς, οὐδὲν ἀλλόκοτον κ. τετυφωμένον ἐλπίζων. Hermotimus*).

The Stoic while seeming to canonize the social aim, speaks and writes about it in such a way as to leave a loophole for evading its responsibilities; partly by preaching the claims of the wider *πόλις* of Nature with which they supposed themselves in fuller sympathy, partly also by advancing the policy of abstention, "as God in the world, so the Sage in society."—Again, the early Sophists, the "Aufklärung" of ancient Greece, taught a complete subjective impressionism; and as man in his social life had no real guide or criterion but utility, so in his more personal side he was alone in the middle of incommunicable sensations which were valid only for himself. It is perhaps reserved for Marcus Aurelius to declare that the unknowable source of these varying feelings and emotions is itself, like the supposed fabric of the moral and Social Law, pure hallucination. It is true that he does not commit himself to denying the existence of phenomena; but they exist purely subjectively, in the terms and at the will and pleasure of the mind, which neglects, estimates, or employs.



Seduced by this motionless, yet inviting mirage in life's wilderness, the unwary soul submits itself to a voluntary slavery; "me rebus subjungere conor," the modern "adaptation to environment" (a phrase which the Emperor must have condemned as abandoning life's central truth). "Te facimus Fortuna deam Cœloque locamus." But the Sage, like Adam amid the lower creatures, gives names and values to things which in themselves have neither meaning nor coherence.

§ 11. Thus, in spite of theoretical citizenship in *natural* and *social* commonwealth, the Sage is driven back into himself. We are now approaching the most significant part of Marcus' Philosophy, — just that notable point of transition in which the influence of Plato supersedes that of Zeno and Chrysippus. Of extant authors in that age, Dio Chrysostomus is the last who preserves the somewhat narrow common-sense, the mental balance, the acquiescence in superficial verities, which we usually associate with Stoicism. Excluding Lucian, who like Voltaire had no originality, and belonged to no recognized school but that of opulent "bourgeois" respectability,—all the rest are tinged with mysticism: the sense of worlds undreamt-of by the vulgar, to which access was found through meditation or orgiastic cult. Aristides unites the beliefs of "Christian Science" with the study of nightly visions, that borderland of the soul in which two consciousnesses may be distinguished (see Von Drel's *Philosophy of Mysticism*), and the "astral body" be united to its cognate spirit, the Earth-Soul. Appuleius, like some allegorist of "Cinderella" and "Jack the Giant-killer," cleverly interweaves with a well-known romance certain significant episodes, as "Cupid and

Psyche," with a view to a Platonic moral, and finds in the deliverance from carnal snares the work of Isis on behalf of her votary. Numenius, one of the obscure links in the transmission of the Platonic tradition, represents to us rather the general tendency to Trinitarian doctrine; but we need not doubt that his ethical system founded on this was a direct and personal illumination. "Inwardness," or the intrinsic treasures of Soul, was the predominant idea; and we look confidently in Marcus for further illustration. Nor are we disappointed.

## CHAPTER IV

### HAPPINESS AND DESTINY OF MAN'S SPIRIT

#### (A) SELF-SUFFICINGNESS OF THE SOUL

##### ANALYSIS

- § 1. *The impregnable fastness of the Soul.*
- § 2. *Contentment with Self the supreme End; a self-centred peace; "our true and intrinsic good cannot depend on another."*
- § 3. *Little success in convincing others of λόγος indwelling; average man prefers to be left to zest and uncertainty of old life.*
- § 4. *"Serenity" the unvarying aim of the Schools (various synonyms).*

§ 1. WE will first examine those passages in which he dwells on the "*Self-sufficingness*" of the conscious spirit; we shall then notice the unquestionably mystical language of certain sections, where we seem to be reading Plotinus a century before his time; and conclude the survey of the Doctrine of Man with a collection of those phrases which speak of the "Deity Within," and from the crude materialism of early Stoic identification of νοερόν πῦρ in Man and in God, elevate a system, more or less complete, of mystical Theology. "Coelum non animum mutant qui trans mare currunt"; similarly Marcus reproves himself for desiring artificial seclusion, ἀγροικίας κ. αἰγιαλούς κ. ὄρη . . ., when it is at any moment within our power to

retreat to the undisturbed fastness of our own soul, and there find a peace which passes understanding: ἐξὸν ἥς ἂν ὥρας ἐβελήσῃς εἰς ἑαυτὸν ἀναχωρεῖν· οὐδαμοῦ γὰρ οὐθ' ἡσυχιώτερον οὐτ' ἀπραγμονέστερον ἄνθρωπος ἀναχωρεῖ ἢ εἰς τὴν ἑαυτοῦ ψυχὴν, μάλισθ' ὅστις ἔχει ἔνδον τοιαῦτα εἰς ἃ ἐγκύψας ἐν πάσῃ εὐμαρείᾳ εὐθὺς γίνεται. R.: "Nowhere can man find retirement more peaceful and untroubled than in his own soul; specially he who hath stores within, a glance at which straight-way sets him at perfect ease." For the soul is free if it will but recognise and claim its empire (one of independence rather than actual mastery), οὐκ ἐπιμινύται λείως ἢ τράχεως κινουμένῳ πνεύματι (pneumatic current of life and the vital emotions) ἢ Διάνοια, ἐπειδὰν ἅπαξ ἑαυτὴν ἀπολάβῃ κ. γνώρισῃ τὴν ἰδίαν ἐξουσίαν.—vii. 28: Εἰς σαυτὸν συνειλοῦ. Φύσιν γὰρ ἔχει τὸ λογικὸν Ἑγεμονικὸν ἑαυτῷ ἀρκεῖσθαι δικαιοπραγοῦντι κ. παρ' αὐτὸ τοῦτο γαλήνην ἔχοντι. The verb ἀρκέω in its impersonal neuter sense ἀρκεῖ, "it is enough, it suffices," is used in a technical sense about a dozen times of the "sufficiency" of things before us as an occasion (ἀφορμὴ) for moral action; but its chief technical use is in the passive, in which it refers to the contentment of soul with itself.—iii. 6. He gives himself full permission to follow the new Ideal, if he can discover anything better (κρεῖττον) than justice, truth, temperance, courage,—which he sums up as καθάπαξ τοῦ ἀρκεῖσθαι ἑαυτῇ τὴν Διάνοιαν.—iv. 25. Coupled with contentment with the apportioned lot is the truer and inward satisfaction of the man, ἀρκουμένου τῇ ἰδίᾳ πράξει.—iv. 32. He pities the foolish strivers of yesterday, dead and forgotten now, who "went after other gods," ἀφέντας ποιεῖν τὸ κατὰ τὴν ἰδίαν κατασκευὴν κ. τούτου

ἄπριξ ἔχεται κ. τούτῳ ἀρκέσθαι.—v. 14: "Reason and the reasoning process are in themselves and their action self-sufficing faculties" (δυνάμεις εἰσιν ἑαυταῖς ἀρκούμεναι).

§ 2. He forgets, perhaps, that the exercise of the intellectual faculty is "its own reward," if it in any way attain truth; whereas the soul cannot but mourn the ineffectiveness of moral effort. Doubt of the former does but lead to a scepticism which is far from unpleasing; but a sense of futility, however comforted by eulogy of the initial act of willing, cannot but lead in the other sphere to pessimism.—vii. 66. We must ask if Socrates was then content (εἰ ἐδύνατο ἀρκέσθαι τῷ δίκαιος εἶναι κτλ.—The word, pregnant with a technical meaning, occurs six times in the Eighth Book, of which the more interesting are § 7, Ἀρκέται πᾶσα φύσις ἑαυτῇ εὐδοδούσῃ.—§ 45 (already quoted), the deity within ἀρκούμενος, "if it can feel and act after the ordering of its own constitution." R.—§ 48: Ἀκαταμάχητον γίνεται τὸ Ἡγεμονικὸν ὅταν εἰς ἑαυτὸ συστραφὲν ἀρκέσθῃ ἑαυτῷ; The Self-sufficing Soul invincible.—ix. 26: Ἀνέτλης μύρια διὰ τὸ μὴ ἀρκέσθαι τῷ σῶ Ἡγεμονικῷ, ποιοῦντι ταῦτα εἰς ἃ κατεσκευάσται.—ix. 42: Οὐκ ἀρκεῖ τούτῳ ὅτι κατὰ φύσιν τήν σήν τι ἔπραξας ἀλλὰ τούτου μίσθον ζητεῖς; ὥς εἰ ὁ ὀφθαλμὸς ἀμοιβὴν ἀπῆτει ὅτι βλέπει. There is nothing beyond the performance of the individual act in accordance with eternal "dogmata"; there is no recompense here or elsewhere; but, what is far more dispiriting, there is no real assurance that the Right will ultimately prevail;—for by the very terms of his creed Marcus cannot put off to some future time in a gradual process (to which even his poor actions could contribute) a

Perfection which was ever present, here and now. So, for justification of its behaviour, Soul looks within to the peace which arises from a view of life essentially negative, self-centred, and abstentionist. See also xi. 11.—Nothing exists for the Reason except its own (voluntary) judgments, its *ὑπόληψις*; and this is always under its control.—ii. 15: *Πᾶν ὑπόληψις* . . .—iv. 3 (*ad fin.*): *Ὁ κόσμος ἀλλοίωσις ὁ βίος ὑπόληψις* (where Rendall's admirable translation perhaps misses a little the sadness of the diction: "The world is a process of variations; life, a process of views").—iv. 7: *Ἄρουν τὴν ὑπόληψιν, ἦρται τὸ "βέβλαμμαι."* "Get rid of the assumption; there-with you get rid of the sense, 'I am an injured man.'"—vii. 33: *Ἡ Διάνοια τὴν ἐαυτῆς γαλήνην κατὰ {ἀπό-} ὑπό-} ληψιν διατηρεῖ κ. οὐ χεῖρον τὸ Ἡγεμονικὸν γέγονε.* R.: "The understanding in abstraction" (or "according to its view") maintains its calm, and the "Inner Self is unimpaired."<sup>1</sup>

§ 3. viii. 40. Marcus has but scanty hope that the average man will *identify* himself, as he advises, with this abstracted but impotent Reason. Here is a little colloquy: "Take away your own view of what you regard as painful, and you stand unassailable. 'But of

<sup>1</sup> Very noticeable is his *subjective* usage and definition of the objective *εὖμοιρος*, V. last §. τὸ δὲ *εὖμοιρος*, ἀγαθὴν μοῖραν *σεαυτῷ ἀπονεύμας*, and the "good fortunes or lucks" which most men deem external to themselves, or to be obtained by propitiating capricious deities, in any case, not beneath their direct control,—are ἀγαθαὶ τροπαὶ ψυχῆς ἀγ. ὀρμαὶ ἀγ. πράξεις. For it is incredible that our true good could be in any one else's hands. Thus Teleology influences ethics, but is not permitted to reconstruct metaphysics; for purpose without a personal aim is inconceivable. Mere mechanical interaction of parts cannot, without violence to language and prejudice, be termed an end-in-itself.



what *you* is this true?' 'Of Reason.' 'But Reason and I are not the same.' Very good; then spare Reason (?) the pain of giving itself pain; and if some other part of you is amiss, let it keep that view to itself" (*ἐὰν ἀφέλῃς τὴν σὴν ὑπόληψιν . . . αὐτὸς ἐν ἀσφαλεστάτῳ ἔστηκας*—*Τίς αὐτὸς*;—*ὁ Λόγος*—'Ἀλλ' οὐκ εἰμι λόγος.—'Εστω κτλ. Here is a difficulty and a new feature in Stoicism. Aurelius, like all mystics, identifies his real self with an attenuated spiritual and divine principle which has nothing in common with human interests. Now the average man refuses to consider himself in the light of an "organ of impersonal Reason," or as a character in someone else's dream.<sup>1</sup> The whole relation of this *Νοῦς θυραθὲν εἰσίων* to the complex human framework, where it is for a time and to no purpose imprisoned, is beset with doubts and problems. We shall have to examine, when we approach the Universe from the objective side, the passages in which Marcus in *theory* recognises the monopsychism, which in his *practice* he so clearly rejects. Now, what is this *Λόγος* in the other man, of whose very presence he is unconscious? "Perchance he sleepeth, and must be awaked." A divine indwelling, but solely in potentiality (*δυνάμει*), and in the vast majority of men never reaching efficiency,—a puzzling and, perhaps, useless belief. The nature of man tends to break up from the popular dualism of soul and body into a number of distinct parts,—the six or seven selves of Indian mysticism,—the '*Ηγεμονικόν*, the *Dianœa*, the *Λόγος*, the Soul, which every now and again have a sharp contrast of outline, though we know very well they are in the end identical:—and

<sup>1</sup> See the last scene in *Alice through the Looking-Glass*.

most difficult of all—the constant representation of the Soul “as the pious verger of an Idol in an unspotted Temple,”—an “Ion” without his unreflecting joyousness. The question still remains, “What is a particle of God doing in that unpromising dungeon?” Is it true even with the Pantheist that the source of life attains “*self-consciousness*” in man? Is it not true that it only reaches this doubtful blessing in the rare and infrequent Sage,—who then, mouthpiece of the Almighty or his very self, unhesitatingly condemns the Cosmic Process as cruel and meaningless? Yet for the average man, happy in his delusion, it retains its charm and zest. The feud between Philosophy and the people of which Plato spoke, in its new phase of “*Science versus Democracy*,” bids fair to be perennial.

§ 4. We return to simpler topics. viii. 28: ‘Ο πόνος ἦτοι τῷ σώματι κακόν· οὐκοῦν ἀποφαινέσθω. ἡ τῇ ψυχῇ· ἀλλ’ ἔξεστιν αὐτῇ τὴν ἰδίαν αἰθρίαν κ. γαλήνην διαφυλάσσειν κ. μὴ ὑπολαμβάνειν ὅτι κακόν. Πᾶσα γὰρ κρίσις κ. ὀρμή κ. ὄρεξις κ. ἔκκλισις ἔνδον κ. οὐδὲν κακὸν ᾧδ’ ἀναβαίνει.—ix. 13: ἐξέβαλον πᾶσαν περιστάσιν (he corrects the words ἐξῆλθον, because ἔξω οὐκ ἦν ἀλλ’ ἔνδον ἐν ταῖς ὑπολήψεσι). So 32: πολλὰ περισσὰ περιελεῖν τῶν ἐνοχλούντων σοι δύνασαι, ὅλα ἐπὶ τῇ ὑπολήψει σου κειμένα.—The same is true of other men’s unkind actions; they have no real objective existence, and exist in and harm only their souls, being no concern of ours; xi. 18 (7): οὐχ αἱ πράξεις αὐτῶν ἐνοχλοῦσιν ἡμῖν· ἐκεῖναι γὰρ ἐ. ἐν τοῖς ἐκείνων ἡγεμονικοῖς, ἀλλ’ αἱ ἡμετέραι ὑπολήψεις.—xii. 8. Among maxims and definitions, he reminds himself ὅτι πάντα ὑπόληψις; so 22, 26: “Ὅτι πάντα ὑπόληψις· κ. αὕτη ἐπὶ σοι. Ἄρον οὖν ὅτε θέλεις τὴν ὑπόληψιν, κ. ὥσπερ καμψάντι τὴν ἄκραν,

γαλήνη σταθερὰ πάντα κ. κόλπος ἀκύμων (a beautiful passage though the ὅτε θέλεις is untrue to the experience of most men ; which Rendall thus translates : " The *view* taken is everything, and that rests with yourself. Disown the view at will ; and behold the headland rounded, there is calm, still water, and a waveless bay "). So 25 : Βάλε ἔξω τὴν ὑπόληψιν, κ. σέσωσαι ! There's nothing outside corresponding to your fears, hopes, anxieties.

The words used to convey this imperturbable serenity, single point of equilibrium and permanence, in an unstable and dissolving world,—are mostly common to other Stoic writers, though Marcus inserts some of his own. Above all, he delights to employ the terms of Hedonism, as religious writers sometimes seem to profane heavenly raptures by the similes of earthly love. As Seneca borrows his texts for the Lucilian sermons from Epicurus, so Marcus takes from the Cyrenaic school of sensationalism the language of voluptuous enjoyment. One term in very general use, ἀταραξία, he uses once only (just as αὐτάρκεια and εὐδαιμονία occur but once) : αἰθρία, γαλήνη, ἀλυπία, τὸ ἀπαιθριάσαι (" gain unclouded calm," ii. 4), εὐζωεῖν, εὐθυμία (a Democritean word), εὐμάρεια, εὐμοιρία, εὐοδία, and εὐοδεῖν several times, εὖρους and εὐροεῖν, εὐρυχωρία (recalling the Psalm : " Thou hast set my feet in a large room "), εὐσταθεῖν, εὐσχολεῖν, εὐφροσύνη, and εὐφραίνειν often.—x. 1. A unique instance, ἡσθήση is used in a good sense, and coupled with ἀρκεσθήση, and in same section where ἡδονή is used in its invariably *bad* sense ; for in twenty-three places it is that which the good man shuns and the vulgar identify with the Good) θυμηδία (in good sense), σωτηρία, ὑγίεια, φαιδρύνειν : while ἀπολαύειν is used now of lower pleasures ; iii. 6 :

τοῦ ἀρίστου εὐρισκομένου ἀπόλαυε . . . ἀπολαύσεις ἡδονῶν; now of delight in the higher life, Πότε γὰρ ἀπλότῃτος ἀπολαύσεις, x. 9; and Τί λοιπὸν ἢ ἀπολαύειν τοῦ ζῆν (xii. 29), συνάπτοντα ἄλλο ἐπ' ἄλλῳ ἀγαθόν; x. 33: Ἀπόλαυσιν γὰρ δεῖ ὑπολαμβάνειν πᾶν ὃ τι ἔξεστιν κατὰ τὴν ἰδίαν φύσιν ἐνεργεῖν (whereas three times in viii. 1 and x. 1 the word has a bad connotation).<sup>1</sup>

In the same direction points the frequency of the word ἔνδον to express the true life of man, whether as epithet of Dæmon (ii. 13, 17, iii. 16), or in another metaphor of the will (τὸ ἔνδον κυριεῦον, iv. 1): Ἐνδον βλέπε.—vii. 59: Ἐνδον γὰρ ἡ πῆγη τοῦ Ἀγαθοῦ κ. αἰεὶ ἀναβλύζειν δυναμένη ἐὰν καὶ σκάπτῃς.—x. 38: Μέμνησο ὅτι τὸ νευροσπαστοῦν ἐστὶν ἐκεῖνο τὸ ἔνδον ἐγκεκρυμμένον . . . ἐκεῖνο ζώῃ ἐκεῖνο (εἰ δεῖ εἰπεῖν)

<sup>1</sup> That for the Stoics, as for the followers of Epicurus, a felt and experienced satisfaction, and not an outward code, is the final criterion, no one can doubt who reads Marcus carefully (or, for that matter, Epictetus either). As with Socrates in the *Memorabilia*, virtue results from the discovery that there are pleasures more intense and lasting than those of "sense" (ἐτι ἡδίων τούτων).—v. 9. To the objector that sensual gratification is προσηνέστερον, he eagerly denies the position; it is due to inexperience θεᾶσαι εἰ προσηνέστερον μεγαλοψυχία ἐλευθερία ἀπλότῃς εὐγνωμοσύνη ὁσιότης. Αὐτῆς γὰρ φρονήσεως (which, as embodying something of *speculative* knowledge, he puts after the pure *moral* virtues) τί προσηνέστερον; ὅταν τὸ ἀπταιστον κ. εὖρουν ἐν πᾶσι τῆς παρακολουθητικῆς κ. ἐπιστημονικῆς δυνάμεως ἐνθυμηθῇς ("Smooth unhalting flow of its intelligence and apprehension." R.).

Again, we shall have to notice later, vii. 13: οὕτω σε . . . εὐφραίνει τὸ εὐεργετεῖν, and again οὕτω ὡς σαυτὸν εὖ ποιῶν, where the test of attainment is the *pleasure derived from a virtuous action*; it is the stage where to the wise ἡδέα are τὰ φύσει ἡδέα, in a perfect accord between objective truth and inner desire; or Clemens Alexandrinus' ascent from πίστις to γνῶσις. So viii. 1: Πεπεῖρασαι γὰρ περὶ πόσα πλανηθεὶς οὐδαμῷ εὖρες τὸ εὖ ζῆν . . .; vii. 67: ἐν ὀλίγιστοις κείται τὸ εὐδαίμονως βιώσαι.

ἄνθρωπος. (The Will, the Power within which pulls the wires in life's puppet show.)

(B) MYSTICAL TENDENCIES AND THE DOCTRINE OF  
"DEITY WITHIN"

ANALYSIS

§ 5. *Soul as a "self-rounded sphere"; as an Emanation from God; as a Dæmon within.*

§ 5. This preoccupation with the interior disposition issues in vague mystical language, like later Platonic rhapsodies; xi. 12 is, perhaps, the most notable passage: "The soul becomes a 'self-rounded sphere' when it neither strains outward nor contracts inward by self-constriction and compression, but shines with the light by which it sees all truth without and truth within." Σφαῖρα ψυχῆς αὐτοείδης ὅταν μήτ' ἐκτείνεται ἐπὶ τι μήτ' ἔσω συντρέχῃ μήτε σπείρηται μήτε συνιζάνῃ ἀλλὰ φωτὶ λάμπηται, ᾧ τὴν ἀλήθειαν ὁρᾷ τὴν Πάντων κ. τὴν ἐν αὐτῇ. So viii. 41: "Ὅταν γένηται σφαῖρος κυκλοτερῆς μένει (where R.: "The freehold of the Mind none other may contravene . . . so long as it abides 'poised as a sphere self-orbed'").—xii. 2: "God sees men's Inner Selves stripped of their material shells and husks and impurities. Mind to mind, His mental being touches only the like elements in us derivative from Him." Ὁ θεὸς πάντα τὰ ἡγεμονικὰ γυμνὰ τῶν υἱλικῶν ἀγγείων κ. φλοίων κ. καθαρμάτων ὁρᾷ. Μόνω γὰρ τῷ Ἐαυτοῦ νοερῷ μόνων ἄπτεται τῶν ἐξ Ἐαυτοῦ εἰς ταῦτα ἐρρηκότων κ. ἀπωχευμένων. We have now reached the final stage, when the soul of man is definitely pronounced not merely Divine, but a part of

God's very essence; the remaining passages need no comment, they speak for themselves; and we may remember that in Marcus' lips these words are no trivial or idle metaphor as in early Stoicism, but the profoundest truth.—ii. 1 : *θείας ἀπομοίρας μέτοχος*.—4 : *δεῖ αἰσθέσθαι τίνος διοικούντος τὸν Κόσμον ἀπόρροια ὑπέστης*.—13 : *ἀρκεῖ πρὸς μόνῳ τῷ ἔνδον ἑαυτοῦ Δαίμονι εἶναι*.—ii. 12. Reason's part it is to consider *πὼς ἄπτεται θεοῦ ἄνθρωπος κ. κατὰ τί ἑαυτοῦ μέρος κ. ὅταν πὼς διακέηται τὸ τοῦ ἀνθρώπου τοῦτο μέρος*. These reservations are entirely out of place in any monistic system; still more in a scheme of *materialistic* monism. "Every part of man touched God, for God was all." The indifferent Gnostic was far more logical in his doctrine of the uncontaminated indwelling of the divine spirit quite irrespective of any act of the animal complex. The companionship was never riven apart. We can see how the Emperor, for all his theory of unity and acquiescence, trembles on the brink of a dualism so unabashed that mysticism becomes the only remedy.—17 : (*φιλοσοφία*) *ἐν τῷ τηρεῖν τὸν ἔνδον Δαίμονα . . . ἀσινῇ*.—iii. 3 : *Τὸ μὲν γὰρ νοῦς κ. Δαίμων, τὸ δὲ γῆ κ. λύθρος*.—iii. 4 : *Ἱερεὺς τις . . . κ. ὑπουργὸς θεῶν, χρώμενος κ. τῷ ἔνδον ἰδρυμένῳ αὐτοῦ* (= priest and minister of the Gods, using also as some sacred oracular shrine that deity planted in his breast; Saint Cadog's definition of conscience, "eye of God in the soul of man.")—iii. 5 : *ὁ ἐν σοὶ θεὸς ἔστω προστάτης*.—iii. 6 : *τοῦ ἐνιδρυμένου ἐν σοὶ Δαίμονος . . . ὁ γὰρ τὸν ἑαυτοῦ νοῦν κ. Δαίμονα* (= iii. 3) *. . . προελόμενος . . . οὐ στενάζει*.—iii. 12 : *Τὸν ἑαυτοῦ Δαίμονα καθαρὸν ἐστῶτα τηρεῖν*.—iii. 16 : *Τὸν δὲ ἔνδον ἐν τῷ στήθει ἰδρυμένον Δαίμονα μὴ φύρειν . . . ἀλλὰ ἴλεων διατηρεῖν*.—v. 10 :



οὐδεὶς ὁ ἀναγκάσων τοῦτον παραβῆναι (= τὸν ἐμὸν θεὸν κ. Δαίμονα).—v. 21 : τῶν ἐν σοὶ τὸ κράτιστον τίμα· ἔστι δὲ τοῦτο τὸ Ἐκείνω ὁμογενές.—v. 27 : ψυχὴν . . . ποιούσαν ὅσα βούλεται ὁ Δαίμων ὃν ἐκάστῳ προστάτην (= iii. 5) κ. ἡγέμονα ὁ Ζεὺς ἔδωκεν, ἀπόσπασμα ἑαυτοῦ.—viii. 7 : Ἡ τοῦ ἀνθρώπου φύσις μέρος ἐστὶν ἀνεμποδίστου Φύσεως κ. νοερᾶς κ. δικαίας.—viii. 45 : ἔξω τὸν ἐμὸν Δαίμονα ἵλεων (= satisfied, ἀρκούμενον).—xi. 19 : τοῦτο ἡττωμένον . . . τοῦ ἐν σοὶ θειοτέρου μέρους τῇ ἀτιμοτέρᾳ κ. θνητῇ μοίρᾳ.—xii. 1 : εἰὰν τὸ ἐν σοὶ Θεῖον τιμῆσης.—xii. 2 : Souls τῶν ἐξ ἑαυτοῦ . . . ἐρρύνηκόντων κ. ἀπωχετευμένων.—xii. 3 : ἵλεως τῷ σαυτοῦ Δαίμονι διαβιῶναι.—23 : Οὕτω γὰρ κ. θεοφόρητος ὁ φερόμενος κατὰ ταῦτὰ θεῶ. R. : “vessel of God” (cf. viii. 2 : ἰσονόμος θεῶ).—xii. 26 : ὁ ἐκάστου νοῦς θεὸς κ. ἐκείθεν ἐρρύνηκεν.

## (C) THE PROBLEM OF MONOPSYCHISM

### ANALYSIS

§ 6. “Solidarity of Soul-nature”; all from νοερὸν to which man has “inlet” at will (Emerson).

§ 7. Averroism and its problems; “how can the true self be identified with this alien portion of God?”

§ 6. We have now to consider (1) the strange problem of *Monopsychism* already hinted at; and (2) the ultimate destiny of the (so-called) individual soul after death. We note the “indifference” of other men’s souls clearly set forth in viii. 56 : Τῷ ἐμῷ προαιρετικῷ τὸ τοῦ πλησίον προαιρετικὸν ἐπίσης ἀδιάφορον ἐστίν, just as his tiny vital force and poor flesh. Καὶ γὰρ εἰ ὅτι μάλιστα ἀλλήλων ἔνεκεν γεγό-

ναμεν ὁμως τὰ ἡγεμονικὰ ἡμῶν ἕκαστον τὴν ἰδίαν κυριὰν ἔχει. Here, as we saw above, the independence of each soul is maintained; ἵνα μὴ ἐπ' ἄλλῳ ἢ τὸ ἐμὲ ἀτυχεῖν. Still, 54: Μηκέτι μόνον συμπνεῖν τῷ περιέχοντι ἀέρι, ἀλλ' ἤδη κ. συμφρονεῖν τῷ περιέχοντι πάντα Νοερῷ. Οὐ γὰρ ἦττον ἢ νοερὰ δύνამις πάντη κέχυται κ. διαπεφοίτηκε τῷ σπάσαι δυναμένῳ ἥπερ ἡ ἀερώδης τῷ ἀναπνεῦσαι.—iv. 29. He is an offshoot separated from the State, ὁ τὴν ἰδίαν ψυχὴν τῆς τῶν λογικῶν ἀποσχίζων μιᾷ οὐσῃ.—iv. 4: Εἰ τὸ νοερὸν ἡμῖν κοινόν, κ. ὁ λόγος καθ' ὃν λογικοὶ ἐσμεν κοινός. Εἰ . . . τοῦτο, κ. ὁ νόμος κοινός· εἰ τοῦτο, πολῖταί ἐσμεν . . . εἰ τοῦτο ὁ Κόσμος ὡσάνει πόλις ἐ. (the intermediate steps of the progressive Syllogism are unimportant). . . . Ἐκεῖθεν δὲ ἐκ τῆς κοινῆς ταύτης πόλεως, κ. αὐτὸ τὸ Νοερὸν κ. λογικὸν κ. νομικὸν ἡμῖν . . . ὥσπερ γὰρ τὸ γεῶδες μοι ἀπὸ τινος γῆς ἀπομεμέρισται, κτλ. . . . κ. τὸ θερμὸν κ. πυρῶδες ἐκ τινος ἰδίας πηγῆς . . . οὕτω δὴ κ. τὸ Νοερὸν ἥκει ποθεν.

This doctrine is expressed in general terms, iv. 40: Ὡς ἐν ζῶον τὸν Κόσμον, μίαν οὐσίαν κ. ψυχὴν μίαν ἐπέχον, συνεχῶς ἐπινοεῖν, κ. πῶς εἰς αἴσθησιν μίαν τὴν τούτου πάντα ἀναδίδοται, κ. πῶς ὁρμῇ μιᾷ πάντα πράσσει . . . κ. οἷα τις ἡ σύννησις κ. συμμήρυσις ("the contexture and concatenation of the web"). Man has thus an "inlet" at pleasure into the rational element, as Emerson might say, into the Over-Soul; but this section implies that the privilege is but rarely claimed, and but seldom exercised. How then can we reconcile this with the statement of absolute identity; such as is affirmed in some of the previous citations, and appears with certitude in the later Books? For example, ix. 8: What could well be more "*Averroistic*"

than this? (to use an inaccurate but convenient expression): *Εἰς μὲν τὰ ἄλογα ζῶα μία ψυχὴ διήρηται εἰς δὲ τὰ λογικὰ μία νοερὰ ψυχὴ μεμέρισται*,—ὥσπερ κ. μία γῆ ἐστὶν ἀπάντων τῶν γεωδῶν κ. ἐνὶ φωτὶ ὁρῶμεν κ. ἓνα ἀέρα ἀναπνέομεν. (R.: "The Soul distributed among the irrational animals is *one*, and so too the Soul instinct with mind, that is portioned out among the rational; just as earth is *one* in all things earthly, and the light *one* by which we see, the air *one* which we breathe.") Again, ix. 39: [*Ἦτοι*] ἀπὸ μιᾶς πηγῆς νοερᾶς πάντα ὡς ἐνὶ σώματι ἐπισυμβαίνει. ("[Either] All things spring from a single source possessed of mind, and combine and fit together as for a single body.") Although cast in the form of an alternative, Marcus clearly here sets forth his personal faith. In another statement of alternatives, *ἦτοι σκεδασμὸς . . . ἢ τροπὴ* (x. 7), he uses absorptionist language; but it is not clear whether he here wishes to express the resumption of the *logical* as well as the *physical* part of his nature; though, as he cannot *exclude*, he may well be supposed to *include* ὥστε κ. ταῦτα ἀναληφθῆναι εἰς τὸν τοῦ ὅλου Λόγον εἴτε κατὰ περίοδον ἐκπυρουμένου εἴτ' αἰδίῳις ἀμοιβαῖς ἀνανεουμένου.—Similarly 14, he speaks of τῇ πάντα διδούσῃ κ. ἀπολαμβανούσῃ Φύσει.

§ 7. xii. 2. The souls are, as we saw, spoken of as flowing forth from God, like the several channels all owing origin to some fount or lake (ἐξ ἑαυτοῦ ἐρρῦνηκότα and ἀπωχετευμένα),—just as § 26, ἐκείθεν ἐρρῦνκε. So in xii. 32 apportionment of tiny piece of time, substance, soul, to each, πόστον δὲ τῆς ὅλης οὐσίας (ἀπομεμέρισται ἐκάστῳ); πόστον δὲ τῆς ὅλης ψυχῆς; where he seems to include the *vivific* and the

*intelligent* principle; though it might be maintained that he meant the former alone, and that for the νοῦς, he reverted to the old legend of a guardian angel, set apart to each by Zeus, a distinct being, κυρίως σὸν; but other passages display impartially the other and contradictory view. So it becomes difficult to see how (xii. 3) the third element in man, this very νοῦς, which is itself a God (θεός), can be μόνον κυρίως σὸν; especially if we find these words at the close of the book; § 30: "Ἐν φῶς ἡλίου, καὶ διείργηται τοίχοις ὄρεσιν ἄλλοις μυρίοις. Μία οὐσία κοινὴ καὶ διείργηται ἰδίως ποιοῖς σώμασι μυρίοις. Μία ψυχὴ καὶ φύσει δ. μυρία κ. ἰδίαις περιγραφαῖς. Μία νοερά ψυχὴ καὶ διακεκρίσθαι δοκῇ. "Now the rest of things though one in origin are ἀναίσθητα and ἀνοικειωτ' ἀλλήλοις; they are held together by the Central Principle (τὸ νοοῦν) and by—gravitation (! τὸ ἐπὶ ταῦτα βρίθον), Διάνοια δὲ ἰδίως ἐπὶ τὸ ὁμόφυλον τείνεται κ. συνίσταται κ. οὐ διείργεται τὸ κοινωνικὸν πάθος (instinct of association or community cannot be held apart)." But this is clearly a Counsel of Perfection, in a better world; it is not Marcus' concrete experience, which tells him that he has nothing in common with other men except a sympathy and compassion, all on his side and unrequited after all.

## (D) IMMORTALITY

### ANALYSIS

- § 8. *Close connexion with preceding problem of individ. and univers. soul; whether souls survive or not, indifferent to moral duty.*
- § 9. *Soul "capax æterni" but not therefore eternal; world's interest to dissolve and rearrange; extinction or transference?*

§ 10. (*Texts illustrating his doubt of personal survival.*)

§ 11. *Pessimistic scorn of Immortality.*

§ 12. "If the gods could have bestowed it, they would have" (= a complete justification and Theodicy).

§ 13. *Marcus, however sceptical, feels himself safe with the Higher Powers.*

§ 8. The same problems as to the relation of *individual* and *universal* Soul wait around the question of *Immortality*. It is interesting to notice that of these ultimate and metaphysical points, "God, freedom, immortality,"—the Stoic pronounced *ex cathedra* upon the second alone. Certainty, except in the one fact of moral liberty, was no part of the later Stoical development. Every question is posited as an alternative; whether the world is ruled by Providence, or whether there is a mere "Welter" (κυκεών), cannot possibly concern my nature, which as rational and self-determining can only find the end of its being in moral action.<sup>1</sup> So, whether Souls survive or not, affects in no degree my principles (δόγματα) of life's duties. Like Kant, Seneca Epictetus and Marcus seem to agree in subordinating *speculative* certainty; the *practical* problem was no problem to them. And the stimulus to this was probably the same in all; a quite personal or instinctive prejudice in favour of a course of conduct for which the arguments are by no means conclusive. Kant preferred to talk loftily of "Duty" (whatever meaning he attached to the idea); while the Roman philosophers, with Hellenic sobriety and self-centred common

<sup>1</sup> ix. 28: Τὸ δὲ "Ὅλον εἶτε Θεός, εἴ ἔχει πάντα ("All's well with the world") εἶτε τὸ εἰκῆ, μὴ καὶ σὺ εἰκῆ. — xii. 14 (quoted in full elsewhere), εἰ φυρμὸς ἀνηγεμόνευτος, ἀσμενίζε ὅτι ἐν τοιοῦτῳ κλύδωνι αὐτὸς ἔχεις ἐν σαντῶ τινι νοῦν ἡγεμονικόν,—which may be a sublime defence, but is very illogical.

sense, preferred to speak of the pleasantness and the peace of this loyalty. But the rejection of Eudæmonism implies a fallacy; and there is no doubt that, roughly speaking, all systematizers of schemes of Duty are convinced that "Honesty is the best policy." So the cogency of the appeal, in favour of conduct devoted to the common good, remains independent, irrespective of the settlement of speculative questions. And that is well; for upon this weightiest point of human immortality, Marcus makes no definite pronouncement:—indeed, his testimony is more than impartial, it is almost but not quite negative.

§ 9. In one of the very earliest passages on the Soul—v. 32, we find its capacity for comprehending eternal things and the "beginning and the end"; *τίς οὖν ψυχῇ ἔντεχνος κ. ἐπιστήμων*; ("who then is that faithful and wise servant?") *ἡ εἰδυῖα ἀρχὴν κ. τέλος κ. τὸν δι' ὅλης τῆς οὐσίας διήκοντα Λόγον* (the Reason that pervades all things) *κ. διὰ παντὸς τοῦ αἰῶνος κατὰ περιόδους τεταγμένας οἰκονομοῦντα τὸ Πᾶν*. Now it is the peculiar teaching of all "Averroists," ancient and modern, that the human Soul is dignified with the knowledge of everlasting truth; but that this constitutes no argument for believing in the bestowal of an abiding consciousness on the spirit so honoured. Sometimes all the language of personal immortality is employed with unconscious ambiguity, merely to convey the fact that Soul here has insight into abstract mathematical truth, and into (so-called) moral ideas. Constantly pre-occupied with the thought of approaching death and the vanity of human life, Marcus is continually reassuring himself that there is nothing terrible in dissolution, as the debt of Nature, in harmony with



the world's interest; as it freshens itself by altering and rearranging atoms, and thus brings birth of new creatures from the death of others. From this law why should man alone claim exemption?—v. 33: *Τί οὖν ἔτι τὸ ἐνταῦθα κατέχον*; sensibles and sense are unreal and fallacious: *αὐτὸ δὲ τὸ ψυχάριον ἀναθυμίασις ἀφ' αἵματος*. Has he forgotten in this materialism the high affinity claimed for spirit? or is this not to include the sublimer element set free by death? The moral is *περιμένειν ἵλεω τὴν εἴτε σβέσιν εἴτε μετάστασιν* ("serenely to await the end, be it *extinction* or *transmutation*"). Death is the great leveller.—vi. 24: (Alexander and his stable-boy on a par) *ἦτοι γὰρ ἐλήφθησαν εἰς τοὺς αὐτοὺς τοῦ Κόσμου σπερματικούς λόγους ἢ διεσκεδάσθησαν ὁμοίως εἰς τὰς ἀτόμους*: the Stoic and the Epicurean account; it is difficult to see wherein consists the superiority of first over second.—So vii. 32: *Περὶ θανάτου ἡ σκεδασμός εἰ ἀτομοί, εἰ δ' ἔνωσις, ἦτοι σβέσις ἢ μετάστασις*.—vii. 50. After quoting with approval Euripides' "Chrysippus," Growth of earth returns to earth; || Seeds that spring of heavenly birth || To heavenly realms anon revert—*τοῦτο διάλυσις τῶν ἐν ταῖς ἀτόμοις ἀντεμπλοκῶν, κ. τοιοῦτός τις σκορπισμὸς τῶν ἀπαθῶν στοιχείων* ("dissolution of the atomic combinations and consequent scattering of the impassive elements"). Here Marcus is a complete Lucretian for the nonce.—vi. 28. Death ends not merely sensation and appetite, but is also *ἀνάπαντα . . . διανοητικῆς διεξόδου*, where Rendall's "searchings of thought" suggests, perhaps, to a casual reader, rather the ceasing of anxiety than the extinction of conscious thought altogether, which I take to be Marcus' meaning.—vii. 10. First let us note Marcus' consistent dualism

of *substrate* and *cause* (ἔνυλον . . . αἰτιῶδες, or as here, αἴτιον): Πᾶν τὸ ἔνυλον ἐναφανίζεται τάχιστα τῇ τῶν "Ὁλων οὐσίᾳ, κ. πᾶν αἴτιον εἰς τὸν τῶν "Ὁλων Λόγον τάχιστα ἀπολαμβάνεται,—and we cannot doubt that ψυχὴ is included in αἴτια. (R.: "every cause is quickly reassumed into the Universal Reason.")—viii. 25: δεήσει ἥτοι σκεδασθῆναι τὸ συγκριμάτιόν σου ἢ σβεσθῆναι τὸ πνευματίον ἢ μεταστῆναι κ. ἄλλαχού καταταχθῆναι. ("Either your mortal compound must be dispersed into its Atoms, or else the breath of life must be extinguished, or be transmuted and enter a new order.")<sup>1</sup>

§ 10. We may note that it is *just* possible to give a slightly more personal and hopeful meaning here, though, on the whole, I believe Dr. Rendall's translation gives the true sense; "transferred to another command, and be set on duty in another sphere."—iii. 3. Comparing life to a voyage, and marvelling at the reluctance of passenger to disembark, although he has reached his destination; τί ταῦτα; ἐνέβης ἐπλευσας κατήχθης· ἐκβηθι. Εἰ μὲν ἐφ' ἕτερον βίον, οὐδὲν θεῶν κένον οὐδὲ ἐκεῖ· εἰ δὲ ἐν ἀναισθησίᾳ παύση . . . ἀνεχόμενος κ. λατρεύων.—To this *possible* interpretation § 58 lends some countenance: 'Ο τὸν θάνατον φοβούμενος, ἥτοι ἀναισθησίαν φοβεῖται ἢ αἴσθησιν ἑτεροίαν. 'Αλλ' εἴτε οὐκέτι, οὐδὲ κακοῦ τινος αἰσθήση ("no pain in death, for it implies extinction of percipience," the teaching of all the Dissolutionists); εἴτε ἀλλοιοτέραν αἴσθησιν

<sup>1</sup> Cf. Herbert Spencer in his latest work, *Facts and Comments*: "What becomes of consciousness when it ends? We can only infer that it is a specialized and individualized form of that Infinite and Eternal Energy which transcends both our knowledge and our imagination; and that at death its elements lapse into the Infinite and Eternal Energy whence they were derived."

κτήση, ἀλλοίου ζῶον ἔσῃ κ. τοῦ ζῆν οὐ παύσῃ. This may mean mere transmigration of the vital energy into other animals' bodies; or it may imply continuance of the consciousness. ("If sensation is changed in kind, you will be a changed creature, and will not cease to live.") But though it is (with iii. 3) the most decided passage we have yet encountered, a survival of something in another phase of existence,—we may certainly wonder that, with his peculiar theories, he chooses the low word *αἴσθησις* to express that in man which rises superior to death!—I will merely quote ix. 36: τὸ πνευματικὸν (? with Casaubon πνευματίον) ἄλλο τοιοῦτον ἐκ τούτων εἰς ταῦτα μεταβάλλον: the vital or pneumatic current flits from body to body, quickening now one, now another of these congeries.—That the whole series of passages merely implies the indestructibility, as of matter, so of vital force, receives weighty confirmation from our next.—x. 7: "Ἡτοι γὰρ σκεδασμὸς στοιχείων ἐξ ὧν συνεκρίθην (so viii. 25) ἡ τροπή τοῦ μὲν στερεμνίου εἰς τὸ γεῶδες τοῦ δὲ πνευματικοῦ (here Casaubon is silent) εἰς τὸ ἀερῶδες ὥστε κ. ταῦτα ἀναληφθῆναι εἰς τὸν τοῦ ὅλου λόγον (whether it suffer "Ragnarök" at stated intervals or renew its youth with perpetual change). He continues significantly and in quite a modern spirit. R.: "Do not regard the solid or the pneumatic elements as a natal part of being; they are but accretions of yesterday or the day before, derived from food and respiration." Now clearly in such a passage he says nothing about the *νοῦς* or the *Δαίμων* (whether as identical or distinct). Perhaps *νοῦς* without this material envelope and vital current to which it is strongly attached, loses all its definiteness, and sinks back, mere logical abstract truth, into the

reservoir of Universal Mind.—xi. 3 : “O for the soul ready, when the war of dissolution comes (*ἐὰν ἤδη ἀπολυθῆναι δέη τοῦ σώματος*), for extinction, or dispersal, or survival! (*ἤτοι σβεσθῆναι ἢ σκεδασθῆναι ἢ συμμείναι*). —xii. 1 : “If, then, now that you near the end, leaving all else alone, you reverence only your Inner Self and the God within, if you will fear, not life sometime coming to an end, but never beginning life at all in accord with Nature’s Law,” and (*κ. μὴ τὸ παύσεσθαι ποτὲ τοῦ ζῆν φοβηθῆς, ἀλλὰ τό γε μηδέποτε ἄρξασθαι κατὰ φύσιν ζῆν*) a clear instance of the Kantian indifference of Moral Duty to speculative certitude,—but without the comfort of the postulates.

§ 11. xii. 31. R. : “Why hanker for continuous existence? (*τί ἐπιζητεῖς τὸ διαγίνεσθαι*;) Is it for sensation, desire, growth? or, again, for speech, utterance, thought? Which of these seems worth the craving? (*τί τούτων πόθου σοι ἄξιον δοκεῖ*;) If each and all of these are of small regard (*εὐκαταφρόνητα*), address yourself to the final quest, the following of reason and of God.” *ἀλλὰ μάχεται τὸ τιμᾶν ταῦτα, τὸ ἄχθεσθαι εἰ διὰ τοῦ τεθνηκέναι στερήσεται τις αὐτῶν.* To honour these things of earth, and to repine because death deprives us of them, is inconsistent with this true end of life.<sup>1</sup> In conclusion, I come to two rather lengthier sections, in which the problem of souls is considered: iv. 21. He approaches a rather quaint and “Scholastic” difficulty: “If souls survive death, how is the air spacious enough to hold them from all eternity?” (*εἰ διαμένουσιν αἱ ψυχαὶ κτλ.*). “How,” we reply, “does earth hold the bodies of generation after generation

<sup>1</sup> *Ταῦτα* must refer to the list of human faculties and not to the *Λόγος* and *Θεός* just before, even if the construction were grammatical.

committed to the grave? Just as on earth, after a certain term of survival (*πρὸς ἥντινα ἐπιδιαμονήν*), change and dissolution of substance makes room for other dead bodies (*μεταβολή κ. διάλυσις*); so, too, the souls, transmuted into air after a period of survival, change by processes of diffusion and ignition, and are resumed into the seminal principle of the universe, and in this way make room for others to take up their habitation in their stead" (*εἰς τὸν ἀέρα μεθιστάμεναι . . . ἐπὶ ποσὸν συμμείνασαι μεταβάλλουσι κ. χέονται κ. ἐξάπτονται εἰς τὸν τῶν Ὁλῶν σπερματικὸν Λόγον ἀναλαμβάνομεναι . . . χώραν ταῖς προσσυνοικιζομέναις παρέχουσι*). "Such is the natural answer, assuming the survival of Souls, ἐφ' ὑποθέσει τοῦ τὰς ψυχὰς διαμένειν." He is strictly impartial here, and settles with a logical answer a purely logical conundrum; but it may be noted that even in the more favourable "hypothesis," as he terms it, the souls of the righteous only last a short time, and soon melt and dissolve into the Universal Reason; here at least Marcus is plainly "Averroistic."

§ 12. The final and by far the most important (and disappointing) passage is xii. 5: "How is it that the gods, who ordered all things well and lovingly, overlooked this one thing: that some men elect in virtue (having kept close covenant with the divine, and enjoyed intimate communion therewith by holy act and sacred ministries) should not, when once dead, renew their being, but be utterly extinguished?" (*Πῶς ποτὲ πάντα καλῶς κ. φιλανθρώπως διαταξάντες οἱ θεοὶ τοῦτο μόνον παρτίδον,—τὸ ἐνίους . . . καὶ παντ' χρηστοῦς κ. πλείστα πρὸς τὸ θεῖον ὥσπερ συμβόλαια θεμένων κ. ἐπὶ πλείστον δι' ἔργων ὁσίῳν κ. ἱεουργιῶν συνήθεις τῷ θεῷ γενομένους, ἐπειδὰν ἅπαξ ἀποθάνωσι, μηκέτι αὖθις*



γίνεσθαι, ἀλλ' εἰς τὸ παντελὲς ἀπεσβηκέναι;) "If, indeed, it be so, be sure, had it been better otherwise (ἐτέρως ἔχειν ἔδει), the gods would have had it so. Were it *right*, it would be likewise *possible*. Were it according to nature, nature would have brought it to pass" (εἰ γὰρ δίκαιον ἦν, ἦν ἂν κ. δυνατόν, κ. εἰ κατὰ φύσιν, ἤνεγκεν ἂν αὐτὸ ἡ Φύσις. Ἐκ δὲ τοῦ μὴ οὕτως ἔχειν, εἴπερ οὐχ οὕτως ἔχει), "From its not being so, *if as a fact it is not so*, be assured it ought not so to be (πιστούσθω τὸ μὴ δεῆσαι κτλ.). "Do you not see that in hazard-ing such questions you arraign the justice of God (δικαιολογῇ)? Nay, we could not thus reason with the gods but for their perfectness and justice" (οὐκ ἂν δ' οὕτω διελεγόμεθα τοῖς θεοῖς, εἰ μὴ ἄριστοι κ. δικαιοτάτοί εἰσιν).<sup>1</sup> Εἰ δὲ τοῦτο, οὐκ ἂν τι περιείδον ἀδικῶς κ. ἀλόγως ἡμελημένον τῶν ἐν τῇ διακοσμήσει: "And from this it follows that they never would have allowed any unjust or unreasonable neglect of parts of the great order." This is perhaps the most striking passage in the whole book, and demands now some consideration.

§ 13. We must not press down Marcus to a dogmatic statement; he is only concerned to vindicate the Divine goodness at all cost and under any condition or circumstance. "Whatever my experience or discovery in life may be, it shall not interfere with this belief of mine, whether it be instinctive or a scholastic maxim, learnt by heart at the beginning of my career." How nobly irrational is this prejudice in favour of a School thesis! There is no foundation for his belief except the formal

<sup>1</sup> Implying, I suppose, that we are indebted to them (1) for the faculty of criticizing reason, by which we can ungratefully impeach the Cosmic Process; (2) for their patience and long-suffering, by which they listen without anger to our murmurs.



syllogism of the Porch, by which you could prove anything and be none the wiser ; and (here is the really redeeming feature) an unassailable personal conviction which has come to him in spite of the gloomy issue of his philosophic reflexion, that " God is gracious." Here is religious faith, very vague and very much entangled in a whole mass of pantheistic " credenda," but sincere, authentic, vital. And, with the right instinct of the Christian, he will at once sacrifice God's almightiness to His goodness ; " perhaps the gods could not recall a man from the gates of death." This is implicit in the central part of the section. So J. S. Mill willingly abandons the more or less meaningless dogma of infinite power, because thereby he arouses the strongest emotion, the most redoubtable propaganda in the world of men, the spirit of chivalrous loyalty to a cause not yet won. Or, again, we may suppose that the gods are but the subordinate ministers and satellites of the *Timæus*, and that Nature antecedes their loving providence by a stern fiat separating the possible from the impossible. Whichever it may be, Marcus clearly feels himself " safe " in the hands of the higher powers. His reasoning is absurd to the last degree ; not a single important word in the paragraph could retain its customary sense if he is allowed to argue in that stiff and formal manner ; every definition evaporates into thin air. But who are we, to judge another man's faith, or penetrate into the sacred recesses of the inner temple ? Suffice it that in this last great trial Marcus was tested in the furnace of God's abandonment, and was not found wanting ; so unshaken was his belief, so triumphant his heart and character over the coldness, the inadequacy, of his philosophic creed.

(E) BELIEF IN IMMORTALITY ESSENTIAL TO THE LOGICAL THEORY, IF NOT TO THE PURSUIT, OF MORALITY

ANALYSIS

§ 14. *He preaches the very reverse of a current belief to-day, "immortality without Religion"; incalculable effect of a scientific proof of Thanatism.*

§ 15. *To-day, for half the human race, there is no God, but unquestionable belief in survival (on this morality can be based, not on a barren Theism).*

§ 14. But there is another and still more interesting question that this section raises. Marcus contemplates with calmness, "RELIGION WITHOUT IMMORTALITY." To-day there is some prospect of the exact reverse, "IMMORTALITY WITHOUT RELIGION."<sup>1</sup> So completely has the standpoint changed! A belief in the survival of the conscious spirit is, I believe, absolutely essential, if not to the practice, at least to the reasonable pursuit of morality. Morality in the main is instinctive, and depends very little on ethical teaching; indeed, the ethical teacher feels himself always stepping on the thin ice of the sceptical inquiry, "Why must I do right?" or the volcanic fires of passionate anarchy. But I readily

<sup>1</sup> Dr. Rendall has a very interesting sentence, cvii., on Marcus' Thanatism, though, as I have explained, I cannot recognise the parallel; cvii.: "Just as the devout Christian will in his self-communings face the moral corollaries consequent on a denial of the Resurrection or of a future life; so, too, Marcus will entertain and test the consequences of postulates to which he himself gives no assent." It seems clear that in the second case (though not necessarily in the former) the word "moral" would cease to bear its Kantian sense. It would either imply an arbitrary law of a tyrant who had called us from animalism to tease and tantalize us with illusions and pains; or the convention of society, which might or might not remain binding in practice, though in theory it would be indefensible, in the complete absence of any standard which could measure human life and its hopes and self-devotion.

allow that morality is independent of a belief in a personal Creator and Judge. Moral behaviour, which resists the solvent of atheism,<sup>1</sup> could not possibly con-

<sup>1</sup> How completely independent the moral sanction is in Marcus' eye of any theological presupposition, is seen in vi. 44 : *Εἰ μὲν οὖν ἐβουλεύσαντο περὶ ἐμοῦ κ. τῶν ἐμοὶ συμβῆναι ὀφειλόντων* (particular Providence) *καλῶς ἐβουλεύσαντο*. It is not easy, even for a moment, to imagine a god to be *ἄβουλος*, and for what cause should they want to harm me? . . . But if their providence was not special, but general, all follows in the unbending course of things, and I must be content (*ἀσπάζεσθαι κ. στέργειν ὀφείλω*). But there is yet a third possibility, the Epicurean hypothesis, *εἰ δ' ἄρα περὶ μηδένος βουλευόνται (πιστεύειν μὲν οὐχ ὄσιον)*. R. : "If, indeed, they take no thought for anything at all,—an impious creed,—then let us have done with sacrifice and prayer and oaths and all other observances by which we own the presence and the nearness of the gods" (*ὡς πρὸς παρόντας κ. συμβιούντας τοὺς θεοὺς*, going in and out amongst us). But if, after all, they take no thought for any concern of ours, then is man thrown back upon himself ;—*ἐμοὶ μὲν ἔξῃστι περὶ ἐμαντοῦ βουλεύεσθαι ἐμοὶ δ' ἔστι σκέψις περὶ τοῦ συμφέροντος* (which, of course, is interpreted in wider sense—the weal of smaller or greater commonwealth, promoted by social *activity* and religious *quietism*).—x. 6. *Εἴτε ἄτομοι εἴτε Φύσις, πρῶτον κείσθω ὅτι μέρος εἰμι τοῦ "Ολου ὑπὸ φύσεως διοικουμένου" ἔπειτα ὅτι ἔχω πως οἰκείως πρὸς τὰ ὁμογενῆ μέρη*. (R. : "Be the word atoms, or be it nature's growth, stand assured, first, that I am a part of the whole at nature's disposition (?); secondly, that I am related to all my kindred parts.") Certainly *φύσεως* is odd; an alternative is propounded, and its solution pronounced immaterial, or at least subsequent and secondary to certain immovable axioms; and yet, on closer survey, we find these reposing upon acceptance of *one* hypothesis (as in the *Theætetus*, where the very word under discussion creeps stealthily into its own definition!). Nor does the suggestion *διοικούμενος* help us much, though clearly a man might recognise a sort of purpose or end in his own nature, while refusing to see in the world without anything but the play of accidental and unconscious forces. Marcus is not one of such dualists; in the reason *within* he sees irrefragable testimony to the ordering mind *without*, though he carefully fortifies himself against the other contingency. For ethics must be absolutely enancipated from presupposition, must depend solely on a man's consciousness, sense of the fitting, artistic proportion (as in so much of Hellenic morality), exhaustion of all other remedies for the restlessness and pangs of life (*πεπείρασαι ποσὰ πλανηθεῖς*!).

front the *certainly* of dissolution. The whole attitude to life would be so transformed that a new series of eudæmonistic maxims or suicidal appeals would arise to meet this moral certainty,—that man was an animal who had gone astray from Eden, cursed with the last terrible imprecation of a secret but malignant power,—in a word, *rational*; that faculty in us which halves our pleasures and doubles our pains. The civic code of respectable convention and reciprocity would struggle in vain against this conviction; and fanaticism or superstition alone could reconstruct the shattered fabric of society, or mount guard over the security of the weak and the rights of private property. Nay, the popular voice, always on the side of conservatism and approved friends, might rise in angry and indignant clamour against those shorteners of life as they dealt their hope a deathblow. A tumult followed the elimination of eleven days; what might we not expect to be the fate of the scientist who could disprove beyond a doubt the survival of the Soul?

§ 15. But here is the point of interest: this is quite unlikely,—regarding the matter in historic probability. The signs of the times, the arguments of the wise, the eager curiosity of society, are all telling the other way. The massive weight of cumulative democratic testimony is heavy in the balance; for nearly half the human race there is no God, but the soul is indestructible, creating its own recompense, passing verdict on itself, shaping its unending destiny. It is quite conceivable that man's Soul may be immortal, but that there is no power in the universe (beyond the unknown and unconscious ground) to which the name of God and the attributes of religious worship can apply. A Society founded on

the one hypothesis we see in the Buddhistic community of sympathy and compassion, by no means nihilistic or unethical; there is nothing in such tenets to countenance rebellion or the overthrow of the moral law. But a Society founded on the sense of the unreality of what we term Soul, the illusion of personality, is not only inconceivable, it is contrary to the experience of all human history. Marcus did not think so: but he wrote to comfort himself; he could not have expected that his arguments could appeal as rational or sober to any of his contemporaries, or to the average man. His subjective resignation comes of strongest faith, which his intellectual scepticism cannot overthrow.

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## APPENDIX

### ANALYSIS

- A. *No definite pronouncement or even unmistakable tendency; only concerned to show morals is indifferent to such speculations.*
- B. *No metaphysic, only a doglike fidelity to Duty (he wavers between physical fatalism and religion).*
- C. *No doubt his ultimate personal hope; "the soul released would rejoin the gods."*

A. I cannot, I fear, entirely assent to Dr. Rendall's interpretation of the Emperor's views on Immortality, which is the ultimate problem. To me he is not the dogmatist in science or theology which his translator believes. The sometimes interminable series of "seu" or "sive" in Roman poets, the heaping-up of possible explanations of phenomena (such as the Nile's rising), without giving any view or opinion priority, seems to point to a wholesome suspension of judgment thus



prevalent, and to find its counterpart in the ἥτοι ἄτομοι ἢ κόσμος, which recurs so often in these commentaries with its pendant εἴτε σβέσις εἴτε μετάστασις. I quite agree that "death, wherever he has occasion to give clear and simple utterance to his own thoughts, *is always* a dissolution of being, that is the end of action, impulse, will, or thought, that terminates every human activity and bounds our brief span of life with an Eternity that contains neither hint nor hope nor dread of further conscious being," ii. 11, 12, ix. 21, x. 29, xii. 35, with the single reserve that "*is always*" is read, "is represented in many passages." I will also grant that (1) the Stoic system with its odd and disconnected individualism is strangely silent on this topic; (2) that Marcus himself, with all his contempt of life and the exceeding futility and barren domain conferred on the Soul, is, like many mystics and most Asiatics, indifferent to continued being. But I do not think a definite and dogmatic pronouncement can be elicited from a comparison of passages. I could never endorse statements so sweeping as: "His own belief is that death ends sensation," cvii. "In his own conviction Marcus nowhere seems to waver," cvi. "The denial of the hope of immortality is settled and complete," cix. "His attitude to Atomism or to the 'future state' of the Soul is sound and coherent," cv. For let us apply the same canon to the constant hypothesis of alternative κυκλῶν ἢ κόσμος as to the σβέσις ἢ μετάστασις. Rendall believes that the belief in an Ordered Universe is absolute; though Marcus often plays with the opposite theory, and points it to show that it is *indifferent* in its effect on morals. If so, the σβέσις may equally (as the most emphatic declaration of Thanatism) represent a possibility which he nevertheless regards with no favour; and μετάστασις, as I have pointed out, may quite conceivably imply a new sphere of activity, a new rearrangement, a new part. But my own view is that both these are in the same category; they are *really* alternatives in both



cases. His whole concern is to show the *independence* and *autonomy* of the *moral judgment*. His scientific or dogmatic knowledge is *always* cast in this sceptical form. He quite sufficiently guards himself from any definite decision.

*B.* To use the word "conviction" in any context but the moral sense, is misleading. By all means, his predilection is for an ordered world, the existence of gods, even their providential care, if not of particular, at least of general laws; and for a Soul, a reassumption into that reservoir of Soul-life (a belief which we connect with the term "Averroism"). But he certainly will not dogmatize; he has passed through and abandoned the phase of eager science; he grasps in his intellectual survey not the uses but the vanity of things;—their incredible meanness when analysed into their elements; his *φυσιολογία* is moral and reacts on self, not scientific and objective. He has in effect no metaphysic; only a dog-like allegiance to this inward sense of duty, which has spoilt his life, setting him on a peak of loneliness aloof from earthly pleasures and amiable illusions, away from his fellow-men. And those one day, gathering round his dying bed, will say, "Now we have got rid at last of our pedagogue!" He does not see that his indifference to such questions (if it was not assumed), his emphasis on the "good will alone being unreservedly good,"—places him for the ordinary man in a position utterly illogical. Why this unswerving loyalty to a principle? The "final triumph of the right," or any "far-off divine event," are meaningless phrases to this apostle of the "Eternal Now." I quite admit the instinctive courage and self-devotion of a martyr to a cause,—say, the regeneration of mankind through Nihilism, "in sure and certain hope," as Tourguenieff so pathetically describes, of personal ruin here and extinction hereafter. But idealism (as emotion and a wager of hardihood or defiance) will do wonders in reinforcing the moral instinct (as the craving for martyrdom); and Marcus had no trace of this. The "good soul" may very

likely vanish and be as if it never had been. (οὐδαμοῦ ἡ δόπουδῃ, the invariable loophole of evasion.) And there is no cause at all in the world for men to fight for; everything is at once divine, monotonous, and predestined before all the ages: to struggle is *impious* in the theologic, *useless* in the scientific sphere. "There remain passages," says Dr. Rendall, "in which other views are broached, and which some have interpreted as a wavering back on hope, inconsistent with his philosophic creed." To my eyes this is precisely the significant feature of the book; the contest between this *religious* and this *materialistic* or *fatalistic* conception of the Universe.

C. His profound belief in Divine interposition in the lives of individuals (see i. 17, "help vouchsafed by dreams") is not only clearly stated in the commentaries, once or twice, but is corroborated in all his correspondence with Fronto. He uses it sparingly here, because his mind wants reinforcing against the doubts and suspicion of the world and its goodness, creeping in through the "joints of his Stoical harness,"—which assuredly he seems sometimes not "to have proved." His real weapons, his few pebbles for slaying giant Despair, certainly come from no intellectual armoury, but from the early training, the immovable conviction and insight of a loving and sympathetic nature, great in spite of his creed. I conceive that ultimately Marcus believed that the soul of the wise joined the gods, whatever meaning he attached to this expression. Christians to-day recognize the extreme hazard of defining a future life; some desire eternal rest; some continued work, to be "ruler over ten cities," or to "sit on thrones judging the twelve tribes of Israel"; others (perhaps a majority of the human race) look upon the extinction of consciousness as a final blessing, too great to be hastily grasped, but to be patiently won through repeated pangs of rebirth. It is inconceivable that Marcus could have believed the Ruling Principle, the Inner Self, the God Within, to disperse into thin air. On what could he found the

superiority of man to the beast? If this colourless absorption into Mind again seems but a poor travesty of an immortal hope, let us at least not find fault with Marcus. He believed "the soul returned to God who gave it"; and not one of us to-day can say more. "He whom the gods lent us, has rejoined the gods."

## CHAPTER V

### THE UNIVERSE, ETERNAL AND DIVINE, AND TRANSIENT AND CONTEMPTIBLE

#### (A) THE PERPETUAL FLUX AND MONOTONY OF THE WORLD-PROCESS

##### ANALYSIS

- § 1. *Hard to reconcile his devotion to God, and his hate or scorn of the universe which embodies Him (how can whole be good when parts contemptible?).*
- § 2. *The One Imperishable Nature, both transient and ever the same; dignity and vanity of the world.*
- § 3. *His manifold titles (does it betray vacillation from personal providence to scientific fatalism?).*
- § 4. *Texts on the fleeting yet monotonous character of the Cosmic Process.*

§ 1. DIFFICULT as it is to sever the objective science of Marcus from the subjective survey of his own nature (for the former is but the reflex of the latter), we must nevertheless attempt now to examine with dispassionate detachment his views on the Universe and the Source of Being. We see that Marcus, in common with the greater number of speculators in the second century, is at heart a Gnostic. He is only saved by his otiose and theoretical Monism from the conclusion of St. John (1 John v. 19 : *Οἶδαμεν δὲ ὅτι ἐκ τοῦ Θεοῦ ἐσμεν κ.*

ὁ κόσμος ὅλος ἐν τῷ πονηρῷ κέεται) and his reverence for the divine spark, and his depreciation of human life and nature are distinctly Basilidian or Valentinian,—fundamentally dualistic. As with man's soul, alien sojourner in a contemptible framework of corruption,—so with the Supreme Power. It is hard to reconcile the praise of God with the scorn of the visible Universe which embodies Him. In what part of the world, in what corner of Nature can He reside, where all is pitiable or disgusting? Has he a foothold any more secure in the realm of History or Time? Marcus' contempt of *Time* is perhaps even more striking than his dislike of *Matter*: and yet, by the very terms of his hypothesis, God reigns supreme in both departments, and is so far from merely guiding or superintending a somewhat stubborn and indocile complex,—is substantially identical with it. Marcus Aurelius is not the first philosopher who has thrown the black cloak of Monism over a militant and meaningless array of particulars. The Canonists of mediæval times when egoism was rampant unrestrained, and central authority or national cohesion unknown, elevate the pretensions of the universal sovereign of the Christian Republic,—Pope or Emperor; and the grandeur of their attributes varies in exact proportion to the inefficiency of their control. A pessimistic disillusion with each fragment of life and its ideals, love, ambition, knowledge—seems to lead surely to an unwarrantable deification of the whole; the illusion of "Sorites" in which at a certain point the sum of despised particulars becomes somehow Divine. Nothing is more remarkable than the course of that School, which, beginning with rejection of the "Will-to-live," culminates in the mystical resignation

of Von Hartmann. Pietism, like the sympathetic instinct at the root of practical morality, is deeply engrained in the heart; while the obvious folly of rebellion lends the sanction of utility and personal interest to the creed of acquiescence. "Ducunt volentem fata nolentem trahunt." Only in undisciplined Russia,<sup>1</sup> borderland of the entranced East and the stirring West, are there signs in exceptional natures of a final and reasoned rebellion against the Universal order

§ 2. Now Marcus is eloquent alike on the majesty of God and the triviality of the Creature, in the double domain of Time and Space, History and Nature.

He enlarges impartially on the transience and the sameness of the imperishable nature. He adopts without hesitation the axiom of the early Ionians, that the whole process leads to nothing, and is but the ceaseless arrangement, combination, and rearrangement of an original and unchanging substrate. With modern science he clearly recognizes that matter is indestructible, and that ingredients, whether atoms or some other primordial unit, after performing their duty in one body pass on to other posts. We have nothing but Heraclitus again with his doctrine of the flux of things and the Logos, all pervading, alone the *real*; only tinged with a deeper sadness, an intenser though still re-

<sup>1</sup> We may perhaps here note the extraordinary resemblance of Tolstoi to Marcus Aurelius. Whether it be insistence on moral duty, tolerance of evil, ascetic contempt of human love in all its forms, an utter inability to understand logic or follow an argument, strange and fascinated disgust of the petty details of life,—Marcus is but a Tolstoi enthroned, Tolstoi a restatement of the inspired pessimist. To the latter, all forms of legitimate affection are *παρὰ φύσιν*; yet the sexual instinct is the tyrant and torturer of the young. Not for that reason does he impugn the order of things, nor examine more closely into the redoubtable difficulty of defining "Nature."



strained sympathy with the human,—hands groping, spite of the dogmatism of the Schools, after a closer and personal relation with the source of all (εἰ ἄρα γε ψηλαφήσειαν αὐτὸν κ. εὔροιεν). The vanity of things is the perpetual theme of Marcus ; but we shall attempt in the following co-ordination of his fragmentary and detached aphorisms to display how complex is his doctrine, how irreconcilable its parts.

§ 3. The many titles given to this ultimate Being show how confused the Emperor becomes when asked to define ; he varies between the extreme limits of devotion to a personal God (Ζεὺς) and the most abstract scientific Impersonalism. It is τὸ γεννῶν πάντα ζῶον, ὁ γεννήσας κόσμος, πόλις κ. πολιτεία ἡ πρεσβυτάτη, πόλις Διός, θεός, θεοὶ, κόσμος (simply), λόγος generally or with addition λόγος σπερματικός, ὅλος κόσμος, ὅλη οὐσία, τὸ ὅλον, τὰ ὅλα, εἰμαρμένον, or -η, τὸ συγκλωθόμενον, ἀνάγκη, τὸ συμμεμοιραμένον (expressing itself in οἰκειότης θαυμασία, ἐπισύνδεσις, σύμπνοια, συμμήρυσις, σύννησις, σύνδεσις ἱερὰ), and φύσις either absolutely or with κοίνη, ἡ τῶν ὅλων or τοῦ ὅλου Φύσις, ἡ τῶν θεῶν πρόνοια, σύγκλωσις κ. ἐπιπλοκή τῶν προνοίᾳ διοικουμένων, λόγος ὁ τὰ ὅλα διοικῶν, ἡ πάντων πηγὴ, ἡ τὰ ὅλα διοικοῦσα φύσις, ἡ ἐκτὸς Αἰτία, τὸ τέλειον ζῶον, τὸ ἀγαθὸν κ. δίκαιον κ. καλὸν, τὸ γεννῶν πάντα κ. συνεχον κ. περιέχον κ. περιλαμβάνον διαλυόμενα εἰς γένεσιν ἐτέρων ὁμοίων,<sup>1</sup> ἡ πάντα διδοῦσα κ. ἀπολαμβάνουσα Φύσις, τὸ τοῦ κόσμου ἡγεμονικόν, ἡ τοῦ ὅλου διάνοια, τὸ αἰτιῶδες. It is not

<sup>1</sup> Where we wonder vaguely how “goodness and justice” have crept in as qualifications or attributes of this reservoir of physical life ! Has he forgotten the wise antithesis of vi. 17 : φορὰ τῶν στοιχείων and ἀρετῆς κίνησις ?

permissible to see gradations or stages of divinity; for the whole hypothesis is that God and the world are one, and that there is but a single cause. At the same time, Marcus (as in his psychology) is betrayed frequently into popular language. He sees visible gods in the firmament; he recognizes his individual Mentor within as the gift of Zeus; and he sometimes appears to contemplate, with the possibility of Atomism, a Platonic recession of the Highest from a world which is not now in direct relation to Him, but follows blindly an immutable sequence. This universe (like Spinoza's God with his two attributes, Thought and extension!), though one and integral as the Parmenidean sphere, tends in reflexion to divide into *αἰτιῶδες* and *ὑλικόν*; and we need scarcely add that, like man's spirit in his body, the higher principle tends to set itself in opposition to the lower, and in the last resort to claim complete freedom in Transcendentalism. Individuals in particular are "passing soon and little worth"; the reality underlying is the *Λόγος σπερματικός* which requires consummate powers of analysis to be distinguished from the Platonic Idea.

The sum of the world is unchanging, and is always new and fresh because of the perpetual shifting of the parts.<sup>1</sup> It is thus a single living being in which each

<sup>1</sup> Wordsworth's "Excursion"—

"The monitor express'd

Mysterious union with its native sea.  
Even such a shell the universe itself  
Is to the ear of faith; and there are times,  
I doubt not, when to you it doth impart  
Authentic tidings of invisible things;  
Of ebb and flow, and ever-during power;  
And central peace, subsisting at the heart  
Of endless agitation."

part as leaf on tree depends upon the whole and takes its meaning and its sustenance from this close connexion. To stand aloof and claim independent being is a gross sin, though unhappily (and incomprehensibly) it is possible to man, alone of living creatures. But it is needless and tedious to multiply these obvious corollaries from the Pantheistic hypothesis ; they are deduced by a sovereign logic, common to all minds and all ages.<sup>1</sup>

<sup>1</sup> For example, Emerson is a more genial Marcus Antoninus, and a little but interesting book (the *Zeit Geist*, by L. Dougall) seems to represent on Canadian soil the same peculiar features of American "Transcendentalism" and Roman Stoicism. In all, there is a significant family likeness quite free from any conscious imitation. Compare Bartholomew Toyner's new vision of the Divine Nature : "He laughed within himself as he thought what a strange childish notion he had had . . . that God was only a part of things ; that he, Bart. Toyner, could turn away from good ; that God's power was only with him when he supposed himself to be obedient to Him ! . . . With the children and maidens there were pleasure and hope ; with the older men and women there were effort and failure, sin and despair. The life that was in all of them, was it partly of God and partly of themselves ? He laughed again at the question. The life that was in them all, was all of God, every impulse, every act. . . . His father's cruelty, the irritable self-love, the incapacity to recognize any form of life but his own, it was of God,—not a high manifestation : the bat is lower than the bird, and yet it is of God. . . . He saw that the whole of the Universe goes to develop character" (Marcus was not so anthropocentric !), "and the one chief heavenly food set within reach of the growing character for its nourishment is the opportunity to embrace malice with love, to gather it in the arms of patience, convert its shame into glory by willing endurance. . . . Man, rising from the mere dominion of physical law (which works out its own obedience) into the Moral Region where a perpetual choice is ordained of God, and the consequences of each choice ordained. . . . Nothing is ever outside of Him ; what happens after we have done a thing is just what must happen . . . so that we can never hope to escape the good and evil of what we have done ; for the way things must happen is just God's character that never changes. You see the reason we can choose between right and wrong, when a tree can't or a beast, is just because God's power of choice is in us and not in

It only remains to give illustrations of these tenets in the Emperor's own language, and to inquire if any system coherent and compatible with the postulate of responsible moral action can be therefrom derived.

§ 4. The world as fleeting and yet monotonous.—ii. 12: πῶς πάντα τάχεως ἐναφανίζεται τῷ κόσμῳ αὐτὰ τὰ σώματα . . . πῶς εὐτελῇ κ. εὐκαταφρόνητα κ. ῥυπαρὰ κ. εὐφθαρτα κ. νεκρὰ (this discovery is the part of νοερὰ δύναμις, thereby set in dualism over against a visible which it despises and cannot control).—ii. 14: Κὰν τρισχίλια ἔτη βιώσεσθαι μέλλης, etc. . . . πάντα ἐξ αἰδίου ὁμοειδῇ κ. ἀνακυκλούμενα, κ. οὐδὲν διαφέρει πότερον ἐν ἑκατὸν ἔτεσιν ἢ ἐν διακοσίοις ἢ ἐν τῷ ἀπείρῳ χρόνῳ τὰ αὐτά τις ὀψεται. (This indifference to Time or progress is an infallible sign of Mysticism.)—The famous (iv. 3) ὁ κόσμος ἀλλοίωσις· ὁ βίος ὑπόληψις, which somehow loses its tone of despondency in translation.—iv. 36: Οὐδὲν οὕτω φιλεῖ ἢ τῶν Ὁλων Φύσις ὥς τὸ τὰ ὄντα μεταβάλλειν κ. ποιεῖν νέα ὅμοια.—43: Ποταμός τις ἐκ τῶν γινομένων κ. ῥεῦμα βίαιον ὁ Αἰών.—v. 10: Ἐν τοιούτῳ οὖν ζόφῳ κ. ῥύπῳ κ. τοσαύτη ῥύσει τῆς τ' οὐσίας κ. τοῦ χρόνου κ. τῆς κινήσεως κ. τῶν κινουμένων ("I can imagine nothing that de-

them. . . . Something of the secret of all peace—the *Eternal Now*—remained with him as long as the weakness of the injury remained. . . . His mind was still animated with the conception of God as suffering in the human struggle, but as the absolute Lord of the struggle; and the consequent belief that nothing but obedience to the lower motive can be called evil."—When returning health forced him to descend from this lofty air: came "the soul-bewildering difficulty of believing that the God of physical law can also be the God of promise; that He that is within us and beneath us can also be above us with power to lift us up. . . . No one had told him about the Pantheism which obliterates moral distinctions, or told him of the subjective ideal which sweeps aside material delights."

serves high prizing or intent pursuit").—v. 23 : πολλάκις ἐνθυμοῦ τὸ τάχος τῆς παραφορᾶς κ. ὑπεξαγωγῆς τῶν ὄντων κ. γινομένων ("sweep past and disappear"). "Ἡ τε γὰρ οὐσία οἶον ποταμὸς ἐν διηνεκεῖ ῥύσει . . . συνέχεσι μεταβολαῖς . . . σχέδον οὐδὲν ἐστῶς, and the customary moral of absolute indifference and contempt. —vi. 4 : Πάντα τὰ ὑποκειμένα τάχιστα μεταβαλεῖ, κ. ἤτοι ἀναθυμιαθήσεται (εἴπερ ἡνῶται ἡ οὐσία) ἢ σκεδασθήσεται (in no case any abiding connexion or sympathy).—15 : Τὰ μὲν σπεύδει γίνεσθαι τὰ δὲ σπεύδει γεγρονέναι (impatient to come to the birth, as others too have done) κ. τοῦ γινομένου δὲ ἤδη τι ἀπέσβῃ ῥύσεις κ. ἀλλοιώσεις ἀνανεοῦσι τὸν Κόσμον διηνεκῶς, ὥσπερ τὸν ἄπειρον αἰῶνα ἢ τοῦ χρόνου ἀδιάλειπτος φορὰ νέον αἰεὶ παρέχεται. ἐν δὴ τούτῳ ποτάμῳ τί ἂν τις τούτων τῶν παραθεόντων ἐκτιμήσειεν ; (Is it not as foolish as "setting one's love on some sparrow that flits past and in an instant is out of sight?")—vi. 46 : ὥσπερ προσίσταται σοι (as it occurs to you) τὰ ἐν τῷ ἀμφιθεάτρῳ and such like places, ὡς αἰεὶ τὰ αὐτὰ ὁρώμενα κ. τὸ ὁμοειδὲς προσκορῇ τὴν θεὰν ποιεῖ (monotony of tedious repetition "makes the spectacle pall") τοῦτο κ. ἐπὶ ὅλου τοῦ βίου πάσχειν πάντα γὰρ ἀνὰ κάτω τὰ αὐτὰ κ. ἐκ τῶν αὐτῶν. Μέχρι τίνος οὖν ; (almost a prayer, "O Lord, how long?"). —vi. 59 : ὡς τάχεως ὁ Αἰὼν πάντα καλύψει.—vii. 1 : "Ὀλως ἄνω κάτα τὰ αὐτὰ . . . οὐδὲν καινὸν, πάντα κ. συνήθη κ. ὀλιγοχρονία.—10 : παντὸς μνήμη τάχιστα ἐγκαταχώννυται τῷ αἰῶνι.—18 : τί γὰρ δύναται χωρὶς μεταβολῆς γενέσθαι ; τί δὲ φίλτερον ἢ οἰκειότερον τῇ τῶν ὅλων Φύσει ;—vii. 25 : πανθ' ὅσ' ὁρᾶς ὅσον οὐπω μεταβαλεῖ ἢ τὰ ὅλα διοικοῦσα Φύσις, κ. ἄλλα ἐκ τῆς οὐσίας αὐτῶν ποιήσει, etc. ἵνα αἰεὶ νεαρὸς ᾖ ὁ Κόσμος (like a thrifty housewife who has no further stock



to draw upon, turns and adapts the old material). Similarly, viii. 50 : ἡ τῶν ὅλων φύσις ἔξω οὐδὲν ἔχει ἀλλὰ τὸ θαυμαστὸν τῆς τέχνης . . . ὅτι περιορίσασα ἑαυτὴν πᾶν τὸ ἔνδον (διαφθείρεσθαι κ. γηράσκειν κ. ἄχρηστον εἶναι δοκοῦν) εἰς ἑαυτὴν μεταβάλλει, κ. ὅτι πάλιν ἄλλα νεαρὰ ἐκ τούτων ποιεῖ. . . . ἀρκεῖται οὖν κ. χώρα . . . κ. ὕλη . . . κ. τέχνη τῇ ἰδίᾳ. (Here Nature personified as conscious artist, and as exemplar to Sage of self-sufficingness.)—vii. 49 : Ὅμοειδὴ γὰρ πάντως ἔσται (namely, future will be exactly like the past; compare Leopardi's dialogue about the "New Almanac") κ. οὐχ οἷόν τε ἐκβῆναι τοῦ ρυθμοῦ τῶν νῦν γινομένων (whence it is the same to chronicle for forty or ten thousand years). Τί γὰρ πλέον ὄψει;—viii. 6 : Ἡ τῶν ὅλων Φύσις τοῦτο ἔργον ἔχει, τὰ ὧδε ὄντα ἐκεῖ μετατιθέναι μεταβάλλειν αἶρειν ἔνθεν κ. ἐκεῖ φέρειν. πάντα τροπαὶ . . . πάντα συνήθη.—ix. 19 : Πάντα ἐν μεταβολῇ κ. αὐτὸς σὺ ἐν διηνεκῇ ἀλλοιώσει κ. κατὰ τι φθορὰ κ. ὁ Κόσμος δὲ ὅλος. (Strictly this is untrue, "corruption" has no meaning in relation to the Cosmos, whose sum remains always the same.)—ix. 28 : Ταῦτα ἐ. τὰ τοῦ Κόσμου ἐγκύκλια ἄνω κάτω ἐξ αἰῶνος εἰς αἰῶνα.—29 : Χειμάρρους ἡ τῶν ὅλων αἰτία πάντα φέρει.—28 (iter) : Ἦδη πάντας ἡμᾶς ἡ γῆ καλύψει ἔπειτα κ. αὐτὴ μεταβαλεῖ· κακεῖνα εἰς ἄπειρον μεταβαλεῖ· κ. πάλιν ἐκεῖνα εἰς ἄπειρον. Τὰς γὰρ ἐπικυματώσεις τῶν μεταβολῶν κ. ἀλλοιώσεως ἐνθυμούμενός τις κ. τὸ τάχος παντὸς θνητοῦ καταφρονήσει. ("The billows of change and variation roll apace; and he who ponders them will feel contempt for all things mortal. The Universal Cause is like a winter torrent; it sweeps all before it." R.)—ix. 35 : (μεταβολή) Τούτῳ δὲ χαίρει ἡ τῶν ὅλων Φύσις καθ' ἣν πάντα καλῶς γίνεται κ. ἐξ αἰῶνος ὁμοειδῶς



ἐγίνετο, κ. εἰς ἄπειρον τοιαῦθ' ἕτερα ἔσται. (He betrays an unhellenic passion for "everlasting," "infinite,"—and from the permanence of Aristotle's limited globular system reverts to the perpetual series of corruptible universes scattered in infinite,—in which Ionia anticipated modern science not solely in evolution but in astronomy.)—x. 11: Πῶς εἰς ἄλληλα πάντα μεταβάλλει . . . διηνεκῶς πρόσεχε . . . μεγαλοφροσύνης ποιητικόν (but we may be allowed to wonder why contemplation of the ignoble destiny of "Cæsar's dust" should elevate the mind! This dwelling on the sordid side of Materialism is not the way to encourage Spiritualism.)—x. 27: Συνεχῶς ἐπινόειν πῶς πάντα τοιαῦτα ὅποια νῦν γίνεται κ. πρόσθεν ἐγίνετο.—xi. 1. In an eloquent passage on the powers of the Rational Soul. "Ἐτι δὲ περιέρχεται τὸν ὅλον Κόσμον κ. τὸ περὶ αὐτὸν κενὸν κ. τὸ σχῆμα αὐτοῦ . . . κ. τὴν περιοδικὴν παλιγγενεσίαν τῶν ὅλων ἐμπεριλαμβάνει ("encompasses and comprehends the cyclic regeneration of the Universe"); κ. περινοεῖ κ. θεωρεῖ ὅτι οὐδὲν νεώτερον ὄψονται οἱ μεθ' ἡμᾶς οὐδὲ περιττότερον εἶδον οἱ πρὸ ἡμῶν ἀλλὰ τρόπον τινα ὁ τεσσαρακοντούτης . . . πάντα τὰ γεγονότα κ. τὰ ἐσόμενα ἑώρακε κατὰ τὸ ὁμοειδές ("our fathers had no fuller vision, nor will our children behold any new thing").—xii. 21: Μετ' οὐ πολὺ οὐδεὶς οὐδαμοῦ ἔσῃ οὐδὲ τούτων τι ἂν νῦν βλέπεις οὐδὲ τούτων τῶν νῦν βιούντων. "Ἀπαντα γὰρ μεταβάλλειν κ. τρέπεσθαι κ. φθείρεσθαι πέφυκεν, ἵνα ἕτερα ἐφεξῆς γίνηται (though as he warns us, xi. 34: παντὰ μεταβολαὶ οὐκ εἰς τὸ μὴ ὄν ἀλλ' εἰς τὸ νῦν μὴ ὄν).—xii. 23. Nature strikes the hour for death; ἡ τῶν ὅλων . . . ἧς τῶν μερῶν μεταβαλλόντων, νεαρὸς αἰεὶ κ. ἀκμαῖος ὁ σύμπας Κόσμος διαμένει.—24: ὅσακίς ἂν ἐξαρθῇς, ταῦτα ὄψει τὸ ὁμοειδές

τὸ ὀλιγοχρόνιον. — 26 : (Ἐπελάθου) τοῦ ὅτι πᾶν τὸ γινόμενον οὕτως ἀεὶ ἐγίνετο κ. γενήσεται κ. νῦν πανταχοῦ γίνεται. The central idea is easy to understand; rejuvenescence through never-ceasing change; the Universe stationary in its total, flickering and kaleidoscopic in its parts. (Upon these conceptions, purely *physical* as they are, we must feel surprise when an idea of purpose, justice, or love is superinduced.)

(B) CREATION AND PROVIDENCE,—HOW FAR  
INTELLIGIBLE ?

ANALYSIS

§ 5. *Problem : is all predestined, or is there room for God's special interest and intervention ? (will not commit himself).*

§ 6. *Everywhere traces of conflict between scientific and religious interpretation ; inclines to belief in Providential government, but leaves morals unaffected by these questions.*

§ 5. As to the question of "Creation in Time," and the cessation of a Providential government, there are two interesting passages, which prove how much inclined Marcus was to cast his hypothesis into the form of a "Sceptical alternative."—vii. 75 : Ἡ τοῦ ὅλου Φύσις ἐπὶ τὴν κοσμοποιῶν ὥρμησε (the "once upon a time" of fairy stories: once "the impulse of Nature" advanced nimbly to the task of world-building). Νῦν δὲ ἦτοι πᾶν τὸ γινόμενον κατ' ἐπακολουθήσιν γίνεται ("all that now happens follows in the train of consequence" = fatally), ἢ ἀλόγιστα κ. τὰ κυριώτατα ἐ. ἐφ' ᾧ ποιεῖται ἰδίαν ὁρμὴν τὸ τοῦ Κόσμου Ἑγεμονικόν; else you must deny reason to the sovereign ends which guide the impulse of the World-Soul. Such is Dr. Rendall's translation; but it puts a dilemma

instead of the sceptical alternative which seems to me lurking in this difficult passage. Now ix. 28 gives much the same language, and it is worth while to compare the sense: "*Ἡτοι ἐφ' ἑκαστον ὁρμῇ ἢ τοῦ ὅλου Διάνοια ὅπερ εἰ ἐ. ἀποδέχου τὸ ἐκείνης ὁρμητόν. Ἡ ἅπαξ ὥρμησε, τὰ δὲ λοιπὰ κατ' ἐπακολούθησιν.*" "Either the World-Mind imparts each individual impulse—in which case, accept the impulse it imparts; or else it gave the impulse once of all, with all its long entail of consequence" (reading *κατεντείνει*, a brilliant and plausible emendation for the text *τί ἐν τινί*, and Coraës' *καὶ τί ἐντείνῃ*, which is quite in Marcus' manner, x. 31). Now the distinction in both these obscure and perhaps corrupt sections is between a *special* and a fatal or *universal* Providence. Marcus is concerned to show in either event, resignation is the fitting attitude of the Sage. Can we allow a "knowledge of *particulars*" to God?—*e.g.* vi. 44, he puts the hypothesis of the restriction of Divine interest (or power) to the greater laws; to the larger issues of life:—*Εἰ δὲ μὴ ἐβουλεύσαντο κατ' ἰδίαν περὶ ἐμοῦ περὶ γε τῶν Κοινῶν πάντως ἐβουλεύσαντο, οἷς κατ' ἐπακολούθησιν κ. ταῦτα συμβαίνοντα . . . στέργειν ὀφείλω.* Is He not eternally engrossed either in Himself or in contemplation of the Type? Here, it seems to me, Marcus tries to exempt from the operation of this rigid and indefeasible sequence certain important events in the world-order, towards which Providence still makes an exceptional and peculiar movement of interest and concern. In the latter passage he goes so far as to say, *ἐφ' ἑκαστον*, each trivial event, circumstance, casualty is Divine (as according to Christian teaching). In the former, if I may extrude the (to me) incomprehensible word

*ἀλόγιστα*, we see detailed vigilance of Providence is restricted to “great heroes and great haps” (as in Lucan, “*Humanum paucis vivit genus*”; and Cæsar’s taunt to the mutineers who think the gods care for their petty lives). These he calls *τὰ κυριώτατα*; and towards these, not predetermined by course of Fate and unravelled string of destiny, the World-Soul makes a special and impulsive onslaught. (Could *ἀλόγιστα* mean “as yet not predestined, still leaving scope for special settlement”; or could we read *ἀλογίστως ἤ*, “requiring no particular exercise of reason,” etc.?) In any case I am clear there is a distinct antithesis between the more *religious* and the purely *scientific* conception of the world-order; and that whatever private opinion Marcus may hold, he is not going to commit himself either here or elsewhere.

§ 6. ix. 1. (Impiety not to regard pleasure and pain as *ἡ κοῖνη Φύσις* does: She treats them “indifferently,” *ἐπίσης*, by which I mean,) *τὸ συμβαίνειν ἐπίσης τὰ τὸ ἐξῆς τοῖς γινομένοις κ. ἐπιγινομένοις ὁρμῇ τινι ἀρχαίᾳ τῆς Προνοίας* (“that they befall indifferently all whose existence is consequent upon the original impulse of Providence”)—*καθ’ ἣν ἀπό τινος ἀρχῆς ὤρμησεν ἐπὶ τήνδε τὴν διακόσμησιν* (“which gave the original and first momentum to the cosmic ordering of things”), *συλλαβοῦσα τινας λόγους τῶν ἐσομένων κ. δυνάμεις γονιμοὺς ἀφορίσασα, ὑποστάσεων τε κ. μεταβολῶν κ. διαδοχῶν τοιούτων* (“by selecting (?) certain germs of future existences and assigning to them productive capacities of realisation, change, and phenomenal succession.” R.). The conflict in his mind between the *religious* and the *scientific* explanation of the world appears in every reference to *Providence*.—ii. 3: *Τὰ τῶν θεῶν Προνοίας*

μεστά. Τὰ τῆς τύχης οὐκ ἄνευ φύσεως ἢ συγκλώσεως κ. ἐπιπλοκῆς τῶν Προνοίᾳ διοικουμένων. ("In the gods' work there is providence everywhere. For the action of chance is the course of Nature, or the web and woof of the dispositions of Providence," which gives the sense admirably, though οὐκ ἄνευ does not imply identity.) Πάντα ἐκείθεν ρεῖ, πρόσεστι δὲ τὸ Ἀναγκαῖον, κ. τὸ τῷ ὅλῳ Κόσμῳ συμφέρον οὗ μέρος εἶ. "From providence (the personal and *religious* view) flows all; and side by side with it is necessity and the advantage of the Universe" (the *scientific* and impersonal), "of which you are a part." Here there is a compromise; both views are stated in a parallel; they are neither reconciled nor allowed to quarrel, only held in leash.—ii. 11, in a celebrated vindication of Death, εἰ μὲν θεοὶ εἰσιν οὐδὲν δεινόν (κακῷ γάρ σε οὐκ ἂν περιβάλοιεν)· εἰ δὲ ἦτοι οὐκ εἰσιν ἢ οὐ μέλει αὐτοῖς τῶν ἀνθρωπείων, τί μοι ζῆν ἐν κόσμῳ κενῷ θεῶν ἢ Προνοίας κενῷ; Ἀλλὰ καὶ εἰσὶν, κ. μέλει αὐτοῖς τῶν ἀνθρωπείων. This is the strongest passage in the book about the gods and their part in human affairs.<sup>1</sup>—iv. 3: Ἀνανεωσάμενος τὸ διεξυγμένον ἢ τοι Πρόνοια ἢ ἄτομοι κ. ἐξ ὅσων ἀπεδείχθη ὅτι ὁ κόσμος ὡσάνει πόλις. ("Recall to mind the alternative,—either a foreseeing Providence or blind atoms,—and all the abounding proofs that the world is as it were a city.") We see here clearly to which side he is leaning, to the *politico-religious* conception as opposed to the *scientific*.—vi.

<sup>1</sup> We may remember how closely united in Quintilian's age were the two themes for unending discussion: "whether the world was ruled by Providence," and "whether the Wise Man should take office,"—a singular instance of the reciprocal influence of metaphysical theory and conduct.

10. Again, engaged in the contemplation of death, he almost comforts himself with the thought of atomism as a consolation for leaving the world (ii. 11): "Ἦτοι κυκεῶν κ. ἀντεμπλοκὴ κ. σκεδασμός· ἢ ἔνωσις κ. τάξις κ. Πρόνοια. ("The world is either a welter of alternate combination and dispersion," cf. Empedocles' famous dictum, "or a unity of order and Providence.") Εἰ μὲν οὖν τὰ πρότερα, τί καὶ ἐπιθυμῶ εἰκαίῳ συγκρίματι κ. φυρμῶ τοιουτῷ ἐνδιατρίβειν; ("Why crave to linger on in such a random medley and confusion?") . . . ἥξει γὰρ ἐπ' ἔμ' ὁ σκεδασμός ὃ τι ἂν ποιῶ ("Do what I will, dispersion will overtake me"). Εἰ δὲ θάτερά ἐστι, σέβω κ. εὐσταθῶ κ. θαρρῶ τῷ Διοικοῦντι ("I reverence, I stand steadfast, I find heart in the power that disposes all").—In iv. 27 we have a similar but more hopeful passage: "Ἦτοι κόσμος διατεταγμένος, ἢ κυκεῶν συμπεφορημένος.<sup>1</sup> Ἀλλὰ μὴν κόσμος· ἢ ἐν σοὶ μὲν τις κόσμος ὑφίστασθαι δύναται, ἐν δὲ τῷ Παντὶ ἀκοσμία; κ. ταῦτα οὕτω πάντων διακεκριμένων κ. διακεχυμένων κ. συμπαθῶν. ("Either an ordered universe or else a welter of confusion. Assuredly, then, a world-order; or think you the *order* subsisting within yourself is compatible with *disorder* in the All? and that, too, when all things, however distributed and diffused, are affected sympathetically.") Here Marcus almost unanswerably argues from the reason *within* to the reason *without*, from *subjective* to *objective* regularity and method.—In xii. 1 we have a parallel to the Horatian "permitte divis cetera"; τὸ μέλλον ἐπιτρέψης τῇ Προνοίᾳ.—xii. 14 is a useful passage: "Ἦτοι ἀνάγκη

<sup>1</sup> I accept Rendall's excellent suggestion, for the "textus receptus" is absurd; but would not οὐ μὴν ἀλλὰ κόσμος be a simpler correction? Coraë's συμπεφυρμένος is also extremely probable.



είμαρμένη κ. ἀπαράβατος τάξις, ἢ Πρόνοια ἱλάσιμος, ἡ φυρμὸς εἰκαιότητος ἀπροστάτητος. ("Either fixed necessity and an inviolable order, or a merciful Providence, or a random and ungoverned medley.") If the first, τί ἀντιτείνεις; Εἰ δὲ Πρόνοια, ἐπιδεχομένη τὸ ἱλάσκεσθαι, ἄξιον σαυτὸν ποιῆσον ἐκ τοῦ θεοῦ βοηθείας ("if a Providence waiting to be merciful, make yourself worthy of the Divine aid," etc.). Here again the *religious* conception is uppermost; and for the single occasion in the whole of the volume, efficacy of prayer and propitiation are brought within range of philosophic thought. But there is no attempt to accommodate these views with *scientific* experience; and in the end Marcus leaves us in a dualism which is (as we have often noted) creditable to his candour and his common sense, if not to his logic. Finally, since his whole *speculative* philosophy subserves his practice, his real end and aim, he proves (xii. 24) acquiescence right, whatever be the ultimate explanation of the Universe: ἐπὶ τῶν ἔξωθεν συμβαινόντων, ὅτι ἦτοι κατ' ἐπιτυχίαν, ἢ κατὰ Πρόνοιαν, οὔτε δὲ τῇ ἐπιτυχίᾳ μεμπτέον οὔτε τῇ Προνοίᾳ ἐγκλητέον. ("You cannot quarrel with chance; you cannot arraign Providence." The government of the world is either accidental, and so beneath our notice and concern; or Divine, and therefore above our understanding and beyond our criticism.)

## CHAPTER VI

### THE ALLEGED CONCILIATION OF THE TWO NATURES

#### (A) VANITY AND INSIGNIFICANCE OF HUMAN LIFE IN THE MEASURELESS GULF OF TIME

##### ANALYSIS

- § 1. *This human life out of place in the "vain show" of the world ; deliberate quenching of Will-to-live.*
- § 2. *Dwells on intrinsic baseness of life ; scornful language for body and life ; passing moment (all that is ours) insignificant.*
- § 3. *Man contemptible in relation to Space as to Time ; quarrelsome children, snapping puppies, bursting bubbles.*
- § 4. *Corollary of such preaching, not resignation ; if man a bubble, why trouble about duty or world-order ?*
- § 5. *God (within or without) no support to moral endeavour. (Texts of the vanity of life's pursuits,—smoke, dust, leaves, husk, etc.)*

§ 1. It is clear that in such a world of successive and unceasing change, of persistence only through variation, human life must seem strangely out of place, with its fixed centre of will and personality and its material environment in perpetual flux. Instead of appearing as to our modern Gnostics an "oasis" in the cruel wilderness of the actual, human society is precisely that sphere in which the Unreason at the root of things is

most justly impeached. Man is born but to die; he wins self-consciousness only to discover its torture; the use of will only to feel its negative value. The whole personal philosophy of Marcus is a study of death (*μελέτη θανάτου*), a deliberate quenching of the will to live, not merely by appealing to a religious sense (*ἐπιτρέπειν τῇ Προνοίᾳ*), but by dwelling with remorseless analysis on the sordid details of life, and trying to borrow from such consideration disgust for the whole weary business. I have reserved this as an episode in our survey of his cosmology; because, while a study of his own nature convinced him, as we saw, of the value of moral and social endeavour, he discovers here nothing but arguments for Quietism and the extinction of motive and desire. The two sides of his philosophy are here in clearest contrast; *ἡ κοινὴ* and *ἐμὴ φύσις* with their incompatible impulse. The one calls us to *passive* resignation, the other, though fitfully and with no clear object, to *activity* in the smaller commonwealth; and although he protests in one place man's duty lies in the energy rather than in receptivity (*ἐνέργεια* than *πείσει*), and in another that of the two natures (*μία ἀμφοτέρων ἡ ὁδός*, v. 3), "the path is one and the same, —elsewhere he places *ὁσιότης* above *δικαιοσύνη*, and canonizes as the first virtue a theology, mystic or negative. And this on examination is nothing else but a scientific conviction of the world's vanity and unreality of phenomena as they play in idle illusion above an inscrutable ground. For Marcus and his fellows, though one be wise and another foolish, are like children sporting on the steps or in the open vestibule of a temple, the doors of which are for ever shut.

§ 2. To us it seems a truism that from the Secularist

or Christian view alike it is needful to dwell on the value and significance of life even in the humblest surroundings. Aurelius believes that a moral attitude cannot be attained until we are certain of its essential baseness or turpitude. He is, like Lucretius, a "Realist," dwelling with especial and deliberate disgust upon the contemptible origin of man,<sup>1</sup> and seeking to stifle the softer emotions and to tear violently asunder the physical from the sentimental side in that odd and ever marvellous complex, Love. For the body he has no language base enough. Very early he strikes the note, or rather minor chord, which is to predominate.—

ii. 2: *ὡς ἤδη ἀποθνήσκων τῶν σαρκίων καταφρόνησον· λύθρος κ. ὀστάρια κ. κροκύφαντος ἐκ νεύρων φλεβιῶν ἀρτηριῶν πλεγμάτων.* "As with near presence of death, despise poor flesh—this refuse of blood and bones, this web and tissue of nerves and veins and arteries."—

ii. 17: *Τοῦ ἀνθρωπίνου βίου ὁ μὲν χρόνος, στιγμή· ἡ δὲ οὐσία, ῥέουσα· ἡ δὲ αἴσθησις, ἀμυδρά· ἡ δὲ ὅλου τοῦ σώματος σύγκρισις, εὐσηπτος· ἡ δὲ ψυχὴ, ῥόμβος· ἡ δὲ τύχη, δυστέκμαρτον· ἡ δὲ φήμη, ἄκριτον. Συνελόντι δ' εἰπεῖν πάντα, τὰ μὲν σώματος, πόταμος· τὰ δὲ τῆς ψυχῆς, ὄνειρος κ. τυφός· ὁ δὲ βίος, πόλεμος κ. ξένου ἐπιδημία· ἡ δὲ ὑστεροφημία λήθη.* ("In man's life, time is but a moment; being, a flux; sense is dim; the material frame, corruptible; soul, an eddy of breath; destiny, hard to define; fame, ill at appraise. In brief,

<sup>1</sup> vi. 13. He is the avowed enemy to the spiritualizing of the emotions; he reduces everything to its "beggarly elements," its naked truth. This is certainly logical; perhaps not unnatural to some fastidious minds who in this matter can never overcome an initial astonishment at the odd yoke-fellows, romance and passion, angel and animal; but it is as certainly not wise; *ἐπὶ τῶν κατὰ τὴν συνουσίαν, ἐντερίου παρὰ τριψίς κ. μετὰ τινος σπασμοῦ μυξάρλου ἔκκρισις.*

things of the body are but a stream that flows, things of the soul a dream and vapour); life, a warfare and a sojourning" [? in an alien land]; "and afterfame, oblivion." Surely it is Leopardi who is talking, and not a professed and sincere vindicator of the ways of God? "Non tali auxilio non defensoribus istis!"—Length of time is equally an illusion; from many passages in which he insists that the present moment alone is ours (without the inevitable Cyrenaic corollary!), I single iii. 7: *πότερον ἐπὶ πλεόν διάστημα χρόνου τῷ σώματι περιεχομένη τῇ ψυχῇ ἢ ἐπ' ἔλασσον χρήσεται, οὐδ' ὅτιοῦν αὐτῷ μέλει.*—10: *μόνον ζῇ ἕκαστος τὸ παρὸν τοῦτο τὸ ἀκαριαῖον* ("the passing minute," this razor-edge on which we stand with the two gulfs of past and future yawning on either side.)—iv. 50: *βλέπε γὰρ ὀπίσω τὸ ἀχανές τοῦ αἰῶνος, κ. τὸ πρόσω ἄλλο ἄπειρον* (so iv. 3 coupled with *τὸ τάχος τῆς πάντων λήθης* is *τὸ χάος τοῦ ἐφ' ἑκάτερα ἀπείρου αἰῶνος.*)—v. 23: *τὸ ἄπειρον τοῦ τε παρωχνηκός κ. μέλλοντος ἀχανές ᾧ πάντα ἐναφανίζεται.* (The present is like a narrow isthmus washed by the two immeasurable oceans of that which has been and has yet to be.)—ix. 32. How short a span is life! *ἀχανές δὲ τὸ πρὸ τῆς γενέσεως ὥς κ. τὸ μετὰ τὴν διάλυσιν ὁμοίως ἄπειρον.*—xii. 7. Shortness of life, *τὴν ἀχάνειαν τοῦ ὀπίσω κ. πρόσω αἰῶνος.*—32: *πόστον μέρος τοῦ ἀπείρου κ. ἀχανοῦς αἰῶνος ἀπομεμέρισται ἐκάστω;* (Rendall's translation of iv. 32 in full will give the English reader the best idea of Marcus' meaning: "You can get rid (of the agitations that beset you), and in so doing, will indeed live at large, by embracing the whole universe in your view, comprehending all eternity and imagining the swiftness of change in each particular; seeing how brief is the

passage from birth to dissolution,—birth, with its unfathomable before; death, with its infinite hereafter.”

§ 3. Man, contemptible in relation to *Time*, is no less so in regard to *Space*; his greatest empire is but a tiny speck in a corner of earth; and what is earth to the boundless void? With this idea we are familiar from “Scipio’s dream,”<sup>1</sup> where Scipio blunts the keen edge of earthly ambition by showing the pettiness of its domain; to us a wearisome commonplace, but to the average citizen, content with the religion and the tradition of his State, a paradox and a wanton sacrilege.—iii. 10: μικρὸν τὸ τῆς γῆς γωνίδιον ὅπου ζῇ. —iv. 3: ὅλη τε γὰρ ἡ γῆ στίγμη κ. ταύτης πόστον γωνίδιον ἡ κατοίκησις αὐτή; (“The whole earth is but a point, your habitation but a tiny nook thereon.”)—iv. 48: Κατιδεῖν ἀεὶ τὰνθρώπινα ὡς ἐφῆμερα κ. εὐτελῆ κ. ἔχθες μὲν μυξάριον αὖριον δὲ τάριχος ἢ τέφρα. (“Look at all human things, behold how fleeting and how sorry! but yesterday a mucus-clot; to-morrow, dust or ashes!”)—v. 29: Κάπνος κ. ἀπέρχομαι. . . —33: “Ὅσον οὐδέπω σπόδος ἢ σκελετὸς κ. ἦτοι ὄνομα ἢ οὐδὲ ὄνομα. . . . All the things we most value in life, κενὰ κ. σαπρὰ κ. μιὰρὰ κ. κυνίδια διαδακνόμενα κ. παῖδια φιλόνεικα, γελῶντα εἴτ’ εὐθὺς κλαίοντα (“empty, rotten, insignificant, snapping puppies or quarrelsome children, that laugh and anon fall to crying”<sup>2</sup>).—vi. 47. List of

<sup>1</sup> So Seneca (*Nat. Quæst.* i. præf.). The Soul amid the stars looks down in mirth: “Hoc est illud *punctum* quod inter tot gentes ferro et igne dividitur? . . . Formicarum iste discursus est. . . . Quid illis et nobis interest exigui mensura corpuseuli? *Punctum* est istud in quo navigatis, bellatis, regna disponitis. . . . Contemnit domicilii prioris angustias.”

<sup>2</sup> He might perhaps have spared us the superfluous nastiness of the Bath-Simile. viii. 24: ‘Οποῖόν σοι φαίνεται τὸ λούεσθαι, ἔλαιον ἰδρῶς



heroes who are now all dust; αὐτῆς τῆς ἐπικήρου κ. ἐφημέρου τῶν ἀνθρώπων ζώης χλευάσται ("who have made man's fateful fleeting life their jest").—36. Asia and Europe, γωνίαι τοῦ Κόσμου, all sea, στάγων τοῦ Κόσμου: Athos (he is thinking of Xerxes' achievement as a type of imperial sovereignty at its climax) βωλάριον τοῦ Κόσμου.—vii. 68: Sage, calm, and unruffled though wild beasts διασπᾶ τὰ μελύδρια τοῦ περι-τεθραμμένον τούτου φυράματος ("material integument of flesh," where Dr. Rendall euphemizes the hard bitter sarcasm of the original; "this lump of clay hung round me which cries out for food").—viii. 20: τί δὲ ἀγαθὸν τῇ πομφόλυγι συνεστώσῃ ἢ κακὸν διαλυθείσῃ; τὰ ὅμοια δὲ κ. ἐπὶ λύχνου.

§ 4. We are here not far from getting annoyed with Marcus' persistent inconsistency. It is his whole purpose to mark off and separate man from the rest of things; his virtue "proceeds by its own mysterious path, hard to be compassed and understood, to the goal of its being," vi. 17, and has nothing to do with mere elemental change. Yet thus severed in life from the innocent and unreflecting pleasure of animals, in the moment of his greatest suspense and anxiety, he is suddenly classed with—not even animals, but with the inanimate and mechanical and automatic. That the corollary of this is resignation, peace, social work, is due

ῥύπος ὕδωρ γλοιῶδες, πάντα σικχαντά· τοιοῦτον πᾶν μέρος τοῦ βίου κ. πᾶν ὑποκειμένον. We prefer his μὴ σικχαίνειν μήδε ἀπανδᾶν of v. 9; and we must remember, too, that Marcus here as elsewhere is too sincere to be consistent.—For example, how the proud self-possession of iii. 5: Ὁρθὸν οὖν εἶναι χρὴ οὐχὶ ὀρθούμενον, gives place to the modesty of vii. 12: ὀρθὸς ἢ ὀρθούμενος,—a δευτεροῦς πλοῦς, indeed, to the complete spontaneity of the Spirit's choice, a "law to itself";—to the sober advice of vii. 7: Μὴ αἰσχύνου βοηθούμενος.

to a mere temperamental peculiarity of the Emperor; it is certainly not logic. To a more sanguine and fiery nature, the gladness of fighting and defiance would set him in deadly conflict against a power which, though ultimately certain to triumph, it is pure joy so far as possible to thwart. "If such a Deity bade me go to hell, to hell I would gladly go"; and on the same deep sense of the fitting rests the strange religious Atheism (or rather ir-religion) of Lucretius. If man is a bubble on the ocean of time, by all means let him follow his bent, and not do violence to his inner self. But the ascetic has nothing to say *logically* against the voluptuary; and to prate about reason, duty, a standard of right and wrong, sympathy with the world-soul, merely irritates a good-natured adversary, who is ready to leave you with a "higher criterion," if you would only grant him a similar freedom of choice and inclination.

He on his part has no wish to depreciate or criticize the satisfaction of the Mystic; he will not even call his inner joys, illusion or an imaginary world of pure hallucination; he knows that everything is that,—relative, fleeting, uncanonized by any yet discovered standard; for nothing can effectively bridge the gulf between two personalities. A man can make of the world what he likes, and no one has the right to say him "nay." "*Ἐκαστος ἐν τῷ ἰδίῳ νοτ̃ πληροφορεῖσθω*, Rom. xiv. 5; and although St. Paul is speaking about the unessential, where reasonable divergence and tolerance can be permitted, the maxim can be taken up into a far more serious realm. This pure subjectivity can only be corrected by the social edict which, making "for the greatest happiness of the greatest number,"—always

the aim, whether avowed or not,—takes the average of human character and aspirations, and decides that, on the whole, man is instinctively (though illogically) “moral”; that a general agreement on τὰ πρακτέα καὶ μὴ can be reached, even apart from religious sanction. But in Marcus’ system, the universal moral instinct, sign of essential solidarity, lies useless in the background, like Anaxagoras’ disappointing maxim; and it is not too much to say that his theology provides no argument whatever for the endeavour to right. For, viewed as Fate or the Absolute, God has no concern with such a distinction; viewed as the “Deity Within,” the divine voice within condones or enjoins the extremest vagaries of subjective impulse.

§ 5. But I am travelling somewhat beyond my immediate task; and Marcus himself might gently remind me that engrossment in the present duty (τὸ πάρον . . . ἀκαριαῖον) is the truest rule.—viii. 37. In a somewhat hard-hearted passage on mourners, he ends, Γράσος πᾶν τοῦτο κ. λύθρον ἐν θυλάκῳ, intranslatable indeed. “All comes to stench and refuse at last.”—ix. 24: Παιδίων ὀργαὶ κ. παίγνια, κ. πνευμάτια νεκροὺς βαστάζοντα (“children’s squabbles, or stage-farce, and poor breath carrying a corpse; is not phantom land more palpable and solid?”).—ix. 29: ὥς εὐτελὴ δὲ καὶ τὰ πολιτικὰ ταῦτα κ. ὥς οἴεται, φιλοσόφως πρακτικὰ ἀνθρώπια! μυξῶν μεστά. (“How cheap, in sooth, are these pygmies of politics, these sage doctrinaires in statecraft! Drivellers everyone!”)—x. 17: Τοῦ ὅλου αἰῶνος κ. τῆς ὅλης οὐσίας συνεχῶς φαντασία· καὶ ὅτι πάντα τὰ κατὰ μέρος ὥς μὲν πρὸς οὐσίαν, κεγχραμίς· ὥς δὲ πρὸς χρόνον, τρυπάνου περιστροφή. (“All individual things are but a grain of millet . . . the

turn of a screw.")—x. 17: *Τὰ ἀνθρώπινα* are *καπνὸς κ. τὸ μηδέν*.—x. 34. All men are leaves (*φύλλα . . . φυλλάρια*). *Πάντα γὰρ ταῦτα* "ἔαρος ἐπιγίγνεται ὥρῃ· εἶτα ἄνεμος καταβέβληκεν· ἔπειθ' ὕλη ἑτέρα. . . . *Τὸ δ' ὀλιγοχρόνιον κοινὸν πᾶσιν*.—38: *Μηδέποτε συμπεριφαντάζου τὸ περικειμένον ἀγγειῶδες, κ. τὰ ὀργάνια ταῦτα τὰ περιπεπλασμένα*. ("Never confound it (the true power, the will) with the mere containing shell, and the various appended organs."<sup>1</sup>)—xi. 2: *Μέμνησο ἐπὶ τὰ κατὰ μέρος τρέχειν κ. τῇ διαιρέσει αὐτῶν εἰς καταφρόνησιν ἵεναι*.—xii. 1 and 2. Various uncomplimentary names for the body *τὸ περιτεθραμμένον σοι σαρκίδιον . . . ὑλικά ἀγγεῖα κ. φλοιὰ κ. καθάρματα . . . τὰ περικειμένα κρεάδια* ("fleshly shell . . . material husks and impurities").—xii. 27: *Ποῦ νῦν πάντα ἐκεῖνα; καπνὸς κ. σποδὸς κ. μῦθος ἢ οὐδὲ μῦθος*.—31: *Εἰ δὲ ἕκαστα εὐκαταφρόνητα πρόσιθι ἐπὶ τελευταῖον, τὸ ἔπεσθαι τῷ Λόγῳ κ. τῷ Θεῷ*.—32. How tiny a portion of eternity, of substance, of world-soul has been allotted to you! *ἐν πόστῳ δὲ βωλαρίῳ τῆς ὅλης γῆς*

<sup>1</sup> This contemptuous, semi-gnostical language, and this repetition of insulting diminutives, is a fashion of most second century writers; cf. Maximus Tyrius, xiii., where the body is *δυσχρηστὸν τοῦτο περίβλημα. . . . χλανιδία ἐφήμερα, ῥακία ἀσθενῆ κ. τρύχινα. . . . κακὸν κ. ἀπληστον κ. νοσερὸν θρέμμα. . . . σηπόμενον κ. διαρρέον τειχίον δεσμωτηρίου*. It was certainly not the Christian Church, but the fatigued classical spirit, that introduced ascetic anchoritism and a Manichæan contempt for the body. Even the genial Plotinus, whose entire aim is anti-Dualistic, is led away by this fundamental tenet of the new Platonism (a spirit by no means confined to the School of that name), *Ennead*, vi. 7. 31: the fair objects of sense arouse the waking soul, but do not beguile it into supposing they are original; for they are but counterfeits; "never would those blessed ideals venture to defile themselves by embarking in this miry clay of bodily vesture, to befoul and destroy themselves (*μὴ γὰρ ἂν τολμήσαι ἐκεῖνα οἷά ἐστιν εἰς βόρβορον σωμάτων ἐμβῆναι, κ. ῥυπάναι ἑαυτὰ κ. ἀφανίσαι*).

ἔρπεις; πάντα ταῦτα ἐνθυμούμενος, μηδὲν μεγὰ φαντάζου (contrast Aristotle's ἐφ' ὅσον ἐνδέχεται ἀθανατίζειν). —The sum of the whole book may be found in the next section. Πῶς ἐαυτῷ χρήται τὸ Ἡγεμονικόν; ἐν γὰρ τούτῳ τὸ πᾶν. τὰ δὲ λοιπὰ ἢ προαίρετά ἐ. ἢ ἀπροαίρετα, νέκρα κ. καπνός. ("How goes it with your Inner Self? that is everything. All else, in your control or out of it, is smoke and dust of the dead."<sup>1</sup>)

(B) THE USES AND METHODS OF PHILOSOPHY; THE  
SURRENDER OF INTELLECTUALISM

ANALYSIS

§ 6. *Settled early in life his few (paradoxical) dogmata; burnt his books; his style and unction all his own; formal doctrines, others'.*

§ 7. *Abandons speculative philosophy (not tending to edification); aims at mere practical goodness and piety; his "open mind" on all ultimate problems.*

§ 6. One or two points remain: (1) what is the kind of *science* or *method of philosophy* which has taught Marcus this theory of the world and man's place in it? (2) whether it is possible to stand out in self-will and obstruct the eternal order? because it is clear that people not born to patience and devoutness, in whose breast rages the sacred fire of discontent, will be glad

<sup>1</sup> I am not quite comfortable about dismissing προαίρετα into this contemptible category; it seems too sweeping even for Marcus the pessimist. I would suggest that by this word he conveys a domain proper and subordinate to the exercise of the Inner Self, by willing; and therefore really included in it, and not to be distinguished as having an essential value in itself. For to emphasize the mere inner tranquillity, released from any willing or striving, is surely too Buddhistic for Marcus? But I only suggest.

to hear what measure of completeness, distinctness, individuality, one can attain, even if it be painful, and in the end a failure. Who is the character in one of Stevenson's apologues, who, when he hears of the Ragnarök, says, "I am going off to fight for Odin"? It is the dull and meaningless omnipotence which rouses us to challenge, even to despise, the tyrant sovereign of a world so worthless. But if he demands our help and our sympathy, waits for, and will not force our loyalty, the whole horizon is changed; the meaning of everyday life becomes clearer; little things fit in to a system, which, sublime, is not "infinite." The very weakness of the power that makes "for righteousness" is the best enlisting sergeant: "Moria-mur pro rege nostro Maria Theresa." But first to the peculiar method of Marcus' inquiry. Now it is clear that early in life he was much inclined to become a student, to read and meditate much over bygone authors, and to spend over the refined subtleties of Hellenic systems a life which was owed to public duties and the common welfare. His temper, too, essentially speculative and sceptic, had its especial dangers, of which he was aware. So, after settling upon a few maxims on which to guide his life, the *δόγματα πρόχειρα*, so frequently summoned and paraded, after deciding on the supreme merits of Stoic Monism, he abandoned further search, quenched his curiosity, and burnt, if not his boats, at least his books. What self-devotion there was in this sacrifice of inclination! He may have borrowed his technical phrases from others, his doctrine of self-sufficingness from Seneca, of the "indwelling Deity" from Epictetus, his charity and forbearance from the abundant practical examples



in his childhood, from his mother, from Antoninus,<sup>1</sup> the old man "Cephalus" of the drama,—but in the very antinomies of his system, the bluntness and vagaries of his unpractised style, the fervour of his intense sincerity, the richness of his concrete illustration and metaphor,<sup>2</sup>

<sup>1</sup> Besides the long section in Book I., see vi. 30 : Πάντα, ὡς Ἀντωνίνου μαθητής.

<sup>2</sup> Some of his more memorable sayings :

"Do each act, live each day, as if it were to be your last."

"The good man is high priest and minister of the gods."

"Our human states are houses in the supreme commonwealth."

"Do even the smallest thing, mindful of the close connexion of things human and Divine."

"The bright flame assimilates all to itself, and only burns the brighter ; so should a wise man take life's pains."

"A poet of old said, O dear city of Cecrops ; and shall I not say, O beloved city of God !"

"Full already is the story of your life ; completed your public service" (τελέα ἡ λειτουργία).

"The finest kind of retaliation is not to become like."

"In this flux of things, he who singles out another for his love, is as if a passing swallow caught his fancy ; and, lo ! it is already out of sight."

"Things cannot influence our judgments."

"The lover of glory places his good in another's action ; the voluptuary, in his own passivity ; the wise, in his own unfettered activity."

"Why be ashamed, if lame, to mount the glittering ramparts of the City of Truth by another's helping hand ?"

"Near at hand is thy forgetfulness of all ; near, too, forgetfulness of all for thee."

"The fount of the good within will ever give pure water, if you dig about it."

"How easy for a man to be divine, and yet be recognized by none !"

"A mind free from every passion is an Acropolis."

"A fountain, if you stand blaspheming it and casting in mud, ceases not to send forth clear water."

"Come quickly, O Death ! lest perchance I forget myself."

"Even if the leaving life so be the one right action in life" (cf.

"Nothing in life became him as well as the leaving it").

"On the same tree, yes ; not of the same creed."

the quickness of his eye for realistic detail, we must lament in the interests both of literature and philosophy that he could not enjoy a more ample leisure (*εὐρυχωρία*). In spite of his constant repetitions, in spite of the patent fallacy in that philosophic scheme which he fondly supposed was the foundation of his ethical practice, he always compels attention by the dignity, the distinction, the earnest directness of his style. He commands and uses as his servant the crabbed definitions and phrases of Stoic pedantry; and in a certain atmosphere, and an indescribable unction, he foreshadows Plotinus; whose genial mysticism, set free now from "physiology," stands in such marked contrast to the pessimism of the Emperor. He might, we can easily conceive, have hewn out a more enduring temple of truth, softened the asperities, and reconciled the inconsistencies of his creed; which as it lies before us in detached aphorisms, is but a tumbled heap of bricks in disorder, and with no clue to their combination. But from the solitary meditation, "alone with the Alone," in which lay his deepest joy,<sup>1</sup> public service called him; and from this, whether in battle or senate-house, he never flinched. Yet he abandoned the delights of speculative philosophy with a sigh. He needs continually to remind himself that he has not time, perhaps not capacity (as he modestly avers), for becoming a "dialectic" or a "physician"; that others, if he challenge comparison with the great minds of pure thought, may despise and laugh at his pretensions;

Complaint of an actor cut short in his part: "But I have not yet spoken my full allotted part!" Never mind; in life your three-fifths is the entire plot."

<sup>1</sup> iv. 3: τῆς ὑποχωρήσεως τῆς εἰς τοῦτο τὸ ἀγρίδιον ἑαυτοῦ.

but that they cannot do this if, in abandoning all claim to wisdom, he strives to be simply good.

§ 7. ii. 2: "Αφες τὰ βίβλια.—3: τὴν δὲ τῶν βίβλιων δίψαν ῥίψον! His use of philosophy is of a pure moral science, in the sense of Epictetus.—ii. 17: Τὶ οὖν τὸ παραπέμψαι δυνάμενον; ἐν κ. μόνον φιλοσοφία. Τοῦτο δ' ἐν τῷ τηρεῖν τὸν ἑνδον Δαίμονα ἀνύβριστον, κτλ. ("What then can direct our goings? one thing, and one alone, philosophy; which is to keep the deity within inviolate and free from scathe.")—vi. 30: Ἀγωνίσαι ἵνα τοιοῦτος συμμείνης οἶόν σε ἠθέλησε ποιῆσαι φιλοσοφία. "Struggle to remain such as Philosophy would have you,"=as above, "Simple, good, sincere, grave, unaffected, a friend to justice, God-fearing, considerate, affectionate, and strenuous in duty."—So viii. 1: πολλοῖς τ' ἄλλοις κ. αὐτὸς σεαυτῷ δῆλος γέγονας πόρρῳ φιλοσοφίας, in a purely ethical sense.—So ix. 29: Ἀπλοῦν ἐστι καὶ αἰδῆμον τὸ φιλοσοφίας ἔργον.—Such practical wisdom and guidance to serenity, the sovereign good, will be embodied in short gnomic maxims, pregnant with meaning, held ready for any emergency. He learnt from Rusticus to "renounce sophistic ambitions and essays on philosophy, discourses provocative to virtue, or fancy portraitures of the sage or the philanthropist."—i. 7: μὴ ἐκτραπήναι εἰς ζῆλον σοφιστικὸν μηδὲ τὸ συγγράφειν περὶ τῶν θεωρημάτων ἢ προτρεπτικὰ λογάρια διαλέγεσθαι, ἢ φαντασιοπλήκτως τὸν ἀσκητικὸν ἢ τὸν εὐεργετικὸν ἄνδρα ἐπιδείκνυσθαι (cf. x. 16: "No more mere talk of what the Good Man should be. Be it!").—i. 17. He thanks the gods for saving him from pedantry: ὅπως ἐπεθύμησα φιλοσοφίας, μὴ ἐμπεσεῖν εἰς τινα σοφιστὴν μήδ' ἀπο-

καθίσαι ἐπὶ τοὺς συγγραφεῖς ἢ συλλογισμοὺς ἀναλύειν ἢ περὶ τὰ μετεωρολογικὰ καταγίνεσθαι. ("Thanks, too, that, in spite of my ardour for philosophy, I did not fall into the hands of any sophist, or sit poring over essays or syllogisms, or become engrossed in scientific speculation.") Δριμύτητα σου οὐκ ἔχουσι θαυμάσαι. ("You have no special keenness of wit," v. 5.) "Ἔστω, ἀλλ' ἕτερα πολλὰ ἐφ' ὧν οὐκ ἔχεις εἰπεῖν" "οὐ γὰρ πέφυκα." Similarly, vii. 67: Καὶ μὴ ὅτι ἀπηλπίσας διαλεκτικὸς κ. φυσικὸς ἔσεσθαι διὰ τοῦτο ἀπογνῶς, κτλ., to become free, modest, social, and resigned.—v. 10: "Things are so wrapped in veils that to gifted philosophers not a few, all certitude is unattainable. Nay, to the Stoics themselves such attainment seems precarious; and every act of intellectual assent is fallible; for where is the infallible man?" (τὰ μὲν πράγματα ἐν τοιαυτῇ . . . ἐγκαλύψει ἐ. ὥστε . . . ἔδοξε παντάπασιν ἀκατάληπτα εἶναι. . . . δυσκατάληπτα . . . κ. πᾶσα ἡ ἡμετέρα συγκατάθεσις μεταπτωτός· ποῦ γὰρ ὁ ἀμετάπτωτος; So much for his semi-sceptical rejection of formal logic, of scientific study, of dogmatic certitude,—in the interests of the one thing of value, moral uprightness. For this depends on no special or curious lore, but on the realising of these few truisms which all men accept and no one practises.

### (C) "SCIENTIFIC STUDY AS A MEDITATION ON DEATH"

#### ANALYSIS

§ 8. *Though in effect this piety demolishes reason, still insists on "scientific" knowledge and definition of each thing.*

§ 9. *One chief rule; distinguish material and cause; know world-order before ascertaining own duty.*

- § 10. *Universal Decay, the supreme lesson; scientific knowledge a comfort (even to Epicurus against pain) by showing necessary place of everything in the whole.*
- § 11. *Shortness of life alleviated by its tested emptiness; science leads to indifference and reconciles to Death.*

§ 8. But at the same time the Stoic spirit in him gave not up tamely its favourite dogma, "Redemption through Science." Throughout the whole, and with striking frequency in the later books, side by side with this pietistic demolition of reason, he insists on the need of particular and scientific knowledge, as we should call it. He is clearly of opinion that without such rational or intellectual vision no man can see things in their naked truth (or unreality), pierce to the core of things, detect their proportion and co-ordination, discover the links which somehow bind them into a harmonious whole. Just as the Platonic dialectician mounts from particular to universal, and returns "from the mount of God" with fresh faculties and clearer eyes armed with the tables of the Law, so Marcus believes that the prudent man refers each special instance to its general law, and regards every sensible or material circumstance in the light of its definition. Let him speak for himself.—iii. 11: "Always define and outline carefully the object of perception so as to realize its naked substance (τὸ ὅρον ἢ περιγραφὴν ἀεὶ ποιεῖσθαι τοῦ ὑποπίπτοντος φανταστοῦ ὥστ' αὐτὸ ὁποῖον ἐ. κατ' οὐσίαν γυμνόν), to discriminate its own totality by aid of its surroundings, to mark its specific attributes and those of the component elements into which it can be analysed." (ὅλον δι' ὅλων διηρημένως βλέπειν κ. τὸ ἴδιον ὄνομα αὐτοῦ κ. τὰ ὀνόματα ἐκείνων ἐξ ὧν συνεκρίθη κ. εἰς ἃ ἀναλυθήσεται

λέγειν παρ' ἑαυτῷ.) "Nothing so emancipates the mind as the power of systematically and truthfully testing everything that affects, and looking into them in such a way as to infer the kind of order to which each belongs (? world-order), the special use which it subserves, its relation and value to the universe, and, in particular, to man as a citizen of that supreme world-city." Οὐδὲν γὰρ οὕτω μεγαλοφροσύνης ποιητικὸν ἢ ὡς τὸ ἐλέγχειν ὁδῶ κ. ἀληθῆα ἕκαστον τῶν τῷ βίῳ ὑποπιπτόντων δύνασθαι, κ. τὸ ἀεὶ οὕτως εἰς αὐτὰ ὁρᾶν ὥστε συνεπιβάλλειν, ὁποῖω τινι τῷ Κόσμῳ, ὅποιαν τινα τούτῳ χρεῖαν παρεχόμενον, τίνα μὲν ἔχει ἀξίαν ὡς πρὸς τὸ "Ὅλον τίνα δὲ ὡς πρὸς τὸν ἄνθρωπον, πολιτὴν ὄντα πόλεως τῆς ἀνωτάτης.

§ 9. This process is, very roughly, to be described as the distinction of *cause* and *material*; e.g. iv. 21: Τίς ἐπὶ τούτου ἡ ἱστορία τῆς ἀληθείας; διαίρεσις εἰς τὸ ὑλικὸν κ. εἰς τὸ αἰτιῶδες. ("How can the truth be searched out in this case?" namely, the odd problem of how there is room in the air for all the Spirits of the dead!) "By distinguishing between matter and cause."—v. 13. He applies this canon to his own nature: ἐξ αἰτίωδους κ. ὑλικοῦ συνέστηκα, and to everything that happens.—vii. 29: Γνώρισον τὸ συμβαῖνον. . . . Δίελε κ. μέρισον τὸ ὑποκειμένον εἰς τὸ αἰτιῶδες κ. ὑλικόν. This is the kind of question one must ask oneself.—viii. 11: Τοῦτο, τί ἐ. αὐτὸ καθ' αὐτὸ τῇ ἰδίᾳ κατασκευή; τί μὲν τὸ οὐσιῶδες αὐτοῦ κ. ὑλικόν; τί δὲ τὸ αἰτιῶδες; τί δὲ ποιεῖ ἐν τῷ Κόσμῳ; πόσον δὲ χρόνον ὑφίσταται;—So xii. 8: γυμνὰ τῶν φλοιῶν θεάσασθαι τὰ αἰτιώδη, τὰς ἀναφορὰς τῶν πράξεων. ("Strip off the husks and look at the underlying causes, look at the tendencies of actions.")



—viii. 13: *Διηλεκῶς κ. ἐπὶ πάσης (εἰ οἶόν τε) φαντασίας φυσιολογεῖν παθολογεῖν διαλεκτικεύεσθαι*, where Rendall very suggestively: "To every impression apply, if possible, the tests of objective character, of subjective effect, and of logical relation." The passage is not easy; *φυσιολογεῖν* (a word of significant frequency in later books) clearly conveys "peculiar and special nature or equipment,"—*ἰδία κατασκευή*, by no means a detailed inquiry into composition and parts by scientific and impartial induction, but rather a *deductive* pronouncement on its place in the world, viewed in the light of the prescribed teleology; *παθολογεῖν* would imply the actual experience of such a creature or thing (for *φν.* is ideal and abstract), the particular concrete action of the rest of circumstances upon it and its change under such influence; *διαλεκτικεύεσθαι* the broadest term for reflecting survey, ascending from such experience or inward sensations and emotions to the more abstract definition or ideal contained in the term *φύσις*; in a word, a combination of the two first.—viii. 52 (a passage already quoted): "He who knows not the world-order, knows not his own place therein. And he who knows not for what end he exists, knows not himself nor the world." *Ὁ δὲ ἔν τι τούτων ἀπολιπὼν, οὐδὲ πρὸς ὃ τι αὐτὸς πέφυκεν εἶποι.* He uses this canon to reprove his own desire of applause from those about him ignorant of their place and destiny.—ix. 25: *"Ἴθι ἐπὶ τὴν ποιότητα τοῦ Αἰτίου κ. ἀπὸ τοῦ ὑλικοῦ αὐτὸ περιγράψας θέασαι· εἶτα κ. τὸν χρόνον περιόρισον, ὅσον πλεῖστον ὑφίστασθαι πέφυκε τοῦτο τὸ ἰδίως ποιόν.* "Get to the cause and its quality; isolate it from the material embodiment and survey it; then delimit the full

span for which the individuality in question can subsist." (Cf. viii. 21: ἔκστρεψον κ. θέασαι οἶον ἐ. γηράσαν δὲ οἶον γίνεται.)

§ 10. Full of the practical tendency of objective study, Marcus always sees things in the light of a personal relation to himself. As to him death is the constant theme of his solitary parænetic, so in all else he aims at reducing a thing to its constituent elements, and fixing the utmost limits for its persistence,—that the supreme lesson of universal decay may be derived. *Τὸ ἰδίως ποιὸν* exactly corresponds with our "individuality"; questionable and puzzling gift in a pantheistic system, and reaching in man a point most difficult of solution. He quotes with approval Epicurus, in his resolute contempt of suffering.—ix. 41: "When I was sick I did not converse about my bodily ailments, nor discuss such matters with my visitors; but continued to dwell upon the principles of Natural Philosophy" (*τὰ προηγούμενα φυσιολογῶν διετέλουν*), "and, more particularly, how the understanding, while participating in such disturbances of the flesh, yet remains in unperturbed possession of its proper good" (*ἡ Διάνοια, συµμεταλαμβάνουσα τῶν ἐν σαρκιδίῳ τοιούτων κινήσεων, ἀταρακτεῖ τὸ ἴδιον ἀγαθὸν τηροῦσα*). Like Seneca, he is tolerant of the foe, "*fas est et ab hoste doceri*," and seeks the common ground of all earnest and reflecting thought (*πάσης αἰρέσεως κοινόν*); common is it to every school "to be loyal to philosophy under whatsoever circumstances, and not join the babel of the silly and ignorant" (*μήδε τῷ ἰδιώτῃ κ. ἀφυσιολόγῳ συµφλυαρεῖν*).—x. 9. He unites this "scientific knowledge" or "winnowing and discerning faculty" with simplicity,

dignity: Πότε γὰρ ἀπλότητος ἀπολαύσεις; πότε σεμνότητος; πότε δὲ τῆς ἐφ' ἑκάστου γνωρίσεως, τί τε ἐ. κατ' οὐσίαν, κ. τίνα χώραν ἔχει ἐν τῷ Κόσμῳ, κ. ἐπὶ πόσον πέφυκεν ὑφίστασθαι, κ. ἐκ τίνων συγκέκριται κ. τίσι δύναται ὑπάρχειν, κ. τίνες δύνανται αὐτὸ διδόναι τε κ. ἀφαιρεῖσθαι. ("That true understanding which apprehends each thing's true being, its position in the world, its term of existence, and its composition,—which can say to whom it of right belongs, and who can either give it or take it away.")

§ 11. x. 18: Εἰς ἕκαστον τῶν ὑποκειμένων ἐφίσταντα, ἐπινοεῖν αὐτὸ ἤδη διαλυόμενον κ. ἐν μεταβολῇ . . . ἢ καθότι ἕκαστον πέφυκεν ὥσπερ θνήσκειν ("by its own appointed mode of death"). This "physiology," then, comprises a study of ingredients and of fated dissolution; not only for the Sage's own life, but for each material object Philosophy is a "Meditation on Death."—xi. 1. Even the scientific astronomy of the Rational Soul, on which Seneca expatiates with such luxuriance, is but a means to view the monotony and sameness of the universe, whether in parts or process: "Ἐτι δὲ περιέρχεται τὸν ὅλον Κόσμον κ. τὸ περὶ αὐτὸν κενὸν κ. τὸ σχῆμα αὐτοῦ, κ. εἰς τὴν ἀπειρίαν τοῦ αἰῶνος ἐκτείνεται, κ. τὴν περιοδικὴν παλιγγενεσίαν τῶν ὅλων . . . θεωρεῖ: the moral being, not the splendid prerogative of the Soul who out of this mortal abyss can rise to stellar spheres, but the fragility, the caducity, of each thing (itself included); that poor comfort which consoles the brevity of life by dwelling on its emptiness.—xi. 16: Indifference, the true philosophic aim, thus to be attained: Ἀδιαφορήσει δὲ εἰς ἕκαστον αὐτῶν θεωρῇ διηρημένως κ. (μὴ ?) ὀλικῶς ("by contemplating

everything in its elements, and also as a whole").<sup>1</sup>—xi. 17: πόθεν ἐλήλυθεν ἕκαστον κ. ἐκ τίνων ἕκαστον ὑποκειμένων κ. εἰς τί μεταβάλλει κ. οἶον ἔσται μεταβαλὼν κ. ὥς οὐδὲν κακὸν πείσεται. The supposed "*scientific*" interest is thus strictly ancillary to the *moral* and personal end. The study of things tends to show that they must soon perish and die, and in this law of nature suffer no hurt. And so for man: his duty, to appropriate to himself the general lesson, and learn patience and lowliness. "Consider from whence each thing has come, of what material it is composed, into what it is changing, what it will be like when changed, and that no harm can come to it."—xii. 24. Of three "dogmas" to be always held ready to hand, the second is to see ὅποῖον ἕκαστον ἀπὸ σπέρματος μέχρι ψυχώσεως κ. ἀπὸ ψυχώσεως μέχρι τοῦ τὴν ψυχὴν ἀποδοῦναι κ. ἐξ οἷων ἢ σύγκρισις κ. εἰς οἷα ἢ λύσις. Thus, in a sense, philosophy performs by anticipation the work of death, showing the constituents, unweaving, like Penelope, the texture of daylight in the gloom of an ascetic wisdom.<sup>2</sup> We

<sup>1</sup> Coraës here conjectured the negative; both would make good sense; δλικῶς might be used of vague superficial dismissal of a thing under its class without due disregard to its "differentia." But the word occurs in a good sense just below xi. 18 (9) of pointing out to someone in error a *general* law; and I feel sure Rendall is right in a verdict of exile; for δλικῶς corresponds exactly with φυσιολογία, and δ. to the close inspection of παθολογία, and analysis into elements.

<sup>2</sup> Before dismissing this section I may remark on the three remaining uses of φυσιολογεῖν: (α) Clearly scornfully of the supposed esoteric knowledge of Heraclitus, which could not save him from an indecorous fate (iii. 3: περὶ τῆς τοῦ Κόσμου ἐκπυρώσεως τοσαῦτα **φυσιολογήσας**); (β) in a doubtful passage, x. 9: "A fight, a scramble, a stupor, or a bondage—such is life! and each day will help to efface the sacred principles which you divest of philosophic regard or allegiance" (τὰ ἱερὰ ἐκεῖνα δόγματα ὅσῃ οὐ **φυσιολογητῶς** φαντάξῃ κ. παραπέμπεις). Gataker reads ἀφυσιολογητῶς, which is the same thing. The Teubner text,

may conclude this section with his own definition (already quoted above), v. 32: *τίς οὖν ψυχὴ ἐντεχνος κ. ἐπιστήμων; ἡ εἰδυῖα ἀρχὴν κ. τέλος, κ. τὸν δι' ὅλης τῆς οὐσίας διήκοντα τὸν Λόγον, κ. διὰ παντὸς τοῦ αἰῶνος κατὰ περιόδους τεταγμένας οἰκονομοῦντα τὸ Πᾶν*. ("What soul is trained and wise? That only which knows the beginning and the end, and the Reason diffused through all being, which through all eternity administers the universe in periodic cycles.") Here, as must always be the case in pantheistic systems, the particular knowledge of details gives place in the end to a mere consideration of the "inbreathing and outbreathing of Brâhm," the illusion of all several existences, and the mystic sense of union with the alpha and omega of life. Science, properly so called, cannot flourish in a mind preoccupied with its own sorrowful personality, and centring its thought on the duty (and the uselessness) of moral endeavour.

(D) ON REBELLION AND APOSTASIS FROM THE WORLD-ORDER—HOW FAR POSSIBLE?

ANALYSIS

§ 12. *Has man only just so much freedom as to understand his slavery? Rebellion is possible, but only hurts the rebel.*

ὁ φυσιολογητὸς, must be in ironical apposition, "which you, the self-deemed accurate student of things, call up before your minds in array and then dismiss," *i.e.* without practising. (There is a temptation (which I shall resist) of reading something like "puffed up with mere words" (v. 23: *μωρὸς ὁ ἐν τούτοις φυσώμενος*), which a scribe, increasingly familiar with *φυσιολογία*, may have altered.) *Παραπέμπειν* is itself a puzzle; it is used, i. 8, of absolute "disregard"; ii. 17, of the supreme guidance and "escort" of true wisdom; viii. 57, of the "transmission" of light. I feel certain it is used here like *φαντάζη*, in a depreciatory sense, "carelessly bow out."

- § 13. (*Texts on theme, "part or member or limb severed from whole ceases to be".*)
- § 14. *Individual aloofness and want of sympathy can do harm ; yet, unlike lopped branch, repentant separatist can reunite (but he is never the same).*
- § 15. *Appeal based on special affinity and Thought for its kindred and counterpart ; the truly moral one who takes joy in doing right.*

§ 12. Having now seen the universal law of decay, as the foundation and perpetual theme of philosophy, being aware that to Marcus "Science" meant a prejudiced and inaccurate meditation on constant elemental change, we come now to a seemingly different subject, one, nevertheless, closely connected. Is man, doomed with all else to death, able in any degree to vindicate his freedom in self-will? Is he a mere machine with the painful consciousness that it possesses just so much spontaneity as to understand its slavery? <sup>1</sup>—x. 5 : "Whatever befalls was fore-prepared for you from all time ; the woof of causation was from all eternity weaving the realization of your being and that which should befall it." *Ὅ τι ἂν σοι συμβαίῃ τοῦτό σοι ἐξ αἰῶνος προκατεσκευάζεται· καὶ ἡ ἐπιπλοκὴ τῶν αἰτίων συνέκλωθε τήν τε σὴν ὑπόστασιν ἐξ αἰδίου κ. τὴν τούτου σύμβασιν.* No wonder Quietism follows as the sole practical maxim of prudence : obedience to fixed law, tintured, if you like, with a sentimental pietism, or making a virtue, resignation, of necessity. Clearly all rebellion of particulars must be fictitious : "for who hath resisted His will?" There is but one force in

<sup>1</sup> ii. 16 : *τέλος δὲ λογικῶν ζώων, τὸ ἔπεσθαι τῷ τῆς Πόλεως κ. Πολιτείας τῆς πρεσβυτάτης λόγῳ κ. θεσμῷ* : an insurmountable Dualism of subject and object, *unless* religious faith come to reinforce the *duty*, by showing the *happiness*, of obedience.



the world, whatever its name and character, whether it be mere physical impulse, or (in some way unintelligible to the ordinary man) moral and "making for righteousness." To oppose this were madness if it were not frankly impossible. Yet Marcus is constantly urging us not to attempt it: he is very anxious, perhaps over anxious, to show that it can only harm the rebel himself, and cannot hinder God's work, to whom even sin and Satan are contributory and essential. "Man's soul does violence to itself first and foremost when it makes itself so far as it can a kind of tumour and excrescence on the universe" (ii. 16: *Ἐβρίζει εἰαυτὴν ἡ τοῦ ἀ. ψυχῆς, μάλιστα μὲν ὅταν ἀπόστημα κ. οἶον φῶμα τοῦ Κόσμου (ὅσον ἐφ' αὐτῷ) γένηται*). "Any chafing against the order of things is a rebellion against Nature (*ἀπόστασις τῆς Φύσεως*). For man is a mere part (iv. 14: *Ἐνυπέστης ὡς μέρος*).—iv. 29: "If he who does not recognize what is in the world is a stranger to the universe, none the less is he who does not recognise what is passing there" (*ξένος κόσμου . . . τὰ ὄντα . . . τὰ γινόμενα*). "He is an exile, expatriated from the Commonwealth of Reason; a blind man with cataract of the mental eye" (*Φυγὰς ὁ φεύγων τὸν πολιτικὸν λόγον, τυφλὸς ὁ καταμύων τῷ νοερῷ ὄμματι*) . . . "an excrescence who, as it were, excretes and separates himself from the order of nature by discontent with his surroundings" (*Ἀπόστημα κόσμου ὁ ἀφιστάμενος κ. χωρίζων εἰαυτὸν τοῦ τῆς κοινῆς φύσεως λόγου*) . . . "a social outcast who dissevers his individual soul from the one common soul of reasoning things" (*Ἀπόσχισμα πόλεως ὁ τὴν ἰδίαν ψυχὴν τῶν λογικῶν ἀποσχίζων, μιᾶς οὔσης*).—Yet these railers perform a useful function, each has a contributory function to the service of the

whole ; none are superfluous. Heraclitus believed sleepers to be ἐργαταὶ . . . συνεργοὶ τῶν ἐν τῷ Κόσμῳ γινομένων. "Ἄλλος δὲ κατ' ἄλλο συνεργεῖ ἐκ περιουσίας δὲ κ. ὁ μεμφόμενος, κ. ὁ ἀντιβαίνειν πειρώμενος κ. ἀναιρεῖν τὰ γινόμενα. Καὶ γὰρ τοῦ τοιούτου ἔχρηξεν ὁ Κόσμος ("who finds fault, and who tries to resist and undo what is done ; even of such the world has need").

§ 13. viii. 34 : "Have you ever seen a dismembered hand or foot, or decapitated head lying severed from the body to which it belonged ? (ἀποκεκομμένην . . . ἀποτετμημένην). Such does a man make himself (so far as he can) when he refuses to accept what befalls, and isolates himself, or when he pursues self-seeking action" (ὁ μὴ θέλων τὸ συμβαῖνον κ. ἀποσχίζων ἑαυτόν). "You are cast out from the unity of Nature of which you are an organic part ; you dismember your own self" (Ἀπέρριψαί ποῦ ποτε ἀπὸ τῆς κατὰ φύσιν ἐνώσεως ἐπεφύκεις γὰρ μέρος, νῦν δὲ σεαυτὸν ἀπέκοψας). "But here is this beautiful provision, that it is in your power to re-enter the unity ; no other part of the whole doth God privilege, when once severed and dismembered, to reunite" (Ἄλλ' ὧδε κομψὸν ἐκείνο ὅτι ἔξεστί σοι πάλιν ἐνῶσαι σεαυτόν. τοῦτο ἄλλω μέρει οὐδενὶ θεὸς ἐπέτρεψε, χωρισθέντι κ. διακοπέντι πάλιν συνελθεῖν). "But consider the goodness of God with which He has honoured man ! He has put it in his power never to be sundered at all from the whole" (ἀλλὰ σκέψαι τὴν χρηστότητα ἧ τετίμηκε τὸν ἄνθρωπον καὶ γὰρ ἵνα τὴν ἀρχὴν μὴ ἀπορῥαγῇ ἀπὸ τοῦ ὅλου, ἐπ' αὐτῷ ἐποίησε). "And if sundered, then to rejoin once more and coalesce and resume his contributory place" (κ. ἀπορῥαγέντι πάλιν ἐπανελθεῖν κ. συμφῦναι κ. τὴν τοῦ μέρους τάξιν ἀπολα-

βείν).<sup>1</sup>—ix. 9. A long and interesting section in which he complains that rational beings alone can interrupt this natural law of sympathy and association between the cognate parts of kindred whole: "*Ὅσα κοινοῦ τινος μετέχει, πρὸς τὸ ὁμογενὲς σπεύδει*, earth to earth, fire to fire, etc., *καὶ τοίνυν πᾶν τὸ κοινῆς νοερᾶς φύσεως μέτοχον πρὸς τὸ συγγενὲς ὁμοίως σπεύδει ἢ καὶ μᾶλλον*. (So, too, everything that participates in the common mind-nature feels the like impulse towards kind, nay more so" (*ὅσῳ γὰρ ἐ. κρεῖττον παρὰ τὰ ἄλλα, τοσοῦτω κ. πρὸς τὰ συγκιρνᾶσθαι τῷ οἰκίῳ κ. συγχεῖσθαι ἐτοιμότερον*. "The higher the nature, the readier the impulse to combination and fusion with its counterpart"). . . . *Εὐθὺς γοῦν ἐπὶ μὲν τῶν ἀλόγων εὐρέθη σμήνη κ. ἀγέλαι . . . κ. οἶον ἔρωτες· ψυχὰι γὰρ ἤδη ἦσαν ἐνταῦθα κ. τὸ συνάγωγον ἐν τῷ κρεῖττονι ἐπιτεινόμενον εὐρίσκετο* ("on this higher plane of being a mutual attraction asserts itself, which is not present in plants (!), or stones, or sticks"). *Ἐπὶ δὲ τῶν λογικῶν ζώων πολιτεῖαι κ. φιλία κ. οἶκοι κ. σύλλογοι κ. ἐν πολέμοις συνθήκαι κ. ἀνοχαί*. "Among rational

<sup>1</sup> On no point is Marcus clearer than on the absolute freedom of choice, at any given moment, whatever previous life and habits may have been, whatever the seeming tyranny of circumstance: it is "instantaneous conversion," but the prime mover is not God, but man: *οὐδεὶς ὁ κωλύων*, ii. 9; *τίς ὁ κωλύων ἐκβαλεῖν*; xii. 8 and 25, viii. 47; *τίς ὁ κωλύων διορθῶσαι*; x. 32 and 33, ix. 11. In viii. 41, *τὰ τοῦ νοῦ ἴδια οὐδεὶς ἄλλος εἴωθεν ἐμποδίζειν. οὐδεὶς γὰρ ὁ ἀναγκάσων . . . παραβῆναι*, v. 10; iii. 12, *οὐδεὶς ὁ τοῦτο (εὐζωεῖν) κωλύσαι δυνάμενος*.—Even Bartholomew Toyner could scarcely express himself more emphatically on this inalienable prerogative (though he may be more picturesque): "I tell you it's a love that's awful to think of, that will go on giving men strength to do wrong, until through the ages of Hell they get sick of it, rather than make them into machines that would just go when they're wound up, and that no one could love" (*The Zeit Geist*, by L. Dougall).

beings there are societies and friendship, homes and communities, and in wars, compacts and armistices." *Ἐπὶ δὲ τῶν ἔτι κρείττωνων, καὶ διεστηκότων τρόπον τινα ἔνωσις ὑπέστη οἷα ἐπὶ τῶν ἄστρον.* "In the still higher orders of being, even among distant bodies, there exists unity of a kind, as among the Stars." *Οὕτως ἡ ἐπὶ τὸ κρείττον ἐπανάβασις συμπάθειαν καὶ ἐν διεστῶσιν ἐργάσασθαι δύναται.* "So that ascent in the scale of being induces sympathetic action, in spite of distance. See what we come to then. None but things possessed of mind ignore the mutual impulse of attraction; here only does the natural gravitation disappear" (*μόνα τὰ νοερά νῦν ἐπιλέλησται τῆς πρὸς ἄλληλα σπουδῆς κ. συννέσεως, κ. τὸ σύρρουν ὧδε μόνον οὐ βλέπεται*). "Yes, but even in the act of evasion, men are caught and overtaken; nature prevails. Watch and you will see; sooner will you find some particle of earth detached from other earth, than man isolated from man" (*καίτοι φεύγοντες, περικαταλαμβάνονται· κρατεῖ γὰρ ἡ φύσις . . . θᾶσσον εὗροι τις ἂν γεῶδες τι μηδέως γεώδους προσαπτόμενον ἢ περ ἄνθρωπον ἀνθρώπου ἀπесχισμένον*).

§ 14. An almost similar reproof of the exceptional obstinacy and frowardness of the intellectual nature—xi. 20. All other elements in obedience know how to keep their place (*πειθόμενα τῇ τῶν ὅλων διατάξει . . . οὕτως ἄρα καὶ τὰ στοιχεῖα ὑπακούει τοῖς ὅλοις . . . μέχρις ἂν ἐκεῖθεν πάλιν τὸ ἐνδόσιμον τῆς διαλύσεως σημήνη*)—"persistently retain their appointed place, until the signal for dissolution sounds their release. Fie on it that your mind-element alone should disobey and desert the post assigned" (*οὐ δεινὸν οὖν μόνον τὸ νοερόν σου μέρος ἀπειθὲς εἶναι κ. ἀγανακτεῖν τῇ ἑαυτοῦ χώρᾳ*).

"Yet no violence is laid upon it, nothing but what is in accordance with its nature; yet it breaks away impatiently. For motions of injustice, intemperance, anger, vexation, fear are simply a rebellion against nature" (οὐδὲν ἄλλο ἐ. ἢ ἀφισταμένου τῆς φύσεως).

So ix. 23: "You are part of a social whole, a factor necessary to complete the sum (πολιτικοῦ συστήματος συμπληρωτικός). Any action of yours that does not tend directly or remotely to this social end dislocates life and infringes its unity" (μὴ ἔχῃ τὴν ἀναφορὰν εἴτε προσεχῶς εἴτε πόρρωθεν ἐπὶ τὸ κοινωνικὸν τέλος, αὕτη διασπᾷ τὸν βίον κ. οὐκ ἐὰ ἓνα εἶναι). "It is an act of sedition, and, like some separatist, doing what he can to break away from civic accord" (στασιώδης ἐ. ὥσπερ ἐν δήμῳ ὁ τὸ καθ' αὐτὸν μέρος διῆστάμενος ἀπὸ τῆς τοιαύτης συμφωνίας). Here we note the convincing appeal to co-operate in a system which is imperilled or impaired by individual aloofness. The fabric, social or natural, *can* suffer hurt from such secession, as of the Roman commonalty to the Aventine; but Marcus, true to his belief that "evil harms the perpetrator alone," insists far more frequently upon the suicidal folly of such action, and the superb indifference of the cosmic process to the rebellion of a part (like some aggrandised Chinese Empire!). We are well aware to-day how feeble is the appeal to the reason compared with the rousing of the sympathetic emotion. Social interest depends not on fear of a revolution nor on dread of ignorance, but simply and solely upon a sense of Christian duty or a vaguer sense of compassion. Thirty years ago the generally accepted maxim was, "It is idle to oppose the march of democracy"; to-day, it is rather, "we are wrong in not using our efforts to raise

our brother to a better life." Rendall, excellently as always, expresses Marcus' criticism of "disaffection" (lxxxiv.); it was powerless to interrupt or baulk "the purposes of providence, and in opposing it does but become fuel to the flame, feeding and strengthening what it essays to check and counteract." But the moral appeal depends on showing man how much, not how little, influence he exerts for right or wrong. Another picturesque passage (xi. 8) recalls the Pauline allegory of the wild olive-tree: κλάδος τοῦ προσεχοῦς κλάδου ἀποκοπεῖς οὐ δύναται μὴ κ. τοῦ ὅλου φυτοῦ ἀποκεκόφθαι. "Οὕτω δὴ καὶ ἄνθρωπος ἐνὸς ἀνθρώπου ἀποσχισθεὶς ὅλης τῆς κοινωνίας ἀποπέπτωκε ("a branch lopped from its neighbour branch is inevitably lopped also from the main trunk! So, too, a man isolated from one of his fellow-beings is severed from the general fellowship"). The only difference is that in man's case *his* is the voluntary wrong and hurt, act of *malice prepense*. Κλάδον μὲν οὖν ἄλλος ἀποκόπτει· ἄ. δὲ αὐτὸς ἑαυτὸν τοῦ πλησίον χωρίζει μισήσας κ. ἀποστραφεῖς, ἀγνοεῖ δὲ ὅτι κ. τοῦ ὅλου πολιτεύματος ἅμα ἀποτέμνηκεν ἑαυτὸν.—He follows this by a similar remark on the gracious gift of God which allows this wrong to be repaired and annulled in a moment at the sinner's will: Πλὴν ἐκεῖνό γε δῶρον τοῦ συστησαμένου τὴν κοινωνίαν Διός. ἔξεστι γὰρ πάλιν ἡμῖν συμφῦναι τῷ προσεχεῖ καὶ πάλιν τοῦ ὅλου συμπληρωτικοῖς γένεσθαι. "But thanks be to Zeus who knits the bond of fellowship; it is in our power to coalesce once more and recomplete the whole." Yet Marcus adds here a significant epilogue: "It becomes more and more difficult for the morose and sullen separatist to attach himself again to the parent stem." Here alone,



perhaps, does our author seem aware of the limits to human freedom of choice in our constitution, our predisposition of accumulated past habit. Πλεονάκις μέντοι γινόμενον τὸ κατὰ τὴν τοιαύτην διαίρεσιν, δυσένωτον κ. δυσαποκατάστατον τὸ ἀποχωροῦν ποιεῖ. ("Yet constant repetition of the severance makes reunion and restoration difficult for the separatist.") "Ὁλως τε οὐχ ὅμοιος ὁ κλάδος ὁ ἀπ' ἀρχῆς συμβλαστήσας, κ. σύμπνους συμμείνας, τῷ μετὰ τὴν ἀποκοπὴν αὐθις ἐγκεντρισθεντι. ("The Branch which is part of the original growth, and has shared the continuous life of the tree, is not the same as one that has been lopped off and reingrafted.")

§ 15. After his eulogy of the ordered submission and loyalty of the elements in the above passages, we are startled (or might be if by this time we did not know Marcus' easy shifting of emphasis and turn of metaphor) to find that *only* the rational nature has true inward communion, denied to the world of inanimate objects. "The other constituents of the various wholes" (light, substance, soul) "possess neither sense nor mutual relationship (ἀναίσθητα κ. ἀνοικέωτα ἀλλήλοις). . . . But thought tends . . . to its counterpart and combines with it, and the instinct of community declines disunion" (Διάνοια δὲ ἰδίως ἐπὶ τὸ ὁμόφυλον τείνεται κ. συνίσταται κ. οὐ διείργεται τὸ κοινωνικὸν πάθος).—xii. 30. This series may fittingly be closed by a quotation (vii. 13) which shows not only the fellowship of the rational natures, but the stages on the path of its appreciation; "We are one body, and he who uses of himself the term part (μέρος) instead of limb (μέλος), the more organic connexion, has not yet attained the true inward satisfaction of brotherly love";

he obeys Law as Law, but has no conception of the harmony of the gospel, in which duty to others and pleasure to self are inextricably interwoven. *Οἶον ἐστὶν ἐν ἡνωμένοις τὰ μέλη τοῦ σώματος, τοῦτον ἔχει τὸν λόγον ἐν διεστῶσι τὰ λογικὰ πρὸς μίαν τινα συνεργίαν κατεσκευασμένα.* (R.: "As in physical organisms the unity is made up of separate limbs, so among reasoning things the reason is distributed among individuals, constituted for unity of co-operation. *Μᾶλλον δέ σοι ἡ τούτου νόησις προσπесεῖται ἐὰν πρὸς σεαυτὸν πολλάκις λέγῃς ὅτι ΜΕΛΟΣ εἰμὶ τοῦ ἐκ τῶν λογικῶν συστήματος.* ("This thought will strike more home if you constantly repeat to yourself, 'I am a member of the sum of reasoning things.'") *Ἐὰν δὲ ΜΕΡΟΣ εἶναι σεαυτὸν λέγῃς οὐπω ἀπὸ καρδίας φιλεῖς τοὺς ἀνθρώπους.* ("If you substitute *meros* for *melos*—part for member—you do not yet love men from your heart.") *Οὐπω σε καταληκτικῶς εὐφραίνει τὸ εὐεργετεῖν ἔτι ὥς πρόπον αὐτὸ ψιλὸν ποιεῖς οὐπω ὥς σαυτὸν εὖ ποιῶν.* ("You have yet no certitude of joy in doing kindnesses; they are still bare duty, not yet a good deed to yourself.") We add this passage here not only because it shows man's power of gradually realizing this sense of community (a necessary corollary to our present study, "How can he set himself against it?"), but also because it points out in a profounder spirit than any other phrase or sentence of Marcus, perhaps of any ancient philosopher, the common root of altruism and egoism, so-called. The perfect man, who is truly blest, is not he who does right from a sense of duty, but who takes so much pleasure in his benevolence that he cannot do otherwise, and will not count the cost.

## GENERAL CONCLUSION



### GENERAL SUMMARY

*Purpose; to disclose lurking antinomies in any monistic hypothesis; Aurelius substitutes religion for science; but in every section the undying conflict of the two is brought to light; Plotinus has far more logic, conviction, coherence; Stoicism (as a creed) an entire anachronism, impossible to revive; Submissiveness and Pietism uncongenial to modern thought; nothing more out of date than a divinizing of the Actual; society and the universe run on distinct lines; defiance, discovery, personality,—note of Western thought.*

*Aurelius attracts us by his earnest inconsistency; marks the end of moral confidence and moral effort; alleged affinity between man and the world has disappeared (Rendall's excellent appreciation); certain questions raised by the doctrine and experience of the Stoic school.*

A FRESH volume on the philosophy of Marcus Aurelius may well seem superfluous. Few characters in the Imperial age are so well known; few phases of Greek or Roman thought and religion are more familiar. That complex of curious belief, odd presumption, and scientific dogmatism called the Stoic School lends itself excellently to eloquent summaries; for at first sight its outlines seem remarkably clear and well defined, its doctrines coherent and symmetrical. Every history, either of Rome, of ethics, or of pure philosophy, finds

the task of appreciative and sympathetic treatment an easy one. It is difficult not to admire, and Marcus' secret memoirs will never be without interested readers. In Dr. Rendall's recent volume has appeared not merely by far the finest version of the original in English, but an introductory essay on the tenets of the Porch full of power, grasp, delicacy of expression, and accuracy of detail. With his kind permission I have made use of this translation to explain the excerpts through the book. It would be presumptuous and impertinent to attempt to improve it, and almost impossible for one fascinated by its style and rhythm to become independent enough to forget it, or original enough to supersede it. What is true of all translations is especially true in the case of a version of Marcus Aurelius, however beautiful; imperceptibly the emphasis is lost,—the lesson of the repetition of certain words,—the atmosphere evaporates, and one is astonished to find how different is the impression of twenty consecutive lines of the Emperor's actual words and the same amount in his English translators. This is unavoidable, and there can be no question that Dr. Rendall has best appropriated and reproduced the spirit and the temper of the original. But a sense of this has led me to adopt the somewhat cumbrous method of verbal quotation, which may deter an impatient reader. Yet it is peculiarly suitable in the case of an author who, though he writes with preconceived notions and prejudices, never develops his argument in a long series, never advances to a climax, and expresses his thoughts in disconnected aphorisms, all illustrative of an immovable main thesis. It is the purpose of the volume, not so much to seize these salient axioms and obvious

sylogisms which are taken for granted in every criticism of the Emperor's faith or character, as to show the lurking antinomies, doubts, anxieties which lay beneath this stern postulate of Monism; to disclose the inner conflict between those two ultimate and irreconcilable rivals—Science and Faith.

The early School, like all Greeks, fascinated into an unwarrantable teleology, had been in a way lazily and deductively scientific,—or, let us say, avowedly unselfish, objective, impartial, and unbiassed “seekers after truth,” organs of “impersonal reason”; while no fact is clearer than the intense preoccupation of reflecting minds with their own salvation and peace, than the subjectivity which was then prevalent. In Rome the latter side increased in prominence with the decay of civic sanction, and the ambitious Egoism which emerged from the nominal subordination of part to whole. The Western Stoics clung with devotion to a theoretical doctrine which in practice they surrendered. Religious faith came to the rescue of the unhappy personality which demanded a guarantee and correspondence in the objective world to the moral endeavour; which is the standing puzzle not only once upon a time in bygone antiquity, but of all earnest minds in any age. The whole question of science and faith centres round the question of a *personal* or *impersonal* hypothesis of the Universe. Stoicism, while accentuating the agonies and acute self-consciousness of the Spirit, maintained the latter with the strongest resolution. It retained the names of deities disguised as physical forces, with which men could no longer come into close personal relation. Meantime introspection and self-analysis became the fashion; and men really desired to attain, not truth, but

a way of life, and guidance in the slender practical sphere which, like Balzac's "Peau de chagrin," was almost daily dwindling.

The result might have been foreseen. With ever-increasing emphasis the *religious* aspect of the world is substituted for the *scientific*, a *personal* for an *impersonal* interpretation of the facts of life. The Emperor, in particular, combines sincerest belief in the gods with theoretic acceptance of a crude materialism. In the apparent harmony of his system, symmetrical if depressing, there is a perpetual conflict of elements which cannot be reconciled. It is, for example, impossible to say whether his Pantheism is objective and physical, or highly idealist and subjective; whether he deifies or denies the external world; whether man's affinity to God was in virtue of his fatal place in the inextricable series, or his dim, faint power to protest (standing outside not, indeed, as a new cause, but as a critic, hurried on by the rush which he may estimate but cannot avoid). The utter illogicality of moral effort in such a world has in the foregoing pages been exposed in perhaps wearisome iteration. Marcus had many teachers besides Stoicism for the practical duties of social and imperial life; and we may blame the "dogmata" of the School if he seems to us to be too ready to acquiesce, too patient of evil and tolerant of faults which it perhaps was in his power to correct. Stoicism is the refuge of a sensitive and discouraged nature, and the final Source of life takes the features of a personal deity in the unsatisfied craving for sympathy. The transition to the purer and more genial mysticism of Plotinus is easy and assured: save that in this later system there is more coherence, symmetry, and system. Dualism,



inherent in the Porch, almost disappears in the warmer light of Plato's sun, luminary of the two worlds of intelligence and of nature.

It is useless to repeat with tedious repetition the apparent commonplace (in truth, a paradox) that this peculiar attitude is a permanent posture of the inquiring Soul, or is likely to reappear to-day as the final creed of Scientific Monism. Nothing is more improbable. The conditions are absolutely reversed. The so-called religion of Stoicism is a vague, misty, and poetic attempt at self-deception; the worship of law (as Epicurus acutely reminds) is never likely to take the place of a personal relation. It reposed on two astounding postulates, which for a modern mind (nurtured on positive science, yet prejudiced in favour of moral behaviour) it would be impossible to revive with cogency: (1) belief in the beneficent teleology of Nature; (2) duty of submission. Pantheism is bad science and meaningless religion. It obscures the impassive survey of natural phenomena with the phantoms of superstition, and combines a misplaced and unreasoning reverence for the total of things, with an almost vindictive hatred of its parts. While it haunts natural inquiry with antiquated religious "taboo," it extinguishes religious feeling and the higher emotions, or conjures up a semblance of love for a supposed god, who is either sleeping or drunken,—in any case, unconscious, and in any true sense unapproachable. There is not the slightest doubt that Epictetus and Marcus did alike, by this violent clashing of anomalies, find supreme satisfaction; and that for their practical life an intellectual Pantheism (God as Thought), or a dutiful acceptance (outside the study) of the Roman "Olympus," provided

consolation, and even, in a lethargic way, encouragement. But the inconsistencies are too patent; and, in the end, theory cannot long be divorced from practice. The moral instinct of man repudiated an alliance with the Porch, and found reinforcement in the sobriety of the Christian Church, or in the flattering visions of Platonism.

To-day we approach the study of an objective world free from all religious presupposition. Above all, we have abandoned the precarious assumption of teleology. The *deus ex machinâ*, present at every turn in Stoicism, in spite of its pretension to pure science, is rightly discarded. Neither do we study Nature in order to obey her, as if it was the Divine will; but, as true followers of Bacon, by "obeying to overcome and to employ."

Nothing is further from our designs than any premature deification. The modern spirit is that of St. Christopher; and if it be conscious that in the moral realm of effort there is a power distinct from, and in some sense antithetic to, Nature, it will not engross itself in sentimental devotion to mere blind force. No lower substitute will satisfy. The notion of God—all religion—is an asylum against the injustice or inequalities of the natural order. To entangle, again, this ideal in the meshes of the visible, or evaporate it in the fog of the "absolute," is an insult to human discernment. The submissive yet defiant Stoic temper is one which, save in rare and unhappily dowered individuals, can never recur in Europe so long as we can preserve an acute sense of personal value and freedom, imperilled as it is by Indian asceticism and absorption, and the insidious advance of listless or scholarly indifference.

The ways of the Social order and of the Universe lie on different planes. Man, as Huxley saw, is far more the child of the former ; he owes comparatively little to the second ; and it is certain he will rather use, transform, and investigate it for his own purpose and interest than profess readiness to accept all that betides as God's will.

It is affection rather than admiration which is evoked by the character and the self-revelation of Marcus. We love him because of the transparent anomalies of his beliefs, his unsuccessful attempts to co-ordinate two entirely opposed theories of the Universe.<sup>1</sup> Had he been less sincere, more academic and symmetrical, less bold in the "wager of faith," he could not have exacted a homage so unwavering from all subsequent times. First and foremost, a Roman emperor, a soul "naturally

<sup>1</sup> *Vide* Renan, *Averroes and Averroism*, p. 167 sq. (2nd edit. 1861) ; the two treatises of Ibn Roschd, *On the Harmony of Religion with Philosophy*, and, *On the Demonstration of Religious Dogmas*. Philosophy is the most elevated aim of human nature ; but few can attain it. Philosophical disputes are rightly prohibited, because they unsettle the simple. For their happiness, it suffices to understand what they can understand. "The special religion of philosophy is to study that which is : for the most sublime worship one can render to God is the knowledge of His works which leads us to know Himself in all His reality. The vilest action in the sight of God is to tax with error and vain presumption him who adores Him by the best of all religions. All positive tenets of religion (angels, prophets, prayers, sacrifice) are mere expedients to excite to Virtue, which the philosopher alone follows without ulterior inducement. He must not despise the simple beliefs in which he was reared ; but interpret them in the best sense. He is a heretic, and justly liable to the penalties prescribed, who inspires the people with doubts on religion, and displays the contradictions lurking in the Prophets. . . . The wise man does not permit himself a word against the Established Religion . . . and the Epicurean, seeking at a blow to destroy religion and virtue, merits the sentence of death."

Christian," he is, partly by accident, partly by conviction, a Stoic philosopher, that is, amalgam of profoundest idealism, mere positive science, and some popular belief. He is the last interpreter of this peculiar phase of thought. Not that men had become tired of the moral effort (for we cannot if we would rid ourselves of it), but because they demanded (and obtained ?) a closer correspondence in the life of God to the aspiration and the hopes of the finite creature.

In the close and sympathetic survey of Dr. Rendall, there is much I should like to notice with special attention. How admirable is this passage! xxvi.: "Belief in Cosmos, not in Chaos, is an intellectual, and still more, a moral necessity, out of which reason can only argue itself on pain of self-confusion; without it, motive and justification, or rather excuse, for continued existence fails." Yet we may add how vague and incomplete was the supposed Cosmic order of the Stoics, and how far remote was it from any moral scheme. In xxxviii. the "main dogmas of the Cynic School, . . . firmly embedded in the Stoic creed," are clearly defined: "The identification of virtue with knowledge, the auto-cracy and indivisibility of virtue, and the moral independence of the individual." Again, xl.: "The Cynics gave unconditional authority to the criteria of *individual* experience and will. These were direct, imperious, and valid. . . . Life in agreement with Nature was the summary of their aim, and was a formula well calculated at once to attract and to mislead disciples." xlv.: "Return to Nature, so far from implying reversion to animalism, and the reduction of man's needs to the level of the beasts, was found to involve fundamental differentiation of reasoning man from the unreason of

the brute or the inertia of matter, to place man on a unique spiritual plane, and eventually to summon him from individual isolation to conscious brotherhood with kind and harmony of will with God. These are the elements of Stoicism which have proved most permanent and universal." It might possibly be fair to add that in this respect the School was but a single manifestation of a cosmopolitan spirit (in the double sense), which prevailed after the conquests of Alexander:—preparing, half-unconsciously, its theoretical arsenal amid the disappointing turmoil of the Diadochi; and issuing, alike is Christianity and Roman "Imperialism," with its two-fold current of "justice to the weaker and the slave," and the personal rights of man in the great body of Law. Perhaps, too, Stoicism only threw out half-formed suggestions, which were to be realized in the schools of Plato and the Church; for, as we shall see, the true follower of the Porch never surmounted this barrier of isolation, and never issued forth in free and eager enterprise into the larger or the lesser commonwealth.

How excellently he expresses the line of thought which conducted to this lonely watch-tower (περιώπη)! xlviii.: "Thus the idea of personality—of the ultimate unity of the individual will and conscience, of an *Ego* distinct from physical organism and environment—eventually dawns upon Greek thought and unexpectedly reveals a deeper dualism new to philosophy—that antithesis, namely, of spirit and flesh, of man and his material embodiment, of moral aim and realized experience, which conducts to the baffling problems of Determinism and Free-Will." There is nothing here which contradicts or denies the tendencies of the

Platonic School; for the contrast there is more apparent than real, and the co-ordination of spirit and matter is to be triumphantly achieved in the new School of Alexandria,—while beneath the nominal monism of the Porch, the tone of alienation and pessimism is normal and indispensable. Again, lx.: “The monistic core is in constant danger of falling apart, and needs ingenious buttressing. The unity of the world was only explicable as the expression of a single power, and Zeno *ventured to assume* that power to be identical with that which declares itself as consciousness in man.” Here, in a word, is the cause of the unconvincing and incoherent character of Stoic dogma; the attribution of moral aim to the world-process; the oscillation between a purely physical and a rarefied moral (or intellectual?) Pantheism. If we wish to see the significant and essential contrast of modern thought, we may look at Maeterlinck’s essay (“Kingdom of Matter,” *Contemp. Review*, Oct. 1900), where, like the Stoic, man holds to his unique and moral importance; and, unlike him, does so because he is profoundly convinced there is no correspondence. “We have learnt at last that the moral world is a world wherein man is alone; a world contained in ourselves that bears no relation to matter, and exercises no influence on it unless it be of the most hazardous and exceptional kind. But none the less real, therefore, is this world, or less infinite.” Which is the most beneficial influence on the special realm of man’s nature, history has proved; whether the arbitrary resemblance of natural and mental law, or an emphasis on their intrinsic unlikeness. It is for this reason that I so often assert that Stoicism can never return as a phase



of thought; it depends entirely upon an alleged sense of affinity between man and the world, a deification of the concrete which is wholly inconsistent with experience and discovery, and which is probably expelled, more or less consciously, from the thoughts of all reflecting men.

How well Dr. Rendall expresses the cogency of the moral *fact*, which precedes moral theory, and is independent of it; which condemns to mere idle trifling the anti-moral diatribes of Thrasymachus and his modern imitators! lxi.: "The old sanction of civic obligation had withered in practice and been expunged in theory, but the survival of morality itself confirmed the existence of a basis, at once individual and universal. This lay in a common source of energy, not in a mere parity of individual impulse." The empirical base, the influence of Socrates and his dialectic, the puzzling sense of an integral solidarity which yet could not be realized, the curious fact that the final argument for morality to the Stoics was the personal character of Epicurus,—these points in Stoic dogma cannot be more lucidly expressed. Nor could we find more striking definition of the "main synthesis" than this, lxii.: "The world, a complete and living whole, informed and controlled by one all-pervasive energy which 'knew itself' in the consciousness of man the microcosm, and declared all nature one, coherent, rational." Whether the Stoics cordially agreed in this somnambulistic hypothesis of creation, whether the world-spirit *first* attains consciousness in human intelligence, has been much disputed; it clearly forms an essential part of modern theoretical pessimism, with which, of all Schools, Stoicism has most affinity. No better summary than the following could be found of the ethical result—

lxxiv.: "By suppression of desires the moral ideal could easily be reduced to that hard and narrow self-consistency towards which the Stoic type habitually leans; or drill itself or decline into the moral 'apathy' which results from restricting virtue to the sphere of intellectual and unimpassioned self-regard. This is the secret of that 'accent of futility' which marks the thoughts even of a writer so keenly alive to altruistic and social obligation as Marcus Aurelius." Here is a final passage on the Stoic claim to spiritual autonomy, Determinism, and free-will, on which to attempt to improve would be an impertinence; lxxxii.: "The independence of the Will as a true first principle or ἀρχή is incompatible with its identification with the World-Soul. If . . . the highest consciousness of man represents the most complete and perfect embodiment of the World-Spirit, the saving thought of self-determination towards some transcendent, yet unapprehended, harmony is excluded. Not only is man part of the universal predestination, but the limits of that predestination are known and absolute."

Again, how true and convincing is this summary of Stoic interpretation of the Φύσις in a "larger conception," coloured and permeated with Eastern Monotheism, therefore wavering between naïve Phenician worship of the *natural* process, and the *moral* and transcendental Unitarianism of the Jews. lxiv. "(The School,) in ascribing phenomena to the action of mind, attached a *moral* instead of a merely *mechanical* interpretation to each motion of the Universe: an attempt to combine the immanent and implicit (which tends to be purely physical) with the transcendent and Aristotelian, which is then in its abstraction conceived of rather

as Thought than Moral Will." Dr. Rendall uses the happiest terms in describing philosophic idiosyncrasy; of Diogenes, xlii.: "Towards all externals, his strict attitude is nonchalance, the charter of his self-sufficiency"; of Cynics generally, xlv.: "Deaf to the voices of tradition and culture, determined to isolate the individual from the society, and to flaunt the superiority of will to outer circumstance, the Cynics fell rapidly into the quagmires of ascetic bravado."—lxxxiv.: "The stalwart braggadocio of Diogenes . . . acceptant optimism of Epictetus . . . hard defiance of Cato . . . devout resignation of Marcus,"—and for our author himself, how deftly and how truly two analogies of mediæval and modern date are interwoven in civ.: "They are a *De Imitatione*, such as might have been penned amid the isolation of Khartoum."

With only two points in this admirable appreciation do I find myself somewhat diffidently in disagreement.—xlix.: "It was a cardinal assumption of Stoicism, that nature in man is identical with the nature of the Universe at large, and on that assumption it is meaningless to ask whether Cleanthes meant to prescribe 'accordance with his own individual nature,' or 'accordance with nature at large.' He would have repudiated the distinction; and whatever ethical implication might result, at least they would not depend on initial ambiguity of term." But I cannot help tracing the very obvious impotence and unhappiness of the Stoic effort and outlook to a real though unavowed sense of this contrast. I cannot read Diogenes Laertius' account of the Stoics without finding early traces, underneath a rigid dogmatism, of a profound conviction of detachment or superiority. Abundant testimony is provided

in perhaps the largest series of citations from Marcus in the foregoing pages. To confess this antithesis would be to abandon the whole monistic scheme of things; but to the end the Stoic philosophy hovered disconsolately between a sense that he, the individual, was the All, and a conviction that he was nothing but himself. In the moral realm at least, he derived no encouragement from the oft-repeated assurances of sympathy with Universal order, of conscious unity with the Divine. Nor can I heartily echo his eulogy of the Stoic influence. lxvii.: "No system of material monism will permanently satisfy man's intellectual constitution, . . . but the Stoic attempt, noble, far-reaching, and on its own lines exhaustive, not merely held for centuries a more active and commanding sway over the minds and hearts of men than the metaphysics of Plato and Aristotle, not merely interwove itself with Christian discipline and doctrine, and found philosophic reconstruction in Spinoza; but at this day, alike in the poetic and scientific imagination, enjoys a wider currency and exercises a more invigorative appeal in the field of natural religion than any other extra-Christian interpretation of the Universe."

This is too large and important a topic to be treated exhaustively here; it involves not only a historic survey over classic and mediæval times, but a deep insight into modern sympathy and tendencies, and a candid acknowledgment of the insurmountable difference of the Christian faith to any proposed philosophic substitute. I will content myself here merely with inquiring, by no means anticipating of right a certain answer: (1) whether there are any sufficient arguments that the Stoic School had any serious effect or became

a guide of earnest endeavour, before its doctrines, empty, eristic, and formal, were translated into activity in Rome? (2) whether the extreme familiarity of the pantheistic hypothesis, the readiness of all men at certain epochs to accept this, to the Eastern mind, one and final interpretation, is not responsible alike for the tendencies of the post-classical and Christian development,—whether this School is not rather a very subordinate episode, one of many manifestations of the sense of human brotherhood and the Divine parentage appearing everywhere with the downfall of national or civic barriers? (3) whether in all the attempts to reinforce moral effort, or explain the world's unity and sympathy, the special tenets of the School were not by far the most illogical and unsatisfactory? (4) whether Epictetus and Marcus did not derive all their moral vigour or contented submission from a religious instinct and piety, from an alliance with popular superstitions, if you will, with which the Porch-materialism was strictly incompatible? (5) whether, except in mere technical phraseology, such as frequently strikes one in Clement of Alexandria, there could be anything in common between a system in effect denying personality, human and Divine, and a Church which encouraged the humblest to believe their efforts in daily life were acceptable and approved before a loving Father's eyes? (6) whether the two interpretations of the world are not fundamentally and diametrically opposed; as Renan reminds us in a passage before referred to? (7) whether the language used of modern Pantheism is suitable only to the epoch anterior to the acceptance of Evolution, and is unintelligible to the scientific explorer of a realm in which he can discern no conscious aim? (8)

whether we have not at last got rid of the cloudy temper of mind which, confusing veneration and science,<sup>1</sup> worship and knowledge, surreptitiously introduces a moral purpose into the workings of mechanical law; an emotional thrill into the cold analysis of the laboratory; a vague mysticism into the survey of the starry heavens<sup>2</sup> or the expanse of ocean? Such questions cannot be finally answered here; it may suffice now that I have raised them tentatively.

<sup>1</sup> A good instance of this may be seen in Seneca (*Nat. Qu.* vii. 31) on comets: "Multa . . . cognata Numini summo, et vicinam sortita potentiam, obscura sunt . . . oculos nostros et implent et effugiunt; sive illis tanta subtilitas est quantam consequi acies humana non possit; sive in *sanctiore secessu majestas tanta delituit*, et regnum suum (id est, *se*) regit *ne ulli aditum dat nisi animo*": he is clearly wavering between the objective and physical, and a mystical and inward Pantheism,—the one inevitable result of the profound opposition of the "Two Natures," which permeates and confuses the whole Stoic development. "*Rerum Natura Sacra sua non simul tradit. Initiatos nos credimus; in vestibulo ejus hæremus!*" In his famous definition of God, *quod vides totum, quod non vides totum*, we see how keenly he feels the antithesis; how, in spite of his interest in pure science, meteorology, seismology, he is advancing, like Marcus Aurelius, to a more moral and humanitarian conception of Godhead.

<sup>2</sup> To which Kant, with all his cold sobriety, was not wholly a stranger.



## APPENDIX

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### TRANSLATION OF PASSAGES CITED FROM EPICTETUS

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#### CHAPTER I

##### *THE NEW CYNISM*

##### *B. THE GIFT OF FREE WILL*

(5) "As then was fitting, the gods only placed in our power the chiefest and sovereign of all (κράτιστον . . . κυριεύον), the right use of impressions; but the rest not in our power (οὐκ ἐφ' ἡμῶν). Was it that they did not wish to? For my part, I think, had they been able, they would have placed these, too, under our control; but this was altogether beyond their power. For, being on earth and bound to such a body and such partners as we see, how was it possible in these respects not to be thwarted and hindered by things without? (τὰ ἐκτός).

P. 218. From this substance (οὐσία) of the reverent trustworthy fraternal, who can eject us? Not Zeus Himself. Nor indeed did He wish to, but placed this within my power, and gave it to me as He possessed it Himself, unthwarted, incapable of constraint or hindrance.

(310) that in which alone one can feel of good courage, the trustworthy, the unthwarted, of which no man can rob you; that is, your free will.

(330) What has God given me to be really my own, and self-determined? What has He left to Himself? He has placed in my hands all matters of free-choice, unhindered, uncontrolled. But this body of clay, how could He make that free? Therefore He ordered beneath the course of the world (ὅλων περιόδῳ) all that belongs to me, my estate, my home and its garnishing, my children, my wife.

(361) This Zeus Himself could not do . . . persuade all men what are in truth good and evil things. Has this great power of influence been given to thee? Be satisfied; that alone is bestowed on thee, to persuade thyself.

(396) But I know full well whom I must please, to whom be resigned . . . to God . . . He has commended (συνέστησεν) me to my own charge, and has set under my control alone my free-choice, giving me rules for its employment.

(32) If you ask me what in man is good (ἀγαθόν, not τᾱγαθόν), I cannot tell you ought else, but a certain state of Will (ποῖα προαίρεσις).

(65) How can you? Zeus my father has set me free from all slavery. Think you He designed to let His own son go forth into servitude? You may be Sovereign of this dead body of mine; take it and use it at your will.

(13) If any can fully enter into this article of faith and realise it as it deserves, that we are all in pre-eminent degree the children of God, and He is father of gods and men.

(pride) But if you recognise that you are child of Zeus, will you not be lifted up with pride?

Since these two things in our birth are strangely mingled and compounded together, body in common with the beasts, reason and judgement with the gods, some turn aside to this lower kinship, ill-starred and corpse-like; and but a few to that other, divine and blessed.

(33) (seeds) to all things conceived and brought to birth upon the earth, but in chief measure to the reasonable (τὰ λογικὰ), because these alone can draw nigh to God as companion in familiar converse, knit to Him by reason (συν-αναστροφῆς . . . ἐπιπεπλεγμένα).

But shall not this assurance lift us out of our griefs and fears, that we have God as our master and father and guardian?

(49) "How can one put up with such vexations?" O Slave, will you not bear with your fellow-man, who has Zeus for his father, who like a son comes from the same bearing seeds and divine birth as yourself? (ἄνωθεν καταβολῆς). Will you not recollect what you are and whom you rule? Kinsmen and brothers by nature's law, offspring of God Himself!

(Ordinance) It is to earth you gaze, to this pit of Tophet (βάραθρον), to these miserable ordinances of dead men; but to the laws of God, not a thought!

(289) Not mourning, not yearning over them as if he left them orphans. Well he knew that no man is bereaved of parents, but of all ever and unceasingly is the heavenly Father guardian and protector.

After (μεχρὶ λόγου) "Who believed that God was his Father, and so called Him, and performed all his tasks looking up to Him.

(reach) but if a man meet with ill-fortune, remember it is his own fault; for God has created all men for happiness, for serenity (εὐδαιμονεῖν . . . εὐσταθεῖν).

(311) Shall God be thus indifferent to His handiwork, to His ministers, to His witnesses? Whom, indeed, alone He uses as patterns and models to the unlearned, to prove that He is, and well administers the whole world, and is not careless of human affairs; and that to the good man, whether living or dying, there can befall nothing evil.

(338) "If you seized hold of something belonging to him, he would readily renounce it rather than follow on its account.

(fatherland) He knew well whence he has it and from whom and on what conditions. But his real ancestors, the gods and his true country, never would he have deserted these, etc.

(51) Souls, then, are so bound up and closely attached to God as being parts and fragments of Him (*ἐνδεδεμέναι κ. συναφεῖς τῷ Θεῷ ἅτε αὐτοῦ μόρια οὔσαι κ. ἀποσπάσματα*), and God feels with their every movement and impulse, as kindred and familiar to Himself;—by the side of each of us has He set an overseer (*ἐπίτροπος*), the guardian angel of every man, and set him on watch,—and this a sentinel, ever wakeful, that cannot be turned from his duty (*δαίμονα . . . ἀκοίμητον κ. ἀπαράλογιστον*).

(52) (within) remember never to say, “We are alone”; you are not alone, but God is inside with you; and your guardian angel is there too.

(122) Have I not my seer within (*μάντις*), who has told me the substance (*οὐσία*) of good and ill?

(Thought) “What then? are not these, too, the works of Gods?” Assuredly, but not in paramount degree (*προηγούμενα*), nor as portions of the gods. But you are in special sense, you are a fragment of the divine (*ἀπόσπασμα*). In yourself there is a particle of Him. You know not that you nurture and train God, you carry Him about with you, wretched man, and do not know it” . . . when He Himself is present within, surveying all you do and listening.

(373) Give to that which rules within you its due even for a brief space. Consider what it is you have in this power (*ἡγεμονικόν*), and whence it has come to you.

(117) (your own life) But if you deem yourself a part of some great Whole, for the sake of this it behoves now to be sick, to sail, to be in peril, and be brought to uttermost want, even to die untimely. Why then are you indignant? (*ἀγανακτεῖς*). For what is man? A component part of a State, first of the City of gods and men, next of that which

is nearest to the other, which is a tiny copy of the World-Commonwealth.

(131) You are a Citizen of the world and a part of it; not one of those who serve, but those who lead. What promise then must a citizen make? To have no petty interest for himself alone, to take thought for nothing, as if he were detached (*ἀπόλυστον*).

(knowing that) this is allotted from the ordination of the World (*διατάξεως*), and the whole has to be considered before its part, and the city before the citizen.

(steward) but if he does, the lord will turn and behold him acting with haughty arrogance, and will drag him apart and cut him off. Thus, too, it happens in this greater City of the world; for here, too, is there one who is master of the house, setting to each severally his appointed duties.

(288) This World is a single State, and the substance of which it has been fashioned is one; and there is need of a certain revolution in things, and one must in his season give place to another.

(381) "has set his own will and judgment subordinate to him who guides and disposes the Whole (*ὁ διοικῶν τὰ Ὅλα*), as good citizens to the law of their State.

(74) It is circumstance that shows what men are made of. When in the future some special crisis befall, remember that God, as some stern master in wrestling, has set you to fight with a stout and vigorous rival (*ὥς ἀλείπτῃς*).

that you may become an Olympian victor; and this comes not to pass without sweat.

(272) Is he not fully persuaded that, whatever of these he suffers, God is trying and proving his mettle? When Hercules was exercised by Eurystheus, did he perform all his tasks with ungrudging cheerfulness? and when our sage is tested by Zeus Himself, shall he be ready to cry out in pain and show indignation?

(prison) not in hatred; far be it from that; for what

master hates the noblest of his vassals? Nor in indifference; for not the smallest trifle escapes His watchful care, but exercising them in the arena and using them as a witness and martyr to the rest of mankind. If I am posted in such an honourable ministry, shall not my whole life be loyally devoted to God? (ὅλος . . . τέταμαι).

(312) He desires me not to lead a life of idle luxury, nor did He grant this to Hercules His own Son . . . but he was put under strict command, and toiled and was tried as in a wrestling school . . . ruler and governor of all land and sea, cleanser of lawless injustice . . . and this task he performed, naked and alone.

(290) What good man and true is ever unhappy? In faith, the governance of this world must be evil indeed if Zeus takes not care of His own Citizens, that like Him, too, they may be blessed.

(confused) There is but one path to smoothness of life's current . . . a steadfast standing-alooft from all that will cannot control, to think nothing one's own, to resign all earthly things to Heaven's will (παρὰδοῦναι τῷ Δαιμονίῳ) or to Fortune, and without envy leave as their Stewards those whom Zeus has appointed (=the undeserving rich and powerful), but oneself to live in unceasing attachment to one thing only—the unfettered Will which is alone our own (τῷ ἰδίῳ τῷ ἀκωλύτῳ).

(345) I am free and the friend of God, that willingly I may obey Him.

(this?) I have always ordered my impulse conformably to God. Does He will me to have fever? I too am willing . . . I wish to die . . . to suffer agony on the rack.

(fashion) "I have not, O Lord, been careless of those opportunities I had from Thee to recognise Thy government of the world and to follow it. I have not disgraced Thee . . . or even murmured or repined. That Thou hast begotten me, I give Thee thanks for Thy gifts. It suffices me to have



thus far used Thy benefits. All were Thine, and Thou gavest them to me." What life is nobler than this? What end more blessed?

(370) I always will that rather which happens. For I deem God's will to be preferred to mine. At His feet do I lay myself, His servant and minister; with Him I desire, I yearn, I will.

## CHAPTER II

(65) (subject) This is not selfish; this is the very law of the Creature's being; for his own sake he does everything (*γέγονε γὰρ οὕτως . . . αὐτοῦ ἕνεκα*). For this aim guides the Sun in heaven, and Zeus Himself. But whenever He desires to be, God of Rain or Harvest and Father of gods and men, you will see He cannot attain such functions or such titles unless He be useful for the common interest. Such, then, He made the nature of reasonable beings that they cannot obtain any of their own good things, unless somewhat be brought forward and applied to the general weal. So to do all for self becomes no longer selfish and ungenerous (*ἀκοινώνητον . . . τὸ πάνθ' αὐτοῦ ἕνεκα ποιεῖν*). For what would you expect? that a man should hold aloof from self and from his own advantage? (*ἀποστῆ . . . τοῦ ἰδίως συμφέροντος*). How, then, is there but one and the same beginning and rule of life for all creatures, to be friends with self? (*ἡ πρὸς αὐτὰ οἰκείωσις*).

(17) (go home) "and not disregard things there; for that for the sake of which he has wandered far afield, is nought but this; to study in patience, to remove from his life griefs, and laments, and cries of alas! and 'woe is me'!"

(control;) Why, then, drag upon yourself things for which you are not accountable? (*ἀνυπεύθυνος*); this is but to give oneself trouble without cause.

(71) For my nature is to tend to my own good (πέφυκα πρὸς τὸ ἐμὸν σύμφερον).

(161) Why are you miserable? Why does one thing happen against your will, and another when you desire it not to come to pass? Surely this is the strongest proof of unrest and wretchedness.

(this) that he must so fit and conform his desire agreeably to things that happen, that nothing can take place against our will. . . . From this will arise the great boon, we shall never be aimless, never distressed, but live our span out without grief or fear or tumult.

(158) As set free from slavery's yoke, dare to look up to God and say: "Use me, Lord, for what Thou wilt in the time to come. My will is in unison with Thee; for I am Thine.

(335) This is the road that leads to freedom, this the one riddance of serfdom, to be able from the soul's depths to say

"Lead me, O Zeus, and thou, O Fate,  
Whither my portioned lot shall call."

(miserable), trembling at every report, having my ease and happiness hanging balanced on other men's letters (ἡρτημένην . . . ἀπάθειαν).

(contempt) Sit there, then, startled and shivering at all this, grieving, unhappy, luckless, hanging on another.

(306) For the contest set before us is not for some boxing or wrestling match . . . but for very happiness and blessedness itself.

(seek) For what is it that every man seeks? To be in steadfast calm, to be happy, to do all as he wishes, not to be controlled or thwarted.

(362) Will you not, giving up all other guides, become your own master and pupil?

(353) Leave all this. "Ah, how fair is Athens!" But to be blessed is fairer still, to be without the disease of passion, to be at rest, to feel that your life and its issues lies in no other man's control.

(368) What hinders to live lightly and with slackened rein, awaiting with easy cheerfulness all that can befall a man? (κούφως . . . εὐηνίως . . . πράως).

(Says) I will something, and it comes not to pass; I am indeed luckless.

(Says) I am free from the realm of passion and turmoil! Be not unaware, O men, that while you are wallowing in a slough of harass and perplexity about things of little worth, I alone have won my discharge from all such tumult.

(383) You must *will* it, and the wished-for result is yours; all is set right (διώρθωται). For *within* is all peril of loss, and hope of succour (ἔσωθεν . . . ἀπώλεια κ. βοήθεια).

(91) This law has God enacted, and says, "If thou desirest anything good, get it from thyself.

(158) Thou art not Hercules, to cleanse all other men's ills, nor even Theseus to rid Attica; cleanse thine own things.

(245) At once with breathless impatience we want to live like sages and do good to mankind. What sort of good? what are you about? for have you finished doing good to yourself? But you want to exhort and advise them? have you succeeded with yourself? . . . show them in your own case what sort of character the study of true wisdom makes, and don't talk nonsense! (φλυαρεῖν). (Help them by silent example) eating, drinking, yielding modestly to all, bearing patiently with all. Help them thus, and do not bespatter them with thy rheum (κατεξερᾶν φλέγμα).

(266) Recollect I have a mission; I have been sent as God's herald . . . about things good and bad, to show men how far they have wandered astray, and seek the substance of these two where it cannot be found.

(found) For in good sooth the Cynic is a pioneer (who comes to tell men what things are friends, what foes, to mankind).

(273) The Cynic must not be distracted by divers interests, but must be wholly given up to the ministry which God has

entrusted to him, able to pass easily about among men, not tied hard and fast to duties of his own, not caught in the net of relation (προσδεμένον καθήκουσιν ιδιωτικοῖς or οὐδ' ἐμπεπλεγμένον σχέσειν); which if he transgress he can no longer keep up the appearance of the good man and true; and even if he preserve, he shall spoil his character of God's pioneer and herald and ambassador.

(347) Now from henceforth I note carefully what men say, how they are stirred, and this not from spiteful motive nor to have material for blame or ridicule; but I turn back to my own self (ἐπ' ἑμαυτὸν ἐπιστρέφω) to see if I too err like them . . . once I too was like them: but now no longer, thanks be to God!

(354) . . . (provocation) for with exceeding steadfastness he remembered that no man is master of another's soul (ἀλλοτρίου ἡγεμονικοῦ κυριεύει); he is then careful not to will except that which is really his (τὸ ἴδιον).

While they for their part go on their own way and do the things belonging to their character, he none the less may preserve his own nature.

(361) That alone is granted thee, to convince thyself (σαντὸν πείσαι).

(preaching) And that you may not think that I draw a picture of a pattern Cynic, as detached and isolated and aloof, having neither wife nor children nor fatherland, or friends and kindred, by whom he might be bent and distracted from his single purpose,—take Socrates and see him with wife and children,—yet not as truly his own (ἀλλ' ὥς ἀλλότρια).

(inquires) "How then shall he (so far as he may) preserve and continue the commonwealth of mankind?" Heaven be merciful to your folly! Do those who bring into the world two or three brats with ugly noses to take their place,—do these help mankind more than the missionaries who oversee all men according to their power, what they do, how they

bespend their lives, what, contrary to their duty, they neglect?"

(animals) who use without reflection the impress of sense while we follow cautiously behind . . . wherefore for them it suffices to eat and the other details (of spontaneous life), but we cannot be content with this; but we shall never attain the end for which we were created, unless we act in set and orderly fashion and agreeably and suitably to the nature and constitution of each (ἀκολουθῶς τῇ ἐκάστου φύσει κ. κατασκευῇ). For those creatures whose constitutions are diverse, of these, too, the functions and the ends cannot be the same (ὦν γὰρ αἱ κατασκευαὶ διάφοροι τούτων καὶ τὰ ἔργα κ. τὰ τέλη).

(operations) But man God brought into the world as spectator (θεατῆρ), of Himself and of His works, and not merely to be a silent witness, but also to extol and declare His might (ἐξηγητήν).

(satisfaction) but rather begin where they leave off, and stop only at the highest point where Nature has ceased in our case. And this is contemplation and attentive following and living agreeably to Nature (κατέληξεν ἐπὶ θεωρίαν κ. παρακολούθησιν κ. σύμφωνον διεξαγωγὴν τῇ Φύσει). Take care then lest ye die without having obtained a glimpse of these marvels.

(148) (spectators) Such then are human affairs as in some great concourse. Most men, some to buy, some to sell; some few there are who come for the sake of the sight offered them in the assemblage, how it takes place and wherefore, and who they are who arrange it, and for what purpose.

(world) Some as brute beasts think of nought but their food.

(ambition) few there are who come a fairing in the true spirit (οἱ πανηγυρίζοντες) men fond of the spectacles (φιλοθεάμονες) what this world is? who guides its courses? of what nature is He and what His manner of governing? and what

kind of creatures we are who have issued from Him as His offering, and to what purpose framed (ποῖός τις κ. πῶς διοικῶν ; . . . τίνες ὄντες κ. πρὸς τί ἔργον ;).

(ἔργον) whether we have some attachment and kindred relationship with Him or none at all ? (ἐπιπλοκὴν . . . σχέσιν). For the rest, their leisure is in this alone absorbed, how to closely survey the fair and inquire and then quietly depart ; and for their pains they are derided by the rabble.

## CHAPTER III

(104) Death, what is it ? an ugly mask to frighten children ; turn it round and see what it really is ; see, it cannot bite ! This poor body must be severed from the little breath, as it was before, now or some time later on. Why be indignant if it be to-day ? . . . that the world's great period may be consummated (περίοδος ἀννῆται) ; for it has need of some to be now, others to wait for birth, and others already spent and done (ἡνυσμένων).

(179) What then ? does this teaching not please you ? See now, how righteousness is nothing, reverence is but folly ; father, son but empty, meaningless names.

(comical) But when God bestows not on you the barest needful for life, as a general He sounds the recall to His soldiers ; He sets the door open and says to you, Come hence !

(death ?) Whither ? not to aught that is terrible, but to the place whence you came, to things friendly and kindred (εἰς τὰ φίλὰ κ. συγγενῇ).

(us ?). As much of fire as was in you will depart to join the central flame, of common clay to earth again, etc. There is no Hell nor Acheron nor Cocytus nor Pyriphlegethon, but all things are fulfilled (as Thaïes said) "of gods and dæmons."

(me ?) O fool, you he cannot slay, only your poor corpse !



(266) This poor body of mine is nothing to me ; its parts are nothing to me. Death ? let it come when it will, either of whole or of a limb. Exile ? and who can banish me from God's universe ? Wheresoever I go there will His sun shine, there moon and stars ; there too holy dreams and auguries and sweet converse with the heavenly ones.

(301) As is winter to fig, such is every circumstance from the universal order to the things consumed and destroyed in it. . . . It signifies the death of the ears of corn, not of the world. For all such is but passing of things that were into other forms of things to be ; not death at all, but a settled and orderly management as of thrifty house-steward.

(οὐκ ἀπώλεια ἀλλὰ τεταγμένη τις οἰκονομία κ. διοίκησις) . . . Death, a change a shifting — more intense than any of these, from what now is to—I will not say—that which is not, but into that which is not *yet* (εἰς τὸ νῦν μὴ ὄν), “shall I then cease to be ?” asks the anxious inquirer. Yes (οὐκ ἔσει), but in your place will arise something of which God's order has need. For you, too, came into being not at a moment when you desired, but when the world wanted you.

(Domitian) Put on no tragic airs about a matter so simple : say what is really the case, “now is it the due season for me to restore the material to the constituents again who provided it. What is there terrible in that ? what part of the world is going to perish ?” (so Epictetus is consoled in death by reflecting on the indestructibility of matter, and the thought that it will all go on just as well without him).

(34) We are in some sense kindred of the gods above, and from thence have we come here. Set us free to return thither again ; let us sometime at least be set clear of these manacles that weigh us down, so closely are they attached ! (ἄφες λυθῆναι ποτε τῶν δεσμῶν τούτων). Men ! wait for God in patient expectancy ! When He gives the word of command and releases you from this service, then shall ye go,

return again to Him ! (ἀπελεύσεσθε πρὸς αὐτόν). But for the present time bear with your lot, dwelling in this spot to which as a sentinel He has assigned you.

(47) (leg) Will you not cheerfully resign it again to Him who gave it ? Will you be sullen and indifferent to the orders of Zeus, which He with the Fates present and weaving your line of life into the universal texture, solemnly notified and fore-ordained ? Know you not yet how tiny a fraction of the whole ! (ἡλίκον μέρος εἶ πρὸς τὰ Ὅλα). But this (he adds or corrects) only on the side of body, for in reason are you no whit inferior or less noble than the gods themselves. For the grandeur of Reason is not measured by breadth or height, but by firm convictions (λόγου μέγεθος . . . δόγμασιν).

(46) He ordained summer and winter, plenty and scarcity, virtue and evil, and all such like pairs of opposite (ἐναντιότητας) to ensure the tuneful harmony of the Whole.

(18) If, then, it was my lot to be deceived, and to learn falsely that of things without, which our will controls not, nothing concerns us at all,—I would leave rather this deceit, from which I should live with calm and even flow of life and turmoil ; but do you see for yourselves what you would prefer.

(89) In what then lies the distinctive endowment of man ? See if it be not in this power of following attentively what he does, by the generous instinct, by trustiness, by reverence, by sureness, by prudence ?

(end) Where then is great good or great evil for man to be found ? Just in his special and distinguishing quality (ὅπου ἡ διαφορά).

(134) The beginning of the study of Wisdom with those who approach their mistress as they ought, is a bitter self-consciousness of frailty and helplessness about things most needful.

(285) For the lecture-room of a sage is the consulting-room of a physician ; you should not leave the presence with

pleasurable, but with painful feelings (ἡσθέντας . . . ἀλγυσάντας).

(loneliness) Ah! wretched that I am! Hera have I lost and Athène! no son or kinsman have I any longer!

(εἶναι) None the less is it right to make preparation beforehand against this peril, to be able to be content with oneself alone (αὐτὸν ἑαυτῷ ἀρκεῖν), to live in converse with oneself; just as Zeus communes with his soul in solitary majesty, and is at rest and peace with himself, and bethinks him of his rule and governance what sort it is, and is in deep thoughts fitting his nature.

(251) For ye see that our emperor gives us, as it would appear, peace lasting and secure, because there are no more wars or battles, no great robber-bands or pirates to infest the sea; but a man may in any season travel on his way unharmed, and sail from east to west.

(319) One who is a slave straightway prays to heaven that he may be released a freeman. "If I be enfranchised," he says, "at once there shall be a great calm. I care for nobody, to all I speak on equal terms. I go wheresoever my fancy leads, I come back at will."

(Russia) Then he has been set free: and forthwith, not having wherewithal to sustain life, he seeks one whom he may flatter and fawn upon, and suffers miseries worse than death itself: he has fallen into the trap, a fresh slavery far more grievous than the earlier (ἐμπέπτωκεν εἰς δουλείαν πολὺ τῆς προτέρας χαλεπωτέραν).

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